CA Association of Local Behavioral Health Boards & Commissions (CALBHB/C)

Mental Health Services Act (MHSA)  
Community Program Planning (CPP)  
Training  
for  
Los Angeles SALT & UsCC Leadership  
  
[**CPP One-Pager**](https://www.calbhbc.org/uploads/5/8/5/3/58536227/community_program_planning_cpp.pdf)

# **TOPICS**

## Community Program Planning (CPP)

* + - Definitions (MHSA & CPP)
    - Participants
    - Process

**Tools**

* + - Conduct
    - Listening Sessions
    - Data

**Role of the Mental Health Commission**

# **MHSA: Definition**

**(Mental Health Services Act, Proposition 63 enacted in 2004)**

**Purpose:** Expand and improve public mental health services.

**Funding:** CA public mental heath funding was insufficient to meet the demand of 1/2 the population in need

**Disparities:** Cultural, racial and ethnic populations have been disproportionally affected

**Placement:** “Safety net” of underfunded system had become the criminal justice system, courts, and emergency rooms

# **MHSA: Components**

* + - * **Community Services and Supports** (CSS) – **76%** of Funding

Community Program Planning (CPP) - up to **5%** of Funding

Capital Facilities & Technological Needs (CFTN)

Workforce Education and Training (WET)

* + - * **Prevention & Early Intervention** (PEI) - **19%** of Funding
      * **Innovations** (INN) (5 years for INN for small counties) – **5%** of Funding

More info at: [**www.calbhbc.org/mhsa-plans--updates**](http://www.calbhbc.org/mhsa-plans--updates)

# **Community Program Planning (CPP): Definition**

**CPP** is a component of the Mental Health Services Act. It is a state-mandated **PARTICIPATORY** process, requiring community collaboration to:

* 1. **Assess** current capacity
  2. **Define populations** to be served
  3. **Strategize:** Determine strategies to provide effective programs that are:
     1. **Culturally Competent**
     2. **Client and Family Driven**
     3. **Wellness, Recovery and Resilience-focused**
     4. **Integrated:** Provide an Integrated Service Experience for Clients & Families

# **Community Program Planning (CPP): Participants**

**CPP** is a state-mandated **PARTICIPATORY**

process, requiring the following participants:

* 1. **Stakeholders**
  2. **Underserved Participants**
  3. **Demographic Diversity**
     1. Geographic Location
     2. Age
     3. Gender
     4. Race/Ethnicity

# **Community Program Planning: Stakeholders**

* + **Adults** with Severe Mental Illness
  + **Seniors** with Severe Mental Illness
  + **Families** of Children, Adults & Seniors with Severe Mental Illness
  + **Providers** of Services
  + **Law Enforcement** Agencies
  + **Education**
  + **Social Services** Agencies
  + **Veterans** and Representatives from Veterans Organizations
  + Providers of **Alcohol** and **Drug** Services
  + **Health Care** Organizations
  + Other important interests.

[**CA WIC 5848 (a)**](https://leginfo.legislature.ca.gov/faces/codes_displaySection.xhtml?lawCode=WIC&sectionNum=5848.)

# **Community Program Planning (CPP): Process**

**CPP Process requirements include:**

* 1. **Staffing**
  2. **Training**
  3. **Outreach**
  4. **Local Review**
  5. **Documentation**

**(See** [**CPP One-Pager**](https://www.calbhbc.org/uploads/5/8/5/3/58536227/community_program_planning_cpp.pdf) **for detail)**

[**L.A. MHSA Stakeholder Events October & November 2020**](https://dmh.lacounty.gov/about/mhsa/announcements/)

# **Tools: Conduct** [www.calbhbc.org/conduct](http://www.calbhbc.org/conduct)

1. Active **Listening**
2. Focus on **Issues**
3. **Person-First** Language
4. **No Swearing**
5. **No Personal** Attacks or Criticism (of self or others).
6. **One person** speaks at a time – No side bars.
7. Keep **Comments Short** if possible—Do not monopolize.
8. Limit use of **Acronyms** –”When in doubt, spell it out.”
9. Silence **Cell Phones**

# Tools**: Listening Session**

[**Facilitator Guide**](https://www.calbhbc.org/listening-session.html)

1. Groups of 6 people or less (seated in circle if possible)
2. Everyone should have a chance to speak (5 minutes/person)
3. Ask people to “**Listen**”, and **not react** to each other
4. We are looking especially for “Stories” around issues or successes. Stories have a beginning, a middle and an end.
5. Ask for permission to interrupt (to redirect, clarify, or allow next person to speak.)
6. Take notes and/or ask someone in the group to also take notes. People are also welcome to write their experiences on the colored paper provided [**(Sample Form (Word)**](https://www.calbhbc.org/uploads/5/8/5/3/58536227/listening_session_-_sample_form.docx)**,**[**(PDF)**](https://www.calbhbc.org/uploads/5/8/5/3/58536227/listening_session_-_sample_form.pdf).

# **Listening Session Form**

# **Regarding Mental Health Issues/Feedback**

# **(e.g. Crisis Services, Housing, Employment, Children, Older Adults)**

**Gaps:** Do you have a story regarding issues affecting you, your family or your community?

**Successes:** Do you have a story regarding the successful impact of a mental health program?

Name (Optional)\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

# **TOOLS: Data & Program Information**

* + 1. **Performance Outcome Data (CALBHB/C)** [www.calbhbc.org/performance](http://www.calbhbc.org/performance)
    2. **Program Information (MHSOAC):** [transparency.mhsoac.ca.gov/searchpage](http://transparency.mhsoac.ca.gov/searchpage)

# **TOOLS**: Performance Outcome Data

[**www.calbhbc.org/performance**](http://www.calbhbc.org/performance)

# **Tools: Performance Outcome Data by Topic -** Hyperlinks are provided for counties providing the most data per topic. More counties are listed at: [www.calbhbc.org/performance](http://www.calbhbc.org/performance)

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Children & Youth** | **Criminal Justice** | **Employment** | **Hospitalization** | **Housing** |
| El Dorado | Berkeley (City) | [**Alameda**](https://www.calbhbc.org/performancealameda.html) | El Dorado | Alameda |
| Kings (a little) | Fresno | Butte | Fresno | Calaveras |
| [**Nevada**](https://www.calbhbc.org/performancenevada.html) | Humboldt | Calaveras | Humboldt | Contra Costa |
| Riverside | Kern | Contra Costa | Kern | Glenn (a little) |
| San Benito | [**Los Angeles**](https://www.calbhbc.org/performancelos-angeles.html) | [**Imperial**](https://www.calbhbc.org/performanceimperial.html) | [**Los Angeles**](https://www.calbhbc.org/performancelos-angeles.html) | Humboldt |
| San Joaquin | Marin | Kings (a little) | [**Merced**](https://www.calbhbc.org/performancemerced.html) | [**Los Angeles**](https://www.calbhbc.org/performancelos-angeles.html) |
| Tulare | [**Merced**](https://www.calbhbc.org/performancemerced.html) | [**Los Angeles**](https://www.calbhbc.org/performancelos-angeles.html) | Nevada | [**Merced**](https://www.calbhbc.org/performancemerced.html) |
| Tuolumne | [**San Mateo**](https://www.calbhbc.org/performancesan-mateo.html) | Marin | [**Riverside**](https://www.calbhbc.org/performanceriverside.html) | [**Placer**](https://www.calbhbc.org/performanceplacer.html) |
|  | [**Sonoma**](https://www.calbhbc.org/performancesonoma.html) | [**Solano**](https://www.calbhbc.org/performancesolano.html) | [**Sacramento**](https://www.calbhbc.org/performancesacramento.html) | [**Sonoma**](https://www.calbhbc.org/performancesonoma.html) |

# **MHSA: Role of the Mental Health Commission**

[**Best Practices, Pages 19 & 20**](file:///\\MAIN\Theresa\CALBHBC\Training%20Materials\BEST%20PRACTICES\BEST%20PRACTICES%202020%20Rev.%201.pdf)

* + - 1. **Assure Citizen and Professional Involvement**

**MHSA Community Program Planning (CPP**) is a state-mandated participatory process. Review local staff’s plans and execution of this process.

[**CPP One-Pager**](https://www.calbhbc.org/uploads/5/8/5/3/58536227/community_program_planning_cpp.pdf)includes: **Definition, Participants & Process**

* + - 1. **Review & Advise**
         1. Vote on substantive recommendations
         2. A **response** is required from the mental/behavioral health staff through

Incorporating recommendations in the MHSA Plan/Update

Summary & analysis of recommendations that are not included in MHSA Plans/Updates.

* + - 1. **Conduct Public Hearin**g on the draft plan at the close of the 30-day comment period.

# **Resources**

**Conduct**

[www.calbhbc.org/conduct](http://www.calbhbc.org/conduct)

**Cultural Issues**[www.calbhbc.org/cultural-issues](http://www.calbhbc.org/cultural-issues)

**Mental Health Services Act**

[www.calbhbc.org/mhsa-plans--updates](https://www.calbhbc.org/mhsa-plans--updates.html)

**Performance**

[www.calbhbc.org/resources](http://www.calbhbc.org/resources)**Issue Briefs**

[Board & Care](https://www.calbhbc.org/)

[Criminal Justice](https://www.calbhbc.org/)

[Disaster Prep/Recovery](https://www.calbhbc.org/)

[Employment](https://www.calbhbc.org/)

[Older Adults](https://www.calbhbc.org/)

[Performance Outcome Data](https://www.calbhbc.org/)

[Suicide Prevention](https://www.calbhbc.org/)

**... and** [more](https://www.calbhbc.org/newsissues.html)**!**