CALBHB/C Governing Board Minutes July 16, 2021, 11:30 am Zoom Teleconference

Governing Board Attendance: President Benny Benavidez (Imperial), VP Bill Stewart (San Diego), Secty/Treas. Kristine Haataja (Napa), Supervisor Stacy Corless (Mono), Stacy Dalgleish (Los Angeles), Kylene Hashimoto (Fresno), Patrick Ogawa (Los Angeles), Harriette Stevens, Ed.D. (San Francisco)

Absent: Shera Banbury (Nevada)

Staff: Theresa Comstock, Executive Director

Meeting was called to order at 11:30 a.m. by President Benny Benavidez.

A. Open Comment:

Kristine opened discussion regarding meeting in person starting in October, noting that Napa County legal counsel required it. Supervisor Corless expressed interest in having a hybrid model since rural counties have difficulty getting people to attend. Bill said that their meetings are in the same room as their supervisors, and have telecommunications capabilities; his County supports maintaining a hybrid meeting model to ensure community participation as well as member attendance. Benny also indicated that they will also be using a hybrid model. Benny suggested that CALBHBC may wish to provide guidance regarding this topic to local boards and commissions.

Patrick announced that Stacy Dalgleish has been elected Chair of the Los Angeles Mental Health Commission.

B. **Minutes:** Bill made a motion to approve the June 18th Governing Board Minutes; Kylene seconded the motion. The motion passed with one abstention (Patrick Ogawa).

C. Financial Reports:

- <u>Financial Position</u>: Current assets are approximately \$149,500.
- <u>Statement of Activity</u>: There was no revenue for the first half of July, 2021. Expenditures are \$4,369.34 and are primarily payroll expenses.

<u>Motion</u>: Patrick made a motion to accept the financials, and Stacy D seconded it. The motion passed unanimously.

D. Travel Disbursement Policy

<u>Discussion</u>: With plans to recommence in-person meetings starting in August/September, some are apprehensive about public transit and may choose to drive. There are some issues regarding our approved reimbursement rates and whether they should be relaxed.

Guiding force of the policy was that some members were using mileage when they could have used less expensive methods of travel. We use the federal allowable mileage, currently \$.56 per mile; there is also a nonprofit rate of \$0.14 that could be considered. In the past, Theresa has found rental cars more affordable to the organization, although rental rates may have risen as a consequence of the pandemic. Current policy is reimbursement for "best price."

Theresa has contacted counties in the Superior Region, and most are not yet meeting in person. Governing Board members were mixed regarding meeting in person, with some willing to travel while others prefer a hybrid model due to COVID concerns in their region.

Benny believed that the rental car option is a reasonable approach to accommodating driving to meetings instead of driving personal cars. For those seeking a safer option than air travel (for long distances), travel by car should be an acceptable alternative.

E. Bylaws Update

Revisions to the bylaws include: 1) Adding "Past President" to the Executive Committee (Article IV); and 2) Update to GB Member "Duties & Responsibilities" (Page 4, Article V) to account for the assignment of duties to staff members, and 3) Allowing Updates to bylaws (Article VI) to occur at "a Governing Board meeting" (this was previously limited to an "Annual Meeting".)

We will submit the revised bylaws in our annual 990 EZ filing. [Per IRS Form 2020, Line 34: "Changes in Organizing or Governing Documents"]

<u>Motion</u>: Patrick made a motion to accept the bylaws changes, and Stacy D seconded it. The motion passed unanimously.

F. Transitional Age Youth (TAY) Issue Brief

Theresa thanked Kylene for requesting the issue brief on TAY and others for reviewing it. Approximately 75% of mental illnesses emerge by age 24, so accessibility of TAY mental health services is important. Bill appreciated the "Psychiatric Medication" Video Mini-Series link that is included in the brief.

The brief had not been published yet. Kylene asked about whether we recommend TAY representation on local Boards; she suggested that there are other ways to involve TAY with Board activities. Patrick brought up questions regarding resources to fund programs for TAY, specifically wondering whether there are still special MediCal funds for TAY programs. Theresa stated that AB552 is one of the bills that will address mental health in schools. The Governing Board has taken a "support" position on AB 552 and has been advocating for this important bill.

G. Executive Director's Report

- Billions of dollars are dedicated for Behavioral Health in the approved State budget. Areas
 that we have advocated for include new facilities, increased services for foster youth,
 expanding the workforce, student services programs, and board & care homes. The <u>CBHA</u>
 and <u>CBHDA Press Release</u> was shared with the Governing Board.
- Theresa is participating with CA Behavioral Health Director's Association's "Behavioral Health Workforce Advisory Group"
- Legislative Update:
 - All the <u>legislation we are supporting</u> is moving forward (although AB 552 is a 2-year bill).
 988 has been revised so that the details are now in place. Harriette & Theresa reviewed the bill, and we continue to support it
 - Pupil Instruction bill, SB 224, has been scaled back though it maintains the intent. Only Middle & High Schools would be required to have mental health instruction. Elementary school instruction has been excluded,
 - AB 339 affects public meetings, and Theresa is keeping tabs on that. It does discuss hybrid model meeting for counties over 250,000.

- Internal Audit needs to be conducted and we need a volunteer to participate with Kristine. This insures that our funds are being handled responsibly and that they are used to meet the mission of the organization. Patrick agreed to perform this role.
- Theresa spoke about the upcoming statewide <u>teleconference on employment</u> and encouraged promoting local Board registration.

Upcoming Meetings & Training Schedule

- 1. Governing Board Teleconference: August 20, 11:30 am
- 2. Regional & Statewide CALBHB/C Meetings: For in-person meetings, the State is still finalizing requirements and recommendations for in-person meetings.

July 30, 2021	Employment - Integrated Vocational/Mental Health Services	Teleconference <u>Please Register</u>
August or September	Regional CALBHB/C Meeting & Training	In Person - Superior Region
October 23, 2021	Regional CALBHB/C Meeting	In-Person – Sacramento
October 24, 2021	Regional CALBHB/C Meeting	In-Person – Sacramento
November 5, 2021	Topic TBA	Teleconference
January 21, 2022	Regional CALBHB/C Meeting	In-Person – TBA
January 22, 2022	Regional CALBHB/C Training	In-Person - TBA

Meeting adjourned at 12:38.