



California Association of Local Behavioral Health Boards and Commissions

CALBHB/C Minutes

January 18-19, 2019, Bayside Hilton, 4875 N Harbor Dr. San Diego

Friday, January 18th

8:30 am: Behavioral Health “Planning Council” General Session: CALBHB/C Governing Board Members and members from Southern Region local mental/behavioral health boards and commissions, attended the Planning Council meeting from 8:30am until noon.

8:40am: CALBHB/C Report to the Planning Council: Executive Director, Theresa Comstock

- 1) Thanked CBHPC staff and members, specifically:
 - a. 2018 new legislation summaries (Naomi)
 - b. Public Charge communication (Naomi)
 - c. Approving WET 5-year Plan (CBHPC)
 - d. Planning Council members who have informed CALBHB/C regarding their areas of expertise, including: Noel O'Neill, Kathi Mowers-Moore, and Monica Nepomuceno
- 2) Reviewed top issues CALBHB/C is hearing from local boards/commissions. Top issue is supportive housing/Adult Residential Facilities. Other issues mentioned: Workforce, Jail/5150 Mgmt, Schools/Children, increasing Crisis Stabilization Units, Psychiatric Inpatient Bed Shortage.
- 3) Noted CALBHB/C's Principles for Support & Advocacy document, specifically:
 - Item 1) Community Input - CALBHB/C is supporting this with increased training, communication and support.
 - Item 2) Performance Data - Especially the need for data showing local impact of services.
- 4) CALBHB/C is increasing its presence in Sacramento/statewide, to include
 - a. Beginning and/or exploring involvement with many statewide coalitions.
 - b. Increased collaboration/communication with statewide allies, including partnering with NAMI CA for cultural competency training and Capitol Day
 - c. Additionally CALBHB/C Executive Director Theresa Comstock is an appointed member of the CA State Rehabilitation Council that advises the Department of Rehabilitation
- 5) CALBHB/C is scheduling increased training for mental/behavioral health boards/commissions to address: Community Program Planning and Cultural Competency.

9:00am – Noon: Governing Board attendees and guests stayed for the Planning Council's General Session, which included the WET 5 - Yr Plan update (OSHDP) and the County Behavioral Health Directors Association update (Tom Renfree, Interim Executive Director.)

12:00pm: Complimentary Lunch provided by CALBHB/C

1:00pm: **CALBHB/C - Southern Region Meeting**

Attendance: (Attachment A)

Call to Order: The meeting was called to order by President, Benny Benavidez and introductions were made by attendees.

1:20pm: CA Behavioral Health Planning Council's report on current activities:

Jane Adcock, Planning Council Executive Officer reported:

- WET 5-year Workforce Plan had been approved by the Council and stakeholders can advocate for funding
- The new rules in the "Bagley-Keene Act", that CBHPC follows, no longer allow conference calls for committees (a majority must be present at physical location)

Susan Wilson, CA Behavioral Health Planning Council member and Liaison to CALBHB/C reported on the Data Notebook. The 2018 Data Notebook was sent out to all 59 MH/BH Boards & Commissions and is due March 31, 2019. The next Data Notebook may include Trauma Informed Care.

1:45pm: Speakers:

1. Tom Orrock – Chief Commission Operations and Grants. Mental Health Services and Oversight & Accountability Commission (MHSOAC)

Topics discussed:

1. Schools & Mental Health Project
 2. Triage Grants for School/County collaboration
2. Joy Anderson – California Youth Connection. (CYC)
Topics discussed:
 1. Engaging young people with conferences and projects.
 2. Providing a safe place for learning

3:15pm: Mental/Behavioral Health Regional/Statewide Issues/Successes – Items shared included:

1. A peer respite facility in Santa Cruz was going to close and the community advocated so were able to keep open.
2. Orange County received 90 million for housing from CSS funds.
3. L. A. counties and cities are rebidding housing contracts.
4. In Imperial County, a 5150 Ad Hoc Committee has formed to recommend improvements to system of care for 5150 management. First step will include data collection from different agencies with the help of consultants (RDA). Stakeholders are involved in this process.
5. Yolo County opened new housing (20 apartments) for homeless with mental illness.

4:30pm-6:00pm: CALBHB/C Governing Board Quarterly Meeting

The meeting was called to order at 4:30pm by President Benny Benavidez.

Governing Board Attendance: Alisa Chatprapachai (Orange), Secretary-Treasurer Mae Sherman (Lassen), James Glica- Hernandez (Yolo), Benny Benavidez (Imperial), Stacy Dalglish (Los Angeles), Supervisor John Fenley (Trinity), Lynda Kaufmann, Larry Lue (L. A.). **Staff:** Theresa Comstock, Executive Director.

Guests: Jane Adcock (CBHPC), Susan Wilson (CBHPC), Steve Leoni (CBHPC), Barbara Wilson (L. A.), Joy Anderson (CYC), Andrea Crook (Access CA), Tiffany Carter (Access CA)

Open Comment for Governing Board Members/Public: President, Benny Benavidez thanked our new Executive Director, Theresa Comstock, for all the work she has been doing connecting with counties and statewide coalitions on behalf of CALBHB/C. Mae Sherman, Secretary/Treasurer, was also thanked as well as all the Governing Board members for the work they are doing.

Member Jerry Harris had provided a memo detailing recommendations in many areas, including: Annual Goals, Role of Governing Board Members, Focus on Issues, and Communications. (These items were discussed during corresponding agenda items during the meeting.)

Approval of Minutes: The minutes from the December 17, 2018 teleconference meeting were presented for approval. A motion was made by James Glica-Hernandez to approve the December minutes with a second from Alisa Chatprapachai. Larry Lue abstained. Motion carried.

Financial Report: Executive Director, Theresa Comstock reviewed current financials. A dues reminder was recently sent to those counties who haven't yet paid. Current assets as of January 12, 2019 is \$148,276.80. A motion to approve the Financial Report was made by James Glica-Hernandez with a second from Lynda Kaufmann. Motion carried unanimously

A copy of the minutes and financials were sent to all Governing Board Members prior to the meeting. Minutes are posted at: <https://www.calbhbc.com/association-docs.html>

President's Report: President Benny Benavidez asked the Governing Board to approve the appointment of Supervisor Stacy Corless (Mono County) as a Central Region Governing Board member. Supervisor Corless is entering her second term in office and served as Executive Director of Education & Conservation, focused on nonprofits. She also has served on the Mono County Behavioral Health Advisory Board since 2015. Supervisor John Fenley made a motion to approve the appointment, and Stacy Dalglish seconded the motion. The motion passed unanimously.

CALBHB/C's 2019-20 Annual Goals (Draft) After discussion, a motion to approve the [2019-20 Annual Goals](#) was made by James Glica-Hernandez with a second from Stacy Dalglish. Motion carried unanimously.

Regional Outreach Update: Discussion on regional outreach, teleconferences and MH/BH board visits. Counties can report issues and successes on CALBHB/C's web page. All 59 Counties have been invited to participate in teleconference calls. Some of the counties in Bay, Central, Superior, and Southern have attended so far with more to come in February, March, & April. Overall, the teleconferences have been very well received, and have facilitated increased sharing of resources and issues. Teleconference minutes were provided in the meeting packet.

Executive Director's Report:

1. Facilitating Officer Nominations for 2019-20: An Ad Hoc committee has formed to nominate officers (President, VP and Secty-Treasurer) for election at the Annual Meeting in April. Supervisor, John Fenley is the chair, with Alisa Chatprapachai, James Glica-Hernandez, Stacy Dalgleish and Harriette Stevens also serving as committee members.
2. Advocacy Update
 - a) Public Charge Issue Engagement – paper emailed to all board chairs
 - b) Peer Provider Certification, SB10 – letter sent to Senator Beall and sample letter/info sheet provided to CALBHB/C membership - <https://www.calbhbc.com/peer-supports.html>
 - c) Residential Facilities (ARF, RCFE) – Planning Council has formed an ARF Workgroup, and is hiring a consultant to help address the critical need for ARFs for adults with severe mental illness
3. Collaborating with Statewide Allies – Ms. Comstock reviewed recent interaction with:
 - a) CA Behavioral Health Planning Council (CBHPC)
 - b) Mental Health Services Oversight & Accountability Commission (MHSOAC)
 - c) National Alliance on Mental Illness CA (NAMI CA)
 - d) Coalitions/Groups – Behavioral Health Action, CA Coalition for MH, Connection Coalition, MH Irregulars, MHSA Partners Forum
4. Communications – There was some discussion regarding current offerings, with agreement to maintain monthly updates and quarterly newsletters for now.
 - a) [Quarterly Newsletter](#)
 - b) [CALBHB/C Monthly Update](#)
 - c) Issue Briefs (Disaster, Employment, Adult Residential Facility (www.calbhbc.com))
 - d) Follow us on Twitter: #CALBHBC, Facebook: calbhbc, Instagram: @calbhbc
5. Meeting Schedule
 - a) Bay Area Regional Meeting/Training in March-*No Governing Board Meeting*
 - b) April 9, 2019 - Annual Meeting/Training (Sacramento)
 - c) April 10, 2019 – Capital Day (Partnering with NAMI CA) (Sacramento)
 - d) June 21/22 2019 Southern Region, L. A., Meeting/Training, (Santa Ana)
 - e) Superior Region meeting/training to be scheduled in August or September

Meeting adjourned at 6:30pm

Saturday, January 19, 2019: Mental/Behavioral Health Board Training

Attendance on Attachment B

9:00 – 2:15pm: Roles & Responsibilities of Local Mental/Behavioral Health Boards/Commissions – CIBHS Contracted Trainer Susan Wilson

2:30pm – 7:00pm MHSA Community Program Planning - Ensuring Community Input – Access CA (A Program of NorCal MHA), Andrea Crook and Tiffany Carter

Attachment A

Attendance for Friday, January 18, 2019
CALBHB/C Regional Meeting, San Diego

<u>Last</u>	<u>First</u>	<u>County or Organization</u>
Acuna	Carlos	Imperial
Adcock	Jane	CA BH Planning Council (Speaker)
Anderson	Joy	CA Youth Connection (Speaker)
Benavidez	Benny	Imperial
Carter	Tiffany	Access CA (Norcal MHA)
Chatprapachai	Alisa	CALBHB/C
Comstock	Theresa	CALBHB/C
Crook	Andrea	Access CA (Norcal MHA)
Dagleish	Stacy	Los Angeles
Fenley	John	Trinity
Glica-Hernandez	James	Yolo
Kaufmann	Lynda	Santa Cruz
Leoni	Steve	CA BH Planning Council
Lieberman	Matt	MHSOAC
Lue	Larry	Los Angeles
Mendel	Jen	San Diego
Middle	George	Riverside
Orrock	Tom	MHSOAC (Speaker)
Parmentier	Ben	San Diego
Reinbolt	Erinn	Kings
Sherman	Mae	Lassen
Stewart	Bill	San Diego
Sturm	John	San Diego
Wilson	Barbara	Los Angeles Constituent
Wilson	Susan	CA BH Planning Council (Speaker)

Attachment B

Attendance for Saturday, January 19, 2019, San Diego Mental/Behavioral Health Board Training

<u>Last</u>	<u>First</u>	<u>County</u>
Acuna	Carlos	Imperial
Anderson	Joy	California Youth Connection
Black	John	Stanislaus and CA BH Planning Council
Carter	Tiffany	Access CA (Norcal MHA)
Chatrapachai	Alisa	CALBHB/C (former Orange)
Comstock	Theresa	CALBHB/C Executive Director
Crook	Andrea	Access CA (Norcal MHA)
Dagleish	Stacy	Los Angeles
Fenley	John	Trinity
Glica-Hernandez	James	Yolo
Hall	Jerry	San Diego
Leoni	Steve	CA BH Planning Council
Lieberman	Matt	MHSOAC
McNally	Steve	Orange
Mendel	Jen	San Diego
Parmentier	Ben	San Diego
Reinbolt	Erinn	Kings
Sherman	Mae	Lassen
Stewart	Bill	San Diego
Sturm	John	San Diego
Wilson	Susan	CIBHS Contracted Trainer
Zatz	Shoshana	CIBHS