



California Association of Local Behavioral Health Boards and Commissions

MINUTES FOR FRIDAY OCTOBER 20, 2017

CALBHBC Governing Board Members attended the California Mental Health Planning Council meeting from 8:30am until noon. President, Theresa Comstock gave an update on CALBHBC/C's activities and issues of concern, providing the [Fall Newsletter](#) and Adult Residential Facility (ARF) Issue Brief:

<http://www.calbhbc.com/homeless--housing.html>

The CALBHBC/C meeting was called to order by President, Theresa Comstock at 1:15pm. Governing Board Members in attendance: Theresa Comstock, (Napa), Mae Sherman, (Lassen), John Fenley (Trinity), Caroline Kelly (L.A.), May Farr (San Bernardino), Tom Campbell (Sacramento), Keng Cha (Merced), Carole Marasovic (Berkeley), Fasi Siddiqui (Orange), Leslie Wilson (Lake). Other MH/BH Board/Commission Members: Cary Martin (San Joaquin), Arturo Salazar (El Dorado), Sherry Weyers (Sonoma), Ken Young (Lake), Dusty Luker (Mariposa), John Leamy (Tuolumne), James Glica-Hernandez (Yolo), Jennifer Gamble (Mariposa), Nancy Chastain (San Joaquin), Terry Bohrer (S.F.), Shoshana Zatz (CIBHS), Susan Wilson (Chair of Cal. Mental Health Planning Council (CMHPC), Linda Dickerson (CMHPC).

Susan Wilson and Linda Dickerson, gave a presentation on the Data Notebook and the role of MH/BH Boards to complete the Data Notebook.

A panel of speakers from small, medium, and large counties spoke regarding mental/behavioral health issues and successful programs for older adults. Speakers: Charlie Benson, MFT, from Sutter/Yuba Co., Amy Ellis, MFT, Behavioral Health Director from Placer Co., Uma Zykofsky, LCSW, Behavioral Health Director from Sacramento Co.

SATURDAY OCTOBER 21, 2017 – Courtyard Natomas, 2101 River Plaza Drive, Sacramento

10:00am: MH/BH Board Training—"Responsibility & Reality," was facilitated by Susan Wilson

**See last page for full listing of meeting attendees.*

10:00am: Governing Board Meeting

GOVERNING BOARD MEETING MINUTES

The meeting was called to order at **10:00am** by President, Theresa Comstock.

Those in Attendance: Theresa Comstock, Alisa Chatprapachai, Mae Sherman, John Fenley, Caroline Kelly, May Farr, Tom Campbell, Keng Cha, Carole Marasovic, Fasi Siddiqui.

Guests: Cary Martin, Sherry Weyers, Terry Bohrer, Susan Wilson.

Absent: Matt Gallagher, Larry Lue, Maria Correia, Leslie Wilson, Susan Friedman.

Minutes from September 12, 2017 special meeting were presented for approval.

A motion was made by John Fenley with a second from Fasi Siddiqui. Motion passed unanimously.

Minutes from September 26, 2017 conference call Governing Board Meeting were presented for approval. A motion was made by Caroline Kelly with a second from John Fenley. Tom Campbell and Keng Cha abstained. Motion carried.

A copy of the Financial Report was given to Governing Board members for approval.

A motion was made by Alisa Chatprapachai with a second from Caroline Kelly.

Tom Campbell and Keng Cha abstained. Motion carried.

Updates and reports from the **AD HOC Committees:**

Older Adult/Adult Residential Facilities (Board & Cares). An ARF Issue Brief from the Ad Hoc Committee was shared – <http://www.calbhbc.com/homeless--housing.html> Members are encouraged to attend the upcoming Cal. Mental Health Planning Council forums, December 5th in Rialto, Ca (San Bernardino County) [PDF Flyer](#) and January 24th in Yolo County.

Employment/Peer Certification: Caroline Kelly reported that the committee is focusing on Peer Specialist Certification. The committee is looking for a panel of speakers to present on this topic at the January 19, 2018 CALBHB/C meeting in San Diego.

Children and Youth: Possibly a new Ad Hoc will be created when the compiled 2016 Children & Youth Data Notebook information is available.

Regional Break-Out Sessions and Reports: Some of the issues the counties reported on were: Lack of Psychiatrists, housing, homeless, board and care for mentally ill adults, transportation, recruitment, MH/BH crisis services due to fires/floods (and follow-up services). Training needs were also discussed.

Report from Executive Committee: Open position: Executive Director (discussion) – Next steps were discussed for hiring an Executive Director. The position description, duties and candidate evaluation documents will be reviewed.

Nominations/Elections Policy/Procedures – The discussion was tabled until the November Governing Board Meeting.

The Governing Board Meeting Adjourned at 12:10pm.

12:20pm: The Governing Board Members joined the MH/BH Members from the Central Region for the afternoon session. Theresa Comstock, Susan Wilson and Shoshana Zatz (CiBHS) moderated a discussion regarding **MH/BH Board/Commission training needs**. Topics mentioned by attendees included:

1. How to be an effective integrated BH/MH, Drug & Alcohol Board.
2. Advocacy Module (“How to address issues”).
 - a) Collaboration and communication between MH/BH Boards and other local and statewide commissions and agencies.
 - b) How to share Ad Hoc reports, resolutions and recommendations with the community.
 - c) Leveraging tools (Ad Hocs/Ad Hoc reports/annual reports/panels of speakers around issues.)
 - d) How to increase visibility of MH/BH Boards with Boards of Supervisors or City Councils.
 - e) How to increase participation of Supervisors.
3. Increasing public participation (This is currently incorporated in the “How to Run a Good Meeting”, Best Practices module.)
4. How to look at Fiscal information
 - a) MHSA Fiscal information
 - b) Local Budget documents
 - c) Understanding funding streams: MediCal, MHSA, Private Insurance, County General Fund, SAMSHA, PATH grants, etc.
5. How to collaborate regionally among MH/BH Boards/Commissions

Other requests included:

- 1) Notification of trainings from other organizations.

1:00pm:

“Best Practices for MH/BH Boards” was facilitated by Terry Bohrer, RN, MSW, CLNC, and CALBHB/C Vice President, Alisa Chatrapachai, OTD.

Sharmil K. Shah Psy.D. and Brandon McMillen from MHSOAC presented on MHSOC’S Fiscal Transparency Tool.

3:00pm: President, Theresa Comstock shared the “Adult Residential Care Facility” Issue Brief and dates for community engagement around the ARF issue facilitated by the Cal. Mental Health Planning Council: Dec. 5th in Rialto, Ca – San Bernardino Co – [PDF Flyer](#) and January 24, 2018 in Yolo Co.

Discussion regarding MH/BH issues and successes was facilitated by Theresa Comstock.

Issues included:

1. Housing/Homelessness
2. Access to Psychiatrists
3. Crisis needs (fires & etc.) & follow-up, needs continue 1-2 years later
4. Insurance
5. Stigma
6. Access to services
7. Many new MH/BH Directors
8. Job Development
9. 24 hour crisis services needed
10. Suicide
11. Access in large counties (geographically)
12. Transportation
13. Collaboration between neighboring counties
14. Lack of alcohol & drug services
15. Psychiatric hospitals that treat co-occurring health needs, dementia & etc.

Successful Programs:

1. “Warm Line” that is peer to peer in King and Tulare Counties
2. Exhaustive wrap around services in San Joaquin County
3. New housing with case management available in Yolo County
4. Mobile jeep for follow-up on people that had 5150’s in Amador County
5. Screening program for pregnant women in Amador County
6. County Mental Health Plans are now required to pay for transportation

The meeting adjourned at 3:45pm

Saturday Meeting Attendees Included:

| NAME | COUNTY |
|------------------------|----------------|
| Allen, Debra | Kings |
| Bond, Yvonne | Placer |
| Campbell, Tom | Sacramento |
| Cha, Keng | Merced |
| Chatprapachai, Alisa | Orange |
| Chastain, Nancy | San Joaquin |
| Clavere, Steve | El Dorado |
| Comstock, Theresa | Napa |
| DaSalles, Stephanie | Sacramento |
| Farr, May | San Bernardino |
| Fenley, John | Trinity |
| Gamble, Jennifer | Mariposa |
| Glica-Hernandez, James | Yolo |
| Hansen, Lori | San Joaquin |
| Kelly, Caroline | Los Angeles |
| Leamy, John | Tuolumne |
| Luker, Dusty | Mariposa |
| Marasovic, Carole | Berkeley |
| Martin, Cary | San Joaquin |
| McLennan, Geoff | Placer |
| Moore, Sunday | Mariposa |
| Salazar, Arturo | El Dorado |
| Sherman, Mae | Lassen |
| Siddiqui, Fasi | Orange |
| Zeiderman, Arny | Amador |