



# California Association of Local Behavioral Health Boards and Commissions

CALBHB/C Newsletter, Spring 2021

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**CALBHB/C Event**  
May 14, 10 am - 11:30 am

**Children & Youth:**  
Advising and Advocating for Integrated School-Based Mental Health Services  
There is no fee to register.

[Invitation](#)   [Registration](#)

## CALBHB/C Issue Briefs

**EMPLOYMENT - Successful practices for adults with mental illness.**

Work helps us feel well. Employment is a major therapeutic tool, improving quality of life and reducing symptoms in those with mild to moderate to severe mental illness. The following issues are important for board/commission members to understand and consider as they advise locally and as they join with CALBHB/C for statewide advocacy.

**Individual Placement & Support (IPS)** is a successful Employment Practice as implemented in Alameda County, 20+ states and many countries.

**What is IPS?**  
IPS is a model of supported employment for people with serious mental illness (for example, schizophrenia, serious depression, bipolar depression). IPS is based on eight principles:

1. Community job development
2. Supportive job development
3. Rapid job search
4. Integrated services
5. Benefits Planning
6. Zero Backlogs
7. Time-Optimized Support
8. Worker Performance

**IPS Data**

- In CA, only 12% of people in the public mental health system work.
- IPS helps 25% or more of people get jobs.
- People are 2.5 times more likely to get a job with IPS vs traditional job development programs.
- People in IPS work longer hours, earn more, and are more likely to become stable workers than people in traditional programs. See [www.ipshb.org/employment.html](http://www.ipshb.org/employment.html)

**Peer Provider Certification**

With the passage of SB 825 (Bridg), CA will implement a process for certification for peer support specialists who have lived experience with the process of recovery from mental illness (either as a consumer or family). This bill requires DMHCS, by July 1, 2022, to establish requirements for certification of their representatives. See [www.ipshb.org/employment.html](http://www.ipshb.org/employment.html)

**MI Cooperative Programs**

CA's Mental Health Cooperative programs are partnerships between County Mental Health agencies and the Department of Rehabilitation. These programs assist consumers find, get, and keep meaningful community employment. Programs serve over 2,200 consumers annually, resulting in over 700 successful closures annually. More than 80% of consumers with a mental health diagnosis receive vocational rehabilitation plus services when participating in the DMH Mental Health Cooperative programs. More at [DOB.CALGOV](http://DOB.CALGOV)

- [Board & Care \(ARF or RCFE\)](#)
- [Children & Youth](#)
- [Criminal Justice](#)
- [Disaster Prep/Recovery](#)
- [Employment](#)
- [Older Adults](#)
- [Performance Outcome Data](#)
- [Suicide Prevention](#)

Full listing of issues (30+) at: [www.calbhbc.org/newsissues](http://www.calbhbc.org/newsissues) Questions: [cal@calbhbc.com](mailto:cal@calbhbc.com)

## On-Line Events & Reports

### Criminal Justice

[Interdisciplinary Collaboration and Cultural Transformation Model Viewed through a Forensic Lens](#), Forensic Mental Health Association of CA, May 5, 12 pm

### Children & Youth

[CA Student Health Implementation Guide](#), MHSOAC, DOE, CalMHSA+

[Youth Town Hall Series](#), CA Youth Empowerment Network (project of MHAC)

[Slavic Youth Mental Health](#), May 4

[Peer Specialist Advocacy](#), May 18

[Hmong Youth](#), May 26

[Native American Youth](#), May 27

[Mental Health, Equity Should Be Schools' Focus](#) as Students Return, EdSource Article

[Little Hoover Commission - Public Hearing on COVID-19 and Children's Mental Health](#) (Part 1), Recording

### Culture / Ethnicity / Race

[Cross-Streets 97.5 FM radio show](#): Intersection of race and disability, May 3, 2 - 3 pm. [Zoom Link](#) Discussion will include:

- How the pandemic, isolation, loneliness can affect mental health
- Black, Latinx, AAPI, Native American experience and trauma
- How MH impacts young people
- How educators can help

[Immigration Status is a Gatekeeper to Mental Health Support](#). This Clinic is Changing That. DirectRelief Article

[Stop the Hate: Anti-Asian Racism & Behavioral Health](#), May 21, 11 am - 1 pm

### Laura's Law / AOT

[Laura's Law/Assisted Outpatient Treatment \(AOT\) Informational Event](#), Presentations from Provider, Panel of Consumer and Family Members. Recording

[CALBHB/C Laura's Law Webpage](#)

### Mental Health Matters Month Events

[Scattering CJ Film Screening & Discussion](#), Special Guests: Senator Anthony Wiener, Senator Anthony Portantino, CA Behavioral Health Association, May 3, 11:30 am - 1:00 pm

[Mental Health Action Day](#), Patrick Kennedy is teaming with 450 brands and non-profits in MTV Entertainment Group's first-ever Mental Health Action Day, Thursday, May 20. The goal is to provide tangible tools that will help us all take action for ourselves, our loved ones, and our communities. May 20.

[NAMIWalks](#) May 22nd - Scroll down and choose "California" to learn about NAMIWalks events near you.

### Psychiatric Advance Directives (PADs)

[Psychiatric Advance Directives and the Importance of Choice](#) Spring Symposium 2021 Presented by Saks Institute and MHSOAC, Wednesday, May 5, 10 am - 2 pm

[CALBHB/C PADs Webpage](#), Compilation

[Collection of Presentations](#)

### Substance Use Disorder

[Addiction & Mental Health As The Nation Moves Toward Recovery from COVID-19](#), The Kennedy Forum Recording

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## Resources for Boards/Commissions

[Advocacy](#)

[Brown Act](#)

[Conduct](#)

[Cultural Competence](#)

[Evidence-Based Practices](#)

[Evaluate Board/Commission - New!](#)

[Handbooks](#)

[Member Orientation](#)

[Mental Health Services Act](#)

- Role of MHB/C
- Fiscal
- [Community Program Planning](#)

[News/Issues](#)

[Performance Outcome Data](#)

[Recruitment](#)

[Templates/Sample Docs](#)

- Agendas
- Annual Reports
- Bylaws
- Member Orientation
- Recommendations
- Recruitment
- Site Visits
- *And More!*

[Training: Modules](#)

- Duties
- Ethics Training
- Mental Health Services Act

[Training: Presentations/Recordings](#)

- Chair Training
- Performance Data & Fiscal Info
- Mental Health Board
- MHSA Community Program Planning
- Unconscious Bias

[Welfare & Institutions Code](#)

- Bylaw Requirements
- Duties
- Expenses
- Membership Criteria
- MHSA Community Planning

## Legislative Advocacy

CALBHB/C leadership supports legislation and budget items in response to issues reported from CA's 59 local mental/behavioral health boards & commissions.

Join by writing to your legislators after reviewing "**Understanding Your Role**" below.

**AB 32: Telehealth:** Expanding Healthcare Accessibility [Sample Letter & Fact Sheet](#)

**AB 552: Integrated School-Based Behavioral Health Partnership**  
[Sample Letter & Fact Sheet](#)

**AB 816: Homelessness Accountability**  
[Sample Letter & Fact Sheet](#)

**AB 988: Mental Health Crisis Support 988**  
[Sample Letter & Fact Sheet](#)

**SB 224: Pupil instruction**  
[Sample Letter & Fact Sheet](#)

**HR 432 / S. 828: Mental Health Access**  
[Advocacy](#) (National Council for BH)

### Understanding Your Role

**As Individuals:** Individuals can and should contact their legislators! Legislators especially appreciate hearing from residents within their districts.

**As Advisory Bodies:** Local mental/behavioral health boards/commissions are in an advisory role. In most counties, legislative advocacy is handled through the Board of Supervisors / Executive Office.

Visit our [legislative advocacy page](#) for more information and updates.

For ADA compliant or [printed copies](#) of CALBHB/C documents and resources, contact [cal@calbhbc.com](mailto:cal@calbhbc.com)

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## Grants/Funding

### COVID

[PPE and telehealth equipment](#) are allowable costs of delivering services for providers in Specialty Mental Health, Drug Medi-Cal (DMC), and Drug Medi-Cal Organized Delivery System (DMC-ODS). PPE & telehealth equipment must be used to provide patient care.

### Digital Technology

- [Individuals](#) - Internet and Devices: [www.digitalaccessproject.org](http://www.digitalaccessproject.org)
- [Computers for Classrooms](#) - Low cost Windows PCs to Californians
- [Emergency Broadband Benefit Program](#)
- [Skilled Nursing Facilities+](#) for tablets and accessories

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### Evaluate Us!

CALBHB/C is here to provide resources, support, training, communication and coordinate advocacy for statewide issues. We invite you to evaluate us by taking a few minutes to complete: [Evaluate CALBHB/C](#).

### Report to Us!

Let us know your top issues and/or resource needs: [Report to CALBHB/C](#)

Contact CALBHB/C: [info@calbhbc.com](mailto:info@calbhbc.com) [www.calbhbc.org](http://www.calbhbc.org)

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