



**California Association of Local Behavioral Health  
Boards and Commissions**

**CALBHB/C Minutes  
October 19 – 20, 2018  
Lake Natoma Inn, 720 Gold Lake Dr., Folsom**

**Friday, October 19th**

**8:30 am:** Behavioral Health “Planning Council” General Session: CALBHB/C Governing Board Members and members from Central Region local mental/behavioral health boards and commissions attended the Planning Council meeting from 8:30am until noon.

**8:40am:** CALBHB/C Presentation to the Planning Council: President Theresa Comstock reported the following:

- I. Reviewed the mission of CALBHB/C to include supporting the work of California’s 59 local mental/behavioral health boards and commissions by providing resources, training and opportunities for communication and statewide advocacy.
- II. Communications are increasing with upcoming conference calls with the 59 boards/commissions and a new monthly email, “CALBHB/C Update”. CALBHB/C continues to provide a quarterly newsletter.
- III. A Children and Youth Ad Hoc committee has formed. After reviewing the 2016 CBHPC Children & Youth Data Notebook Overview (that was recently released), CALBHB/C’s Children & Youth Ad Hoc has identified two areas for research and possible advocacy.
  1. Foster Children – Mental Health Training for foster families and care providers.
  2. Follow-up to understand the change in mental health offerings throughout CA since AB114 was passed in 2011. (AB114 shifted the provision of mental health services from county mental health divisions to county offices of education (COE)).
- IV. Other issues mentioned included (issue briefs and more at [www.calbhbc.com](http://www.calbhbc.com)):
  1. The critical need for Adult Residential Facilities for adults with mental illness in CA. A panel of speakers was scheduled to address the issue during the CALBHB/C meeting later that day.
  2. The successful employment practice for adults with mental illness. “Individual Placement & Support”.
  3. The need for counties to incorporate Mental/Behavioral Health into their Disaster Response Plans.

**9:00am – Noon:** Governing Board attendees and guests stayed for the Planning Council’s General Session, which included, Workforce Projections Methodology & WET 5 Year Plan update. (OSHDP)

**12:00pm:** Complimentary Lunch provided by CALBHB/C

**1:00pm: CALBHB/C - Central Region Meeting** (See Attachment A for list of attendees.)  
The meeting was called to order by President Theresa Comstock, followed by introductions.

**1:20 pm Speaker Panel: A Robust Housing Continuum for Adults with Severe Mental Illness**  
Related Materials: [www.calbhbc.com/homeless--housing.html](http://www.calbhbc.com/homeless--housing.html)

- Adult Residential Facilities (“Board & Cares”) – *The Critical Need, Successes & Challenges*
  - ARF Offerings – Comparing Mental Health & Developmental Disability System & Clients Rights Perspective, *Kim Swain, Managing Attorney MH Practice Group for Disability Rights California*
  - Trinity County’s Alpine House Board & Care (ARF) and Cedar Home Peer Respite, *Noel O’Neill, Behavioral Health Director for Trinity County*
  - ARF Offerings and Integrated Services for Adults with Severe Mental Illness, *Lynda Kaufman, Director of Government and Public Affairs for Psynergy Programs, Inc.*
- New Legislation impacting supportive housing for adults with mental illness
  - Greg Cramer, Senior Policy Consultant to Senator Jim Beall

**2:30 pm Demographic Mapping & Fiscal Outcomes Tools**  
Mental Health Services Oversight & Accountability Commission (MHSOAC) Staff:  
Rachel Heffley and Brandon McMillen  
Related Materials: <http://mhsoac.ca.gov/fiscal-reporting>

**3:15 pm Planning Council Update** – Susan Wilson, Planning Council liaison to **CALBHB/C**  
Current Planning Council committees include:

1. Legislative Committee
2. Workforce and Employment
3. Systems and Medicaid
4. Housing & Homeless
5. Patients’ Rights

The 2018 Data Notebook has not yet been developed. However a short, survey-like Data Notebook will be sent out to Counties before Christmas with hope for completed Data Notebooks to be submitted to the Planning Council by March 2019. The 2019 Data Notebook topic will possibly be: “Implementation of Student Mental Health in Schools”.

**3:30 pm MH/BH Regional/Statewide Issues/Successes** – Discussion  
Counties shared the following issues and successes to include:

1. Affordable Housing Projects
2. Transitional Age Youth Programs
3. Wellness Center on College Campus

Issues related to the function of the Mental/Behavioral Health Board

1. Amending bylaws
2. Renewing action plans
3. Increasing public attendance
4. Recruiting new board members

#### **4:30pm CALBHB/C Governing Board Quarterly Meeting**

**I. Call to Order:** The meeting was called to order at 4:30pm by President, Theresa Comstock.

Governing Board Attendance: Theresa Comstock, President (Napa), Benny Benavidez, Vice President (Imperial), Mae Sherman, Secretary-Treasurer (Lassen), Alisa Chatprapachai, OTD (Orange), James Glica-Hernandez (Yolo), Jerry Harris (Ventura), Stacy Dalglish (Los Angeles), Harriette Stevens, Ed.D (San Francisco) Governing Board Members Absent: Larry Lue (Los Angeles), Merilla Scott (Los Angeles), Supervisor John Fenley (Trinity)

Guests: Stephen Clavere (El Dorado), Carolyn Evans (Fresno), Sherry Weyers (Sonoma), Maria Padilla-Castro (Sacramento), Frank Ploof, (Stanislaus), Supervisor Lee Lor, (Merced), Susan Wilson, (CBHPC), Steve Leoni (CBHPC), Shoshana Zatz, (CIBHS)

#### **II. Open Comment for Governing Board Members/Public:**

Membership changes: Yvonne Bond (Central Region Governing Board Member, Placer County) resigned the day prior. The Governing Board currently has 11 Governing Board Members.

Staffing changes: As of October 14, 2018, Jerry Jeffe is no longer employed by CALBHB/C. President Theresa Comstock is filling the role as Executive Director per CALBHB/C Bylaws. Vice President Benny Benavidez, Secretary-Treasurer Mae Sherman and members of the Governing Board in attendance met to talk about offering the Executive Director position with compensation to Theresa Comstock. A teleconference would be scheduled the next week to determine next steps.

**III. Approval of Minutes:** The minutes were provided to all Governing Board Members prior to the meeting. The minutes from the September 28, 2018 Governing Board Teleconference Meeting were presented for approval. A motion was made by Harriette Stevens to approve the September Minutes as presented, with a second from Benny Benavidez. Jerry Harris, Alisa Chatprapachai and Stacy Dalglish abstained. Motion carried. *The minutes were posted online and provided to all Governing Board Members prior to the meeting.*

#### **IV. Financial Report:**

- a) The financials were provided to all Governing Board Members prior to the meeting. The financials, including income, expenditures, and current balance were presented for approval. Total assets as of October 12, 2018 were \$136,194.94. A motion to accept the Financial Report as presented was made by Jerry Harris with a second from Stacy Dalglish. Motion carried unanimously.
- b) MHSOAC Contract - CALBHB/C has entered into an updated deliverables-based contract with the MHSOAC for 3 years at \$55,000 per year.
- c) Per Diem - There had been questions about the reimbursement for per diem and it was determined that our reimbursement rates are the same as the State rates.

**V. Survey of Local MH Board Member's Training Interests:** CA Institute for Behavioral Health Solutions (CIBHS), CIBHS Associate Shoshana Zatz shared that out of 43 counties that responded to the survey, about 75% had new members on their boards and most of them have not received board training. Topics requested for training included:

1. Advocacy
2. Visibility
3. How to work with Board of Supervisors
4. Programs and funding sources
5. Most were focused on knowledge of services

**VI. Drawing of Straws:** In June of 2018, CALBHB/C's Bylaws were amended to provide for two year staggered terms for Governing Board members. To shift from one to two year staggered terms, members drew straws. A short straw indicated a 1 year term and a long straw indicated a 2 year term. Those elected in the next regional elections will have 2 year terms. Straws were drawn by those of the Governing Board Members who were in attendance and for those who were absent.

Short straws indicating 1-year terms were drawn by: Theresa Comstock, Benny Benavidez, Jerry Harris, Alisa Chatraprachai, James Glica-Hernandez and Larry Lue (at his request).

Long straws indicating 2-year terms were drawn by Mae Sherman, Stacy Dagleish, Harriette Stevens, Merilla Scott and Supervisor John Fenley.

Governing Board members may be considered for nomination by the next Nominating Committee, for potential placement on the next regional ballots.

**V. President's Report:** President Theresa Comstock shared:

1. Ideas on Outreach to 59 Boards & Commissions
  - a) Teleconference calls to each MH/BH board & commission to include the Board Chair, Supervisor who sits on the board, CALBHB/C Executive Director and President, CALBHB/C Governing Board Member in each region to be included on the calls. A schedule of Teleconference Calls was provided to Governing Board Members
  - b) Governing Board Members are encouraged to visit local boards & commissions in the region they represent to learn of issues and challenges, and report information to the Governing Board. Governing Board Members can be reimbursed for travel expenses.
2. Children & Youth Ad Hoc Committee: After reviewing the CA Behavioral Health Planning Council's 2016 Data Notebook Overview, the C&Y Ad Hoc plans to conduct research and potential advocacy in the following two areas:
  - a. Foster Children – Mental Health offerings for foster parents, families and caregivers.
  - b. School-based mental health offerings.
3. Collaborating with Statewide Allies:
  - a) Behavioral Health Action Coalition: CALBHB/C's Governing Board had agreed to join the Behavioral Health Action Coalition, a coalition of approx. 50 statewide organizations united to raise awareness about behavioral health issues in California. The Coalition had a meeting set with Lieutenant Governor Gavin Newsom, and had requested a meeting with candidate for CA Governor, John Cox. President Theresa Comstock and Governing Board Member Harriette Stevens (San Francisco) would attend the meeting with Lt. Gov. Gavin Newsom in San Francisco on October 22<sup>nd</sup>.
  - b) National Disability Employment Awareness Month, "NDEAM": President Comstock was appointed by the Governor to the State Rehabilitation Council in August. She recently participated in planning the CA Department of Rehabilitation's social media campaign around NDEAM, and has provided NDEAM social media, specifically related to Mental Health through CALBHBC's Twitter, Facebook and Instagram.
4. Communications: CALBHB/C has a quarterly newsletter and a monthly update. CALBHB/C can also be followed on Facebook, Instagram, and Twitter.

5. Policy Principles (Discussion)
6. Meeting Schedule
  - a) Southern Regional Meeting / Training – San Diego January 18 / January 19
  - b) Bay Area Regional Meeting / Training (No Governing Board Meeting) - March
  - c) April 9–Governing Board Quarterly Meeting (Sacramento) Prepare for April 10
  - d) April 10 – Capitol Day-Statewide Meeting & visits with legislators in Sacramento
  - e) Meeting adjourned at 5:45pm

**SATURDAY October 20th, 2018 – TRAINING** - Attachment B shows attendance for Saturday training.

CA Institute for Behavioral Health Solutions (CIBHS) presented:

**Mental/Behavioral Health Board Training**

*The Saturday Mental/Behavioral Health Board Training was facilitated by CA Institute for Behavioral Health Solutions (CIBHS)*

9:30am	Coffee & Sign-In
10:00am Noon	Behavioral Health Boards & Commissions 101
Noon – 1:00pm	Box lunch provided by CIBHS
1:00pm - 3:00pm	Advocacy for Issues

Attachment A  
Attendance for Friday October 19th  
CALBHB/C Central Region Meeting

Benny Benavidez	CALBHB/C & Imperial County
Alisa Chatrapachai	CALBHB/C & Orange County
Stephen Clavere	El Dorado County
Theresa Comstock	CALBHB/C & Napa County
Greg Cramer	Speaker – Senator Beall’s Office
Stacy Dalgleish	CALBHB/C & Los Angeles County
Carolyn Evans	Fresno County
James Glica-Hernandez	CALBHB/C & Yolo County
Jerry Harris	CALBHB/C & Ventura County
Rachel Heffley	Speaker – MHSOAC
Lynda Kaufman	Speaker – Psynergy Programs
Matt Lieberman	MHSOAC
Supervisor Lee Lor	Merced County
Lynne Martin Del Campo	Tulare County
Brandon McMillen	Speaker – MHSOAC
Noel O’Neil	Speaker – Trinity County Behavioral Health
Maria Padilla-Castro	Sacramento County
Frank Ploof	Stanislaus County
Mae Sherman	CALBHB/C & Lassen County
Harriette Stevens	CALBHB/C & San Francisco County
Kim Swain	Speaker – Disability Rights CA
Sherry Weyers	Sonoma County
Susan Wilson	CA Behavioral Health Planning Council
Shoshana Zatz	CA Institute for Behavioral Health

**Attachment B**  
**Attendance for Saturday, October 20, 2018**

Mental Health Board Training facilitated by CIBHS, Shoshana Zatz and CIBHS contracted trainer Susan Wilson.

Pandora Armbruster	Tuolumne County
Norma Cardona	Merced County
Stephen Clavere	El Dorado County
Theresa Comstock	CALBHB/C & Napa County
Jessica Del Pozo	Placer County
Christine Elder	Tuolumne County
Kathryn Hamilton	El Dorado County
Jocelyn Lamb	El Dorado County
Duane Lillie	Tuolumne County
Supervisor Lee Lor	Merced County
Lynne Martin Del Campo	Tulare County
Geoff McLennan	Placer County
Maria Padilla-Castro	Sacramento County
Debra Reischel-Cree	El Dorado County
Silvia Rodriguez	Sacramento County
Henry Sandigo	El Dorado County
Mae Sherman	CALBHB/C & Lassen County
Diane Shinstock	Placer County
Antonia Tsobanoudis	Yolo County
Debra Thornburgh	El Dorado County
Heather Wingo	Placer County
Evelyn Vigil	Santa Clara County