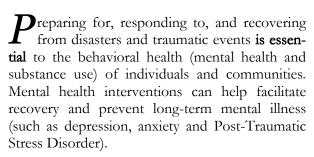


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DISASTER — Integrating Mental/Behavioral Health into local disaster planning.



Prepare for Disaster

Questions to ask to assess your local level of Disaster Response Preparedness:

- How is Mental/Behavioral Health integrated, staffed, funded and supported in your County?
- Does your county have a Disaster MH/BH Subject Matter Expert?
- 3. Current, written, integrated disaster plan? Example of a Mental Health Disaster plan www.calbhbc.com/disaster-recoveryreadiness.html
- 4. Disaster Department Operations Center?
- 5. Staff identified for National Incident Management System (NIMS) Roles? Trained?
- 6. What are the Disaster BH Intervention Standards for those who are least impacted to most impacted?
- 7. What is your BH Department's Disaster Mission?
- 8. What is the working relationship between the American Red Cross and Disaster Mental Health Services in your County?
- 9. What are the BH plans for County staff disaster mental health? (Employee Health and Well Being Unit Leader selected and trained?)
- 10. Do you have back-up for <u>every</u> mental health position? (Staff may be evacuees.)

See: calbhbc.com/disaster-recoveryreadiness.html

Children's Disaster Mental Health

Research shows that children are at particular risk for disaster-related mental illness. It is critical to provide best practice and evidence-based care immediately following disaster. The National Children's Disaster Mental Health Concept of Operations (NCDMH CONOPS) outlines a triage-enhanced children's disaster mental health incident response strategy for "seamless" preparedness, response and recovery operations. More info: CONOPS Handout and

www.calbhbc.com/disaster-recovervreadiness.html



Psychiatric Advance Directives (PAD)

PADs are legal documents, drafted when a person is well enough to consider preferences for future mental health treatment. PADs allow appointment of a health proxy to interpret preferences in a crisis, and the PAD is used when a person becomes unable to make decisions during a mental health crisis. PAD forms, information & Mental Health America's video links at:

www.calbhbc.com/disaster-recoveryreadiness.html

CALBHBC: A STATEWIDE ORGANIZATION SUPPORTING THE WORK OF CA's 59 LOCAL MENTAL & BEHAVIORAL HEALTH BOARDS AND COMMISSIONS.