



California Association of Local Behavioral Health Boards and Commissions

CALBHB/C Newsletter, March 31 2021
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CALBHB/C Events

Unconscious Bias Training
April 9, 2:00 - 3:30 pm

Community Program Planning Training
April 9, 3:30 - 5:00 pm

CALBHB/C Statewide Meeting
April 23, 10:00 am - 12:00 pm

[Registration](#)

CALBHB/C Nominations

Interested in serving on our 15-Member Governing Board? Complete the short [Nomination Application](#) by April 12th.

CALBHB/C leadership should reflect CA's age, cultural, ethnic, racial and geographic diversity in statewide as well as local membership, including members with lived experience of mental illness and addiction, and family members.

CALBHB/C Issue Briefs

[Board & Care \(ARF or RCFE\)](#)
[Children & Youth](#)
[Criminal Justice](#)
[Disaster Prep/Recovery](#)
[Employment](#)
[LPS Act Reform **New!**](#)
[Older Adults](#)
[Performance Outcome Data](#)
[Suicide Prevention](#)



Issue briefs address issues impacting communities throughout the state to help boards/commissions in their advisory capacity. Full listing of issues (25+) at:

www.calbhbc.org/newsissues Questions: cal@calbhbc.com

Resources for Boards/Commissions

[Advocacy](#)

[Brown Act](#)

[Conduct](#)

[Cultural Competence](#)

[Evidence-Based Practices](#)

[Evaluate Board/Commission - *New!*](#)

[Handbooks](#)

[Member Orientation](#)

[Mental Health Services Act](#)

- Role of MHB/C
- Fiscal
- [Community Program Planning](#)

[News/Issues](#)

[Performance Outcome Data](#)

[Recruitment](#)

[Templates/Sample Docs](#)

- Agendas
- Annual Reports
- Bylaws
- Member Orientation
- Recommendations
- Recruitment
- Site Visits
- *And More!*

[Training: Modules](#)

- Duties
- Ethics Training
- Mental Health Services Act

[Training: Presentations/Recordings](#)

- Chair Training
- Performance Data & Fiscal Info
- Mental Health Board
- MHSA Community Program Planning
- Unconscious Bias

[Welfare & Institutions Code](#)

- Bylaw Requirements
- Duties
- Expenses
- Membership Criteria
- MHSA Community Planning

Legislative Advocacy

CALBHB/C leadership supports legislation and budget items in response to issues reported from CA's 59 local mental/behavioral health boards & commissions.

Join by writing to your legislators after reviewing "**Understanding Your Role**" below.

AB 32: Telehealth: Expanding Healthcare Accessibility [Sample Letter & Fact Sheet](#)

AB 552: Integrated School-Based Behavioral Health Partnership
[Sample Letter & Fact Sheet](#)

AB 816: Homelessness Accountability
[Sample Letter & Fact Sheet](#)

AB 988: Mental Health Crisis Support 988
[Sample Letter & Fact Sheet](#)

SB 224: Pupil instruction
[Sample Letter & Fact Sheet](#)

HR 432 / S. 828: Mental Health Access
[Advocacy](#) (National Council for BH)

Understanding Your Role

As Individuals: Individuals can and should contact their legislators! Legislators especially appreciate hearing from residents within their districts.

As Advisory Bodies: Local mental/behavioral health boards/commissions are in an advisory role. In most counties, legislative advocacy is handled through the Board of Supervisors / Executive Office.

Visit our [legislative advocacy page](#) for more information and updates.

For ADA compliant or [printed copies](#) of CALBHB/C documents and resources, contact cal@calbhbc.com

Recommended Reading / On-line Media

Culture, Ethnicity, Race

[Building a Racial-Equity Approach to Full Service Partnerships \(FSPs\)](#): Webinar Series from the MHSA Multi-County FSP Innovations Project

[Message on Hate Crimes](#), Letter from CA Department of Public Health Director Thomas J. Aragon, MD, DrPH

[Honoring our Asian American Pacific Islander Advocates](#): Come join us to hear how they have dealt with mental health concerns, attained their wellness and built resilience to navigate the many issues of discrimination from a peer perspective, April 6, 11:00 AM, Disability Rights CA

Peer Support

['Peer Respite' Provide an Alternative to Psychiatric Wards During Pandemic](#), Kaiser Health News

Prevention & Early Intervention

[Reducing the Negative Consequences of Mental Health Needs](#), MHSOAC, April 5, 12:30 pm

Substance Use Disorder

[Addiction & Mental Health As the Nation Moves Toward Recovery from COVID-19](#), Discovery Institute, The Voices Project, The Kennedy Forum, April 14, 3 pm PT

[The Implications of COVID-19 for Mental Health and Substance Use](#), Kaiser Family Foundation

Telehealth

[Can the Nutritionist Call Me During My Lunch Break?](#) Thanks to telehealth, no-show rates for behavioral health services are at an all-time low. This recent blog from the California Association of Public Hospitals explores how the increased availability of telehealth and phone visits has affected patients.

Workplace

[Prioritizing Employee Mental Health Care & Internal Supports](#), 3-Part Webinar Series for Employers, \$75 (total) for three sessions, The Kennedy Forum

Grants/Funding

Crisis

CA Mental Health Services Authority (CalMHSA) in partnership with FEMA is seeking [Crisis Counseling Assistance and Training Program \(CCP\) Contractors](#). Proposal Deadline: April 16, 5 pm.

COVID

[PPE and telehealth equipment](#) are allowable costs of delivering services for providers in Specialty Mental Health, Drug Medi-Cal (DMC), and Drug Medi-Cal Organized Delivery System (DMC-ODS). PPE & telehealth equipment must be used to provide patient care.

Digital Technology

- [Individuals](#) - Internet and Devices: www.digitalaccessproject.org
- [Computers for Classrooms](#) - Low cost Windows PCs to Californians
- [Emergency Broadband Benefit Program](#)
- [Skilled Nursing Facilities+](#) for tablets and accessories

Older Adults

[Learning Collaborative: Community Partnerships to improve Depression Care for Older Adults](#), Archstone Foundation, University of Washington and University of California

Meetings (State Councils/Departments) - All Virtual

[MHSOAC AB 1315 Advisory Committee](#) - Progress Report and Next Steps - Building a Strategic Initiative on Early Psychosis Care, April 8, 1:00 pm

[MHSOAC Meeting](#), April 22, 9:00 am

CA Behavioral Health Planning Council Meetings, April 13 -16

- [Performance Outcomes Committee](#), April 13, 2 - 3:30 pm
- [Patients' Rights Committee](#), April 14, 10:30 - 12 pm
- [Workforce and Employment Committee](#), April 14, 1:30 - 3 pm
- [Legislation Committee](#), April 15, 1:30 - 3:15 pm
- [Housing & Homelessness Committee](#), April 15, 8:30 am - 10 am
- [Systems & Medicaid Committee](#), April 15, 10:30 am - 12:00 pm
- [General Session](#), April 16, 9:00 am - 11:00 am

[DHCS Behavioral Health Stakeholder Advisory Committee](#), April 29, 9:30 am - 12:30 pm

[CA Council on Criminal Justice and Behavioral Health](#), April 30, 2 pm - 4:30 pm

Evaluate Us!

CALBHB/C is here to provide resources, support, training, communication and coordinate advocacy for statewide issues. We invite you to evaluate us by taking a few minutes to complete: [Evaluate CALBHB/C](#).

Report to Us!

Let us know your top issues and/or resource needs: [Report to CALBHB/C](#)

Contact CALBHB/C: info@calbhbc.com www.calbhbc.org

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