



COUNTY ADMINISTRATOR'S OFFICE

2022 - 24 BUDGET

BOARDS AND COMMISSIONS BIENNIAL REPORT

Please note that this report should reflect accomplishments for the 2020-22 budget cycles (July 1, 2020 – June 30, 2022) and goals, initiatives, etc. for the upcoming two year budget cycle (July 1, 2022 – June 30, 2024). The next time this report will be updated will be for the 2024-2026 budget cycle (July 1, 2024 – June 30, 2026).

Please fill out all sections. Click on the gray boxes where prompted to enter text. Any sections that are not applicable can be notated as "N/A".

I. Commission Name/Title

Marin County Mental Health Board

II. Commission Purpose/Mandate

In a paragraph or two, please describe what is the purpose or mandate of the Board/Commission

The MHB is an advisory board and its functions are provided in Sections 5604, et seq. of the State Welfare and Institutions Code. The MHB shall:

-Review and evaluate the community's behavioral health needs, services, facilities, and special problems

Review and comment on the county's performance outcome data and communicate its findings to the California Mental Health Planning Council (CMHPC) [5604.2 (a)(7)] WIC

- Review and approve the procedures used to ensure citizen and professional involvement at all stages of the planning process [5604.2 (a)(4)] WIC

- Advise the Board of Supervisors (BOS) and the Behavioral Health Director as to any aspect of the Marin mental health programs

- Review and make recommendations on applicants for the appointment of director of Behavioral Health and Recovery Services (BHRS). The MHB shall be included in the select process prior to the vote of the BOS

- The Board shall assess the impact of the realignment of services from the state to the county, on services delivered to clients and on the local community

- Perform any additional duties or exercise any additional authority the BOS deems appropriate to transfer to this Board.

The MHB also has the following duties with respect to the Mental Health Services Act (MHSA):

- Make recommendations to the BHRS Director regarding the annual updates to the MHSA plans.
- Review the MHSA plan's annual update performance outcome data and communicate findings to the California Mental Health Planning Council - Review county agreements and contracts with MHSA service providers

III. **Accomplishments for 2020-22 Budget Cycles**

Provide a summary in 1-3 paragraphs or bulleted points of the Board/Commission's accomplishments for the 2020-22 budget cycle (July 1, 2020 – June 30, 2022)

The Boards accomplishments and local speakers this past year have been :

- Continued focused efforts to recruit new Board members with the intention of being representative of the diverse communities within Marin; sponsoring a Mental Health Board Information Session (in June 2021)
- The Board continued its work to reduce stigma and create a forum to engage CBOs, consumers, family members and consumer based organizations to address the problem of stigma through dialogue and information sharing
- Participated MHSA annual update and discussion, MHSA Older Adult Innovation Update, TAY Innovation Project, Co-occurring and addiction updates, Prevention and Early Intervention updates, Marin's LGBTQ+ and HIV communities and The Spahr Center's programs addressing them, as well as BHRS overview and client transitions
- Forensic/Criminal Justice System of Care Division Director presented on the development of a forensic system of behavioral health care in Marin, including the Stepping Up Initiative, sequential intercept mapping, funding mechanisms, and how we can improve care for individuals within the criminal justice system
- A presentation and discussion on the County-wide, Equity-focused Approach in Marin led by County Equity Officer
- Provided updates and recommendations related to BHRS' response to the COVID19 pandemic including outreach efforts, continuation of essential services, etc. Information was also provided on any statewide efforts to address Behavioral Health needs during COVID
- Authored and submitted to the CAO's office, a resolution to declare Racism as a Public Health issue
- The Board was presented with and gave feedback on the BHRS website (<https://www.marinbhers.org>) as well as the new PEI and Outreach website

<https://bhersprevention.org/> that includes an overview of all the prevention and early intervention programs, the new suicide prevention page and other wellness resources

- Discussed a retreat to update on accomplishments and come up with new goals as things start opening back up for in person meetings/services. Public guidance on indoor meetings will determine when this will be set.

IV. **Goals and Key Initiatives for 2022-24 Budget Cycle** (*July 1, 2022 – June 30, 2024*)

List the Board/Commission's most important goals (up to 5). These goals should be statements that reflect your highest priorities, which may or may not change over time.

For each goal below, list (up to 5) key initiatives (activities) the Board/Commission will be working towards to achieving a particular goal. Typically, initiatives are discrete activities that can be achieved over the course of one or two years.

Goal #1: Achieve full MHB membership that reflects the diversity of the populations served.

2022-24 Key Initiatives to Achieve Goal #1 – List up to 5 bullet points

- Achieve full MHB membership that reflects the diversity of the populations served, including consumers, through recruitment efforts by MHB members, Board of Supervisors, and allied organizations and groups
- Increase public attendance and comments at MHB meetings, especially consumers and family members, by conducting outreach.

Goal #2: Maintain a high attendance and participation at all MHB meetings, including Executive Committee meetings

2022-24 Key Initiatives to Achieve Goal #2 – List up to 5 bullet points

- Maintain an 80% attendance rate and active participation of all attendees at all MHB meetings, including the Executive Committee, by encouraging attendance and participation, and by following up with members who are absent

Goal #3: Increase diversity and number of members on the Alcohol and Other Drug Advisory Board

2022-24 Key Initiatives to Achieve Goal #3 – List up to 5 bullet points

- The MHB will encourage interested members to represent the MHB on outside committees as well as represent the MHB in community outreach efforts and involvement in Mental Health Month (May), and others as may be appropriate. This will be accomplished by interested MHB members who volunteer for these assignments. Members will be asked to attend at least one event per year

Goal #4: Complete 100% of scheduled site visits

2022-24 Key Initiatives to Achieve Goal #4 – List up to 5 bullet points

- The Executive Committee will select three sites to be visited per year and will schedule with interested/available MHB members, with the assistance of the Director of BHRS and staff
- Written reports of site visits will be submitted to the Executive Committee for preliminary review, followed by a full presentation and open discussion with the entire MHB and public

Goal #5: Provide training opportunities to MHB members and complete an Annual Report at the end of the fiscal year

2022-24 Key Initiatives to Achieve Goal #4 – List up to 5 bullet points

- The Executive Committee will host an annual MHB retreat to provide training to members, gather feedback on current MHB functioning, and plan goals and objectives for the following year
- Annual Report to include Executive Summary, Goals and Accomplishments, Status of MHB, and Member Bios
- Select members will present this report to the Board of Supervisors

V. Key Challenges and Issues

Please list any challenges in achieving your 2022-24 budget cycle goals.

-Recruiting Board members who reflect the ethnic diversity of client population continues to be a challenge

- COVID 19 restrictions presented it's own new challenges on what the MHB was able to get done and many of our goals had to be postponed

-Increase public awareness of Mental Health board meetings and encourage public comment

-Board members are volunteers and may not have the time to commit to achieving Board goals of site

visits and attending community events

VI. Additional Board/Commission Comments

N/A

VII. Department Comments

If applicable, please provide any comments from the County department that this board/commission works with.

BHRS is grateful for the ongoing engagement and contributions of MHB members to help improve our system of care.