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**Behavioral Health Care Symposium**

December 5 – 6, 2016  
Riverside



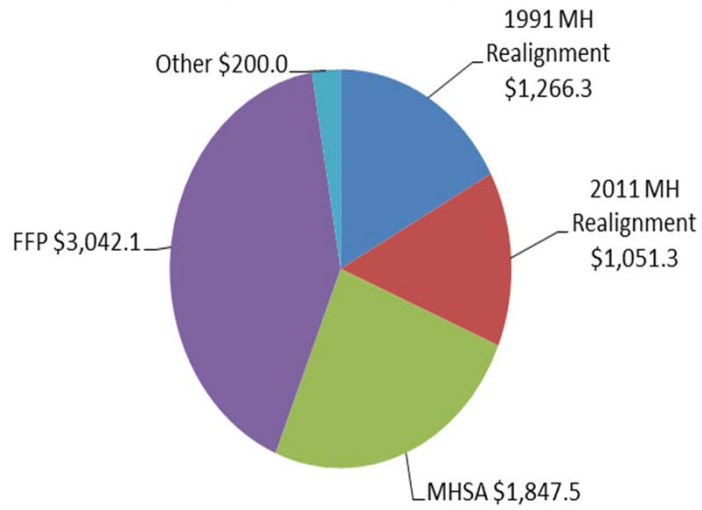
# Demystifying County Mental Health Funding in California

California Hospital Association  
December 5, 2016

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## FY16/17 Estimated Community Mental Health Funding (Dollars in Millions)



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## 1991 REALIGNMENT

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## 1991 Mental Health Realignment

- 1991 Realignment was enacted with passage of the Bronzan-McCorquodale Act
- The funds are used to serve individuals targeted in the Bronzan-McCorquodale Act
  - County mental health agencies responsible for serving individuals who meet the target population, based on availability of resources
- Mental health programs realigned from the state to counties
  - All community-based mental health services
  - State hospital services for civil commitments
  - “Institutions for Mental Disease” which provided long-term nursing facility care
- These funds may be used as match to federal Medi-Cal claim when services are provided to Medi-Cal beneficiaries

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## 1991 Realignment Revenue Structure

- Three revenue sources fund 1991 Realignment
  - ½ Cent of State Sales Tax
  - State Vehicle License Fees
  - State Vehicle License Fee Collections
- County’s must provide a Maintenance of Effort (MOE)
- Revenue swap began in FY11/12
  - Swap of CalWORKs Maintenance of Effort (MOE) with Mental Health Realignment
  - More accounts, more complexity

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## 1991 Realignment Revenue Structure

- Realignment revenues are distributed to counties on a monthly basis as funds are collected until each county receives funds equal to previous year's total
- Revenues above that amount are placed into growth accounts
- Growth distributed in the year after it is collected
  - Increases the base for that year
- State offsets distributions for county obligations
  - State Hospital Payments
  - Managed Care
- County-specific distributions available on State Controller's website
  - [http://www.sco.ca.gov/ard\\_payments\\_realign.html](http://www.sco.ca.gov/ard_payments_realign.html)

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## Benefits of 1991 Realignment

- 1991 Realignment has generally provided counties with many advantages, including:
  - A stable funding source for programs, which has made a long-term investment in mental health infrastructure financially practical
  - The ability to use funds to reduce high-cost restrictive placements, and to place clients appropriately
- Greater fiscal flexibility, discretion and control, including the ability to "roll-over" funds from one year to the next, enabling long-term planning and multi-year funding of projects
- Emphasis on a clear mission and defined target populations, allowing counties to develop comprehensive community-based systems of care, institute best practices and focus scarce resources on supporting recovery

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**1991 Mental Health Realignment Estimated Revenues**  
(Dollars in Millions)

	13/14	14/15	15/16	16/17
<b>Base Amount</b>				
Mental Health (CalWORKS MOE Swap)	\$1,120.6	\$1,120.6	\$1,120.6	\$1,120.6
Mental Health Sales Tax Base	\$0.0	\$11.6	\$33.9	\$33.9
Mental Health Vehicle License Fee Base	\$0.0	\$11.2	\$48.8	\$66.8
Mental Health Vehicle License Fee Collections	<u>\$14.0</u>	<u>\$14.0</u>	<u>\$14.0</u>	<u>\$14.0</u>
<b>Total Base</b>	<b>\$1,134.6</b>	<b>\$1,157.4</b>	<b>\$1,217.3</b>	<b>\$1,235.3</b>
<b>Growth in Base</b>				
Sales Tax	\$15.7	\$22.3	\$0.0	\$10.0
Vehicle License Fees	\$16.0	\$37.6	\$18.0	\$15.0
<b>One-Time Growth</b>				
5% of Support Services Account Growth	\$9.1	\$13.4	\$6.7	\$6.0
<b>Sales Tax Adjustment</b>				
Sales Tax	\$10.0			
5% of Support Services Account	\$0.3			
<b>Total</b>	<b>\$1,185.7</b>	<b>\$1,230.7</b>	<b>\$1,242.0</b>	<b>\$1,266.3</b>

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## Current Structure of 1991 Mental Health Realignment-Key Points

- Sales tax and vehicle license fees continue to fund 1991 mental health realignment irrespective of the demand or need for services
- Mental Health is guaranteed a minimum level of funding regardless of revenues
  - More than 90% of base funding guaranteed
- Anticipate continued growth in revenue as economy continues to slowly grow
- Individual county allocations are fairly predictable based on current allocation percentages
  - Counties generally budget prior year base amount and then adjust budget mid-year once growth amounts are known
- No limitations on when funds need to be expended
  - Counties can create reserves

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## 2011 REALIGNMENT

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## Public Safety 2011 Realignment

- Additional realignment occurred in FY11/12 that shifted funding and service responsibility from the state to the counties
  - Law Enforcement, Social Services, Behavioral Health
- Driven by state budget not counties
- Dedicated a specific revenue to fund realigned services
  - 1.0625% of Sales Tax
  - Motor Vehicle License Fee Transfer to fund law enforcement program
  - Realigned services previously funded with State General Fund monies
  - MHSA funds were used to fund realigned mental health services in FY11/12

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## 2011 Realignment Behavioral Health Subaccount

- Medi-Cal Specialty Mental Health Managed Care, including:
  - MH Early and Periodic Screening, Diagnosis and Treatment (EPSDT) for children and youth
- Drug Medi-Cal, including EPSDT
- Drug Courts
- Perinatal Drug Services
- Non Drug Medi-Cal Services
- Substance Use Early and Periodic Screening, Diagnosis and Treatment

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## Realignment 2011 and Medi-Cal Specialty Mental Health

- Counties must fund Medi-Cal Specialty Mental Health Services, including Early and Periodic Screening, Diagnosis and Treatment (EPSDT), from moneys received from:
  - The 2011 Behavioral Health Subaccount and the Behavioral Health Growth Special Account
  - The 1991 Realignment Mental Health Subaccount
  - MHA funds, to the extent permissible under the Act
- If DHCS determines that a county is failing or at risk of failing to perform the functions of a Behavioral Health Subaccount program to the extent federal funds are at risk:
  - It notifies the State Controller, Department of Finance, and the county
  - Determines the amount needed from the subaccount to perform the function
  - Controller deposits county's allocation attributable to program into the "County Intervention Support Services Subaccount" (for access by DHCS for the program). DHCS determines when this may cease

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### 2011 Realignment Behavioral Health Subaccount Estimated Revenues<sup>c/</sup>

(Dollars in Millions)

	12/13	13/14	14/15	15/16	16/17
<b>Base Amount</b>					
EPSDT	\$584.1				
Existing EPSDT	\$540.0				
Healthy Families	\$17.3				
Katie A. Settlement	\$26.8				
Specialty MH Managed Care	\$196.7				
SUD Services <sup>a/</sup>	\$178.5				
<b>Total Base</b>	<b>\$959.3</b>	<b>\$987.1</b>	<b>\$1,046.3</b>	<b>\$1,163.3</b>	<b>\$1,230.3</b>
<b>Growth in Base</b>					
New Growth	\$27.8	\$60.0	\$117.0	\$67.0	\$60.0
<b>Total</b>	<b>\$987.1</b>	<b>\$1,047.1</b>	<b>\$1,163.3</b>	<b>\$1,230.3</b>	<b>\$1,290.3</b>
<b>Percent Change</b>	<b>4.9%</b>	<b>6.1%</b>	<b>11.2%</b>	<b>5.8%</b>	<b>4.9%</b>

a/ Excluding SUD Residential Treatment which is a fixed amount per statute.

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## 2011 Realignment-Key Points

- Sales tax funds 2011 mental health realignment irrespective of the demand or need for services
- Anticipate continued growth in revenue as economy continues to slowly grow
- Individual county allocations are not predicable
  - State continues to modify base allocation percentages making it difficult for counties to budget
- Individual county growth allocations are intended to make counties “whole”, but end up lagging expenditures by two years
- Statute provides flexibility on use of the funds between behavioral health programs, but state has continued to monitor as if the funding was categorical
- No limitations on when funds need to be expended
  - Counties can create reserves
- Behavioral Health Subaccount growth
  - Fund two entitlement programs at amounts funded prior to realignment
  - Balance distributed based on percentage of average monthly Medi-Cal enrollment

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## MENTAL HEALTH SERVICES ACT

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## Mental Health Services Act Revenues

- The MHSA created a 1% tax on income in excess of \$1 million to expand mental health services
- Approximately 1/10 of one percent of tax payers are impacted by tax
- Two primary sources of deposits into State MHS Fund
  - 1.76% of all monthly personal income tax (PIT) payments (Cash Transfers)
  - Annual Adjustment based on actual tax returns
    - Two-year lag

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## MHSA County Funding

- Funds distributed on a monthly basis
  - Unexpended and unreserved funds on deposit in the State MHS Fund at the end of the month are distributed by the 15th of the next month
- Counties receive one warrant (check) from the state
  - County responsible for ensuring compliance with W&I Code Section 5892(a)
    - 20% for Prevention and Early Intervention programs
    - Balance for Community Services and Supports (System of Care)
    - 5% of total funding shall be utilized for Innovative programs

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## MHSA County Funding (cont.)

- Each county required to have a local Mental Health Services fund in which interest earned remains in the fund to be used for MHSA expenditures
- Counties are required to prepare a Three Year Program and Expenditure Plan
  - All MHSA expenditures are required to be in accordance with an approved Plan
- MHSA funds cannot be used to supplant existing resources

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**MHSA Estimated Revenues**  
(Cash Basis-Millions of Dollars)

	Fiscal Year						
	Actual		Estimated				
	12/13	13/14	14/15	15/16	16/17	17/18	18/19
Cash Transfers	\$1,204.0	\$1,189.0	\$1,355.0	\$1,422.3	\$1,480.0	\$1,538.0	\$1,592.0
Annual Adjustment	\$157.0	\$153.5	\$479.8	\$94.3	\$464.1	\$417.7	\$378.0
Interest	\$0.7	\$1.2	\$0.6	\$0.6	\$0.6	\$0.6	\$0.6
<b>Total</b>	<b>\$1,361.7</b>	<b>\$1,343.7</b>	<b>\$1,835.4</b>	<b>\$1,517.2</b>	<b>\$1,944.7</b>	<b>\$1,956.3</b>	<b>\$1,970.6</b>

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**MHSA Estimated Component Funding**  
(Millions of Dollars)

	Fiscal Year					
	Actual			Estimated		
	13/14	14/15	15/16	16/17	17/18	18/19
CSS	\$939.2	\$1,314.6	\$1,078.3	\$1,404.1	\$1,400.3	\$1,395.4
PEI	\$234.8	\$328.7	\$269.6	\$351.0	\$350.1	\$348.9
Innovation <sup>a/</sup>	\$61.8	\$86.5	\$70.9	\$92.4	\$92.1	\$91.8
<b>Total</b>	<b>\$1,235.8</b>	<b>\$1,729.8</b>	<b>\$1,418.8</b>	<b>\$1,847.5</b>	<b>\$1,842.5</b>	<b>\$1,836.1</b>

a/ 5% of the total funding must be utilized for innovative programs (W&I Code Section 5892(a)(6)).

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## MHSA-Key Points

- Income taxes on very few high income earners fund MHSA irrespective of the demand or need for services
  - Revenues are volatile
- Amount of county funding is not guaranteed
  - More risk to counties
- Cash flow varies significantly during the fiscal year
  - 40% of MHSA cash transfers received in last three months of fiscal year
- MHSA provides tools to manage funding
  - Local prudent reserve
  - Three-year reversion period for unspent CSS, PEI and Innovation funds
- All expenditures must be consistent with an approved MHSA Plan
- Funds must be spent within specified time frame (generally, three years)

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MEDI-CAL SPECIALTY MENTAL HEALTH { 23 }

## Medi-Cal Specialty Mental Health Services

- Medi-Cal Specialty Mental Health Services (SMHS) are provided through County Mental Health Plans (MHP) under contract with the State Department of Health Care Services
- County MHPs are required to provide Medi-Cal SMHS to all Medi-Cal beneficiaries that meet the medical necessity criteria specified in California Code of Regulations (CCR) Title 9, Sections 1820.205 and 1830.205

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## Medi-Cal Specialty Mental Health Services (cont.)

- Specialty Mental Health Services are defined in CCR Title 9, Section 1810.247 and include:
  - Rehabilitative Services (individual and group therapy, assessment, collateral, medication support, day treatment, day rehabilitation, crisis intervention, crisis stabilization, adult residential treatment, crisis residential treatment and psychiatric health facility services)
  - Psychiatric inpatient services
  - Targeted case management
  - Psychiatrist and psychologist services
  - EPSDT supplemental services
  - Psychiatric nursing facility services

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## Medi-Cal Specialty Mental Health Reimbursement

- County MHPs are reimbursed a percentage of their actual expenditures (Certified Public Expenditures-CPE) based on the Federal Medical Assistance Percentage (FMAP)
  - Same for all Medi-Cal Specialty Mental Health services except FFS/MC inpatient hospital services
- County MHPs are reimbursed an interim amount throughout the fiscal year based on approved Medi-Cal services and interim billing rates
  - Interim rates for contract providers represent amount paid by MHP to provider
  - Interim rates for county-operated providers should approximate actual costs

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## Medi-Cal Specialty Mental Health Reimbursement (cont.)

- County MHPs and DHCS reconcile the interim amounts to actual expenditures through the year end cost report settlement process
- DHCS audits the cost reports to determine final Medi-Cal entitlement
- Medi-Cal MHP Administrative costs and Utilization Review costs are reimbursed through quarterly claims and the cost report process

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## Medi-Cal Specialty Mental Health Reimbursement (cont.)

- MHP reimbursement was limited to no more than the Schedule of Maximum Allowances (SMAs) prior to the implementation of AB1497 in FY12/13
  - Now generally based on lowest of actual costs and usual and customary charges
- Medi-Cal MHP Administrative costs are limited to 15% of direct service reimbursement
- 1915(b) Waiver limits reimbursement to an Upper Payment Limit (UPL) for each MHP
  - Based on actual CPE incurred by MHP
  - UPL changes up until audit (and any appeals) are completely settled

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### Medi-Cal Specialty Mental Health Estimated Federal Reimbursement (Dollars in Millions)

	13/14	14/15	15/16	16/17
Existing Specialty Mental Health Services	\$1,777.5	\$2,153.4	\$2,403.7	\$2,634.3
Supplemental Payment SPA				\$407.8
<b>Total Mental Health FFP</b>	<b>\$1,777.5</b>	<b>\$2,153.4</b>	<b>\$2,403.7</b>	<b>\$3,042.1</b>

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## Medi-Cal Specialty Mental Health Reimbursement-Key Points

- Revenues are based on Certified Public Expenditures incurred by the County Medi-Cal Specialty Mental Health Plan
  - Requires County MHP to have sufficient revenue available to incur full funds expenditure prior to obtaining reimbursement
  - Percent reimbursement is generally based on the Medi-Cal beneficiary's aid code
- Final entitlement amounts are not known until after audit and appeals, which is currently at least six years after provision of services
  - Requires counties to establish reserves in case of audit recoupment
- Incentive is to maximize volume of services, not quality of care

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OTHER FUNDING

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## Other Funding

- Counties are required to provide a county maintenance of effort in order to receive 1991 Realignment funds
  - \$48.6 million per year and not indexed for inflation
- Counties contribute additional county funds (overmatch) based on the availability of local revenues and local priorities
  - Amount of overmatch varies significantly by county
  - Counties with public hospitals tend to have high county contributions
- SAMHSA funds the Mental Health Block grant
  - \$57.4 million
- Other third-party revenues
  - Insurance
  - Medicare
- Uniform Method of Determining Ability to Pay (UMDAP)
  - Patient fees

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TOTAL MENTAL HEALTH FUNDING

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**Mental Health Estimated Funding**  
(Dollars in Millions)

	13/14	14/15	15/16	16/17
1991 MH Realignment	\$1,185.7	\$1,230.7	\$1,242.0	\$1,266.3
2011 MH Realignment <sup>a/</sup>	\$852.5	\$947.6	\$1,002.4	\$1,051.3
MHSA	\$1,235.8	\$1,729.8	\$1,418.8	\$1,847.5
FFP	\$1,777.5	\$2,153.4	\$2,403.7	\$3,042.1
Other	\$200.0	\$200.0	\$200.0	\$200.0
<b>Total</b>	<b>\$5,251.5</b>	<b>\$6,261.5</b>	<b>\$6,266.9</b>	<b>\$7,407.1</b>

a/ Assuming proportionate growth by program.

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## Key Points

- Majority of funding driven by on economic conditions and is not based on need for services
  - Need for services is often countercyclical to health of the economy
- There is a desire to integrate mental health and substance abuse services, but funding remains independent
- Individual county allocations often determined through political process making it difficult for counties to budget
- Significant growth in mental health funding since passage of MHSA created increased expectations
  - \$3.0 billion in FY03/04 to estimated \$7.4 billion in FY16/17
- Much of funding is categorical
  - Counties sometimes given flexibility, but monitored at more discrete level

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## Strategic Considerations

- County MHPs under increasing fiscal pressure for various state initiatives and performance outcomes
- County MHPs focus on managing their risk
  - Determine the role you currently play, and could play in the future, in addressing purchaser/payer risk from a fiscal, access and quality perspective
- 1991 Realignment is the most flexible funding, followed by 2011 Behavioral Health Subaccount and MHSA

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## Information

- Information on County MHPs
  - State Controller's Office allocation schedules
    - [http://www.sco.ca.gov/ard\\_local\\_apportionments.html](http://www.sco.ca.gov/ard_local_apportionments.html)
  - Department of Health Care Services MHP information
    - [http://www.dhcs.ca.gov/services/Pages/Medi-cal\\_SMHS.aspx](http://www.dhcs.ca.gov/services/Pages/Medi-cal_SMHS.aspx)
  - Department of Health Care Services MHSA information
    - <http://www.dhcs.ca.gov/services/MH/Pages/Annual-Revenue-and-Expenditure-Reports-by-County.aspx>
- Local County budgets

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# Questions?

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# Thank You

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