

CA Association of Local Behavioral Health Boards & Commissions (CALBHB/C)
Minutes of Governing Board Meeting Sept. 28, 2018 11:30am
(Zoom Conference Call)

The meeting was called to order at 11:35am by President, Theresa Comstock.

Those in attendance were: Theresa Comstock, Alisa Chatrapachai, Mae Sherman, John Fenley, Jerry Harris, Harriette Stevens, Benny Benavidez, Jerry Jeffe

Absent: Larry Lue, Merilla Scott, Yvonne Bond, James Glica-Hernandez, Matt Gallagher

Open Comment for Governing Board Members: Benny Benavidez, (Imperial Co.): Board is working on the Annual Report. Harriette Stevens, (San Francisco Co.): Waiting on budget approval so County Dues can be paid. Alisa Chatrapachai, (Orange Co.): The board is meeting in various places to include more of the community. A suicide prevention coalition has been formed with the Dept. of Education and Police Department. Jerry Harris, (Ventura Co.): Meetings are full. Board is amending bylaws to include police officers. CIT trained grads will receive certificates at next BH meeting. Mae Sherman, (Lassen Co.): Visited two Behavioral Health boards this month, Mendocino Co. and Glenn Co. The reports will be added through the Website. <http://www.calbhbc.com/resource.html>

Minutes: The minutes from August 31, 2018 Governing Board meeting were presented for approval. A motion was made by John Fenley to approve the minutes with a second from Benny Benavidez. Motion carried with one abstention from Alisa Chatrapachai.

Finances: The Financial Report was presented for approval. Total assets as of Sept. 21, 2018 equaled \$123,082.50. A motion was made by Harriette Stevens to approve the Financial Report with a second from John Fenley. Motion carried unanimously

The Minutes and Financial Report were sent electronically to Governing Board members prior to the meeting.

President's Report: President, Theresa Comstock discussed:

- 1) Children and Youth Ad Hoc Committee identified areas for additional research/possible advocacy from the 2016 Data Notebook, mental health supports for foster youth and access to services. Next Ad Hoc meeting will be October 4th at 2:00pm.
- 2) Leadership within our own CALBHBC board, encouraging members to grow in leadership with CALBHB/C and/or consider future membership on CBHPC and MHSOAC.
- 3) Governing Board outreach: Additional outreach to include creating a schedule for phone calls to local boards, one per week, to reach all 59 boards. The board chair, the

Behavioral Health Director, and Board of Supervisor board member to be on the calls, as well as the President and Executive Director of CALBHBC, and respective regional Governing Board members. The calls will have an agenda and may be ½ hour long.

- 4) President Comstock also visited the MHSOAC Strategic Planning Session, September 26, 2018. She reported that the MHSOAC has hired a consultant to help the organization run more effectively. Discussion centered on the unique role of the MHSOAC in helping meet community mental health needs, and how the MHSOAC could be successful in fulfilling this role. President's Comstock's input included advising increased communication between the MHSOAC and CALBHB/C (on behalf of CA's 59 local mental/behavioral health boards & commissions), and stressed the importance of providing data/performance measures to inform local and statewide programs and planning as a key to providing transformational change.
- 5) President Comstock also shared that a CALBHB/C "Day at the Capitol" in Sacramento was being planned for April 10, 2019 with a Governing Board meeting and potential visits to state officers/administrators on April 9, 2019.
- 6) Theresa also shared that the MHSOAC is talking about maintaining our contract at \$55,000 per year for 3 years (instead of anticipated \$100,00 per year.)

Executive Director Report: The full report, by Executive Director Jerry Jeffe, was sent electronically to Governing Board members prior to the meeting. Dues invoices have been sent to all 59 Counties and several Counties have paid already.

Upcoming meetings/trainings: Next quarterly meeting is in Folsom at Lake Natoma Inn, Oct. 19, 2018 with CIBHS board training Oct. 20, 2018. Governing Board attendees will meet for breakfast at 7:30am Oct. 19, 2018 (not mandatory). Southern Regional meeting/training – San Diego, January 18, 19, 2019.

Register at: <http://www.calbhbc.com>

Please confirm attendance with Mae Sherman. Email: ellimae2000@yahoo.com.

Phone: 530-257-6904 or Cell: 530-310-7744.

The meeting adjourned at 12:30pm.

Respectfully Submitted by Mae Sherman, CALBHBC Secretary/Treasurer