



California Association of Local Behavioral Health Boards and Commissions

CALBHB/C Newsletter, Summer 2023

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California Association of
Local Behavioral Health
Boards/Commissions
(CALBHB/C)

supports the work of CA's 59
local Mental/Behavioral Health
Boards and Commissions.

Website: www.calbhbc.org

Email: info@calbhbc.com

Informing the Governor's Proposed "Behavioral Health Services Act" (BHSA)

Governor Newsom and legislative leaders have proposed a \$4.69 billion bond *and* modernization of the Mental Health Services Act for the March 2024 ballot. Currently under consideration by the CA Legislature, the "Behavioral Health Services Act" (BHSA) is intended to improve statewide accountability, transparency, and access to behavioral health services. However, the California's Legislative Analyst's Office (LAO) reports that *in its current form*, the BHSA could reduce mental health outpatient services, crisis response, prevention services and outreach.

Public Forums: The CA Behavioral Health Planning Council is holding BHSA Listening Sessions. Input will inform the recommendations the Council provides to DHCS, the Legislature, and the Governor's Administration. Virtual participation is scheduled only for August 1st.

Public Forum Flyer & Resource Links:

August 1, 3 pm - 4:30 pm, [Zoom](#)

August 3, 3:30 pm - 5 pm, Stockton

August 8, 10 am - 11:30 am, Oakland

August 8, 4:30 pm - 6 pm, Santa Clara

August 9, 10 am - 11:30 am, Sacramento

August 10, 4 pm - 5:30 pm, Bakersfield

August 14, 5 pm - 6:30 pm, Culver City

Related Materials:

[Presentation by HHS and DHCS](#)

[Analysis of the Governor's Behavioral Health Modernization Proposal](#), July 2023, CA LAO

[CCMH Urges the State to Maintain Critical Mental Health Services](#) (CALBHB/C is a CCMH Member)

Grants/Funding

Digital Access

[Broadband Affordable Connectivity for All Program](#), The new federal Affordable Connectivity Program (ACP) helps households afford internet and devices they need for school, work, healthcare, and more. The ACP offers discounts for internet connectivity and digital devices.

[Local Agency Technical Assistance \(LATA\) Grants Program](#) still has approximately \$2.4 million available for Tribes to support pre-construction activities related to broadband expansion.

Housing

[Behavioral Health Bridge Housing \(BHBH\)](#) RFA is now open for Tribal Entities. The BHBH Program will be implemented in alignment with the Community Assistance, Recovery, and Empowerment (CARE) Program, which prioritizes BHBH Program resources for CARE participants. Applications Due: September 15th by 4 pm.

Workforce

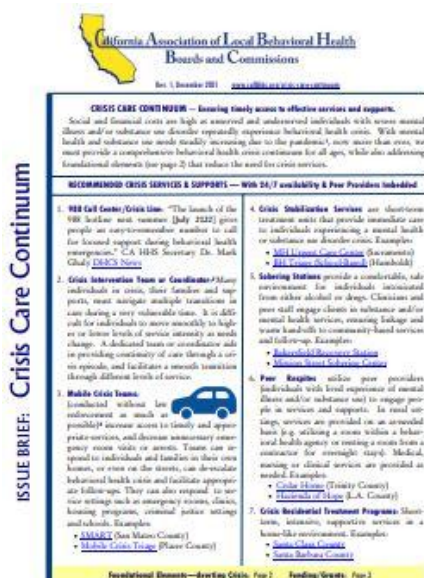
[Loan Repayment Program \(LRP\)](#) - The National Health Service Corps (NHSC) provides a single application for three LRPs: NHSC LRP, Substance Use Disorder (SUD) Workforce LRP, and the Rural Community LRP.

[State Loan Repayment Program](#) includes mental/behavioral health providers practicing in federally designated CA Health Professional Shortage Areas.) Applications are due September 15th by 3 pm

[Golden State Social Opportunities Program \(GSSOP\)](#) aims to increase the number of licensed behavioral health professionals providing direct care in California. This scholarship gives priority to those who have experienced foster care and/or homelessness, as well as Community-Based Organization employees. Applications Due: August 15, 2023.

[HCAI Behavioral Health Scholarship](#) increases the number of trained allied and advanced behavioral health professionals providing direct patient care in California. Applications are due August 15th by 3 pm

CALBHB/C Issue Briefs



[Board & Care \(ARF or RCFE\) - Updated](#)
Children & Youth:

[Integrated School-Based BH](#)
[Transitional Age Youth \(TAY\)](#)

[Crisis Care Continuum - Updated](#)

[Criminal Justice](#)

[Disaster Prep/Recovery](#)

[Employment](#)

[LGBTQ+](#)

[Lanterman Petris Short \(LPS\) Act](#)

[Older Adults](#)

[Performance Outcome Data](#)

[Transitional Age Youth](#)

[Suicide Prevention](#)

Full listing of issues (30+) at: www.calbhbc.org/newsissues Questions: cal@calbhbc.com

Reports, Articles & Webinars - By Topic

Access

[Hoops, Hurdles and Holdups](#): Overcoming Private Insurance Barriers for Behavioral Health Providers Recording. The [program handout](#) contains some additional resources for overcoming insurance barriers to mental health and addiction care.

Children & Youth (Mental Health)

Mental Health First Aid - National Council Articles

- [Bringing Mental Health Awareness to Teens in Rural Communities](#)
- [The Key to Helping Students: Listen with an Open Heart](#)

[Caregiver Support Webinars](#), CA Alliance of Caregivers Recordings

Criminal Justice

See [Council on Criminal Justice](#)

Crisis Care Continuum

[An unflinching and unvarnished look at San Diego County's mental health crisis](#)
Steinberg Institute Director of Communications Jason Shoultz joins San Diego County Director of Behavioral Health Luke Bergmann and San Diego Union Tribune Reporter/Editor Lyndsay Winkley to discuss 72 hours: Inside San Diego County's mental health crisis. View the recording to better understand the challenges facing behavioral health systems across the state. [Recording](#)

[988 Year One: Milestones and Next Steps Webinar](#): Review key milestones while also looking ahead at what's to come for the future of crisis response services in America as 988 continues to evolve, including: elements of a comprehensive crisis response system; and partnering to deliver innovative services to diverse populations including children, youth and families and those with chronic conditions like SMI and SED. National Council

[Mapping the Crisis System of Care: Alternatives to Emergency Departments](#), National Council for Mental Wellbeing

Diversity, Equity & Inclusion

[Addressing Cultural Denial to Improve Whole Health Outcomes in BIPOC Communities](#), The National Council Recording

[We Take Care of Us: BIPOC-Led Community Spaces Providing Healing and Support](#), MHA Recorded Webinar

[Mental Health America's 2023 BIPOC Mental Health Toolkit](#) provides free, practical resources, including information about how an individual's culture and community impact their mental health, tips for community advocacy, and ways to build connections with others. Toolkit includes factsheets, worksheets, resources, sample messages, sample images, posters, and more.

[Culture and Community: Impacts on BIPOC Mental Health](#), Mental Health America Webinar

Housing/Homelessness

[Homelessness Lived Experience Advisory Board Application](#): The CA Interagency Council on Homelessness (Cal ICH) invites you to apply to be a member of the Cal ICH Lived Experience Advisory Board (LEAB). Applications are due August 11th at 5pm, PDT.

Older Adults

[Integrated Approaches for Addressing Older Adult Aging and Behavioral Health Needs](#). Hear from integrated care experts as they explore the intersection of aging, mental health and substance use challenges and share an array of strategies to successfully provide a holistic approach to support older adults.

Rural

Rural Telehealth Series (The National Council)

- [Improve Access and Reach](#)
- [Telehealth and Mobile Health for Youth](#)
- [Rural Telehealth and Mobile Health for Immigrants and Migrants](#)

[Mental Health First Aid for Rural Communities](#), National Council Training

Substance Use Disorder

[Providing Comprehensive Care in Opioid Treatment Programs](#): A Policy and Provider Perspective, PCSS Recording

[CA Opioid Epidemic: How we got here](#), CalMatters Article

[Shatterproof's "Unshame CA" Learning Webinar Series](#) will cover a variety of topics including non stigmatizing language, treatment, recovery, and the latest research. Various dates

[Fentanyl Crisis in CA](#) : After a marathon 5-hour committee meeting, the Assembly passed several fentanyl-related bills, including legislation that would create a [fentanyl task force](#), [prioritize cooperation between state and local law enforcement to crack down on trafficking](#), [increase fines for dealers](#) and [expand Narcan accessibility](#).

Governor Newsom's [Master Plan to Tackle the Fentanyl and Opioid Crisis](#)

[National Institutes of Health Releases new study on the effects of Xylazine](#), Psychopharmacology Abstract

[California Takes First Step in Creating Its Own Naloxone Supply](#), Governor Newsom Press Release

[Equitable Access to Mental Health and Substance Use Care](#): "An Urgent Need", a new report from The Bowman Family Foundation exploring strategies for bridging the gap in access to mental health and substance use care.

[Substance Use Monthly](#), Federal news from The National Council for Mental Wellbeing

Also see: [Whole Person Care: Behavioral Health Administrative Integration](#) (On this page)

TAY: Transitional Age Youth

[TAY Day at The Capitol 2023](#), Mental Health America of CA: The California Youth Empowerment Network, August 15th, Sacramento

Whole Person Care

[Behavioral Health Administrative Integration](#) Medi-Cal Specialty Mental Health (SMH) and Substance Use Disorder (SUD) treatment services are currently administered through separate, unique structures at the county level, which creates many challenges for beneficiaries, counties, and providers. DHCS is proposing to combine the administration of SMH and SUD services into one, integrated specialty behavioral health program. This proposal is distinct from the CalAIM Full Integration Plan proposal that would integrate physical, behavioral, and oral health care into comprehensive managed care plans.

The primary goals of Behavioral Health Administrative Integration are to improve health care outcomes and the experience of care for Medi-Cal beneficiaries—particularly those living with co-occurring mental health and SUD issues—by reducing administrative burden for beneficiaries, counties, providers, and the state.

This initiative is a multi-year effort that began with the implementation of related CalAIM behavioral health policies, starting in 2022, including updated Criteria for Specialty Mental Health Services, Drug Medi-Cal Organized Delivery System (DMC-ODS) Policy Improvements, and Behavioral Health Payment Reform. **By January 2027, DHCS plans to establish a single, integrated behavioral health plan in each county or region responsible for providing or arranging for the provision of SMH and SUD.** Behavioral Health Administrative Integration will include both Drug Medi-Cal (DMC) and Drug Medi-Cal Organized Delivery System (DMC-ODS) counties, and both state-level and county-level activities will be required to achieve this goal.

DHCS [Concept Paper](#)

Resources for Boards/Commissions

[Acronyms](#) [Word](#) [PDF](#)

[Best Practices Handbook](#)

[Brown Act Guide](#)

[Conduct](#)

[Cultural Relevance](#)

[Hybrid Meetings](#)

[Mental Health Services Act](#)

- Role of MHB/C
- Fiscal
- [Community Program Planning](#)

[News/Issues](#)

[Performance Outcome Data](#)

[Recommendations](#)

[Review](#) - Key Considerations & Roles

[Templates/Sample Docs](#)

- Agendas
- Annual Reports
- Recommendations
- Recruitment
- Site Visits [And More!](#)

[Welfare & Institutions Code](#)

- Bylaw Requirements
- Duties
- Expenses
- Membership Criteria
- MHSA Community Planning

[Training: Modules](#)

- Duties
- Ethics Training
- Mental Health Services Act

[Training: Materials/Recordings](#)

1. [Basic Training](#): How to be an Effective MH/BH Board/Commission (42 minutes)
2. [Behavioral Health Continuum](#) (15 minutes)
3. [Chair & Admin](#) (60 minutes)
4. [Community Engagement & Unconscious Bias](#): Ensuring Citizen & Professional Involvement Throughout the Planning Process
5. [Community Program Planning](#) (MHSA "CPP") (60 minutes)
6. [Performance & Fiscal](#) (41 minutes)

Meetings / Events

CA Association of Local Behavioral Health Boards/Commissions (CALBHB/C)

Meetings & Trainings - *Save the Dates**
Hybrid (Zoom & In-Person)

Chico: September 16, 2023

Bay Area: October 20 & 21, 2024

San Diego: January 19 & 20, 2024

Sacramento: April 19 & 20, 2024

* Most CALBHB/C Meetings/Trainings immediately follow the CA BH Planning Council Quarterly meetings (listed below) and are at the same location.

CA Behavioral Health Planning Council

BHSA Public Forums:

August 1, 3 pm - 4:30 pm, [Zoom](#)

August 3, 3:30 pm - 5 pm, Stockton

August 8, 10 am - 11:30 am, Oakland

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August 10, 4 pm - 5:30 pm, Bakersfield

August 14, 5 pm - 6:30 pm, Culver City

Quarterly Meetings

October 17-20, 2023: San Francisco

January 16-19, 2024: San Diego

April 16-19, 2024: Sacramento

June 18-21, 2024: Bay Area

October 15-18: Southern CA

CA Department of Health Care Services Stakeholder Advisory Committee (SAC) and Behavioral Health Stakeholder Advisory Committee (BH-SAC) Meeting.

October 19 from 9:30 a.m. to 3:30 p.m. (Advance [registration](#) is required). It will open as a joint meeting at The California Endowment, 1414 K Street, Sacramento, or virtually.

CalHHS, DHCS & Judicial Council CARE Act Workgroup

August 9th from 11 am to 3 pm.

Materials: [CARE ACT Quarterly Implementation Update](#)

CA Reducing Disparities Project Planning & Design Stakeholder Regional Meetings

Northern Region: September 19, 2023
Chico State University

Bay Area Region: September 27, 2023
Laney Community College

Central Region: October 3, 2023
Doubletree by Hilton, Fresno

Southern Region: October 12, 2023
Riverside Community College

Los Angeles Region, October 24, 2023,
Sheraton on Gateway

[Registration Flyer](#)

Council on Criminal Justice and Behavioral Health (CCJBH)

Juvenile Justice Workgroup

September 15, 2023, 12:45-2:45pm

Diversion/Reentry Workgroup

September 15, 2023, 3:00-5:00pm PDT.

Council Meeting

Sacramento /Virtual, October 26, 2-4:30 pm

Mental Health Services Oversight & Accountability Commission

The Commission will conduct virtual listening sessions to gather input from community members on the most pressing mental health needs and effective advocacy for better access to more relevant behavioral health services for underserved and unserved populations in California. [Virtual listening sessions:](#)

Clients and Consumers, August 1, 5:45-7:15 pm

Diverse Racial and Ethnic Communities
August 3, 5:45 pm - 7:15 pm

Families of Consumers, August 7, 5:45-7:15 pm

LGBTQ Populations, August 9, 5:45 - 7:15 pm

Parents and Caregivers, August 15, 5:45-7:15pm

Veteran Populations, August 17, 5:45 - 7:15 pm

National Alliance on Mental Illness (NAMI) CA Rally and Conference, August 23 - 25

Thank you!

Thank you to everyone who serves on or supports the work of California's 59 local mental and behavioral health boards & commissions!

Evaluate Us!

CALBHB/C is here to provide resources, support, training, communication and coordinate advocacy for statewide issues as detailed in our [Annual Report](#). We invite you to evaluate us by taking a few minutes to complete: [Evaluate CALBHB/C](#).

Report to Us!

Let us know your top issues and/or resource needs: [Report to CALBHB/C](#)

Contact Us!

Email: info@calbhbc.com Website: www.calbhbc.org

Facebook: www.facebook.com/CALBHBC

For ADA compliant or printed copies of CALBHB/C documents and resources, contact cal@calbhbc.com

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