

The training will begin at 12:30 pm.
Please remain on mute until we begin.



Mental Health Services Act (MHSA)
Community Program Planning (CPP)
Training

[CPP One-Pager](#)

CALBHB/C supports the work of CA's 59 local mental/behavioral health boards & commissions. www.calbhbc.org

Community Program Planning (CPP)

- Definitions (MHSA & CPP)
- Participants
- Process



Tools

- Conduct
- Listening Sessions
- Data

Role of the Mental Health Commission

(Mental Health Services Act, Proposition 63 enacted in 2004)

- **Purpose:** Expand and improve public mental health services.
- **Funding:** CA public mental health funding was insufficient to meet the demand of 1/2 the population in need
- **Disparities:** Cultural, racial and ethnic populations have been disproportionately affected
- **Placement:** “Safety net” of underfunded system had become the criminal justice system, courts, and emergency rooms

MHSA: Components

- **Community Services and Supports (CSS)** – 76% of Funding
 - Community Program Planning (CPP) - up to 5% of Funding
 - Capital Facilities & Technological Needs (CFTN)
 - Workforce Education and Training (WET)

- **Prevention & Early Intervention (PEI)** - 19% of Funding

- **Innovations (INN)** (5 years for INN for small counties) – 5% of Funding

More info at: www.calbhbc.org/mhsa-plans--updates

Community Program Planning (CPP): Definition

CPP is a component of the Mental Health Services Act. It is a state-mandated **PARTICIPATORY** process, requiring community collaboration to:

- 1) **Assess** current capacity
- 2) **Define** populations to be served
- 3) **Strategize:** Determine strategies to provide effective programs that are:
 - a) **Culturally Competent**
 - b) **Client and Family Driven**
 - c) **Wellness, Recovery and Resilience-focused**
 - d) **Integrated:** Provide an Integrated Service Experience for Clients & Families

Community Program Planning (CPP): Participants

CPP is a state-mandated **PARTICIPATORY** process, requiring the following participants:

- 1) Stakeholders
- 2) Underserved Participants
- 3) Demographic Diversity
 - a) Geographic Location
 - b) Age
 - c) Gender
 - d) Race/Ethnicity



Community Program Planning: Stakeholders

3-Year Plans and Updates shall be developed with local stakeholders, including:

- **Adults** with Severe Mental Illness
- **Seniors** with Severe Mental Illness
- **Families** of Children, Adults & Seniors with Severe Mental Illness
- **Providers** of Services
- **Law Enforcement** Agencies
- **Education**
- **Social Services** Agencies
- **Veterans** and Representatives from Veterans Organizations
- Providers of **Alcohol** and **Drug** Services
- **Health Care** Organizations
- Other important interests.

[CA WIC 5848 \(a\)](#)

Community Program Planning (CPP): Process

CPP Process requirements include:
See [CPP One-Pager](#) for detail)

- 1) Staffing
- 2) Training
- 3) Outreach
- 4) Local Review
- 5) Documentation

Outreach Example:

Indigenous Wellness Cohort

AMERICAN INDIAN/ALASKA NATIVE COMMUNITY

INDIGENOUS WELLNESS COHORT:
CREATING TOOLS FOR COMMUNITY

We're seeking 25 self-identified Indigenous community members from all areas of Los Angeles County to participate in an 8-week cohort that will support the development of an Outreach and Engagement Toolkit, a training video, and a Community Wellness Forum in November 2021. The goal of this project is to increase community involvement in mental health services and also help wellness providers working with the Indigenous community.
Participants will receive a \$200.00 stipend.

COHORT MEETINGS WILL BE HELD ON THURSDAYS FROM 4PM-6PM ON:
July 8th • 15th • 22nd • 29th
August 5th • 12th • 19th • 26th

Register by Friday, June 18th. Participation confirmation will be sent via email.
For any questions please contact Elena Nourrie at elena@icowellness.com
Register: <http://bit.ly/IndigenousWellnessCohort>

LOS ANGELES COUNTY DEPARTMENT OF MENTAL HEALTH
hope. recovery. wellbeing.

Need to be connected to mental health services? Call 800-854-7771
(ext. 1) for mental health referrals and crisis services.

Tools: Conduct

1. Active **Listening** www.calbhbc.org/conduct
2. Focus on **Issues**
3. **Person-First** Language
4. **No Swearing**
5. **No Personal** Attacks or Criticism (of self or others).
6. **One person** speaks at a time – No side bars.
7. Keep **Comments Short** if possible—Do not monopolize.
8. Limit use of **Acronyms** –“When in doubt, spell it out.”
9. Silence **Cell Phones**

Tools: Listening Session

Facilitator Guide

1. Groups of 6 people or less (seated in circle if possible)
2. Everyone should have a chance to speak (5 minutes/person)
3. Ask people to “**Listen**”, and **not react** to each other
4. We are looking especially for “Stories” around issues or successes. Stories have a beginning, a middle and an end.
5. Ask for permission to interrupt (to redirect, clarify, or allow next person to speak.)
6. Take notes and/or ask someone in the group to also take notes. People are also welcome to write their experiences on the colored paper provided [\(Sample Form \(Word\)\)](#), [\(PDF\)](#).

Listening Session
Regarding Mental Health Issues/Feedback
(e.g. Crisis Services, Housing, Employment, Children, Older Adults)

Gaps: Do you have a story regarding issues affecting you, your family or your community?

Successes: Do you have a story regarding the successful impact of a mental health program?

Name (Optional) _____

- 1. Performance Outcome Data (CALBHB/C)**
www.calbhbc.org/performance
- 2. Program Information (MHSoAC):**
transparency.mhsoac.ca.gov/searchpage

TOOLS: Performance Outcome Data

www.calbhbc.org/performance

<u>Alameda</u>	<u>Humboldt</u>	<u>Merced</u>	<u>San Bernardino</u>	<u>Solano</u>
<u>Alpine</u>	<u>Imperial</u>	<u>Modoc</u>	<u>San Diego</u>	<u>Sonoma</u>
<u>Amador</u>	<u>Inyo</u>	<u>Mono</u>	<u>San Francisco</u>	<u>Stanislaus</u>
<u>City of Berkeley</u>	<u>Kern</u>	<u>Monterey</u>	<u>San Joaquin</u>	<u>Sutter-Yuba</u>
<u>Butte</u>	<u>Kings</u>	<u>Napa</u>	<u>San Luis Obispo</u>	<u>Tehama</u>
<u>Calaveras</u>	<u>Lake</u>	<u>Nevada</u>	<u>San Mateo</u>	<u>Tri-City</u>
<u>Colusa</u>	<u>Lassen</u>	<u>Orange</u>	<u>Santa Barbara</u>	<u>Trinity</u>
<u>Contra Costa</u>	<u>Los Angeles</u>	<u>Placer</u>	<u>Santa Clara</u>	<u>Tulare</u>
<u>Del Norte</u>	<u>Madera</u>	<u>Plumas</u>	<u>Santa Cruz</u>	<u>Tuolumne</u>
<u>El Dorado</u>	<u>Marin</u>	<u>Riverside</u>	<u>Shasta</u>	<u>Ventura</u>
<u>Fresno</u>	<u>Mariposa</u>	<u>Sacramento</u>	<u>Sierra</u>	<u>Yolo</u>
<u>Glenn</u>	<u>Mendocino</u>	<u>San Benito</u>	<u>Siskiyou</u>	

Tools: Performance Outcome Data by Topic

Full listing by topic: www.calbhbc.org/performance

Children & Youth	Criminal Justice	Employment	Hospitalization	Housing
El Dorado	Berkeley (City)	<u>Alameda</u>	El Dorado	Alameda
Kings (a little)	Fresno	Butte	Fresno	Calaveras
<u>Nevada</u>	Humboldt	Calaveras	Humboldt	Contra Costa
Riverside	Kern	Contra Costa	Kern	Glenn (a little)
San Benito	<u>Los Angeles</u>	<u>Imperial</u>	<u>Los Angeles</u>	Humboldt
San Joaquin	Marin	Kings (a little)	<u>Merced</u>	<u>Los Angeles</u>
Tulare	<u>Merced</u>	<u>Los Angeles</u>	Nevada	<u>Merced</u>
Tuolumne	<u>San Mateo</u>	Marin	<u>Riverside</u>	<u>Placer</u>
	<u>Sonoma</u>	<u>Solano</u>	<u>Sacramento</u>	<u>Sonoma</u>

More counties are listed at: www.calbhbc.org/performance

MHSA: Role of the Mental Health Commission

Best Practices, Pages 19 & 20

1. Assure Citizen and Professional Involvement

MHSA Community Program Planning (CPP) is a state-mandated participatory process. Review local staff's plans and execution of this process.

CPP One-Pager includes: **Definition, Participants & Process**

2. Review & Advise

a) **Vote** on substantive recommendations

b) A **response** is required from the mental/behavioral health staff through

a) Incorporating recommendations in the MHSA Plan/Update

b) Summary & analysis of recommendations that are not included in MHSA Plans/Updates.

3. **Conduct Public Hearing** on the draft plan at the close of the 30-day comment period.

Resources

Conduct

www.calbhbc.org/conduct

Cultural Issues

www.calbhbc.org/cultural-issues

Mental Health Services Act

www.calbhbc.org/mhsa-plans--updates

Performance

www.calbhbc.org/resources

Issue Briefs

[Board & Care](#)

[Children & Youth](#)

[Criminal Justice](#)

[Disaster Prep/Recovery](#)

[Employment](#)

[Older Adults](#)

[Performance Outcome Data](#)

[Suicide Prevention](#)

... and [more!](#)

CA Association of Local Behavioral Health Boards & Commissions
(CALBHB/C) www.calbhbc.org