



# California Association of Local Behavioral Health Boards and Commissions

**E-Update, September 2020**

National Suicide Prevention week begins September 6th.  
For information on how to advise locally to reduce suicide, please see:

[CALBHB/C Suicide Prevention Issue Brief](#) (2 pages)  
[MHSOAC Striving for Zero](#) (111 pages)

For printed copies, contact [cal@calbhbc.com](mailto:cal@calbhbc.com)

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## **CALBHB/C TELECONFERENCES\***

**Central Region Meeting**  
October 1, 2020\*

**Central Region Training**  
October 2, 12:30 - 3:30  
[Registration](#)

\*Registration will open soon.  
CALBHB/C teleconference meetings  
and trainings are open statewide.

## **In this Issue:**

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## **Recommended Reading / On-line Media**

### **Criminal Justice**

Mental Illness and the Criminal Justice System, [One Mind Docu-film Showcase](#)

### **Disasters**

[Disasters Are Driving a Mental Health Crisis](#), California Health Report

### **Ethnic, Cultural, Racial Disparities**

### **Substance Use**

[Opioid deaths are surging in the pandemic. Here's how treatment is adapting](#), PBS

### **Telehealth**

[Clinicians Call for Making COVID-19 Emergency Telehealth Benefits Permanent](#), CA Health Care Foundation

[Understanding the Role of Resilience in Gender and Sexual Minority Communities](#), Mental Health America, September 17

[Eliminating Inequities in Behavioral Health Care](#), CIBHS Webinar Series

### **Medication**

[Nasal Spray Is a New Antidepressant Option for People at High Risk of Suicide](#), National Public Radio

### **Trauma-Informed Practices**

[Creating a Trauma-Informed System of Care: Addressing Individuals, Professionals, and Organizations](#), Relias E-Book

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## **Grants/Funding**

### **Digital Technology**

- [Individuals](#) - Internet and Devices: [www.digitalaccessproject.org](http://www.digitalaccessproject.org)
- [Skilled Nursing Facilities+](#) for tablets and accessories

### **Housing/Board & Cares**

[Project HomeKey](#) - Funding to rapidly sustain and expand housing (may be used for the acquisition of board and care facilities).

### **Children & Youth**

[Investment in Mental Health Wellness Grant Program for Children and Youth](#) to improve access to MH services through: mobile crisis support teams (MCSTs), crisis stabilization, Children's Crisis Residential Program beds, and family respite care. Due 1/29/21

[Youth Community Access](#) - To support youth substance use prevention and early intervention. Application Deadline is 9/15/20.

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## **Resources for Boards & Commissions**

Binders and Print-Outs will be mailed upon request.

[Conduct \(New!\)](#)

[Handbooks \(Updated!\)](#)

[Member Orientation](#)

[Mental Health Services Act](#)

- Role of MHB
- Fiscal
- [Community Program Planning\(New!\)](#)

[News/Issues](#)

[Performance Outcome Data](#)

[Recruitment](#)

[Training Modules](#)

- Duties
- Ethics Training
- Mental Health Services Act

[Training Recordings](#)

[Welfare & Institutions Code](#)

- Bylaw Requirements
  - Duties
  - Expenses
  - Membership Criteria
  - MHS Community Planning
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## Meetings/Webinars (All Virtual)

### Meetings

[COVID-19, Mental Health and the Need for Equity](#), including 20th Surgeon General of the U.S., Vice Admiral Jerome M. Adams, M.D., M.P.H., September 3 - 4.

[CA BH Planning Council Performance Outcomes Committee Meeting](#), September 11, 1:30 - 2:30 pm [Agenda to be posted](#)

[Mental Health Services Oversight & Accountability Commission \(MHSOAC\)](#), September 24

NAMI CA 2020 Conference October 12-13. [More information and registration.](#)

[DHCS Behavioral Health Stakeholder Advisory Committee](#), October 23, 9:30 am - 12:30 pm

[Foster Model of Care Workgroup](#), DHCS, Various Dates

[Local Mental/Behavioral Health Board & Commission Meetings](#) - Upcoming Meetings

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CALBHB/C is here to provide resources, support, training, communication and coordinate advocacy for statewide issues. We invite you to evaluate us by taking a few minutes to complete: [Evaluate CALBHB/C](#).

Contact CALBHB/C: [info@calbhbc.com](mailto:info@calbhbc.com) [www.calbhbc.org](http://www.calbhbc.org)  
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