

California Association of Local Behavioral Health Boards/Commissions
Minutes of Governing Board Zoom Conference Call Meeting
December 17, 2018

Call to Order: The meeting was called to order at 11:35 am by President, Benny Benavidez.

Attendance: Members in attendance included: President Benny Benavidez (Imperial), Secretary/Treasurer Mae Sherman (Lassen), Supervisor John Fenley (Trinity), Harriette Stevens (San Francisco), Stacy Dagleish (L.A.), James Glica-Hernandez (Yolo), Jerry Harris (Ventura), Alisa Chatprapachai (Orange), Lynda Kaufmann (Santa Cruz). **Absent:** Larry Lue (L.A.), Merilla Scott (L.A.).
Staff: Theresa Comstock, Executive Director

Open Comment: Stacy Dagleish inquired as to how we could send out information [reported by local board members/staff](#). It was decided that names and titles should be removed prior to sharing outside our Governing Board. Jerry Harris stated that we should establish annual goals and objectives. The Executive Committee will provide recommendations for annual goals for discussion at the January meeting in San Diego. Jerry also asked that meeting documents be sent by attachment instead of links.

Minutes: The Minutes from the Nov. 30, 2018 Governing Board meeting were presented for approval. A motion to approve the Minutes was made by Jerry Harris with a second from James Glica-Hernandez. Lynda Kaufmann abstained. Motion carried.

Financial Report: The Financial Report was presented for approval by Executive Director, Theresa Comstock. Total assets equaled \$158,018.31 as of Dec. 11, 2018. There are some counties who haven't paid dues and a second notice will be sent out after the first of the new year. A motion was made by Stacy Dagleish to approve the Financial Report with a second from Jerry Harris. The motion carried unanimously.

The Minutes and Financial Reports were sent electronically to all Governing Board members prior to the meeting.

President's Report & Update: President Benny Benavidez thanked everyone for the volunteer contribution made by the Governing Board Members. Mr. Benavidez shared that there is an opening for Vice President and the position will be up for vote when we have elections. It was also noted that there is one opening in the Superior Region for a Governing Board member and two in the Central Region. A nominating committee will be formed in January for election of Governing Board Members and Officers.

Legislative Position: The Governing Board discussed Peer Certification Bill, SB10 (Beall). They had been provided with the [SB10 Peer Certification Fact Sheet](#). After discussion, a motion was made by James Glica-Hernandez to support the Peer Certification Bill with a second from Stacy Dagleish. The motion carried unanimously. A letter of support will be provided to Senator Beall, and information will be provided to the local boards/commissions so that they can consider recommending support of SB10 to their local board of supervisors.

Executive Director’s Report: Theresa Comstock reported regarding:

- 1) Support for Boards/Commissions
 - a. The effort to connect via conference calls with several counties at a time has resulted in increased communication of issues and MHB needs. Participation in calls by regional Governing Board members is much appreciated, providing experienced-based advice on MHB needs and local issues. In regard to MHB needs, Theresa has followed up with resources/answers, often referring chairs or admin liaisons to the [FAQs](#) page, "[Best Practices](#)", and other [resources](#).
 - b. A [November Report](#) was provided detailing issues/support needs from several MHBs in Bay Area, Central and Southern regions. Governing Board members discussed the Alameda County effort to provide a 24/7 facility for individuals coming out of jail. Close to jail, this is a customized trailer for persons released any time day/night, including psychiatry, nursing and social workers. Ms. Comstock will follow-up regarding this information, perhaps incorporating it into upcoming communications.
 - c. NAMI CA is interested in providing [Mental Health 101](#) training to local boards. This one-hour training provides basic mental health information within a cultural context.
 - d. Ms. Comstock and Harriette Stevens presented at the Alameda County MHB meeting, and are continuing with support, including attending an upcoming strategic planning meeting
 - e. Ms. Comstock recently met with Los Angeles MHC leadership, Orange County Chair, and Mono County Chair.
- 2) Collaboration/meetings with statewide allies.
 - a. [Behavioral Health Action Coalition](#) – James Glica-Hernandez represented CALBHB/C at the Behavioral Health Action Coalition roundtable with Senate Pro-Tem, Toni Atkins.
 - b. [CA Behavioral Health Planning Council](#), Data Notebook 2018: The 2018 Data Notebook was sent out by the Planning Council. CALBHB/C provided current contact information to help facilitate email delivery to the 59 local mental/behavioral health boards and commissions. The Data Notebook is due March 31st.
 - c. [NAMI CA](#) is interested in collaborating with CALBHB/C for the April 10th Capitol Day. April 9th may be a good opportunity for NAMI CA to provide "[Mental Health 101](#)" training to CALBHB/C members.

Meeting Schedule

January 18/19	Southern Regional Meeting / Training – San Diego Please Register!
March 16	Bay Area Regional Meeting / Training (No Governing Board Meeting)
April 9	Governing Board Annual Meeting (Sacramento) Prepare for April 10
April 10	Capitol Day-Statewide Meeting & visits with legislators in Sacramento
May 22	Mental Health Matters Day (Sacramento) 9:30am - 2:00pm
June 21/22	Southern/LA Region Meeting/Training

Members, please register and confirm attendance with Mae Sherman for all meetings.
ellimae2000@yahoo.com. 530-257-6904, Cell: 530-310-7744; Register: www.calbhbc.com

MHB Visits Schedule: January 2, 2019 Riverside BHC Meeting – Comstock
January 3, 2019 San Bernardino Exec Committee & BHC Meeting - Comstock

Respectfully Submitted by Mae Sherman, CALBHBC Secretary/Treasurer