

CALBHBC Minutes
Friday, January 19, 2018
Doubletree Hotel, 1515 Hotel Circle, San Diego CA

8:30am – CA Behavioral Health Planning Council General Session: CALBHBC Governing Board Members and members from L.A. and Southern Region mental/behavioral health boards attended the California Mental Health Planning Council (“Planning Council”) meeting from 8:30am until noon. At 8:40am, CALBHBC President Theresa Comstock gave an update to the CA Behavioral Health Planning Council, reviewing CALBHBC’s top issues of focus:

1. Housing - Focusing on the critical need for Board & Cares (Adult Residential Facilities–ARFs) for adults with mental illness.
2. MH/BH Workforce—There is a severe shortage of professionals throughout California. Issue & resource info: www.calbhbc.com/workforce.html
3. Disaster Recovery (long-term)—Local board members report increased suicides one to two years following disaster.
4. Employment & Peer Support (the focus of the CALBHBC afternoon panel of speakers) “Individual Placement & Support (IPS) was mentioned – **IPS has been identified as a successful practice.** Information re: IPS: www.calbhbc.com/employment.html

Planning Council members praised CALBHBC for what has been achieved over the last several months.

Following CALBHBC President Comstock’s presentation, attendees stayed for the Planning Council General Session, which included a presentation regarding “Substance Use Disorder (SUD) Treatment: Detox and Medication Assisted Treatment” (Debbie Hamilton, Clinical Director, Fashion Valley Comprehensive Treatment Center, San Diego), Planning Council Committee Reports and a report from the CA Behavioral Health Director’s Association.

1:15pm - CA Association of Behavioral Health Boards & Commissions Meeting:

Attendance: CALBHBC Governing Board Members: Theresa Comstock (Napa), Mae Sherman (Lassen), Alisa Chatprapachai (Orange), John Fenley (Trinity), Caroline Kelly (L.A.), May Farr (San Bernardino), Carole Marasovic (Berkeley), Larry Lue (L.A.), Matt Gallagher (Sacramento), Maria Correia, (Santa Cruz).

(Absent: Tom Campbell, Keng Cha, Susan Friedman, Fasi Siddiqui, Leslie Wilson.)

Southern/LA Region: Benny Benavidez (Imperial), Gane Brooking (Ventura), Andrea Crook, (Norcal MHA: Access CA), Stacy Dagleish, (L.A.), Orlando Espino (Imperial), Jerry Hall (San Diego), Diana Heineck (Orange), Jenifer Mendel (San Diego), Nancy Rhodes (Imperial), Joy Torres (Orange), Toni Lynn Watson (Tri-City)

Other: Sherry Weyers (Sonoma), Shoshana Zatz. See below for additional attendees (speakers).

The meeting was called to order by President Theresa Comstock at 1:15pm followed by introductions of attendees, and comments/updates from the following State Commissions/Allied Organizations:

Jane Adcock, Administrative Officer of CA Behavioral Health Planning Council

Susan Wilson, CA Behavioral Health Planning Council Liaison to CALBHBC

Andrea Crook and John Aguirre, Norcal MHA: Access California

Poshi Walker and Rory O’Brien, Norcal MHA: LGBTQ

(Absent: Karyn Lettau, CA Mental Health Peer Run Organizations (CAMHPRO))

1:45pm - Speaker Panel: 1. Employment for Adults with Mental Illness; 2. Peer Support Specialist Certification

Kathi Mowers-Moore, Department of Rehabilitation, Deputy Director

Theresa Razzano, Rehabilitation Director at Alameda County Behavioral Health Care Services

Kay Masaryk, Program Manager Mental Health Services, Inc.

Elisa Barnett from Behavioral Health Education and Training Academy (BHETA), UC San Diego

3:30pm – Mental/Behavioral Health Statewide Issues/Successes – Discussion

MINUTES FOR SATURDAY JANUARY 20, 2018
9:30am – 3pm Board Training (Cabrillo)
10:05am – 12pm CALBHBC Quarterly Governing Board Meeting (Cortez)

Board Training with Susan Wilson, CIBHS:

CALBHBC President Theresa Comstock led the introductions from 9:30 – 10:00am. Susan Wilson presented “Developing an Effective Board, Best Practices of Mental/Behavioral Health Boards” at **10:00am**. *See agenda for topics*. Training adjourned at **3pm**.

Attendees (10:00am): John Aquirre (Norcal MHA, Access CA), Gane Brooking (Ventura), , Stacy Dalglish (L.A.), Lorrie Denson (San Bernardino), Orlando Espino (Imperial), Jerry Hall (San Diego), Diana Heineck (Orange) Jenifer Mendel (San Diego), Rory O’Brien (Norcal MHA: LGBTQ), Ben Parmentier (San Diego Admin), Edith Pham (Ventura Admin), Joy Torres (Orange), Poshi Walker (Norcal MHA: LGBTQ), Toni Lynn Watson (Tri-Cities), Sherry Weyers (Sonoma), Susan Wilson (CIBHS), Shoshana Zatz (CIBHS)

Additional attendees (12:00pm): CALBHBC Governing Board: Theresa Comstock, Alisa Chatprapachai, Mae Sherman, Maria Correia, May Farr, John Fenley, Matt Gallagher, Caroline Kelly, Larry Lue, Carole Marasovic.

CALBHBC Governing Board Quarterly Meeting, 10:05 am,

Meeting Room: Cortez

Governing Board Members in Attendance: Theresa Comstock, Alisa Chatprapachai, Mae Sherman, Maria Correia, May Farr, John Fenley, Matt Gallagher, Caroline Kelly, Larry Lue, Carole Marasovic.

Governing Board Members Absent: *Tom Campbell, Keng Cha, Susan Friedman, Fasi Siddiqui, Leslie Wilson.*

Other MH/BH Board/Commission Members: Sherry Weyers (Sonoma), Benny Benavidez (Imperial)

- I. **Call to Order:** President Theresa Comstock called the meeting to order at 10:05am.
- II. **Open Comment for Governing Board Members/Public:**
 - a. Recruitment onto local boards.
 - b. Creating the necessary structure for boards to effectively listen to/represent the community in large counties.
 - c. Comments on panel from Friday
- III. **Approval of Minutes:** A motion was made by John Fenley to approve the minutes from December, 12, 2017 Governing Board Meeting (Zoom Conference Call) with a second from Matt Gallagher. Two abstentions, Carole Marasovic and Larry Lue. Motion carried
- IV. **Financials:** Finance Report was given by President, Theresa Comstock. A copy of the report was given to those in attendance. Ending balance of \$144,463.02 will lessen after our January meeting. Money is allocated for hiring an Interim Executive Director. We may increase County Dues. A request for a budget adjustment to allocate money for individual board training was made and a motion was called for from President, Theresa Comstock. After much discussion, a motion was made by John Fenley to first request local Mental/Behavioral Health Division to cover costs and if they can’t, CALBHBC may make a budget adjustment to allocate money to help. Carole Marasovic made a second to the motion. Motion carried unanimously

V. Top Issues:

A. Employment & Peer Certification:

1. CALBHBC President Theresa Comstock will address the CA Department of Rehabilitation's (DOR) State Rehabilitation Council (SRC) on February 22 at 1pm.
2. CALBHBC will monitor SB906 regarding Peer Provider Certification, with possible:
 - Letter of support
 - Sample letter for local boards/commissions to ask Board of Supervisors to support this bill.

B. Adult Residential Facilities, Board and Care:

- January 26, Woodland Public Library
 - 11:30 (CALBHBC Pre-Meeting.)
 - 1:00pm CA Behavioral Health Planning Council Community Engagement
 - Issue Brief and Planning Council Issue Paper at: www.calbhbc.com

A. Lack of Psychiatrists / Mental Health Professionals – This is a statewide problem affecting all counties. There will be follow-up with allied organizations, such as Steinberg Institute regarding this issue.

B. Children & Youth and AB 114: More to come on this issue; waiting to see issues/successful programs from the 2016 Planning Council Data Notebooks.

VI. Presidents' Report:

A. Regional Conference Calls – Comments from local counties were very appreciative regarding the recent regional conference calls. These will be implemented every other month, connected with an issue discussion.

B. Staffing - Interim Executive Director is posted as a short-term contract position: www.calbhbc.com/executive-direct-posting.html Long-term funding is needed for staff positions. Increasing dues again is part of the plan. Theresa has also requested a meeting with the MHSOAC to discuss a supplemental contract that will help sustain the organization.

There is a substantial administrative component to operating CALBHBC. Hiring a part-time person or contracting with a "Cyber-Secretary" service was discussed. The Executive Committee will follow up with a listing of administrative duties at the next Governing Board conference call.

C. Nominations/Election Process – A Nominating Committee will be formed. Folks can apply for nomination through the [on-line application](#). The Regional Ballots will contain names of individuals who are vetted and nominated by the CALBHBC Nominating Committee

VII. The meeting adjourned at 12:10pm. The Governing Board members joined the Board Training in the Cabrillo Room.

3:15 pm Southern Regional Meeting

A short Southern Regional meeting followed the Board Training.

Information was shared with the folks who remained after the Board training:

- 1) The [CALBHBC Newsletter](#) detailing the current issues of focus, resources available and ways to connect with CALBHBC.
- 2) A summary of [Senate Bill 906](#) (Beall and Anderson) re: Peer Provider Certification was discussed. There was concern by one member regarding difficulties with having some peer providers paid and others working as unpaid volunteers. Support for Peer Provider Certification was expressed by others.

The meeting adjourned at 3:45pm.