



CALBHB/C Update

Advice for Advisory Boards & Commissions:

Know your Patients' Rights Advocates

New requirements for training were signed into law in August of 2018. AB 2316 made changes detailed in the **letter from the** [CA Behavioral Health Planning Council \(link\)](#) to local Behavioral Health Directors.

It is in the best interest of local mental/behavioral health boards/commissions to be in regular communication with Patients' Rights Advocates, including attendance at your meetings. A summary of Patients Rights Advocates duties is at: <https://www.calbhbc.com/patients-rights.html> .

Data and Performance

External Quality Organization Review (EQRO)

2017-18 County-Specific Data is on-line, with 2018-19 available in some jurisdictions. We recommend once/year review of this Medi-Cal data [LINK](#) .

1. Review "Summary of Findings" pages
2. Review "Conclusions" pages ("Strengths" & Opportunities" & "Recommendations")
3. Staff presentation on EQRO findings.

Mental Health Services Act (MHSA): A few suggestions for reviewing these large plans:

1. Ask staff for an "Executive Summary" that includes substantive recommendations and describes substantive changes.
2. Review demographics to identify areas of need and improvement.
3. Agendize presentations for sections throughout the year.
4. Divide sections among individuals who report to the larger body.
5. Step back and take a systems approach when advising Behavioral Health Director and Board of Supervisors.

Important Reminders:

Post Agendas: Board/commission and standing committee agendas should be posted on local agency internet websites 72 hours in advance for regular meetings, 24 hours in advance for special meetings (special meetings have more requirements). www.calbhbc.com/brown-act.html

Data Notebooks: The 2018 Data Notebooks (from the CA Behavioral Health Planning Council) were sent out at the end of the year. We encourage boards/commissions to take the lead in completing these (with the help of staff). They are due March 30th.

Meetings & Trainings:

Bay Area: March 16, Oakland
[Registration](#)

Statewide Meeting/Training: April 9
Capitol Day: April 10 Sacramento
[Registration](#)

On-Line

[Duties \(Check Your Understanding\) \(15 Min\)](#)
[Ethics Training \(2-Hour Training\)](#)
[MHSA: Role of MHB \(15 Min\)](#)
[MHSA: Fiscal \(15 Min\)](#)

[Scroll down for local, state and national events, training and more.](#)

Frequently Asked Questions

www.calbhbc.com/faqs.html

[Annual Reports](#)

[Committees](#)

[Expenses](#)

[Fiscal MHSA Info](#)

[Integrating with Alcohol & Drug Board](#)

[New Member Orientation](#)

[Recruitment of Members](#)

[Recruitment of MH/BH Director](#)

[Role/Requirements of MH/BH Director](#)

[Site Visits](#)

Don't see desired topic? Check out the [Best Practices Handbook](#) or [contact us!](#)

Legislative Advocacy

SB 10 - Peer Provider Certification: CALBHB/C's Governing Board unanimously voted to support SB10. CALBHB/C advises local boards/ commissions to advise your Board of Supervisors regarding legislation that you recommend supporting. More information and a sample letter at <https://www.calbhbc.com/peer-supports.html>.

CALBHB/C's Principles for Support & Advocacy are on our [website](#). Five principles guide CALBHB/C's support and advocacy efforts, encompassing:

1. Community Input
2. Performance Data
3. Resources
4. Prevention
5. Parity

Statewide Opportunities:

AccessCA Leadership Webinar February 12, 2019, 3pm - 4pm Learn the benefits of shared power in the community planning process, and how to foster collaborative decision making with your stakeholder communities. [Registration Link](#)

Birth - An Intersection between Maternal and Mental Health. February 18, 2019, Los Angeles. 2020 Mom Annual Event. [More Info](#)

Native American Cultural Competency Workshops: Suscol Intertribal Council in Napa is developing a cultural competency training for Mental Health providers that will share information about Native American varied cultures, wellness and healing traditions and Native American experiences with Historical Trauma. This is open not only to practitioners, but also anyone working within any capacity of mental health. The dates for the next Cohort are: Feb 26, March 26, April 23, May 21, June 25. All meetings are 9:30-12. Anyone interested is encouraged to reach out to suscol@suscol.net

Multicultural Symposium - Celebrating Strengths, Empowering Voices from Diverse Communities: March 7, 2019, Los Angeles, NAMI CA [More Info](#)

Employment: Individual Placement and Support (IPS) Leadership Conference, March 11, 2019, Oakland, Alameda County IPS Collaborative to include intensive 1 hour sessions: Benefits and Work Incentives; Transition Age Youth, IPS 101, Job Development: Panel Discussion with Employment Specialists and more. [More Info](#)

National Opportunities:

Discover NIMH - As the lead federal agency for research on mental illness, the National Institute of Mental Health (NIMH's) mission is to transform the understanding and treatment of mental illnesses through basic and clinical research, paving the way for prevention, recovery, and cure.

NIMH is launching a new video series called "#DiscoverNIMH" to share its mission, scientific initiatives, and advances in the science of mental illness. You can view the videos on NIMH's YouTube channel, [here](#).

Research Study - Consider joining a mental health research study at NIMH and help researchers transform the understanding and treatment of mental illnesses. [More Info](#)

Thanks for serving on (or supporting) a local board/commission!

You are integral to helping local communities provide effective mental/behavioral health programs.

How do I pronounce "CALBHBC?"

You can run out of breath saying "California Association of Local Behavioral Health Boards and Commissions." Saying "CALBHBC" does not help either. There is a solution. Say "CAL" "B-H" "B-C."

CALBHB/C is a statewide organization supporting the work of California's 59 local mental and behavioral health boards and commissions.

Our mailing address is:

CALBHBC - California Association of Local Behavioral Health Boards & Commissions

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