



California Association of Local Behavioral Health Boards and Commissions

E-Update, August 2020

Thank you for serving on or supporting the work of your local mental/behavioral health board or commission! Please note that CALBHB/C's "[Best Practices](#)" Handbook is updated to include: [Conduct](#) and [Community Program Planning](#). We also call your attention to a new issue brief: [Performance Outcome Data](#).

We are here to provide resources, support, training, communication and coordinate advocacy for statewide issues. We invite you to evaluate us by taking a few minutes to complete: [Evaluate CALBHB/C](#).

CALBHB/C TELECONFERENCES*

Central Region Meeting

October 1, 2020*

Central Region Training

October 2, 12:30 - 3:30*

*Registration will open soon.
CALBHB/C teleconference meetings
and trainings are open statewide.

In this Issue:

[Grants / Funding](#)

[Legislative Advocacy](#)

[Meetings & Webinars \(On-Line\)](#)

[Recommended Reading](#)

[Resources for Boards/Commissions](#)

[Surveys/Research Studies](#)

Surveys/Research Studies

National Research Study

[Mental Health Impact of COVID-19 Pandemic Study](#)

Researchers at the National Institute of Mental Health (NIMH) are conducting an online research study to learn about how stressors related to the COVID-19 virus affect mental health over time.

Parents & Caregivers for Wellness

Survey, [Spanish](#), [English](#)

Recommended Reading

[Collaborative Care, Medication Assisted Therapy Key to Preventing Thousands of Deaths from COVID-Related Suicide and Overdose](#), Meadows MH Policy Institute

[FCC Designates 988 for the National Suicide Prevention Lifeline](#)

[Reforming Mental Health Care](#), Little Hoover Commission August 4

[Six Guiding Principles to a Trauma-Informed Care Approach](#) (Infographic) SAMHSA

Grants/Funding

Digital Technology

- [Individuals](#) (Internet and Devices: digitalaccessproject.org)
- [Skilled Nursing Facilities+](#) for tablets and accessories

Criminal Justice

[Braiding Funding for Diversion Program Training](#) August 20, 12:00 pm - 1:30 pm, CCJBH and CBHDA

Housing

[Project HomeKey](#) - Funding to rapidly sustain and expand housing (may be used for the acquisition of board and care facilities).

Children & Youth

[Free Mental Health Services for Black Youth](#) - Initiative launched by Rapper G Herbo in partnership with NAMI and InnoPsych.

[Investment in Mental Health Wellness Grant Program for Children and Youth](#) to improve access to MH services through: mobile crisis support teams (MCSTs), crisis stabilization, Children's Crisis Residential Program beds, and family respite care. Due 1/29/21

[Youth Community Access](#) - To support youth substance use prevention and early intervention. Application Deadline is 9/15/20.

Resources for Boards & Commissions

Binders and Print-Outs will be mailed upon request.

[Conduct \(New!\)](#)

[Handbooks \(Updated!\)](#)

[Member Orientation](#)

[Mental Health Services Act](#)

- Role of MHB
- Fiscal
- [Community Program Planning\(New!\)](#)

[News/Issues](#)

[Performance Outcome Data](#)

[Recruitment](#)

[Training Modules](#)

- Duties
- Ethics Training
- Mental Health Services Act

[Training Recordings](#)

[Welfare & Institutions Code](#)

- Bylaw Requirements
- Duties
- Expenses
- Membership Criteria
- MHS Community Planning

Legislative Advocacy

CALBHB/C's Governing Board supports legislation in response to issues reported from CA's 59 local mental/ behavioral health boards & commissions, providing written and in-person advocacy at the Capitol. Join with us by contacting your legislators after reviewing [Understanding your Role](#).

Understanding your Role

As Individuals: Individuals can and should contact their state legislators! Legislators especially appreciate hearing from residents within their districts.

As Advisory Bodies: Local mental/ behavioral health boards/commissions are in an advisory role. In most counties, legislative advocacy is handled through the Board of Supervisors / Executive Office.

Peer Provider Certification, SB 803
[Sample Letter](#)

Health Coverage Parity, MH & SUD, SB 855
[Sample Letter](#)

Board & Care (ARF & RCFE for individuals with SMI):

- **Data**, AB 1766, [Sample Letter](#)
- **Closures/Resident Transfers**, AB 2377. [Sample Letter](#)
- **SSI/SSP Recipients: Report**, SB 1259. [Sample Letter](#)

Meetings/Webinars (All Virtual)

Meetings

[MHSOAC Youth Idea Lab](#), August 17 & 18, 3:30 - 6pm each day.

[United Parents](#) Policy and Legislation Committee, August 24, Call in Number: (267) 930-4000, Access code: 683238318#.

[MHSOAC Commission Meeting](#), August 27, 2020, 9:00 am

NAMI CA 2020 Conference October 12-13.
[More information and registration.](#)

[DHCS Behavioral Health Stakeholder Advisory Committee](#), October 23, 9:30 am - 12:30 pm

[DHCS Behavioral Health Stakeholder Advisory Committee](#), October 23, 9:30 am - 12:30 pm

[Foster Model of Care Workgroup](#), DHCS, Various Dates

[Local Mental/Behavioral Health Board & Commission Meetings throughout CA](#) - Listing is updated frequently

Webinars

Criminal Justice

[Braiding Funding for Diversion Program Training](#) August 20, 12:00 pm - 1:30 pm, CCJBH and CBHDA

Children & Youth

[Impact of prolonged isolation during the pandemic on children's long-term mental health](#), Panelists include: CA Surgeon General Nadine Burke-Harris. August 20, 1:00 - 2:00 pm

[Fundamentals of ACE Screening & Response in Pediatrics](#), Panelists include CA Surgeon General Nadine Burke Harris, MD, MPH, FFAP (Recording)

Ethnic, Cultural, Racial Disparities

[A Call to Action: Ending Historical and Contemporary Racial Inequities](#), The National Council for Behavioral Health (Recording)

[The Role of Resilience in Gender and Sexual Minority Communities](#), Mental Health America Thursday, September 17, 2020 / 11:15 am

[Getting the Story Straight on African-American Suicide](#), Ted Talk (Recording)

Investments (for Individuals with SMI)

[CalABLE Accounts and Special Needs Trusts](#), August 19, 2:00 pm - 3:30 pm

Policy Considerations

[PolicyMatters: Crisis in CA Mental Health](#), CA Health Care Foundation (Recording)

Substance Use

[Addiction, Recovery and Wellness in a Post-COVID World](#), National Organization of Adult Addictions and Recovery and Mental Health America Dutchess (Recording)

Peer Support

[Peer Advocacy and Peer Specialists](#), CalVoices ACCESS CA Annual Conference, August 21, 9:00 am - 1:00 pm.

Contact CALBHB/C: info@calbhbc.com www.calbhbc.org
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