



California Association of Local Behavioral Health Boards and Commissions

CALBHB/C Newsletter, February 2024

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The California Association of
Local Behavioral Health
Boards/Commissions
(CALBHB/C)

supports the work of CA's 59
local Mental/Behavioral Health
Boards and Commissions.

Website: www.calbhbc.org

Email: info@calbhbc.com

CALBHB/C Meeting & Training*

April 19 & April 20, 2024

Hybrid: Zoom & In-Person (Sacramento)**

Please Register:

www.calbhbc.org/registration

There is no fee to register.

Meeting (April 19th, 1:30 - 5:30 pm)

- Updates/presentations from statewide organizations
- Speaker Panel: Community Defined Evidence Practices: Sustaining and increasing culturally/racially/ethnically responsive and relevant programs and services
- Peer Provider Update (SB 803)
- Issue-Based Discussion

Training (April 20th, 9 am - 12 pm)

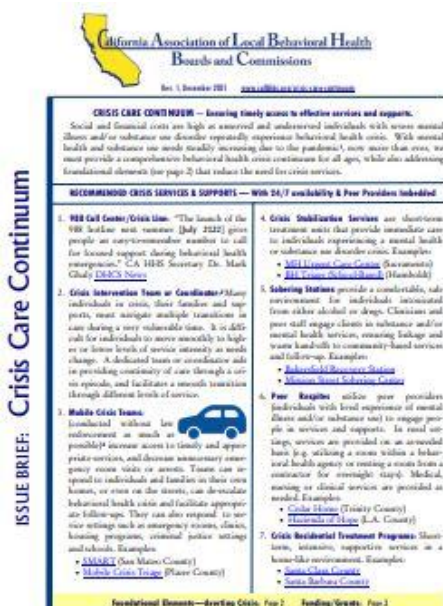
- How to Be an Effective MH/BH Board/Commission (*Rules and Tools*)
- Chair & Admin Training (*All are welcome*)

* *All local board/commission members and local agency staff are invited to join us by Zoom or in-person! In-person registrations are requested by April 12th, 2024.*

** *CALBHB/C will pay travel expenses for one mental/behavioral health board/commission member per county in the Central Region (this is in addition to currently serving CALBHB/C Governing Board members.)*

*** *Hotel guest room block deadline: Please notify us of lodging needs by March 19th.*
info@calbhbc.com

Issue Briefs



[Board & Care \(ARF or RCFE\)](#)

[Children & Youth:](#)

[Integrated School-Based BH
Transitional Age Youth \(TAY\)](#)

[Crisis Care Continuum](#)

[Criminal Justice](#)

[Disaster Prep/Recovery](#)

[Employment](#)

[LGBTQ+](#)

[Lanterman Petris Short \(LPS\) Act](#)

[Older Adults](#)

[Performance Outcome Data](#)

[Suicide Prevention](#)

Full listing of issues (30+) at: www.calbhbc.org/newsissues Questions: cal@calbhbc.com

Grants/Funding

Children & Youth

[Cell Phones for Foster Youth](#): “iFoster Phones for Foster Youth” are available to current and former CA Foster Youth who are between the ages of 13 and 26 inclusive whose case originated in CA or who currently reside in CA.

Tribal

[Tribal Behavioral Health Grant](#): The purpose of this grant is to prevent and reduce suicidal behavior and substance use/misuse, reduce the impact of trauma, and promote mental health among American Indian/Alaska Native (AI/AN) youth, up to and including age 24, by building a healthy network of systems, services, and partnerships that impact youth. Due date: March 6, 2024

Workforce, Education & Training

[Loan Repayment](#) - The National Health Service Corps (NHSC) loan repayment programs (LRPs): the NHSC LRP, the NHSC Substance Use Disorder (SUD) Workforce LRP, and the NHSC Rural Community LRP.

Additional Grants

CALBHB/C will post grants as they become available on our website:

www.calbhbc.org/grants

Also see:

grants.ca.gov

Reports, Articles & Webinars - By Topic

Budget

[Governor's Proposed Budget for 2024-25](#), CA State Association of Counties (CSAC) urges the Governor to support vulnerable populations and preserve essential core services in the 2024-25 Proposed Budget.

Children & Youth (Mental Health)

[Life Raft for Kids: Creating Sustainable Programs at the Local Level](#), California Training Institute Webinar, Mar 7, 12-1:30 pm.

[CalAIM's Potential to Address Unmet Needs for Children and Youth](#), California Training Institute (Caltrin) Recorded Webinar.

[Collaborating to improve children's behavioral health](#), Health Management Associates and the National Association of State Mental Health Program Directors

CARE Act

[Community Assistance, Recovery and Empowerment \(CARE\) Act Update](#), CSAC

Conservatorship

[Senate Bill \(SB\) 43, Lanterman-Petris-Short \(LPS\) Act Draft Information Notice](#): Changes to the Definition of "Gravely Disabled"; Changes for Conservatorship Proceedings; Expanded Data Collection Requirements; Summary of SB 43's changes to the LPS Act, effective January 1, 2024 DHCS

Criminal Justice

Supporting Veterans Involved in the Justice System Webinars (SAMHSA):

Part 1: [Enhancing Services in Treatment Court](#)

Part 2: [Responding to Co-occurring Post-Traumatic Stress Disorder and Substance Use Disorder](#)

Culture/Race/Ethnicity

[Black History Month Recognition and Training](#), March 20, 9 am - 1 pm, CA DOR African American Task Force, [Zoom Link](#)

[Asian American Children's Health Fact Sheet](#)

[Native Hawaiian and Pacific Island Fact Sheet](#)

Crisis Care Continuum

[Evaluation of AB 1544](#), Emergency medical services agencies are increasingly implementing models of care that seek to improve health care delivery by using specially trained paramedics in partnership with other health care providers.

Culture/Race/Ethnicity

[Piecing the Puzzle of AANHPI Mental Health](#) A Community Analysis of Asian American, Native Hawaiian, and Pacific Islander Mental Health Experiences in California, February 29, 2024, 1 - 2 pm [Registration](#)

Employment

[Social Security Work Incentives](#): A common concern for many individuals who receive Social Security disability benefits, such as SSI or SSDI, is that if they become employed, they'll lose their benefits. It is common for many to think that any amount of work can cause a loss of benefits. This is a myth. There are many resources available to make sure that if a disability beneficiary goes to work, they can continue to receive their cash and health benefits, even while working. CA Department of Rehabilitation

Housing/Homelessness

[Fair Housing Plan to Assess Fair Housing Choice](#) Community Needs Assessment Survey, CA Department of Housing and Community Development.

[Residential Care Facilities & Independent Living Homes](#): Santa Clara Behavioral Health Board Recommendations and Department Responses Memo.

[Street Medicine Webinar](#), CalHHS BH Task Force.

LGBTQIA+

[Survey for mid-life and older LGBTQIA+ CA residents](#): The CA Department of Aging (CDA) is supporting research partners and a statewide coalition of LGBTQIA+ community-based organizations to facilitate a statewide survey. [More information and link to survey](#)

Older Adults

[Medicare Behavioral Health Benefits for Older Adults Fact Sheet](#) covers behavioral health services covered by Medicare, how to enroll as a Medicare provider and participate in Medicare, how providers can help Medicare beneficiaries access care, and 2024 changes in Medicare for behavioral health. Behavioral health services includes both mental health and substance use disorder treatment. Both are underutilized in California among Medicare beneficiaries. In 2021 only 8.8% of Californians aged 65 and over saw a health care professional for mental health or substance use disorders.

Barriers to receiving Medicare-covered treatment include:

1. A lack of awareness that Medicare covers behavioral health services;
2. A need to increase the number of behavioral health providers enrolled in Medicare; and
3. The stigma that may be associated with seeking treatment, CA Department of Health Care Services

Performance

[Behavioral Health Measures by County](#), 2022
Department of Health Care Services Report

Proposition 1

- [Summary](#)
- [Analysis](#) by the CA Legislative Analyst's Office
- [Webpage](#)
- [PowerPoint Recording](#) (Cal HHS, CHD, CalVet)

Substance Use Disorder (SUD)

[HHS Updates Opioid Treatment Programs to Expand Access to Medications with Telehealth](#)
U.S. Health and Human Services

[CA Bridge Highly Effective in Starting and Driving Follow-Up Care](#). Study reports: 86% of individuals with opioid use disorder (OUD) presenting in the emergency department of a hospital participating in the CA Bridge program received buprenorphine treatment, and that 50% remained engaged in OUD treatment 30 days after Emergency Department discharge. [More Information](#)

[Allowable Use of Opioid Settlement Funds](#), California and its cities and counties stand to receive up to \$1.8 billion for substance use prevention, harm reduction, treatment, and recovery from Allergan, Teva, and the Pharmacies. This is in addition to the up to \$2.2 billion CA is expected to receive from the Janssen and Distributors settlements. The majority of the funds must be expended on future opioid remediation activities focused on prevention, intervention, harm reduction, treatment, and recovery services. [More Information](#)

Veterans

Supporting Veterans Involved in the Justice System Webinars (SAMHSA):

Part 1: [Enhancing Services in Treatment Court](#)

Part 2: [Responding to Co-occurring Post-Traumatic Stress Disorder and Substance Use Disorder](#)

Workforce

[SHARE! Peer Workforce](#) Bridging Research and Practice Video Presentations

Resources for Boards/Commissions

[Acronyms Word PDF](#)
[Best Practices Handbook](#)
[Brown Act Guide](#)

[Conduct](#)

[Cultural Relevance](#)

[Hybrid Meetings](#)

[Mental Health Services Act](#)

- Role of MHB/C
- Fiscal
- [Community Program Planning](#)

[News/Issues](#)

[Performance Outcome Data](#)

[Recommendations](#)

[Review](#) - Key Considerations & Roles

[Templates/Sample Docs](#)

- Agendas
- Annual Reports
- Recommendations
- Recruitment
- Site Visits

[*And More!*](#)

[Welfare & Institutions Code](#)

- Bylaw Requirements
- Duties
- Expenses
- Membership Criteria
- MHSA Community Planning

[Training: Modules](#)

- Duties
- Ethics Training
- Mental Health Services Act

[Training: Materials/Recordings](#)

1. [Basic Training](#): How to be an Effective MH/BH Board/Commission (42 minutes)
2. [Behavioral Health Continuum](#) (15 minutes)
3. [Chair & Admin](#) (60 minutes)
4. [Community Engagement & Unconscious Bias](#): Ensuring Citizen & Professional Involvement Throughout the Planning Process
5. [Community Program Planning](#) (MHSA "CPP") (60 minutes)
6. [Performance & Fiscal](#) (41 minutes)

Meetings/Events

CA Association of Local Behavioral Health Boards/Commissions (CALBHB/C)

Sacramento/Zoom: April 19 & 20, 2024
[Invitation](#) [Registration](#)

Meeting (April 19th, 1:30 - 5:30 pm)

- Statewide Updates/presentations
- Speaker Panel: Community Defined Evidence Practice
- Issue-Based Discussion

Training (April 20th, 9 am - 12 pm)

- How to Be an Effective MH/BH Board/Commission (*Rules and Tools*)
- Chair & Admin Training (*All are welcome*)

These CALBHB/C events immediately follow the CA BH Planning Council meetings (below) and are at the same location.

CA Behavioral Health Planning Council

Quarterly Meeting in Sacramento

**No registration is required for their meetings*

Tuesday April 16, 2024 Meetings:

[Performance Outcomes](#): 2:00 pm to 5:00 pm

Wednesday April 17, 2024 Meetings:

[Executive](#): 8:30 to 10:15 am

[Patients' Rights](#): 10:30 am to 12:30 pm

[Workforce and Education](#): 1:30 to 5 pm

[Legislation and Public Policy](#): 1:30 to 5 pm

[Children and Youth](#): 5:30 pm to 6:30 pm

Thursday April 18, 2024 Meetings:

[Housing and Homelessness](#): 8:30 am-12pm

[Systems and Medicaid](#): 8:30 am to 12:00 pm

[Reducing Disparities](#): 12:10 pm to 1:10 pm

[Substance Use Disorders](#): 12:10 to 1:10 pm

[General Sessions](#):

Day 1: April 18, 2024 - 1:30 pm to 5:00 pm

Day 2: April 19, 2024 - 8:30 am to 12:00 pm

CA Council on Criminal Justice and Behavioral Health (CCJBH)

2024 CCJBH meetings will be posted at:
www.cdcr.ca.gov/ccjbh/meetings

CA Department of Public Health Office of Health Equity [Advisory Committee](#)

Agendas, meeting notes, and updates will be posted on the [CRDP website](#).

Upcoming meetings:

March 7, 2024 | 1pm and 3pm

April 4, 2024 | 1pm and 3pm

May 2, 2024 | 1pm and 3pm

June 6, 2024 | 1pm and 3pm

CA Health & Human Services (HSS)

[Behavioral Health Task Force](#)

Hybrid Quarterly Meetings:

April 10, 2024, 10 am - 3 pm

August 28, 2024, 10 am - 3 pm

November 13, 2024, 10 am - 3 pm

[CARE Act Advisory Committee](#):

May 15, 2024: 10 am - 3 pm

August 21, 2024: 10 am - 3 pm

November 6, 2024: 10 am - 3 pm

CA Department of Health Care Services [Stakeholder Advisory Committee \(SAC\) and BH Stakeholder Advisory Committee \(BH-SAC\)](#)

May 29, 9:30 am - 3 pm

July 24, 9:30 am - 3 pm

October 16, 9:30 am - 3 pm

Mental Health Services Oversight & Accountability Commission (MHSOAC)

Fourth Thursdays (*Usually*) - [Schedule](#)

Evaluate Us!

CALBHB/C is here to provide resources, support, training, communication and coordinate advocacy for statewide issues as detailed in our [Annual Report](#). We invite you to evaluate us by taking a few minutes to complete: [Evaluate CALBHB/C](#).

Report to Us!

Let us know your top issues and/or resource needs: [Report to CALBHB/C](#)

Contact Us!

Email: info@calbhbc.com Website: www.calbhbc.org
Facebook: www.facebook.com/CALBHBC

For ADA compliant or printed copies of CALBHB/C documents and resources, contact cal@calbhbc.com

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