**CALBHB/C Listening Session**

**Facilitator Guidelines**

FACILITATORS: Begin by sharing these guidelines with your small group:

1. Everyone should have a chance to speak (up to 5 minutes/person.)
2. Ask people to “Listen”, and not react to each other.
3. Each person is to have a turn to talk about their own experiences, the experiences of family members, or the experience of community members.
4. We are looking especially for “Stories” around this issue.

Stories have a beginning, a middle and an end.

1. Ask for permission to interrupt (to redirect, clarify, or allow next person to speak.)
2. Take notes and/or ask someone in the group to also take notes. People are also welcome to write their experiences on the colored paper.