



California Association of Local Behavioral Health Boards and Commissions

CALBHB/C Newsletter, Summer 2024

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The California Association of Local Behavioral Health Boards/Commissions (CALBHB/C) supports the work of CA's 59 local Mental/Behavioral Health Boards and Commissions.

Website: www.calbhbc.org

Email: info@calbhbc.com

CALBHB/C Annual Meeting & Training

Hybrid (Zoom/Lake Arrowhead)

June 21 - June 22, 2024

Please Register: www.calbhbc.org/registration

There is no fee to register.

Meeting - Friday, June 21, 1:30 pm - 5:30 pm

Behavioral Health in CA, Past, Present & Future

A review of the Behavioral Health Services Act (BHSA) as enacted by CA Proposition 1 (March 2024) within the context of California's current and past behavioral health landscape, including the Mental Health Services Act (MHSA) as enacted by CA Proposition 63 (2004). This portion of the meeting is hosted by **CALBHB/C** & co-sponsored by the **Institute for Local Government (ILG)** (1:30 - 2:30 pm)

Statewide Organization Updates (2:40 pm)

- CA Behavioral Health Planning Council
- Mental Health Services Oversight & Accountability Commission
- Peer Provider Certification Update

CALBHB/C Governing Board Meeting (4:30 pm)

- Annual Elections of CALBHB/C Officers
- Annual Report 2023-2024
- Issue-Based Discussion (as time allows)

Training - Saturday, June 22, 9 am - 12 pm

- How to Be an Effective Mental/Behavioral Health Board/Commission (9 am)
 - Chair & Admin Training (10:40 am - 12 pm)
- (All are welcome to attend.)

***** Important Reminders/Updates: Annual Reports & Proposition 1 Update Requirements *****

Annual Reports

Requirement

CA WIC 5604.2 (5), requires local mental/behavioral health boards and commissions to:

“Submit an annual report to the governing body on the needs and performance of the county’s mental health system”

Example Annual Report
(Napa County 2022-23)



CALBHB/C Annual Report Resources

- Examples: www.calbhbc.org/reports
- Advice: “Best Practices”, Page 5
- Sample: “Best Practices”, Page 6

We also encourage you to share annual reports with us! Send to: info@calbhbc.com

Proposition 1 Update for Boards and Commissions

By January 1, 2025, mental/behavioral health boards/commissions are encouraged to update membership rosters and bylaws to comply with CA law (changes to CA Welfare and Institution Code (WIC)).

Summary of Changes
(Changes are in **bold**.)

1. 5604. **(2)(B)(i)** Fifty percent of the board membership shall be consumers, or the parents, spouses, siblings, or adult children of consumers, who are receiving or have received behavioral health services. **One of these members shall be an individual who is 25 years of age or younger.** (ii) At least 20 percent of the total membership shall be consumers, and at least 20 percent shall be families of consumers.
2. 5604. **(2)(D)(i)** At least one member of the board shall be an **employee of a local education agency**.
 - a. (ii) **To comply with clause (i), a county shall notify its county office of education about vacancies on the board.**
3. **"Mental"** is changed to **"Behavioral"**. **"substance use disorder"** is added.

Updated WIC for Boards/Commissions
(Effective January 1, 2025)

California Association of Local Behavioral Health Boards and Commissions
Changes take effect: **January 1, 2025** Email: info@calbhbc.org www.calbhbc.org

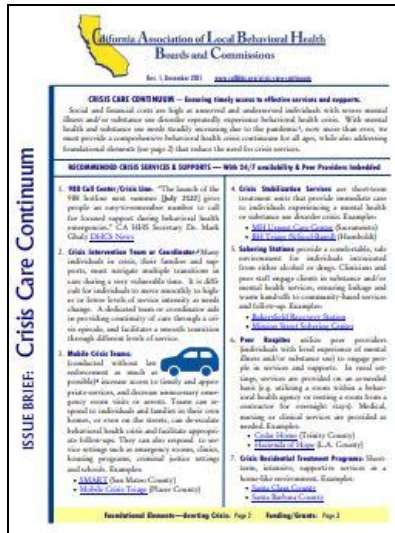
CALBHB/C SUPPORTS THE WORK OF CA'S 59 LOCAL BEHAVIORAL HEALTH BOARDS AND COMMISSIONS.

CA WIC 5604 and 5963.03—Behavioral Health Boards: Bylaws, Duties, Expenses, Membership

<p>California's Welfare & Institutions Code (WIC) for local behavioral health boards & commissions includes:</p> <p>Bylaws (5604.5) Duties (5604.2) & MEHA Duties (5963.03) Expenses (5604.3) Membership (5604)</p>	<p>Changes due to Proposition 1 (SB 320) appear in bold print.</p> <p>WIC is also on-line at: www.calbhbc.org/legislation-sbhc-wic.html</p>
<p>Bylaws (WIC 5604.5)</p> <p>The local behavioral health board shall develop bylaws to be approved by the governing body which shall do all of the following:</p> <p>(a) Establish the specific number of members on the behavioral health board, consistent with subdivision (a) of Section 5604.</p> <p>(b) Ensure that the composition of the behavioral health board represents and reflects the diversity and demographics of the county as a whole, to the extent feasible.</p> <p>(c) Establish that a quorum be one person more than one-half of the appointed members.</p> <p>(d) Establish that the chairperson of the behavioral health board be in consultation with the local behavioral health director.</p> <p>(e) Establish that there may be an executive committee of the behavioral health board.</p>	<p>Expenses (WIC 5604.3)</p> <p>(a) (i) The Board of Supervisors may pay from any available funds the actual and necessary expenses of the members of the Behavioral Health Board of a community mental health service contracted pursuant to the performance of these official duties and functions.</p> <p>(2) The expenses may include travel, lodging, childcare and meals for the members of an advisory board while on official business as approved by the director of behavioral health programs.</p> <p>(b) Governing bodies are encouraged to provide a budget for the local behavioral health board, using planning and administrative revenues identified in subdivisions (c) of Section 5952 (see below), that is sufficient to facilitate the purpose, duties, and responsibilities of the local behavioral health board.</p> <p>WIC 5992 (c) The allocations pursuant to subdivisions (a) and (b) shall include funding for annual planning costs pursuant to Section 5947 and 5963.03. The total of these costs shall not exceed 5 percent of the total of annual revenues received for the Local Behavioral Health Services Fund. The planning costs shall include funds for county mental health programs to pay for the costs of co-sponsors, family members, and other stakeholders to participate in the planning process.</p>

Issue Briefs: www.calbhbc.org Resources: www.calbhbc.org/resources

CALBHB/C Issue Briefs



[Board & Care \(ARF or RCFE\)](#)
[Children & Youth:](#)
[Integrated School-Based BH](#)
[Transitional Age Youth \(TAY\)](#)
[Crisis Care Continuum](#)
[Criminal Justice](#)
[Disaster Prep/Recovery](#)
[Employment](#)
[LGBTQ+](#)
[Lanterman Petris Short \(LPS\) Act](#)
[Older Adults](#)
[Performance Outcome Data](#)
[Transitional Age Youth](#)
[Suicide Prevention](#)

Full listing of issues (30+) at: www.calbhbc.org/newsissues Questions: cal@calbhbc.com

Advocacy (Legislative)

Join with us in legislative advocacy *after* reviewing "**Understanding your Role**" (below).

CALBHB/C's Governing Board supports legislation and budget items in response to issues reported from CA's 59 local mental/behavioral health boards and commissions, providing written and in-person advocacy. Top issues are included in our [Annual Goals](#) document, item C.

Understanding your Role

1. As Individuals:

Individuals can and should write to their state legislators! Legislators especially appreciate hearing from residents within their districts.

2. As Advisory Bodies:

Local mental/behavioral health boards/commissions are in an advisory role. In most counties, legislative advocacy is handled through the Board of Supervisors / Executive Office. Boards/commissions may wish to recommend specific legislation to their Governing Body (in most cases Board of Supervisors) and MH/BH Director (the BH Directors also advocate through their statewide association, County Behavioral Health Directors Association (CBHDA)).

CALBHB/C Governing Board Legislative Support

[Sample Letters & Fact Sheets](#)

Access

[AB 236](#) (Holden) Provider Directory Requirements [Fact Sheet](#) [Sample Letter](#)

Criminal Justice

[AB 2882](#) (McCarty): Community Corrections Performance Incentives [Fact Sheet](#) [Sample Letter](#)

Crisis Care Continuum

[AB 1316](#) (Irwin and Ward): Emergency Services: Psychiatric Emergency Medical Conditions [Fact Sheet](#) [Sample Letter](#)

For additions/updates, sample letters and fact sheets, see: calbhbc.org/legislative-advocacy

Grants/Funding

Access

[The National Center for Mental Health Dissemination, Implementation and Sustainment Cooperative Agreement](#) – \$7.5 million – The National Center for Mental Health Dissemination, Implementation, and Sustainment will build the capacity of grant recipients, as well as organizations that oversee or directly provide mental health services, to improve the implementation of evidence-based change management processes that guide mental health services.

Children & Youth

[Cell Phones for Foster Youth](#): “iFoster Phones for Foster Youth” are available to current and former CA Foster Youth who are between the ages of 13 and 26 inclusive whose case originated in CA or who currently reside in CA.

[Wellness Coach Scholarships](#) for young people: Becoming a Certified Wellness Coach lets you play a role in improving mental health and well-being of children and youth in California. Scholarships up to \$35,000 annually are available. More information is available at:

<https://cawellnesscoach.org/become-a-certified-wellness-coach/#apply-scholarship>

Related links:

- <https://hcai.ca.gov/workforce/initiatives/certified-wellness-coach/>
- <https://cawellnesscoach.org/>

Digital Access

[The California Advanced Services Fund \(CASE\) Broadband Public Housing Account](#) provides grants supporting free broadband for low-income residents of eligible housing communities. The program recently expanded eligibility for types of applicants and costs that can be reimbursed. Applications are accepted semiannually, by the 1st of July and January.

Housing/Homelessness

[Proposition 1 Funding](#): In Bond BHCIP Round 1: Launch Ready and Round 2: Unmet Needs, DHCS will distribute up to \$4.4 billion through competitive grants that aim to expand behavioral health treatment and residential settings. Of these funds, \$1.5 billion of competitive grant funding will be exclusively available to cities, counties, and tribal...

Housing/Homelessness (continued)

...entities, and \$30 million specifically designated to tribal entities. Prospective Bond BHCIP applicants are encouraged to review the [Program Update](#), which outlines eligibility considerations, qualifying facility types, funding parameters, and match requirements in preparation for the release of the Request for Applications (RFA). For more information about the Bond BHCIP Rounds, please visit the [BHCIP website](#).

Workforce

[Minority Fellowship Program](#) – \$15.4 million – This program aims to reduce health disparities and improve behavioral health care outcomes for racial and ethnic populations. The program also seeks to train and better prepare behavioral health practitioners to more effectively treat and serve people of different cultural and ethnic backgrounds.

[Addiction Technology Transfer Centers Cooperative Agreements](#)

– \$9.0 million – This program develops and strengthens the specialized behavioral health care and primary health care workforce that provides substance use disorder (SUD) treatment and recovery support services. This is done by accelerating the adoption and implementation of evidence-based and promising SUD treatment and recovery-oriented practices and services, heightening the awareness, knowledge, and skills of the workforce that addresses the needs of people with substance use or other co-occurring physical and behavioral health conditions, and fostering regional and national alliances among culturally diverse practitioners, researchers, policy makers, funders, and the recovery community.

Also see:

grants.ca.gov

Reports, Articles & Webinars - By Topic

Access

[Access to Commercial Services](#): Access to Behavioral Health Services for Commercial Enrollees, [Presentation](#), [Recording](#)

Behavioral Health Continuum

[Behavioral Health Delivery Systems and Continuum of Care](#), Legislative Analyst's Office

Budget

[Governor's 2024-25 May Revision Budget Proposal](#), CSAC Budget Action Bulletin

CalAIM

[CalAIM Enhanced Care Management and Community Supports](#), "Tools to Better Engage Eligible Members in CalAIM", June 27, 2024, 11 am - 12 pm

Children & Youth (Mental Health)

[Awareness Campaign for Youth Impacted by Adverse Childhood Experiences](#), Office of the California Surgeon General

[Never a Bother](#) youth suicide prevention digital toolkit.

[How Social Media Affects Youth](#), American Psychological Association

CARE Act

[CARE Act Overview & Resource Center](#)

[S.F. helped only a handful of people so far through California's ambitious new mental health program](#), San Francisco Chronicle

Criminal Justice

[CalAIM Justice-Involved Initiative: Planning and Implementation Update](#), Pages 6-8, CA State Association of Counties

[Barriers to, and Strategies to Improve, Medi-Cal Behavioral Health Services Utilization](#): A Lived Experience Listening Session Report, Council on Criminal Justice and Behavioral Health

[Reducing Homelessness for People with Behavioral Health Needs Leaving Prisons and Jails](#), The Council of State Governments Justice Center

Crisis Care Continuum

[Behavioral Health Crisis Care Continuum Plan](#), Cal HHS

Diversity, Equity & Inclusion

[California's Rural North Resource Library](#)

(Humboldt State University) includes:

- [Evidence-Based Strategies and County-Level Best Practices to Improve Health Equity](#)
- [Exploring the Roots of Health Disparities](#) covers the region's most significant health risks found in smoking, substance use, and mental well-being.

[A tribe in Maine is using opioid settlement funds on a sweat lodge to treat addiction](#), National Public Radio

[Strengthening Public Health Webinar](#) in celebration of Asian American, Native Hawaiian, and Pacific Islander (AA and NHPI) Heritage Month. Webinar will include efforts to address misinformation, mental health, and health disparities.

[Children's Health Fact Sheets](#): Asian American, Native Hawaiian and Pacific Islander, Black, LGBTQ+, Children in Immigrant Families, Latinx, American Indian and Alaska Native, The Children's Partnership

Employment

[CalAIM Community Supports Early Adopters: Spotlight on Day Habilitation](#), This fact sheet profiles two organizations partnering to offer day habilitation — a CalAIM Community Support — and offers key takeaways for other organizations interested in launching the service. CA Health Care Foundation

Housing/Homelessness

[CalAIM Billing Guide for Housing-Related Community Supports Providers](#) This updated guide outlines the five main steps of the health care billing cycle and provides detailed instructions on how homeless services providers and community organizations can approach each activity. CA Health Care Foundation

Housing/Homelessness (continued)

[Encampment Strategies Discussion](#), The United States Interagency Council on Homelessness (USICH) will host an interactive webinar on Tuesday, June 4 from 12:00 – 1:00 pm to provide an overview of and answer questions on the recently released federal guidance, “[19 Strategies for Communities to Address Encampments Humanely and Effectively](#).” These best practices, which were released last month, are intended to help public leaders and communities develop best practices for responding to encampments on public land using All In: [The Federal Strategic Plan to Prevent and End Homelessness](#).

Maternal Mental Health

[The Task Force on Maternal Mental Health’s Report to Congress](#), U.S. Department of Health and Human Services

[Supporting mental health to improve Black maternal health: a physician’s perspective](#), Kaiser Permanente Institute for Health Policy

Peer Support

[Early Implementation of California’s Peer Support Specialist Certification Program](#), RAND Report recommendations include:

- Work with program directors and MPSSs to develop best-practice guidelines for involving peers in a variety of clinical teams.
- Examine the certification training and examination process for opportunities to remove barriers and improve quality.
- Monitor the certified peer workforce over time.
- Examine the impact of certified peers on continuity of care, treatment engagement, and use of acute behavioral health care.

Proposition 1

[Behavioral Health in California, Past, Present & Future](#) - A review of the Behavioral Health Services Act (BHSA) as enacted by CA Proposition 1 (March 2024) within the context of California’s current and past behavioral health landscape, including the Mental Health Services Act (MHSA) as enacted by CA Proposition 63 (2004). *This portion of the meeting is hosted by CALBHB/C & co-sponsored by Institute for Local Government (ILG)* This presentation is part of the CALBHB/C Quarterly meeting/training), Friday, June 21, 1:30 pm - 2:30 pm.

Proposition 1 (continued)

[Prop 1 Informational Webinar](#), DHCS, CalHHS, CalVet, HCD, (A [recording](#) will be provided.) Live Event: Monday, June 3rd, 2 pm.

[Behavioral Health Transformation Implementation Timeline](#), Department of Health Care Services (DHCS)

[California State Association of Counties Legislative Conference Presentation](#) (April 2024), DHCS, CalHHS, CalVet, HCD

Substance Use Disorder (SUD)

Alcohol:

- [Community-Level Policies to Prevent Alcohol Misuse](#), Substance Abuse and Mental Health Services Administration (SAMHSA)
- [Medication for the Treatment of Alcohol Use Disorder](#), SAMHSA

Culture/Race/Ethnicity:

[A tribe in Maine is using opioid settlement funds on a sweat lodge to treat addiction](#), National Public Radio

Opioids:

[Training to Treat Opioid Use Disorder in Adolescents](#), American Academy of Pediatrics

Sobering Centers:

[CalAIM Community Supports Early Adopters: Spotlight on Sobering Centers](#). Implementation tips from two organizations in Orange County partnering successfully to offer sobering services, providing an alternative destination for people publicly intoxicated and who might otherwise be transported to an emergency department or jail. CA Health Care Foundation

Stimulants:

- [Stimulant Use Prevention and Harm Reduction Webinar](#), American Academy of Addiction Psychiatry (AAAP)
- [Behavioral Treatments for Stimulant Use Disorder](#), AAAP

Suicide Prevention

[National Strategy for Suicide Prevention and First-Ever Federal Action Plan](#), U.S. Health & Human Services

Veterans

[VA provides free emergency suicide prevention care to nearly 50,000 Veterans and former service members in first year of new policy](#), VA News

Resources for Boards/Commissions

[Acronyms](#) [Word](#) [PDF](#)

[Best Practices Handbook](#)

[Brown Act Guide](#)

[Conduct](#)

[Cultural Relevance](#)

[Hybrid Meetings](#)

[Mental Health Services Act](#)

- Role of MHB/C
- Fiscal
- [Community Program Planning](#)

[News/Issues](#)

[Performance Outcome Data](#)

[Recommendations](#)

[Review](#) - Key Considerations & Roles

[Templates/Sample Docs](#)

- Agendas
- Annual Reports
- Recommendations
- Recruitment
- Site Visits
- [And More!](#)

[Welfare & Institutions Code](#)

- Bylaw Requirements
- Duties
- Expenses
- Membership Criteria
- MHSAs Community Planning

[Training: Modules](#)

- Duties
- Ethics Training
- Mental Health Services Act

[Training: Materials/Recordings](#) -

1. [Basic Training](#): How to be an Effective MH/BH Board/Commission (42 minutes)
2. [Behavioral Health Continuum](#) (15 minutes)
3. [Chair & Admin](#) (60 minutes)
4. [Community Engagement & Unconscious Bias](#): Ensuring Citizen & Professional Involvement Throughout the Planning Process
5. [Community Program Planning](#) (MHSAs "CPP") (60 minutes)
6. [Performance & Fiscal](#) (41 minutes)

Meetings/Events

CA Association of Local Behavioral Health Boards/Commissions (CALBHB/C)

[Please Register!](#)

June 21 - 22, Hybrid (Zoom/Lake Arrowhead)

AANHPI Summit 2024

[AANHPI Summit 2024](#): Reclaiming and Redefining Our Mental Health, Asian Pacific Fund, June 6, \$100 Registration Fee

CA Behavioral Health Planning Council

Committee Meetings & General Session
June 18 - 21, Hybrid (Zoom/Lake Arrowhead)

CARE Act Working Group

August 21, 2024, 10 am - 3 pm
November 6, 2024, 10 am - 3 pm

CA Council on Criminal Justice and Behavioral Health (CCJBH)

2024 CCJBH meetings will be posted at:
www.cdcr.ca.gov/ccjbh/meetings

California Reducing Disparities Act CA Reducing Disparities Program (CRDP) Phase 3 Planning and Design Task Force

Thursday June 6th, 1pm - 3pm.

CA Department of Public Health Office of Health Equity Advisory Committee

June 6, 2024, 1 pm - 3 pm

CalMHSA Peer Certification

[CalMHSA Peer Certification
Stakeholder Advisory Council](#)

Friday, July 19th, 1 pm [Zoom Link](#)

CA Health & Human Services (HSS) Behavioral Health Task Force

Hybrid Quarterly Meetings:
August 28, 2024, 10 am - 3 pm
November 13, 2024, 10 am - 3 pm

Mental Health Services Oversight & Accountability Commission (MHSOAC)

Fourth Thursdays (*Usually*) - [Schedule](#)

CARE Act Advisory Committee:

August 21, 2024: 10 am - 3 pm
November 6, 2024: 10 am - 3 pm

Substance Use Disorder Integrated Care Conference

Attendees will have an opportunity to hear from behavioral health leaders and keynote speakers and choose from 48 workshops. Topics include strengthening the SUD service delivery system, emerging trends and innovative practices in SUD, and more. The SUD conference is also an opportunity to network with local, state, and national experts and others in the SUD workforce. There is a registration fee. CA Department of Health Care Services, August 13 - 15, 2024

CA Department of Health Care Services (DHCS) Stakeholder Advisory Committee (SAC) and BH Stakeholder Advisory Committee (BH-SAC)

July 24, 9:30 am - 3 pm
October 16, 9:30 am - 3 pm

Evaluate Us!

CALBHB/C is here to provide resources, support, training, communication and coordinate advocacy for statewide issues as detailed in our [Annual Report](#). We invite you to evaluate us by taking a few minutes to complete: [Evaluate CALBHB/C](#).

Report to Us!

Let us know your top issues and/or resource needs: [Report to CALBHB/C](#)

Contact Us!

Email: info@calbhbc.com Website: www.calbhbc.org
Facebook: www.facebook.com/CALBHBC

For ADA compliant or printed copies of CALBHB/C documents and resources, contact cal@calbhbc.com

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