CA Association of Local Behavioral Health Boards/Commissions (CALBHB/C)-Work in Progress

Performance Outcome Data Points (SUMMARY) Reported by CA's 59 Mental/Behavioral Health Agencies

Performance outcome data is vitally relevant to evaluating the effectiveness of programs. Adopting standard measures would be beneficial locally and statewide. Currently every county/jurisdiction is collecting and reporting on different performance outcome data, with some jurisdictions providing meaningful data, and some providing very little performance outcome data. The following lists performance outcome data points in MHSA 3-Year Plans and Updates. CALBHB/C has compiled MHSA performance information from each jurisdiction (work in progress) – LINK.

CA's 59 local mental/behavioral health boards and commissions are required to comment on "performance outcome data" to the CA Behavioral Health Planning Council (WIC 5604.2 #7)

Performance Outcome Data found in MHSA Plans and Updates - SUMMARY (work in progress)

Spreadsheet by County/Jurisdiction: LINK to full spreadsheet - COMPILATION (work in progress)

- **I.** MHSA Community Services and Supports (CSS), includes Full Service Partnership (FSP) For Children, TAY (17-24), Adult (25-59) and Older Adults (60+)
 - **1. Homelessness** Number of individuals with SMI in emergency shelters and unsheltered:

Amador	Kern	Sacramento	Stanislaus
Butte	Merced	Santa Barbara	Yolo
El Dorado	Nevada	San Mateo	
Fresno	Orange	Solano	

2. Housing Stability: Sustained Housing By Type (Supported Housing, Master Lease Housing, Single Room Occupancy (SRO) with Lease, Board and Care, Room and Board, Live with Family:

Butte, Kern, Merced (do not track type), Nevada, San Francisco

3. Student Wellness

- i. Academic Performance/Grades Kern, Nevada, San Diego, San Mateo, Santa Barbara
- ii. Attendance Kern, Nevada, San Diego, San Mateo, Santa Barbara
- iii. GED/Diploma Butte
- iv. School Suspensions, Expulsions Nevada, San Francisco, San Mateo
- v. <u>Social/Emotional</u> Nevada (CANS), Santa Barbara (CANS Life Functioning, Behavioral/Emotional Needs, Child Risk Behaviors, School, Caregiver Needs & Strengths, Child Strengths), San Diego (CAMS Depressive, anxiety disorders, ADHD or oppositional disorders)

4. Employment / Income Stability –

Alameda (Income through employment or public benefits)

Butte

Nevada (Competitive, Supported, Sheltered, Non-paid, Unemployed)

Orange (Days)

Sacramento (Rate)

Santa Barbara

Tulare (Placement)

Merced (Mixed employment/training/volunteering info)

5. Hospitalization / Rehospitalization

i. In-patient psychiatric hospitalizations/rehospitalizations

Alameda Nevada San Luis Obispo (Older

Amador Orange (incl. co- Adults)
Calaveras occurring SUD) Santa Barbara

Contra CostaRiversideSolanoFresnoSacramentoStanislausNapa (TAY)San BernardinoTulareMercedSan FranciscoVentura

ii. In-patient psychiatric hospitalization days

Alameda, Kern, Madera, Merced, Nevada, Orange, Sacramento, Stanislaus, Yolo

iii. Medical Hospitalization - Fresno, Santa Barbara, Stanislaus

6. Emergency Services – (Some of the counties correlated ER with other crisis services.)

i. Mental Health (Psychiatric) Emergencies

Calaveras (ER Visits)

Contra Costa

El Dorado

Kern (includes age groups), Madera

San Bernardino (ER Visits, Crisis

Response Teams, Crisis Walk-In

Centers, TAY BH Hostel, Age Wise

Mobile Outreach and Intensive Care

Merced (ER Visits) program)

Nevada (ER Visits, CSU admissions, Santa Barbara (ER Visits)

Peer Respite, ED Crisis Peer Ventura Crisis Stabilization Units for

Support) adults and children

Orange (Emergency Response Teams, In-Home Crisis Stabilization, Crisis

Residential)

- ii. Mental Health / Substance Abuse Emergencies San Francisco, San Mateo
- iii. Physical Health Emergencies San Francisco, San Mateo

7. Criminal Justice Involvement

a. Arrests

Calaveras Riverside (all age groups)

Fresno San Francisco
Kern (includes age groups) San Mateo
Madera Stanislaus
Nevada Riverside

b. Detention or Incarceration

El Dorado Merced Santa Barbara

FresnoSacramentoSolanoKernSan BernardinoStanislausMaderaSan FranciscoYolo

San Mateo

- c. <u>Recidivism</u> Nevada, San Bernardino (Youth and Adults Criminal Justice Continuum of Care), Orange (for Veterans), San Luis Obispo
- d. 5150's Calaveras

II. MHSA – Prevention & Early Intervention

a. K-12:

- 1. Improved Child and Adolescent Needs and Strengths (CANS) scores Fresno, San Francisco, Solano (ages 0-5, 6-18 Quality of Life (QoL) or CANS), San Joaquin (Justice-involved Youth "CANSA" scores), San Bernardino (CANS and ANSA Depression, Anger Control, Adjustment to Trauma, Anxiety), Ventura (ages 0-5)
- 2. Improvement in Symptoms Solano (ages 6-18 CBCL, BECK, MIOCR, ages 12-25 Clinical Global Impression (CGH), Riverside (Traumatic and Depressive Symptoms), San Bernardino, Ventura
- 3. Improvement in Mental Health and overall functioning Imperial (UCLA PTSD-RI (Child/Youth) and Youth Outcome Questionnaire (YOQ) data collected for children/youth and parent/caregiver. Orange (PANSS)
- 4. Prevention of the onset of mental illness for children/youth Imperial (TF-CBT)
- 5. Coping & Resilience San Joaquin (Eyberg Child Behavior Inventory (ECBI))
- 6. Reduction in Trauma Symptoms Riverside (Adjustment to Trauma), San Bernardino, San Joaquin
- 7. Increase in teacher-preferred, peer-preferred and classroom adjustment behaviors (including Reduced Office Referrals, Reduced Suspensions) Orange, Riverside, San Bernardino, San Francisco, Tuolumne
- 8. Improved child behaviors reported by parents San Bernardino, San Luis Obispo, Santa Cruz, Ventura (ages 0-5 parent/child attachment)
- 9. Improved child behaviors Solano (Child Behavior Checklist (CBCL), Sonoma (ECBI Intensity subscale and ECBI Problem subscale), Riverside (TF-CBT), Tuolumne ("Positive Behavioral Indicators")
- Improved Parents Mental Health Orange, Santa Cruz (Self-reported: decreased levels of stress, depression and anxiety), San Joaquin, San Luis Obispo
- 11. Improved Parenting Behaviors Imperial, Modoc
- 12. Grades/Academic Achievement Riverside, San Bernardino
- 13. School Suspensions Napa (Middle School
- 14. Office Referrals Napa
- 15. Education San Joaquin
- 16. Improved Attendance (Reduced Truancy Rate, Reduced Chronic Absenteeism) Berkeley AUSD High School Students (Reduced Truancy Rate), San Bernardino, San Francisco, San Luis Obispo
- 17. Self-reported Positive Mental Health Changes (ability to cope, reduced stress, have one or more positive goals) –Amador, Berkeley AUSD High School Students, Orange (Self-Concept Scale)
- 18. Feeling of Social Support and Connection Berkeley AUSD High School Students, Fresno, San Francisco, Santa Cruz
- 19. Having a better understanding of their cultural identity Napa

- 20. Have more skills to help them cope with stress or solve problems Napa, San Francisco TAY
- 21. Having plans for the future Napa
- 22. Engage in fewer risky behaviors Napa
- 23. Engage in more healthy behaviors
- 24. Social Functioning/Connections with family, friends and community Amador, Calaveras, Fresno, Napa, San Bernardino, San Francisco, San Luis Obispo
- 25. Social Supports San Joaquin
- 26. Volunteering their time for their community Napa

b. Transitional Age Youth (TAY), Adults, Older Adults

- 1. Improved overall health/quality of life San Luis Obispo
- 2. Employment or self-reported work-readiness San Francisco, Solano, Ventura
- 3. Have more skills to help them cope with stress or solve problems San Francisco TAY, Santa Cruz
- 4. Decreased depression, anxiety and/or PTSD San Francisco perinatal, Riverside (depression for Older Adults and anxiety for Military/Military Family), San Bernardino (Older Adults, Depression and Anxiety for Military/Military Family), San Luis Obispo (Older Adults, Depression PhQ9 screenings, Anxiety and hospitalizations), Tuolumne (Depression for ages 55 and older)
- 5. Positive attachment with newborn and enhanced ability to accurately interpret emotional and physical cues of babies at 2 months of age San Francisco perinatal
- 6. Improvement in Symptoms Solano: Ages 12-25 Clinical Global Impression (CGH), Solano: Ages 60+ (Patient Health Depression Questionnaire (PHQ-9), Generalized Anxiety Disorder (GAD-7), and Quality of Life-5 (Q of L-5) tools., Orange (mental health distress levels), Orange (depressive symptoms for Older Adults), Ventura (BASIS-24)
- 7. Self-reported Positive Mental Health Changes (improvements in managing wellness and recovery and coping with stress in the workplace) San Francisco, San Joaquin (TAY)
- 8. Socialization/Social Connectedness Riverside (Older Adults), San Francisco, Yolo
- 9. Self-reported improvements to health, wellness and recovery San Francisco
- 10. Self-Reported improved health status San Francisco
- 11. Risk of Suicidal Behavior (Crisis Prevention Hotline) Nevada (Welcome Home Vets), Orange