



California Association of Local Behavioral Health Boards and Commissions

CALBHB/C Minutes

June 21, 2019 Holiday Inn, 2726 S. Grand Ave., Santa Ana

Friday, June 21st

8:30 am: Behavioral Health “Planning Council” General Session: CALBHB/C Governing Board Members and members from Southern Region local mental/behavioral health boards and commissions attended the Planning Council meeting from 8:30am until noon.

8:40am: CALBHB/C Presentation to the Planning Council: Executive Director, Theresa Comstock introduced CALBHB/C Governing Board members present, including:

- President Benny Benavidez (Imperial Chair)
- Secretary/Treasurer: Mae Sherman (Lassen Chair)
- Stacy Dalgleish (L.A. Vice Chair)
- Jessica Bennett (Alpine Chair)
- Kristine Haataja (Napa Chair)
- Jerry Harris (Ventura Chair)
- Supervisor Stacy Corless (Mono Chair – to come in the afternoon)

She also noted additional members of mental/behavioral health boards/commissions in attendance from the following counties: Kern, Orange, Tri-City, San Bernardino, Santa Barbara, San Diego and Madera. Additionally, co-chairs from two Los Angeles Service Area Advisory Committees were present (from the San Fernando Valley SAAC and from the San Gabriel Valley SAAC.)

Comstock reported on the following:

Top issues related to mental health from 42 of CA’s MH/BH boards and commissions include:

1. Gaps in the Housing Continuum
2. Gaps in the Crisis Continuum
3. Mental Health Workforce Shortage
4. Gaps in Mental Health services in jails. Jail environment not therapeutic. Facilities inadequate.

Older Adult Issues – In May, CALBHB/C received CBHPC’s 2017 Data Notebook Overview (with info related to Older Adults), and CALBHB/C is in the process of reviewing this document in addition to other sources (including a presentation later that afternoon by Janet Frank DrPH, UNLA Center or Health Policy Research). CALBHB/C has the following goals regarding Mental/Health and Older Adults:

1. Identify areas for advocacy
2. Communicate Best Practices/Successes to mental/behavioral health boards/commissions.

Communications – Comstock described CALBHB/C communication efforts with CA’s 59 local MH/BH boards/commissions through teleconferences and regional meetings. She welcomed opportunities to convey information from the Planning Council to the 59 local MH/BH boards/commissions, noting that one of the Planning Council’s [duties](#) is to advise county boards.

9:00am – Noon: Governing Board attendees and guests stayed for the Planning Council’s general session, which included small group discussions regarding Community Mental/Behavioral Health needs to inform CA’s SAMHSA Block Grant Application.

12:00pm – 1:30pm: CALBHB/C Southern Region Meeting. (See Attachment A for list of attendees)

Working lunch provided by CALBHB/C

o **Welcome and Introductions,** President Benny Benavidez

o **Speakers:**

a) Janet Frank DrPH, UCLA Center for Health Policy Research

Older Adults & Mental Health: Unmet Needs & Promising Programs.

1. Survey conducted on Older Adults System of Care.
2. Prevention and Early Intervention is important for Older Adults
3. An Older Adult Unit or “Teamlet” should be part of local Mental Health Plan.
2. 80% of Older Adults have a chronic health issue.
3. Older Adults need to be present with planning processes
4. Behavioral/Mental Health Boards should have an advocate for Older Adults on advisory boards.
5. Find ways to communicate that engage, such as offer access or education regarding mental health through events titled “Health Promotion” (not “Mental Health”)
6. There is a great need for “Gerontology 101” training for providers.

b) Stakeholder Presentation from Access CA, a Program of NorCal MHSa

Andrea Crook, Director of Advocacy for Access Ca.

Tiffany Carter, Statewide Advocacy Liaison for Access Ca.

1. Access CA is a program of NorCal Mental Health America which began in 1946 and is the continuously operating peer-run organization in California
2. Access CA is run by people with lived experiences.
3. Access CA is MHSOAC funded.
4. Values are advocacy, recovery, education, & engagement.
5. Access teaches individuals how to participate in mental health advocacy, especially regarding the public mental health system.
6. There are Ambassadors in all the regions of California.

c) Update from CBHPC Executive Officer, Jane Adcock:

Key issues CBHPC is working on:

1. WET 5 year workforce plan – finding funding.
2. Steinberg Institute sponsored a state Budget Proposal to provide \$1,000/month augmentation funding for licensed adult residential facilities, ARFs, also known as “Board and Care”) for individuals with severe mental illness.
3. Plan to create a NIMBY Toolkit to help with efforts to increase ARFs for adults with SMI.
4. Patients’ Right Committee interested in knowing if county justice systems are providing Mental Health services in jails or if the Sheriff’s Department is contracting with other organizations.

1:30pm – 4:30pm: Access CA Training: MHSA Community Program Planning, Ensuring Community Stakeholder Input. Andrea Crook, Director of Advocacy for Access CA. & Tiffany Carter, Statewide Advocacy Liaison for Access CA.

CALBHB/C Governing Board Meeting, 5:00pm – 7:00 pm

Governing Board Attendees: Benny Benavidez, President (Imperial), Mae Sherman, Secretary/Treasurer (Lassen), Supervisor, Stacy Corless (Mono), Stacy Dalglish (Los Angeles), Jerry Harris (Ventura), Jessica Bennett (Alpine), Kristine Haataja (Napa).

Staff: Theresa Comstock, Executive Director.

Guests: Jenifer Mendel (San Diego), Toni Lynn Watson (Tri City), Carol Kinzel (San Bernardino).

Call to Order: The meeting was called to order by President, Benny Benavidez and introductions were made by attendees.

Open Comment for Governing Board Members/Public:

- a) Executive Director, Theresa Comstock presented outgoing President Benny Benavidez, with a gavel engraved with his name and year served as CALBHB/C president.
- b) President Benny Benavidez commented that the Executive Committee did a performance evaluation of Executive Director Theresa Comstock. She scored very highly.

Approval of Minutes: (May 17, 2019 Teleconference)

The minutes of May 17, 2019 were presented for approval. A motion to approve the May 17, 2019 minutes was made by Jerry Harris with a second from Stacy Dalglish. The minutes were approved with one abstention from Kristine Haataja.

Financial Report: Executive Director, Theresa Comstock reviewed current financials. Current assets as of June 11, 2019: \$148,411.58. A motion to approve the finance report was made by Supervisor Stacy Corless with a second from Kristine Haataja. Motion carried unanimously.

Proposed Budget: The budget for July 2019 to June 2020 was also presented. There is a small raise in office rent and insurance. Added to the budget is the hiring of a part time person. A motion to approve the budget was made by Stacy Dalglish with a second from Jerry Harris. The motion carried unanimously.

Office Lease Contract: The lease contract for the next year was presented by Executive Director, Theresa Comstock for approval. There was a small raise in monthly rent. A motion to approve the lease extension (through July 31, 2020) was made by Kristine Haataja with a second from Jessica Bennett. The motion carried unanimously.

Proposed Policy: A proposed policy for on-line & tele-conference voting was presented by Executive Director, Theresa Comstock for approval. After discussion, a motion was made by Stacy Dalglish to approve the [policy](#) with a second from Stacy Corless. Motion carried unanimously.

A copy of the minutes, rent contract, proposed policy, and financials was sent to all Governing Board Members prior to the meeting. Minutes are posted at: <https://www.calbhbc.com/association-docs.html>

Legislative Update: Theresa Comstock, Executive Director reviewed the bills CALBHB/C is supporting. A packet containing the bills was sent to the Governing Board prior to the meeting.

Sample letters of support were included.

Meeting adjourned at 6:30pm with complimentary dinner for all attendees.

Saturday, June 22, 2019: CIBHS Training

Attendance on Attachment B

8:30am: Coffee & sign in. Coffee and Pastries provided by CALBHB/C

9:00am - 9:30am: Introductions & Resource Overview.

Theresa Comstock, Executive Director of CALBHB/C shared information regarding resources that are found on the CALBHB/C web site, with special attention to items most requested from local boards, to include: “Member Orientation” and “Recruitment”. These resources and more are found at: <https://www.calbhbc.com/resources.html>

9:30pm-2:30pm: Mental/Behavioral Health Board Training - Responsibilities & Reality & Tools of Effective Boards/Commissions. Instructor, Susan Wilson Lunch was provided by CIBHS.

Attachment A

Attendance for Friday, June 21, 2019
CALBHB/C Regional Meeting, Santa Ana

<u>Last Name</u>	<u>First</u>	<u>County or Organization</u>
Adcock	Jane	CA BH Planning Council (Speaker)
Benavidez	Benny	CALBHB/C, Imperial Co.
Bennett	Jessica	CALBHB/C, Alpine Co.
Caffey	Monica	San Bernardino
Carter	Tiffany	Access CA (NorCal MHA)
Coe	Cindy	Kern County, Staff liaison
Comstock	Theresa	CALBHB/C, Napa Co.
Corless	Stacy	CALBHB/C, Mono Co. (Supervisor)
Crook	Andrea	Access CA (NorCal MHA)
Dagleish	Stacy	CALBHB/C, Los Angeles Co.
Dupee, LMFT	Karyl	Orange Co.
Frank, DrPH	Janet	Speaker
Goodwin	Loraine	Madera Co.
Haataja	Kristine	CALBHB/C, Napa Co
Harris	Jerry	CALBHB/C, Ventura Co.
Holzmann	Matt	Orange Co.
Kinzel	Carol	San Bernardino Co.
McNally	Stephen	San Diego Co.
Mendel	Jenifer	San Diego Co.
Novarro	Antonette	Tri-City Mental Health Director
Olmos	Micaela	Tri-City Mental Health Authority – Admin Liaison
Pankratz	Kristen	Orange Co.
Pearson	Roderick	Santa Barbara Co.
Perez	Karla	Orange Co.
Preston	Andrew	L.A, SAAC Area 3 (San Gabriel Valley) Co-Chair
Sherman	Mae	CALBHB/C, Lassen
Walk	Harold	Imperial Co.
Watson	Toni Lynn	Tri-City
Wilson	Barbara	Los Angeles Constituent
Wilson	Susan	CA BH Planning Council

Attachment B
 Attendance for Saturday, June 22, 2019, Santa Ana
 Mental/Behavioral Health Board Training

<u>Last Name</u>	<u>First</u>	<u>County or Organization</u>
Benavidez	Benny	CALBHB/C, Imperial Co.
Bennett	Jessica	CALBHB/C, Alpine Co.
Caffey	Monica	San Bernardino
Coe	Cindy	Kern County, Staff liaison
Comstock	Theresa	CALBHB/C, Napa Co.
Dalgleish	Stacy	CALBHB/C, Los Angeles Co.
Goodwin	Loraine	Madera Co.
Haataja	Kristine	CALBHB/C, Napa Co
Harris	Jerry	CALBHB/C, Ventura Co.
Holzmann	Matt	Orange Co.
Kinzel	Carol	San Bernardino Co.
Levy	Mark	Orange Co.
Novarro	Antonette	Tri-City Mental Health Director
Olmos	Micaela	Tri-City Mental Health Authority – Admin Liaison
Pankratz	Kristen	Orange Co.
Pearson	Roderick	Santa Barbara Co.
Romero, PhD	Bethsabe	Orange Co.
Sherman	Mae	CALBHB/C, Lassen
Walk	Harold	Imperial Co.
Watson	Toni Lynn	Tri-City
Wilson	Susan	CIBHS Contracted Trainer
Zatz	Shoshana	CIBHS Staff