

The training will begin at 1:00 pm. Please remain on mute.



Mental Health Services Act (MHSA)  
**Community Program Planning (CPP)**  
**Training**  
*for*  
**Los Angeles SALT & UsCC Leadership**

[CPP One-Pager](#)

CALBHB/C supports the work of CA's 59 local mental/behavioral health boards & commissions. [www.calbhbc.org](http://www.calbhbc.org)

## Community Program Planning (CPP)

- Definitions (MHSA & CPP)
- Participants
- Process



## Tools

- Conduct
- Listening Sessions
- Data

## Role of the Mental Health Commission

(Mental Health Services Act, Proposition 63 enacted in 2004)

- **Purpose:** Expand and improve public mental health services.
- **Funding:** CA public mental health funding was insufficient to meet the demand of 1/2 the population in need
- **Disparities:** Cultural, racial and ethnic populations have been disproportionately affected
- **Placement:** “Safety net” of underfunded system had become the criminal justice system, courts, and emergency rooms

# MHSA: Components

- **Community Services and Supports** (CSS) – 76% of Funding
  - Community Program Planning (CPP) - up to 5% of Funding
  - Capital Facilities & Technological Needs (CFTN)
  - Workforce Education and Training (WET)
  
- **Prevention & Early Intervention** (PEI) - 19% of Funding
  
- **Innovations** (INN) (5 years for INN for small counties) – 5% of Funding

More info at: [www.calbhbc.org/mhsa-plans--updates](http://www.calbhbc.org/mhsa-plans--updates)

# Community Program Planning (CPP): Definition

**CPP** is a component of the Mental Health Services Act. It is a state-mandated **PARTICIPATORY** process, requiring community collaboration to:

- 1) **Assess** current capacity
- 2) **Define** populations to be served
- 3) **Strategize:** Determine strategies to provide effective programs that are:
  - a) **Culturally Competent**
  - b) **Client and Family Driven**
  - c) **Wellness, Recovery and Resilience-focused**
  - d) **Integrated:** Provide an Integrated Service Experience for Clients & Families

# Community Program Planning (CPP): Participants

**CPP** is a state-mandated **PARTICIPATORY** process, requiring the following participants:

- 1) Stakeholders**
- 2) Underserved Participants**
- 3) Demographic Diversity**
  - a) Geographic Location
  - b) Age
  - c) Gender
  - d) Race/Ethnicity



# Community Program Planning: Stakeholders

3-Year Plans and Updates shall be developed with local stakeholders, including:

- **Adults** with Severe Mental Illness
- **Seniors** with Severe Mental Illness
- **Families** of Children, Adults & Seniors with Severe Mental Illness
- **Providers** of Services
- **Law Enforcement** Agencies
- **Education**
- **Social Services** Agencies
- **Veterans** and Representatives from Veterans Organizations
- Providers of **Alcohol** and **Drug** Services
- **Health Care** Organizations
- Other important interests.

[CA WIC 5848 \(a\)](#)

# Community Program Planning (CPP): Process

**CPP** Process requirements include:  
See [CPP One-Pager](#) for detail)


- 1) Staffing
- 2) Training
- 3) Outreach
- 4) Local Review
- 5) Documentation

**Please Join the Conversation!**  
Be part of the MHSA planning process.

These monthly meetings are your chance to provide feedback on mental health programs and services, make connections in the community, and be the voice of YourDMH. You can attend meetings in your Service Area (SA) or any of the cultural community groups of interest.

For meeting information please visit the DMH Event Calendar [dmh.lacounty.gov/events/category/general-event](http://dmh.lacounty.gov/events/category/general-event)

October 1, 2020	Faith-Based Advocacy Council Meeting	10:00 AM – 12:00 PM
October 1, 2020	LGBTQIA2-S USCC Meeting	2:00 PM – 4:00 PM
October 2, 2020	Service Area Leadership Team (SALT 8) Meeting	10:00 AM – 12:00 PM
October 7, 2020	American Indian/Alaskan Native (AI/AN) USCC Meeting	2:00 PM – 4:00 PM
October 8, 2020	Service Area Leadership Team (SALT 2) Meeting	9:30 AM – 11:00 AM
October 8, 2020	Service Area Leadership Team (SALT 3) Meeting	2:00 PM – 4:00 PM
October 9, 2020	Service Area Leadership Team (SALT 7) Meeting	10:00 AM – 12:00 PM
October 14, 2020	Access for All USCC Meeting	10:00 AM – 12:00 PM
October 14, 2020	Cultural Competency Committee Meeting	1:30 PM – 3:30 PM
October 15, 2020	Service Area Leadership Team (SALT 6) Meeting	10:00 AM – 12:00 PM
October 15, 2020	Service Area Leadership Team (SALT 4) Meeting	1:30 PM – 3:00 PM
October 15, 2020	Service Area Leadership Team (SALT 1) Meeting	3:00 PM – 5:00 PM
October 20, 2020	Latino USCC Meeting	2:00 PM – 4:00 PM
October 22, 2020	Black and African Heritage USCC Meeting	2:00 PM – 4:00 PM
October 26, 2020	Asian Pacific Islander (API) USCC Meeting	2:00 PM – 4:00 PM
October 27, 2020	Service Area Leadership Team (SALT 5) Meeting	3:00 PM – 5:00 PM
October 28, 2020	Eastern European/Middle Eastern (EE/ME) USCC Meeting	2:00 PM – 4:00 PM



LOS ANGELES COUNTY  
DEPARTMENT OF  
MENTAL HEALTH  
*hope. recovery. wellbeing.*

[L.A. MHSA Stakeholder Events  
October & November 2020](#)



# Tools: Conduct

1. Active **Listening** [www.calbhbc.org/conduct](http://www.calbhbc.org/conduct)
2. Focus on **Issues**
3. **Person-First** Language
4. **No Swearing**
5. **No Personal** Attacks or Criticism (of self or others).
6. **One person** speaks at a time – No side bars.
7. Keep **Comments Short** if possible—Do not monopolize.
8. Limit use of **Acronyms** –“When in doubt, spell it out.”
9. Silence **Cell Phones**

# Tools: Listening Session

## Facilitator Guide

1. Groups of 6 people or less (seated in circle if possible)
2. Everyone should have a chance to speak (5 minutes/person)
3. Ask people to “**Listen**”, and **not react** to each other
4. We are looking especially for “Stories” around issues or successes. Stories have a beginning, a middle and an end.
5. Ask for permission to interrupt (to redirect, clarify, or allow next person to speak.)
6. Take notes and/or ask someone in the group to also take notes. People are also welcome to write their experiences on the colored paper provided [Sample Form \(Word\)](#), [\(PDF\)](#).

**Listening Session**  
**Regarding Mental Health Issues/Feedback**  
**(e.g. Crisis Services, Housing, Employment, Children, Older Adults)**

**Gaps:** Do you have a story regarding issues affecting you, your family or your community?

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**Successes:** Do you have a story regarding the successful impact of a mental health program?

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Name (Optional) \_\_\_\_\_

- 1. Performance Outcome Data (CALBHB/C)**  
[www.calbhbc.org/performance](http://www.calbhbc.org/performance)
- 2. Program Information (MHSoAC):**  
[transparency.mhsoac.ca.gov/searchpage](http://transparency.mhsoac.ca.gov/searchpage)

# TOOLS: Performance Outcome Data

[www.calbhbc.org/performance](http://www.calbhbc.org/performance)

<a href="#"><u>Alameda</u></a>	<a href="#"><u>Humboldt</u></a>	<a href="#"><u>Merced</u></a>	<a href="#"><u>San Bernardino</u></a>	<a href="#"><u>Solano</u></a>
<a href="#"><u>Alpine</u></a>	<a href="#"><u>Imperial</u></a>	<a href="#"><u>Modoc</u></a>	<a href="#"><u>San Diego</u></a>	<a href="#"><u>Sonoma</u></a>
<a href="#"><u>Amador</u></a>	<a href="#"><u>Inyo</u></a>	<a href="#"><u>Mono</u></a>	<a href="#"><u>San Francisco</u></a>	<a href="#"><u>Stanislaus</u></a>
<a href="#"><u>City of Berkeley</u></a>	<a href="#"><u>Kern</u></a>	<a href="#"><u>Monterey</u></a>	<a href="#"><u>San Joaquin</u></a>	<a href="#"><u>Sutter-Yuba</u></a>
<a href="#"><u>Butte</u></a>	<a href="#"><u>Kings</u></a>	<a href="#"><u>Napa</u></a>	<a href="#"><u>San Luis Obispo</u></a>	<a href="#"><u>Tehama</u></a>
<a href="#"><u>Calaveras</u></a>	<a href="#"><u>Lake</u></a>	<a href="#"><u>Nevada</u></a>	<a href="#"><u>San Mateo</u></a>	<a href="#"><u>Tri-City</u></a>
<a href="#"><u>Colusa</u></a>	<a href="#"><u>Lassen</u></a>	<a href="#"><u>Orange</u></a>	<a href="#"><u>Santa Barbara</u></a>	<a href="#"><u>Trinity</u></a>
<a href="#"><u>Contra Costa</u></a>	<a href="#"><u>Los Angeles</u></a>	<a href="#"><u>Placer</u></a>	<a href="#"><u>Santa Clara</u></a>	<a href="#"><u>Tulare</u></a>
<a href="#"><u>Del Norte</u></a>	<a href="#"><u>Madera</u></a>	<a href="#"><u>Plumas</u></a>	<a href="#"><u>Santa Cruz</u></a>	<a href="#"><u>Tuolumne</u></a>
<a href="#"><u>El Dorado</u></a>	<a href="#"><u>Marin</u></a>	<a href="#"><u>Riverside</u></a>	<a href="#"><u>Shasta</u></a>	<a href="#"><u>Ventura</u></a>
<a href="#"><u>Fresno</u></a>	<a href="#"><u>Mariposa</u></a>	<a href="#"><u>Sacramento</u></a>	<a href="#"><u>Sierra</u></a>	<a href="#"><u>Yolo</u></a>
<a href="#"><u>Glenn</u></a>	<a href="#"><u>Mendocino</u></a>	<a href="#"><u>San Benito</u></a>	<a href="#"><u>Siskiyou</u></a>	

# Tools: Performance Outcome Data by Topic

Full listing by topic: [www.calbhbc.org/performance](http://www.calbhbc.org/performance)

Children & Youth	Criminal Justice	Employment	Hospitalization	Housing
El Dorado	Berkeley (City)	<u>Alameda</u>	El Dorado	Alameda
Kings (a little)	Fresno	Butte	Fresno	Calaveras
<u>Nevada</u>	Humboldt	Calaveras	Humboldt	Contra Costa
Riverside	Kern	Contra Costa	Kern	Glenn (a little)
San Benito	<u>Los Angeles</u>	<u>Imperial</u>	<u>Los Angeles</u>	Humboldt
San Joaquin	Marin	Kings (a little)	<u>Merced</u>	<u>Los Angeles</u>
Tulare	<u>Merced</u>	<u>Los Angeles</u>	Nevada	<u>Merced</u>
Tuolumne	<u>San Mateo</u>	Marin	<u>Riverside</u>	<u>Placer</u>
	<u>Sonoma</u>	<u>Solano</u>	<u>Sacramento</u>	<u>Sonoma</u>

More counties are listed at: [www.calbhbc.org/performance](http://www.calbhbc.org/performance)

# MHSA: Role of the Mental Health Commission

## Best Practices, Pages 19 & 20

### 1. Assure Citizen and Professional Involvement

**MHSA Community Program Planning (CPP)** is a state-mandated participatory process. Review local staff's plans and execution of this process.

**CPP One-Pager** includes: **Definition, Participants & Process**

### 2. Review & Advise

- a) **Vote** on substantive recommendations
- b) A **response** is required from the mental/behavioral health staff through
  - a) Incorporating recommendations in the MHSA Plan/Update
  - b) Summary & analysis of recommendations that are not included in MHSA Plans/Updates.

### 3. Conduct Public Hearing on the draft plan at the close of the 30-day comment period.

# Resources

## Conduct

[www.calbhbc.org/conduct](http://www.calbhbc.org/conduct)

## Cultural Issues

[www.calbhbc.org/cultural-issues](http://www.calbhbc.org/cultural-issues)

## Mental Health Services Act

[www.calbhbc.org/mhsa-plans--updates](http://www.calbhbc.org/mhsa-plans--updates)

## Performance

[www.calbhbc.org/resources](http://www.calbhbc.org/resources)

## Issue Briefs

[Board & Care](#)

[Criminal Justice](#)

[Disaster Prep/Recovery](#)

[Employment](#)

[Older Adults](#)

[Performance Outcome Data](#)

[Suicide Prevention](#)

... and [more!](#)

CA Association of Local Behavioral Health Boards & Commissions  
(CALBHB/C) [www.calbhbc.org](http://www.calbhbc.org)