



California Association of Local Behavioral Health Boards and Commissions

CALBHB/C Newsletter, March 2023

In this Issue:

[Grants](#)

[Issue Briefs](#)

[Meetings & Trainings](#)

[Reports & Webinars](#)

[Resources](#)



The California Association of
Local Behavioral Health
Boards/Commissions
(CALBHB/C)
supports the work of CA's 59
local Mental/Behavioral Health
Boards and Commissions.

Website: www.calbhbc.org

Email: info@calbhbc.com

CALBHB/C Quarterly Meeting & Training*

Friday, April 21, 1 pm - 4 pm - Meeting

Saturday, April 22, 9 am - 12 pm - Training

Meeting (April 21st, 1 pm - 4 pm) - Includes:

- Updates/presentations from statewide organizations: CA Association of Local Behavioral Health Boards/Commissions (CALBHB/C), CA BH Planning Council (CBHPC), MH Services Oversight & Accountability Commission (MHSOAC). Additional organizations to be announced.
- Issue-Based Discussion: Local board/commission members are encouraged to share local successes and challenges related to mental/behavioral health.

Training (April 22nd, 9 am - 12 pm) - Includes:

- How to Be an Effective MH/BH Board/Commission (Rules and Tools)
- Behavioral Health Continuum: Foundational Elements & Sustainable Funding
- Issue-Based Discussion

*Local board/commission members and local agency staff are invited to join us!

REGISTRATION (for Meeting *and/or* Training)
www.calbhbc.org/registration

(There is no fee to register.)

Grants

Children & Youth

[Children and Youth Behavioral Health Initiative \(CYBHI\) Grant Funding](#), Round 2: Trauma-Informed Programs & Practices: \$100 million to scale evidence-based practices and community-defined evidence practices. CA's DHCS seeks proposals from individuals, organizations, and agencies to scale trauma-informed programs and practices to improve access to critical behavioral health interventions, including those focused on prevention, early intervention, and resiliency/recovery, for children and youth, specifically those from Black, Indigenous, and people of color (BIPOC) and lesbian, gay, bisexual, transgender, queer, and intersex (LGBTQI+) communities. Due 5 pm, April 10th

Criminal Justice

[Residential Housing Settings for individuals deemed incompetent to stand trial \(IST\)](#) : CA's Dept. of State Hospitals' Incompetent to Stand Trial Diversion and Community Based Restoration Infrastructure Project provides \$468.8 million in grant funding to California counties to build, acquire, or develop residential housing settings for people who have been deemed incompetent to stand trial. The focus is to provide intensive treatment and wraparound services in a community-based, home-like setting in support of the Felony Mental Health Diversion Program and Community Based Restoration Program. Applications accepted on a rolling basis through June 30, 2024.

[Justice-Involved Capacity Building Program](#) - The PATH Justice-Involved Capacity Building Program will provide funding to support implementation of pre-release Medi-Cal application and suspension processes, including collaborative planning, and IT system modifications necessary to implement pre-release Medi-Cal application and suspension processes. \$151 million in funding will go to [correctional agencies \(County Sheriff's Offices, County Probation Offices and CDCR\)](#), [correctional institutions](#), and [County Social Service Departments](#).

Housing

[Behavioral Health Bridge Housing \(BHBH\)](#): "Bridge" housing includes short-term and mid-term residential options and serves as a bridge to longer-term housing. A minimum of 75% of funding can be expended for bridge housing. 25% can be expended on flexible funding categories of BHBH program administration, outreach, and engagement and bridge housing start-up infrastructure. [Overview of funding](#); Round 1 (Noncompetitive predetermined funding distribution) [applications](#) due from county behavioral health agencies: April 28th, 4 pm.

[Community Care Expansion \(CCE\) Program Grant](#): Acquisition, construction, and rehabilitation of residential care settings. DHCS and CDSS. A portion of the CCE budget includes Home and Community-Based Services (HCBS) funding that must be obligated by December 2023 and liquidated by June 2026, as well as State Fiscal Recovery Funds (SFRF) that must be obligated by June 2024 and liquidated by December 2026. Applications funded on a rolling basis.

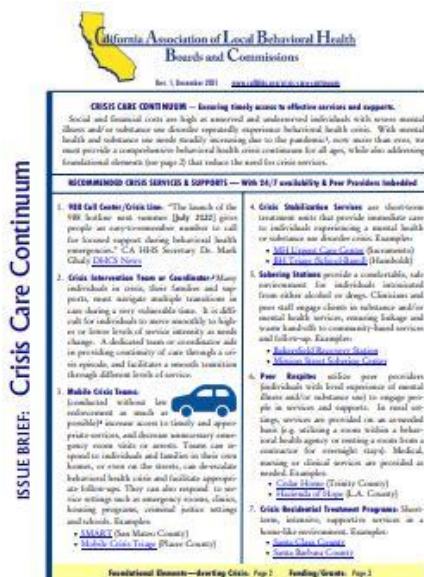
Older Adults

[Age Wise & PEARLS](#): \$20 million in Mental Health Wellness Act funds for the implementation and scaling of Age Wise and PEARLS programs in California with the goal of addressing mental health needs of older adults. Eligible applicants include County Behavioral Health departments, Area Agencies on Aging, or non-profits who serve older adults with mental health related needs, including unserved and/or underserved populations to address disparities in access to effective and culturally appropriate behavioral health services. Interested parties may partner with others, to expand the proposed service area and share resources, by submitting a single application. One organization must be identified as the lead for the application.

Substance Use Disorder (SUD)

[Increasing Medication Assisted Treatment \(MAT\) Services within Department of Health Care Services](#) (DHCS)-licensed Residential SUD Facilities - Applications are due March 15th.

CALBHB/C Issue Briefs



[Board & Care \(ARF or RCFE\) - Updated](#)

[Children & Youth:](#)

[Integrated School-Based BH
Transitional Age Youth \(TAY\)](#)

[Crisis Care Continuum - Updated](#)

[Criminal Justice](#)

[Disaster Prep/Recovery](#)

[Employment](#)

[LGBTQ+](#)

[Older Adults](#)

[Performance Outcome Data](#)

[Transitional Age Youth](#)

[Suicide Prevention](#)

Full listing of issues (30+) at: www.calbhbc.org/newsissues Questions: cal@calbhbc.com

Meetings (State/National)

CA Association of Local Behavioral Health Boards/Commissions (CALBHB/C)

[Quarterly Meeting/Training*](#)

Hybrid (In-Person in Sacramento & By Zoom)

Friday, April 21, 1 pm - 4 pm - *Meeting*

Saturday, April 22, 9 am - 12 pm - *Training*

See [Registration](#) page for details.

There is *no fee* to register.

*CALBHB/C Quarterly Meetings are organized to follow the CA Behavioral Health Planning Council meetings (same city). See *below*.

CA Dept of Health Care Services (DHCS) Behavioral Health

[Stakeholder Advisory Committee](#)

May 24, 2023 - 9:30 am - 1:30 pm

July 20, 2023 - 9:30 am. - 1:30 pm

October 19, 2023 - 9:30 am - 1:30 pm

CA Health & Human Services (HHS)

[Behavioral Health Task Force](#)

March 14, 2023

June 13, 2023

September 12, 2023

December 12, 2023

CA Mental Health Services Oversight & Accountability Commission (MHSOAC)

Commission Meetings:

March 23, April 27, May 25

[Details for All Events](#)

[Mental Health America Conference:](#)

June 6 – 10

CA Behavioral Health Planning Council

[Meeting Schedule](#)

April 18-21: Sacramento

June 13-16: Santa Ana

October 17-20: San Francisco

Reports, Articles & Webinars - By Topic

Access

[Webinar: CalAIM Screening and Transition of Care Tools](#). This initiative is focused on developing statewide Screening and Transition of Care Tools for both adults and individuals under 21 years old (youth) for use by Medi-Cal Managed Care Plans and County Mental Health Plans. [Presentation](#) [Recording](#)

[Will the state's big Medi-Cal plan really fix mental health care for low-income Californians](#), Cal Matters

[Fact Sheet: California Data Sharing Agreement and Policies and Procedures](#), CA Council of Community Behavioral Health Agencies

CARE Act

[Judicial Council Allocates Funding to Help Courts Implement CARE Act](#), CSAC

Children & Youth (Mental Health)

[California is Transforming Education Through Community Schools](#), Office of the Governor

["Peer counseling gains popularity as California schools beef up student mental health services"](#), Ed Source

[Student Mental Health is Top Concern of School Board Members According to a New National Survey](#), National Council for Mental Wellbeing

[Mental Health First Aid for Teens \(tMHFA\)](#) teaches teens in grades 10-12, or ages 15-18, how to identify, understand and respond to signs of mental health and substance use challenges among their friends and peers.

Children & Youth *continued*

[Youth at the Center](#): Calls-To-Action for a Reimagined Behavioral Health Ecosystem for Children, Youth, and Families Across California, CA HHS Behavioral Health Task Force

[Working Paper: California's Children & Youth Behavioral Health Ecosystem](#), an early blueprint articulating what a more integrated and equitable mental and behavioral health system would look like and outlining the components, changes and steps necessary to get there, CA HHS Behavioral Health Task Force

[California's Master Plan for Kids' Mental Health](#) Governor Gavin Newsom unveiled California's Master Plan for Kids' Mental Health to ensure all California kids, parents, and communities have increased access to mental health and substance use services.

[Children and Youth Behavioral Health Initiative January 2023 Progress Report](#), CA HHS Behavioral Health Task Force

Children & Youth (SUD)

(also See: Substance Use Disorder)

[Screen4Success](#) SUD Tool: As part of SAMHSA's new "[Talk. They Hear You.](#)" campaign to spread awareness about substance use prevention, a new screening tool [Screen4Success](#) helps parents and caregivers understand the wellbeing of their children. The tool, accessible through the "Talk. They Hear You." app, proposes questions about mental and physical health, substance use, and general wellbeing. The tool helps caregivers identify potential areas children may need additional support, enabling opportunities to openly discuss challenges children are experiencing.

Criminal Justice

[California Secures Federal Approval of Its Justice-Involved Section 1115 Medicaid Waiver](#)

CA is the first state in the nation to receive approval to offer a targeted set of Medicaid services to youth and adults in state prisons, county jails, and youth correctional facilities for up to 90 days prior to release. Correctional facilities may determine their launch dates within a 24-month timeframe and will be subject to a DHCS readiness review process before they can launch. Also see: [Section 1115 Waiver Watch: How California Will Expand Medicaid Pre-Release Services for Incarcerated Populations](#) | KFF

Crisis Care Continuum

[Mobile Crisis Response Teams Webinar](#):

Services across urban, rural and frontier settings, including: needs, challenges and potential solutions, National Institute Crisis Response Interest Group
March 16, 11 am - 12 pm PT

[Half of California Hospitals are in the Red: Pandemic Troubles Pile Up for ERs](#), KQED

[Ensuring Coverage of Behavioral Health Emergency Services](#), The Kennedy Forum

Diversity, Equity & Inclusion (DEI)

[Native American Youth Mental Health Conference](#)

discusses ways to empower Native American Youth and Families to thrive during difficult times, including: culturally relevant and science-based strategies to improve the mental health and wellness of Native American youth and families; the importance of neuroscience; trauma-informed best practices to engage youth during crisis; and learn how to use indigenous values and teachings. Two Feathers Native American Family Services, Stanford Medicine, MHSOAC, March 9, 1:30 pm, March 10, 9 am [Registration](#) (free event)

Diversity, Equity & Inclusion *continued*

[Adding Up the Cost of Health Inequity](#), National Council, March 15, 11 am - 12 pm PT

[Recognizing and Eliminating disparities in Addiction through Culturally-informed Healthcare \(REACH\)](#)

is a unique one-year training program for racial and ethnic minoritized trainees interested in becoming an addiction specialist. The REACH program involves an intensive training experience, monthly webinars, and career mentorship throughout the academic year. They would greatly appreciate your assistance in spreading the word to potential trainees, and other colleagues who advise rising medical professionals! To apply, visit <https://reachgrant.org/application-process/>

[Understanding Suicide and Mental Health Disparities Among Black and African American Communities in Integrated Care](#), SAMHSA & National Council for Mental Wellbeing

[Conversations on Diversity, Equity and Inclusion with the Medical Director Institute](#) [Recording](#)

Employment

[Unemployment, Behavioral Health, And Suicide](#), HealthAffairs

Housing/Homelessness

["Seeking Solutions to Chronic Homelessness: A Panel Discussion"](#) with Dr. Margot Kushel, Professor of Medicine at UC San Francisco, Division Chief and Director of the UCSF Center for Vulnerable Populations, and Director of the UCSF Benioff Homelessness and Housing Initiative; Senator John Laird from the 17th State Senate District (Santa Cruz, San Luis Obispo, Monterey and Santa Clara counties); and Dr. Toby Ewing, Executive Director of the Mental Health Services Oversight and Accountability Commission. Discussion will include barriers and innovative solutions.

[Recording](#) [Presentation](#)

Intellectual/Development Disabilities

[Serving an Underserved Population: Peer Support, Disability and Mental Health, MHA, Recording](#) [Slides](#)

Peer Support

[Peer Support in Integrated Care Settings, Recording](#)

- Understand similarities and differences between peer support staff, recovery support staff and community health workers, and their unique roles in integrated care settings.
- Recognize opportunities for utilizing peer support staff in integrated care settings to improve person-centered care that addresses an individual's unique needs.
- Explore barriers to integrating peer support services, including financing, supervising and supporting peer support staff within integrated care settings.

Rural

[Texas Town Tries a New Model for Saving Rural Health Care](#), PewTrusts.org

[The Rural Mental Health Crisis](#), Mental Health America Recording

- Identifies major barriers rural Americans face in seeking help and accessing services
- Explores the stigma surrounding mental health conditions in rural communities as well as ways to overcome it
- Discusses the impacts of mental health struggles many rural Americans face through stories of lived experience
- Provides information and resources through a new MHA and Rural Minds fact sheet

Substance Use Disorder (SUD)

[Study reveals stark number of alcohol-related deaths among young Americans](#), PBS

Also see: [1 in 5 deaths of US adults 20 to 49 is from excessive drinking, study shows](#), CNN

[Devastating Increase of Overdose Deaths for Adolescents](#), CDC Study

[Addressing Our Drug Overdose Deaths – Combined Strategies to Optimize Health, Wellness and Recovery through a Culturally Responsive System of Care](#), SAMHSA Recording

[California Issues New Funding to Expand MAT Opioid Use Disorder Services for Justice-Involved and Native Individuals](#) (State of Reform)

[New Toolkit: Public Safety-led Community-oriented Overdose Prevention Efforts](#) (PS-COPE), National Council for Mental Wellbeing

[REACH Training Program](#): Recognizing and Eliminating disparities in Addiction through Culturally-informed Healthcare (REACH) is a unique one-year training program for racial and ethnic minoritized trainees interested in becoming an addiction specialist. The REACH program involves an intensive training experience, monthly webinars, and career mentorship throughout the academic year. They would greatly appreciate your assistance in spreading the word to potential trainees, and other colleagues who advise rising medical professionals! To apply, visit <https://reachgrant.org/application-process/>

Substance Use Disorder (SUD) *continued*

[ATLAS](#): In April 2023, DHCS and Shatterproof will launch ATLAS® (Addiction Treatment Locator, Assessment, and Standards Platform), an easy-to-use website highlighting high-quality addiction treatment options. Based on Shatterproof's National Principles of Care, the ATLAS website evaluates substance use disorder (SUD) treatment providers' use of evidence-based best practices. The website publicly displays this information to help people and their loved ones find appropriate, high-quality care. Individuals can search for and compare treatment options using criteria important to them, such as location, services offered, and insurance accepted. ATLAS also allows clients to provide feedback on their treatment experience. The platform displays information on all treatment providers for any SUDs in a state, including opioid use disorder. Additionally, the platform offers secure access to critical data for state policymakers, providers, and health plans to further drive improvements to the ways SUD is treated, fueled by increased accountability and transparency.

[PCSS Exchange is a six-session online course](#) focused on the implementation of prescribing medications for treating opioid use disorder (MOUD) in a variety of healthcare settings. The course content is built around the EPIS (Explore, Prepare, Implement, Sustain) Framework of implementation. Six-Session inter-professional series dates: 5/24, 6/7, 6/21, 6/28, 7/19, 7/26

[San Diego County Interactive Drug Disposal and Treatment Locator](#)

[Xylazine: A Drug that Naloxone Can't Combat](#), U.S. Drug Enforcement Administration (DEA)

Telehealth

[State Digital Equity Planning - Health Outcome Area Working Group](#),
March 16, 10 am - 11:30 am

[Digital Access and Technology Resources](#): EveryoneOn and California Emerging Technology Fund initiatives to help people find programs in their area. Broadband for All includes:

- The Affordable Connectivity Program
- Low-cost internet service
- Computer offers
- Digital skills training (like computer and internet basics)

Workforce

[Recognizing and Eliminating disparities in Addiction through Culturally-informed Healthcare \(REACH\)](#) is a unique one-year training program for racial and ethnic minoritized trainees interested in becoming an addiction specialist. The REACH program involves an intensive training experience, monthly webinars, and career mentorship throughout the academic year. They would greatly appreciate your assistance in spreading the word to potential trainees, and other colleagues who advise rising medical professionals! To apply, visit <https://reachgrant.org/application-process/>

Resources for Boards/Commissions

[Acronyms](#) [Word](#) [PDF](#) - **Updated!**

[Best Practices Handbook](#)

[Brown Act Guide](#)

[Conduct](#)

[Cultural Relevance](#)

[Hybrid Meetings](#)

[Mental Health Services Act](#)

- Role of MHB/C
- Fiscal
- [Community Program Planning](#)

[News/Issues](#)

[Performance Outcome Data](#)

[Recommendations](#)

[Review](#) - Key Considerations & Roles

[Templates/Sample Docs](#)

- Agendas - **Updated!**
- Annual Reports
- Recommendations
- Recruitment
- Site Visits [And More!](#)

[Welfare & Institutions Code](#)

- Bylaw Requirements
- Duties
- Expenses
- Membership Criteria
- MHSA Community Planning

[Training: Modules](#)

- Duties
- Ethics Training
- Mental Health Services Act

[Training: Materials/Recordings](#) - **Updated!**

1. [Basic Training](#): How to be an Effective MH/BH Board/Commission (42 minutes)
2. [Behavioral Health Continuum](#) (15 minutes)
3. [Chair & Admin](#) (60 minutes)
4. [Community Engagement & Unconscious Bias](#): Ensuring Citizen & Professional Involvement Throughout the Planning Process
5. [Community Program Planning](#) (MHSA "CPP") (60 minutes)
6. [Performance & Fiscal](#) (41 minutes)

Evaluate Us!

CALBHB/C is here to provide resources, support, training, communication and coordinate advocacy for statewide issues as detailed in our [Annual Report](#). We invite you to evaluate us by taking a few minutes to complete: [Evaluate CALBHB/C](#).

Report to Us!

Let us know your top issues and/or resource needs: [Report to CALBHB/C](#)

Contact Us!

Email: info@calbhbc.com Website: www.calbhbc.org

Facebook: www.facebook.com/CALBHBC

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