

***** Advocacy Alert *****

Please contact state legislators regarding: SB 551 (Portantino) Board/Commission Membership
[Oppose Unless Amended](#) - [Sample Letter \(with link to legislators\)](#)



California Association of Local Behavioral Health Boards and Commissions

CALBHB/C Newsletter, May 2023

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The California Association of
Local Behavioral Health
Boards/Commissions
(CALBHB/C)
supports the work of CA's 59
local Mental/Behavioral Health
Boards and Commissions.

Website: www.calbhbc.org

Email: info@calbhbc.com

**CALBHB/C Quarterly
Meeting & Training***

[Registration is Open!](#)

Friday, June 16, 1:30 pm - 4 pm - Meeting

Saturday, June 17, 9 am - 12 pm - Training

Meeting (June 16th, 1:30 pm - 4 pm)

Updates/presentations from statewide
organizations:

- CA Association of Local Behavioral Health Boards/Commissions (CALBHB/C),
- CA BH Planning Council (CBHPC)
- MH Services Oversight & Accountability Commission (MHSOAC),
- CA Association of Mental Health Peer Provider Organizations (CAMHPRO);
- Additional organizations to be announced.

Issue-Based Discussion

Training (June 17th, 9 am - 12 pm)

- How to Be an Effective MH/BH Board/Commission (Rules and Tools)
- Behavioral Health Continuum: Foundational Elements & Funding
- Issue-Based Discussion

*Local board/commission members and local agency staff are invited to join us by Zoom or in-person in Santa Ana!

Registration:

www.calbhbc.org/registration

There is no fee to register.

Legislative Advocacy

Join with us in legislative advocacy *after* reviewing "**Understanding your Role**" (below).

CALBHB/C's Governing Board supports legislation and budget items in response to issues reported from CA's 59 local mental/behavioral health boards and commissions, providing written and in-person advocacy. Top issues are included in our [Annual Goals](#) document, item C.

Understanding your Role

1. **As Individuals:**
Individuals can and should write to their state legislators! Legislators especially appreciate hearing from residents within their districts.
2. **As Advisory Bodies:**
Local mental/behavioral health boards/commissions are in an advisory role. In most counties, legislative advocacy is handled through the Board of Supervisors / Executive Office. Boards/commissions may wish to recommend specific legislation to their Governing Body (in most cases Board of Supervisors) and MH/BH Director (the BH Directors also advocate through their statewide association, County Behavioral Health Directors Association (CBHDA)).

CALBHB/C Governing Board Legislative Positions

[Sample Letters & Fact Sheets](#)

Access

[AB 236](#) (Holden) Provider Directory Requirements [Support](#)

[AB 1437](#) (Irwin & Quirk-Silva) Medication Prior Authorization [Support](#)

[SB 282](#) (Eggman) Same-Day Access (Medi-Cal) [Support](#)

Boards/Commissions

[SB 551](#) (Portantino) Board/Commission Membership - [Oppose Unless Amended](#)

Children/Youth

[SB-509](#) (Portantino) School employee and pupil training [Support](#)

Crisis

[AB-1001](#) (Haney) Health facilities: BH emergency services [Support](#)

Housing

[AB-839](#) (Addis) Residential care facilities for the elderly: financing [Support if Amended](#)

Performance

[AB 459](#) (Haney) CA BH Outcomes and Accountability Review [Support](#)

For additions/updates, sample letters and fact sheets, see: calbhbc.org/legislative-advocacy

Grants

Housing

[Community Care Expansion \(CCE\) Program](#)

Grant: Acquisition, construction, and rehabilitation of residential care settings. DHCS and CDSS. A portion of the CCE budget includes Home and Community-Based Services (HCBS) funding that must be obligated by December 2023 and liquidated by June 2026, as well as State Fiscal Recovery Funds (SFRF) that must be obligated by June 2024 and liquidated by December 2026. Applications funded on a rolling basis.

[Homekey Round 3:](#) Homekey is an opportunity for state, regional, and local public entities to develop a broad range of housing types, including but not limited to hotels, motels, hostels, single-family homes and multifamily apartments, adult residential facilities, and manufactured housing, and to convert commercial properties and other existing buildings to Permanent or Interim Housing for the Target Population. Applications accepted through July 28th or on a rolling basis until available funds are exhausted. [Application NOF](#)

Peer Support

The [Peer Personnel Training and Placement Program](#) supports organizations that recruit, train, certify, and place peer personnel specialists in the behavioral health system, HCAI, Applications due: march 31, 2023

[Scholarship for the Parent, Caregiver, and Family Member Peer Training](#) for certified Medi-Cal Peer Support Specialists, CALMHSA. Scholarships expire and must be used by 12/31/2023

Substance Use Disorder (SUD)

SAMHSA Notices of Funding Opportunities, U.S. Department of Health & Human Services Substance Abuse and Mental Health Services Administration Grants include:

- [Cooperative Agreements for 988 Suicide and Crisis Lifeline Crisis Center Follow-Up Programs](#), Due June 26, 2023
- [Behavioral Health Partnership for Early Diversion of Adults and Youth](#), Due June 9, 2023
- [Strategic Prevention Framework – Partnerships for Success for Communities, Local Governments, Universities, Colleges, and Tribes/Tribal Organizations](#), Due June 5, 2023
- [Support for 988 Tribal Response Cooperative Agreements](#), Due July 18, 2023

Workforce

[Behavioral Health Scholarship Program](#)

(BHSP) aims to increase the number of appropriately trained allied and advanced behavioral health professionals providing direct patient care in California. There are also scholarships available for individuals pursuing behavioral health careers in reproductive health settings. An informational webinar will be held on May 31, 2023, from 10:00 am to 11:30 am. The BHSP application cycle closes on August 15, 2023.

[Train New Trainers](#) (TNT) Primary Care Psychiatry (PCP) Fellowship Scholarship
The TNT PCP Fellowship Scholarship supports students accepted into the year-long clinical education program for primary care providers who wish to receive advanced training in primary care psychiatry. The TNT PCP Fellowship Scholarship application closes on October 27, 2023.

Workforce Grants/Scholarships continue on the next page.

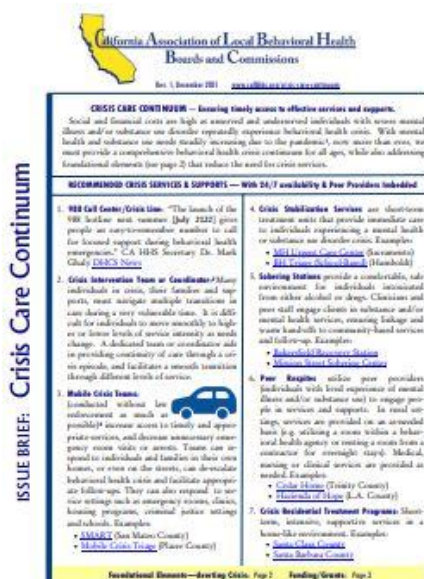
GRANTS *Continued*

Workforce *Continued*

[Golden State Social Opportunities Program \(GSSOP\)](#) aims to increase the number of licensed behavioral health professionals providing direct care in California. This scholarship gives priority to those who have experienced foster care and/or homelessness, as well as Community-Based Organization employees. An informational webinar will be held on May 31, 2023, from 2:00 pm to 3:30 pm. The GSSOP application cycle opens on May 15, 2023, closes on August 15, 2023.

[Loan Repayment Program](#) - The National Health Service Corps (NHSC) provides a single application for three of their loan repayment programs (LRPs), the NHSC LRP, the NHSC Substance Use Disorder (SUD) Workforce LRP, and the NHSC Rural Community LRP. The website includes additional guidance on which LRP is right for you and describes the service commitment, award amount, and more.

CALBHB/C Issue Briefs



[Board & Care \(ARF or RCFE\) - Updated](#)
[Children & Youth:](#)

[Integrated School-Based BH](#)
[Transitional Age Youth \(TAY\)](#)

[Crisis Care Continuum - Updated](#)

[Criminal Justice](#)

[Disaster Prep/Recovery](#)

[Employment](#)

[LGBTQ+](#)

[Lanterman Petris Short \(LPS\) Act](#)

[Older Adults](#)

[Performance Outcome Data](#)

[Transitional Age Youth](#)

[Suicide Prevention](#)

Full listing of issues (30+) at: www.calbhbc.org/newsissues Questions: cal@calbhbc.com

Reports, Articles & Webinars - By Topic

CARE Act

[CARE Act](#): Community Assistance, Recovery and Empowerment Act Implementation of new court rules and forms, CSAC Article

Children & Youth (Mental Health)

[Children and Youth Behavioral Health Initiative Webinar](#), CA HHS, June 9, 2 pm - 4 pm

[Understanding & Responding to Trauma](#): Basics of childhood trauma, typical trauma-related behaviors, an overview of Trust-Based Relational Intervention and 5 strategies to help kids with a trauma history thrive. May 25, 12-1:30 pm

[A Trauma-Informed Perspective on Youth Gang Involvement](#): Review a general understanding of the gang culture, including typical characteristics of gangs; Review ways in which trauma plays a role for youth who become involved in gangs; Identify trauma informed interventions and strategies, that can be applied in service delivery, that support youth in becoming engaged in services as well as begin their healing journey to reducing trauma symptoms as well as high risk behaviors. Catalyst Center, May 31, 1 - 4 pm

[CCBHCs and Crisis Response Services for Children, Youth and Families](#), May 30, 11:30 - 1 pm PT

[Education Advocacy Webinar](#) for parents and caregivers, Parents & Caregivers for Wellness, Wednesday, May 31, 11 am - 12:30 pm

[Youth Peer Support Implementation: Ideas for Schools and Systems of Care](#) Recording

[Children's Health Fact Sheets](#): Asian American, Native Hawaiian and Pacific Islander, Black, LGBTQ+, Children in Immigrant Families, Latinx, American Indian and Alaska Native, The Children's Partnership

Criminal Justice

[Webinar: The Happier Life Project](#) will present on mental health resources for the justice-involved population. Council on Justice and Behavioral Health, May 24, 12 pm - 1 pm

[Lived Experience Showcase](#): As CCJBH's current Lived Experience Projects (LEP) come to a close, LEP contractors will reflect on their successes and challenges over the past three years. These efforts have supported local community based organizations, each of which have been implementing unique projects that include individuals with lived experience to help reduce justice involvement of individuals with behavioral health needs. Council on Justice and Behavioral Health, June 23, 2 pm - 4:30 pm

Diversity, Equity & Inclusion

[Youth Substance Use Prevention Summer Academy](#) is a 10-week virtual summer program focused on youth substance use prevention and mental health. Participants learn about substances and how to prevent abuse. We also discuss mental health and co-occurring disorders, and review and propose enhancements to school substance use prevention and mental health policies with a focus on males of color. Participants receive \$50 stipend per one-hour workshop. Applications are due by May 26th at 5 pm.

[Strengthening Public Health Webinar](#) in celebration of Asian American, Native Hawaiian, and Pacific Islander (AA and NHPI) Heritage Month. Presenters include public health leaders who have made significant impacts in the field of public health. Webinar will include efforts to address misinformation, mental health, and health disparities in the AA and NHPI communities.

[Children's Health Fact Sheets](#): Asian American, Native Hawaiian and Pacific Islander, Black, LGBTQ+, Children in Immigrant Families, Latinx, American Indian and Alaska Native, The Children's Partnership

Employment

[Trauma-Informed Rehabilitation Counseling Webinar](#) presentation provides information on how trauma can significantly impact individuals' work-related psychosocial functioning, and service engagement, particularly for people with disabilities. Additionally, the presentation will provide recommendations for vocational rehabilitation counselors on how to structure trauma-informed services in daily practices.

Housing/Homelessness

[I'm facing housing insecurity, now what?](#)

Mental Health America recorded panel:

- Learn about what support and resources are available for those experiencing housing insecurity and homelessness
- Hear from the experiences of individuals who have struggled with housing insecurity and homelessness

Discuss common misconceptions associated with housing insecurity and homelessness that can be harmful to mental health

Hoarding

[Hoarding Essentials](#): What to know and how to help, Mental Health America Recorded Webinar

Peer Support

[Peer Generation Youth Empowerment Training model](#) recorded webinar focuses on culturally grounded strategies for resiliency. Individuals will also become better equipped to practice peer support in real life situations that could be easily implemented at school, home, or in their community.

[How to Build Peer Support Ecosystems](#) recording: Learn how peer-run respites, warmlines, recovery education, wellness-centers, supported employment, and other services support people in recovering from crisis and in healing from trauma.

[Youth Peer Support Implementation: Ideas for Schools and Systems of Care](#) Recording

Substance Use Disorder (SUD)

[Facts About Fentanyl](#): Illicitly manufactured fentanyl and its dangers, while well-documented by health professionals and law enforcement, are largely unknown to the general population and even more so to its most vulnerable population: youth and young adults. According to the CDC, fentanyl is involved in more deaths of Americans under 50 than any other cause of death. [Among teenagers, overdose deaths linked to synthetic opioids like fentanyl tripled in the past two years, yet 73% have never heard of fake prescription pills being made with fentanyl.](#) [Learn more.](#)

[2023 Cannabis Legalization, Trends and Treatment](#) Webinar on the latest trends, research and implications surrounding the legalization of medical and recreational cannabis use sweeping across the United States. Topics include cannabis use in the workplace and digital treatment interventions. June 1, 12 pm PT

[Shatterproof Treatment Atlas](#), an addiction treatment locator, assessment, and standards platform that will connect individuals to appropriate evidence-based addiction treatment. Additionally, to empower individuals and change attitudes about substance use disorders, DHCS launched [Unshame California](#), a science-driven and content-based campaign that promotes anti-stigma messaging through stories of Californians impacted by substance use disorders. Both Treatment Atlas and Unshame California align with ongoing statewide initiatives to reduce substance use overdoses, support recovery efforts, and educate the public. [“Nearly three million Californians have a substance use disorder, but only a fraction receive treatment,”](#) said *DHCS Director Michelle Baass*. “Our new partnership will help all Californians find and compare addiction treatment facilities for substance use disorders so they can make informed decisions about their care.”

*Substance Use Disorder (SUD)
continues on the next page.*

Substance Use Disorder (SUD) *Continued*

[Senate HELP Holds Subcommittee Hearing on Gaps in Mental Health, SUD Care:](#)

Recorded hearing: “A Crisis in Mental Health and Substance Use Disorder Care: Closing Gaps in Access by Bringing Care and Prevention to Communities.” Senators and witnesses discussed the need to promote integrated care within various health care settings in an effort to address the mental health and substance use disorder crises. There was wide ranging bipartisan support for bolstering and expanding Certified Community Behavioral Health Clinics (CCBHC), mobile crisis services, and Community Health Centers (CHC).

Telehealth

[Pandemic Era Telehealth Innovations](#) - Best practices and lessons learned for telebehavioral health, Report from National Council for Mental Wellbeing

[Rural Telehealth for Youth in Schools and Beyond](#), National Council for Mental Wellbeing, Recorded Webinar

[Telehealth in California](#), Watch stories from interviewees who share how telehealth has removed traditional barriers to care. Recording

[Telehealth Experiences and Preferences Among Californians with Low Incomes](#), CA Health Care Foundation Report

[Could there be an extension of telehealth for treating SUDs?](#) Behavioral Health Business

Workforce

[New Study: Behavioral Health Workforce Shortage Will Negatively Impact Society](#), National Council for Mental Wellbeing

Resources for Boards/Commissions

[Acronyms](#) [Word](#) [PDF](#) - **Updated!**

[Best Practices Handbook](#)

[Brown Act Guide](#)

[Conduct](#)

[Cultural Relevance](#)

[Hybrid Meetings](#)

[Mental Health Services Act](#)

- Role of MHB/C
- Fiscal
- [Community Program Planning](#)

[News/Issues](#)

[Performance Outcome Data](#)

[Recommendations](#)

[Review](#) - Key Considerations & Roles

[Templates/Sample Docs](#)

- Agendas - **Updated!**
- Annual Reports
- Recommendations
- Recruitment
- Site Visits [And More!](#)

[Welfare & Institutions Code](#)

- Bylaw Requirements
- Duties
- Expenses
- Membership Criteria
- MHSA Community Planning

[Training: Modules](#)

- Duties
- Ethics Training
- Mental Health Services Act

[Training: Materials/Recordings](#) - **Updated!**

1. [Basic Training](#): How to be an Effective MH/BH Board/Commission (42 minutes)
2. [Behavioral Health Continuum](#) (15 minutes)
3. [Chair & Admin](#) (60 minutes)
4. [Community Engagement & Unconscious Bias](#): Ensuring Citizen & Professional Involvement Throughout the Planning Process
5. [Community Program Planning](#) (MHSA "CPP") (60 minutes)
6. [Performance & Fiscal](#) (41 minutes)

State/National Reports, Meetings and Resources

Reports/Resources

[Governor's Revised Budget Proposal](#), CSAC Summary See pages 19+ for behavioral health related budget items.

[Governor's Behavioral Health Modernization Proposal](#), CA HHS

[May is Mental Health Month](#)

Toolkits/Resources: Substance Abuse and Mental Health Services (SAMHSA) [Toolkit](#) and available resources. National Alliance on Mental Illness ([NAMI](#)) [resources](#)

[Proposition 64 Stakeholder Advisory Group](#)

[Member Application](#): DHCS is seeking members who have experience working with youth and/or substance use disorder prevention. The advisory group includes youth advocates, public health and behavioral health field experts, physicians, and other youth-serving entities.

[State / National Reports](#): calbhbc.org/reports

Meetings/Events

CA Association of Local Behavioral Health Boards/Commissions (CALBHB/C)

Friday, June 16 Quarterly Meeting *AND*
Saturday, June 17 Training
Hybrid: Zoom & In-Person: Santa Ana
[Registration](#) [Invitation](#)

CA Behavioral Health Planning Council

Meetings in Santa Ana June 13 - 16th
Committee and General Session Agendas

[CA DHCS Stakeholder Advisory Committee & Behavioral Health Stakeholder Advisory Committee](#), May 24, 9:30 am - 3:30 pm Hybrid (Webex & Sacramento)

[CA HHS Behavioral Health Taskforce](#), June 13, 10 am; Meeting Topics:

- Behavioral Health Modernization Proposal
- Crisis Care Continuum (CCC) Plan
- BHTF Membership Process

CAMHPRO (CA Association of Mental Health Peer Run Organizations) [Peer Statewide Conference](#) will include a keynote speaker, a youth panel, workshops, a panel to discuss potential changes to MHSA funding, wellness Room, massage therapist. Bring your dancing shoes, and practice singing in the shower because there will be karaoke! New this year will be a daily drum circle and open mic time. Lunches provided on site in [Sacramento](#), and *also* available [on-line](#) June 12-13.

MHSOAC ([MHSOAC \(Mental Health Services Oversight & Accountability Commission\)](#)), Hybrid: Los Angeles/Zoom, May 25, 9 am - 4:30 pm

Mental Health America CA: [Mental Health Matters Day](#) on the west steps of the Capitol Building in Sacramento, 5/24 10:15 am - 1 pm

[National Alliance on Mental Illness \(NAMI\) CA Rally and Conference](#), August 23 - 25

Evaluate Us!

CALBHB/C is here to provide resources, support, training, communication and coordinate advocacy for statewide issues as detailed in our [Annual Report](#). We invite you to evaluate us by taking a few minutes to complete: [Evaluate CALBHB/C](#).

Report to Us!

Let us know your top issues and/or resource needs: [Report to CALBHB/C](#)

Contact Us!

Email: info@calbhbc.com Website: www.calbhbc.org

Facebook: www.facebook.com/CALBHBC

For ADA compliant or printed copies of CALBHB/C documents and resources, contact cal@calbhbc.com

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