



**California Association of Local Behavioral Health
Boards and Commissions**



**Please remain on mute until we begin at 1:00 pm.
Thank you for joining us today!**

CALBHB/C Quarterly Meeting

The California Association of Local Behavioral Health Boards/Commissions supports the work of CA's 59 local mental/behavioral health boards & commissions.

CALBHB/C Governing Board

Benny Benavidez
President &
Imperial County



Bill Stewart
Vice President
& San Diego
County



Kristine Haataja
Secretary/
Treasurer &
Napa County



**Harriette
Stevens, EdD**
Past President
& San Francisco



**Michael
Rodriguez**
Ventura County



Jonathan Raven
Yolo County



Stacy Dagleish
L.A. County



**Manuel
Fletes Medina**
Glenn County



Shera Banbury
Nevada County



Theresa Comstock
CALBHB/C Staff
Executive Director



Topics/Speakers

January 20, 2023

1:00 pm PRESENTATIONS & UPDATES

CA Association of Local Behavioral Health Boards/Commissions (CALBHB/C)

Benny Benavidez, President

Theresa Comstock, Executive Director

CA Behavioral Health Planning Council (CBHPC)

Jenny Bayardo, Acting Executive Officer

Mental Health Services Oversight & Accountability Commission (MHSOAC)

Tom Orrock, Chief of Commission Operations and Grants

2:10 pm IMPLEMENTING A ROBUST CRISIS CARE CONTINUUM IN CA

- Key Components and Funding – *Theresa Comstock, CALBHB/C*
- Crisis Mobile Benefit – *Suzanne Rabideau, Health Management Associates*
- Discussion – *Attendees are encouraged to discuss needs related to benefit implementation.*

3:15 pm PEER PROVIDER CERTIFICATION Update (Implementation of SB 803)

Andrea Wagner, Interim Executive Director, CA Assoc. of Mental Health Peer Run Organizations
CAMPHRO is an MHSOAC Advocacy Stakeholder Contractor

3:35 pm ISSUE-BASED DISCUSSION

Local board/commission members are encouraged to share local successes and challenges related to mental/behavioral health.

4:30 pm ADJORN

California Behavioral Health Planning Council



Jenny Bayardo

Executive Officer

[Website:](#)

www.dhcs.ca.gov/services/MH/Pages/CBHPC-PlanningCouncilWelcome.aspx

Mental Health Services Oversight & Accountability Commission (MHSOAC)



Tom Orrock
Chief of Commission
Operations & Grants

mhsoac.ca.gov

Peer Certification Update

(Implementation of SB 803)



Andrea Wagner

Executive Director

CA Association of Mental
Health Peer Run Organizations
(CAMPHRO)

camhpro.org

CALBHB/C Crisis Care Continuum Issue Brief



Recommended Crisis Services & Supports

1. 988 Call Center/Crisis Line
2. Crisis Intervention Team or Coordinator
3. Mobile Crisis Teams
4. Crisis Stabilization Services
5. Sobering Stations
6. Peer Respite
7. Crisis Residential Treatment Programs

Foundational Elements – Averting Crisis

1. Engagement Tools
2. Comprehensive Community Services
3. Inter-Agency Collaboration

Funding

1. Fees & Medi-Cal
 - a. Crisis Call Center
 - b. Crisis Care Coordination
 - c. Crisis Stabilization Services (including Sobering Stations)
 - d. Mobile Crisis
 - e. Respite Services
 - f. Sobering Centers
2. Private Insurance
3. Local Funds
4. Grants

Crisis Care Continuum Issue Brief: [PDF](#) [HTML](#)

CALBHB/C Issue Briefs

[Board & Care \(ARF/RCFE\)](#)

[Children & Youth & TAY](#)

[Criminal Justice](#)

[Crisis Care Continuum](#)

[Disaster Prep/Recovery](#)

[Employment](#)

[LGBTQ+](#)

[Older Adults](#)

[Performance Outcome Data](#)

[Suicide Prevention](#)

Also see: www.calbhbc.org/newsissues

California Association of Local Behavioral Health
Boards and Commissions

November 2020 www.facebook.com/CALBHC www.calbhbc.org

CHILDREN & YOUTH — Schools as Centers of Wellness ¹

Integrated school-based mental health (MH) programs for children and youth have a profound and positive impact on individuals, families and communities.

Yet currently, the vast majority of California's students do not receive the services and supports they need. 75% of CA principals report students' emotional and mental health were a moderate or severe problem. 2/3 of teachers report they are unequipped to address students' mental health needs. Up to one in five children—20%—have a diagnosable mental health condition. Approximately 1 in 3 students feel chronically sad and hopeless. Suicide is the second leading cause of death for youth. Unmet trauma and mental health needs are strongly associated with barriers to learning, and by extension, the school-to prison pipeline.

STATEWIDE SOLUTIONS

Funding
Scale—Ramp up funding to allow CA's mental health system to integrate at scale with CA's educational system.

Sustain

- Identify long-term funding solutions
- Communicate sustainable funding and braiding mechanisms of MHS, Medi-Cal, LEA BOP, SMAA, ERMHS, LCFE, private insurance, and First 5 funds.
- Technical assistance for CA's 59 MH agencies.

Performance Outcome Data ²
Establish, collect & report. Suggested outcome data:

- School-based Wellness (Attendance, Grades, Classroom Behavior)
- Standardized Screening/Assessment
- Reporting by Self/Family
- Track culture/race/ethnicity/LGBTQ and age.
- Report trends for very small counties.

Technical Assistance
Communicate successful strategies and programs.

Workforce:
School psychologists, counselors, social workers and nurses are the foundation for school mental health. CA's Office of Statewide Health Planning (OSHPD) should work to identify and allocate funding to address school-based workforce needs. ³

KEY LOCAL COMPONENTS

All Ages - Integrate mental health programs within schools (K-12) and early learning programs (0-5).

Barriers - Address barriers of parental consent, referrals, transportation, appointment wait times and privacy concerns.

Educators - Attend to educator well-being to reduce stress, burnout and attrition.

Families - Connect, communicate, involve and build trust among parents, schools and teachers.

Prevention & Early Intervention - Page 2.

Racial/Ethnic/Cultural - Programs and services that address racial, ethnic and cultural needs (including LGBTQ).

Trauma-Informed Care - Ensure trauma-informed practices, including training for: staff, families and youth.

Youth should be integral to planning and implementation, including peer programs.

Models & Strategies on Page 2

CALBHB/C supports the work of California's 59 local mental/behavioral health boards and commissions - www.calbhbc.org

DISCUSSION: Top Issues or Successes

What are the top mental/behavioral health **issues** and/or **successes** in your community?

We also encourage you to report to CALBHB/C:
www.calbhbc.org/report-form

CALBHB/C supports the work of CA's 59 local mental and behavioral health boards and commissions by providing resources, training and opportunities for communication and statewide advocacy.

www.calbhbc.org

CALBHB/C Resources

Supporting 59 local boards & commissions

1. Resources (20)

- [Brown Act](#)
- [Cultural Requirements](#)
- [Hybrid Meetings](#)
- [Hand-Book](#) (“Best Practices)
- [MHSA 3-Year Plans/Updates](#)
 - [Role, Components, Fiscal](#)
 - [Community Program Planning](#)
- [Performance Outcome Data](#)
- [Review](#)
- [Templates/Sample Docs](#)
- [WIC: Duties, Membership](#)
.... [and more!](#)

2. **Technical Support**

3. **News/Issues**

- [Newsletters](#)
- [Issue Briefs](#) (10)
- [Issue Pages](#) (31)

4. Trainings (5 Live & Recorded)

- [Chair](#)
- [Community Program Planning](#)
- [Mental Health Board](#)
- [Performance & Fiscal](#)
- [Unconscious Bias](#)

5. Trainings (On-Line Modules)

- [Duties of local boards](#)
- [MHSA: Role of MHB](#)
- [MHSA: Fiscal](#)
- [MHSA: CPP](#)

6. **Advocacy**

- [Local](#)
- [State/Federal](#)

CALBHB/C Upcoming Events

Trainings* for local MH/BH Boards/Commissions & Staff

MH/BH Board/Commission Training - January 21, 2023 (Hybrid)

Community Engagement Training: Ensuring Citizen & Professional Involvement at All Stages of the Local Planning Process & **Unconscious Bias Training**

February 17, 2023, 12 pm – 2:30 pm (Zoom)

Registration: calbhbc.org/register

Recorded Trainings, Modules & Handbook: calbhbc.org/training

THANK YOU!

Thank you to everyone who serves on or supports the work of California's 59 local mental/behavioral health boards/commissions!



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