

**CALBHB/C Listening Session**  
**Facilitator Guidelines**

FACILITATORS: Begin by sharing these guidelines with your small group:

- 1) Everyone should have a chance to speak (up to 5 minutes/person.)
- 2) Ask people to “Listen”, and not react to each other.
- 3) Each person is to have a turn to talk about their own experiences, the experiences of family members, or the experience of community members.
- 4) We are looking especially for “Stories” around this issue.  
Stories have a beginning, a middle and an end.
- 5) Ask for permission to interrupt (to redirect, clarify, or allow next person to speak.)
- 6) Take notes and/or ask someone in the group to also take notes. People are also welcome to write their experiences on the colored paper.