

Reminder: By January 1, 2025, mental/behavioral health boards/commissions should update membership rosters and bylaws to comply with CA law. [Welfare & Institutions Code](#) (Link)

Related Resources: [Bylaws](#) (Sample) on Page 2 [2025 Best Practices Handbook](#) on Page 3



California Association of Local Behavioral Health Boards and Commissions

CALBHB/C Newsletter, Fall 2024

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The California Association of Local Behavioral Health Boards/Commissions (CALBHB/C) supports the work of CA's 59 local Mental/Behavioral Health Boards and Commissions.

Website: www.calbhbc.org

Email: info@calbhbc.com

CALBHB/C Meeting & Training

Zoom Registration is still open!

Friday, October 18, 1:30 pm - 5:30 pm - *Meeting*

Saturday, October 19, 9 am - 12 pm - *Training*

Please Register: www.calbhbc.org/registration

There is no fee to register.

Meeting Friday, October 18th, 1:30 pm - 5:30pm

- Crisis Care Continuum Presentation
- Updates from Statewide Organizations:
 - CA Association of Local Behavioral Health Boards/Commissions (CALBHB/C)
 - CA Behavioral Health Planning Council (CBHPC)
 - Mental Health Services Oversight & Accountability Commission (MHSOAC)
- Peer Provider Certification Update
- Issue-Based Discussion: Local board/commission members are asked to introduce themselves and briefly discuss *local* successes and/or challenges related to behavioral health.

Training Saturday, October 19th, 9 am - 12 pm

- How to be an Effective Behavioral Health Board/Commission
- Chair and Admin Training (All are welcome to attend)

Please Register: www.calbhbc.org/registration

Bylaws (Sample)

Requirements

Updates to WIC 5604.5 are effective January 1, 2025. Updates are in **bold**.

The local **behavioral health board** shall develop bylaws to be approved by the governing body [usually the Board of Supervisors] which shall do all of the following:

- (a) Establish the specific number of members on the **behavioral health board**, consistent with subdivision (a) of Section 5604.
- (b) Ensure that the composition of the **behavioral health board** represents and reflects the diversity and demographics of the county as a whole, to the extent feasible.
- (c) Establish that a quorum be one person more than one-half of the appointed members.
- (d) Establish that the chairperson of the **behavioral health board** be in consultation with the local **behavioral health** director.
- (e) Establish that there may be an executive committee of the **behavioral health board**.

Sample Bylaws:

www.calbhbc.org/bylaws

(Includes Word, Google Doc & PDF Versions)

| BYLAWS OF THE [EXAMPLE] COUNTY BEHAVIORAL HEALTH BOARD | |
|---|---|
| ARTICLE I - NAME | |
| The name of this Board shall be the [Example] County Behavioral Health Board. | |
| ARTICLE II - AUTHORITY | |
| The authority of the [Example] County Behavioral Health Board is established pursuant to California Welfare and Institutions Code (WIC) 5604. | |
| ARTICLE III - DUTIES | |
| The duties of the Behavioral Health Board (as defined in section 5604.2 and 5963.03 of the Welfare and Institutions Code) are as follows: | |
| 1. | Review and evaluate the community's public behavioral health needs, services, facilities, and special problems in any facility within the county or jurisdiction where behavioral health evaluations or services are being provided, including, but not limited to: schools, emergency departments, and psychiatric facilities. |
| 2. | Review any county agreements entered into pursuant to Section 5650. The local behavioral health board may make recommendations to the Board of Supervisors regarding concerns identified within these agreements. |
| 3. | Advise the [Example] County Board of Supervisors and the [Example] County Behavioral Health Director as to any aspect of the local behavioral health program. Local behavioral health boards may request assistance from the local patients' rights advocates when reviewing and advising on mental health or substance use disorder evaluations or services provided in public facilities with limited access. |
| 4. | Review and approve the procedures used to ensure citizen and professional involvement at all stages of the planning process. Involvement shall include individuals with lived experience of mental illness and/or substance use disorder and their families, community members, advocacy organizations, and behavioral health professionals. It shall also include other professionals that interact with individuals living with mental illnesses/substance use on a daily basis, such as education, emergency services, employment, health care, housing, law enforcement, local business owners, social services, seniors, transportation, and veterans. |
| 5. | Submit an annual report to the Board of Supervisors on the needs and performance of the behavioral health system of the County of [Example]. |
| 6. | Review and make recommendations on applicants for the appointment of a local director of behavioral health services. The board shall be included in the selection process prior to the vote of the governing body. |

www.calbhbc.org/bylaws

Contact CALBHB/C with any questions: info@calbhbc.com

Best Practices Handbook 2025

www.calbhbc.org/bestpractices

* The [Welfare & Institutions Code \(WIC\)](#) and [Brown Act](#) Guide provide legal requirements *

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Resources: www.calbhbc.org/resources **Training:** www.calbhbc.org/training

PRINTED COPIES: CALBHB/C will mail printed copies of the "Best Practices" handbook upon request.

Grants/Funding

Advice to Grantees

[BestPractices4Data: Sharing Innovations and Best Practices for Grantees, from Grantees](#), The BestPractices4Data includes six (6) issue briefs that share innovative and best practices from grantees, for grantees, that seasoned grantees use to address the most common and complex challenges associated with grantee required data collection activities. The series aims to improve efficiency in the use of grant funds by providing opportunities for grantees to learn from one another on how to reduce costs and optimize the data collection processes. SAMHSA

Children & Youth

[California LifeLine Foster Program](#): The California LifeLine Program (California LifeLine) is a state program that provides discounted home phone and cell phone services to eligible households.

Digital Access

[The Tribal Technical Assistance Grant Program](#) provides grants to CA tribes for eligible pre-construction work that enables broadband internet connectivity. Tribes may receive up to \$250,000 each fiscal year to fund activities including market studies and feasibility studies, and business plans. Applications are accepted four times a year by the 1st of January, April, July, and October.

[CPUC Broadband Caseworkers](#): The CA Public Utility Commission (CPUC) Caseworkers engage with rural, urban, and tribal communities throughout California as they pursue solutions to close the digital divide. Caseworkers share expertise and help entities navigate funding opportunities, technical assistance needs, and related broadband development topics. The Broadband Caseworker website provides a collection of resources. Questions: BroadbandCaseworkers@cpuc.ca.gov.

[NTIA Digital Equity Competitive Grant Program](#): The National Telecommunications and Information Administration (NTIA) announced a nearly \$1 billion Notice of Funding Opportunity (NOFO), which will support digital equity and inclusion efforts among those most impacted by the digital divide.

[The California Advanced Services Fund \(CASF\) Broadband Public Housing Account](#) provides grants supporting free broadband for low-income residents of eligible housing communities.

Housing/Homelessness

[Proposition 1 Funding](#): In Bond BHCIP Round 1: Launch Ready and Round 2: Unmet Needs, DHCS will distribute up to \$4.4 billion through competitive grants that aim to expand behavioral health treatment and residential settings. Of these funds, \$1.5 billion of competitive grant funding will be exclusively available to cities, counties, and tribal entities, and \$30 million specifically designated to tribal entities. Prospective Bond BHCIP applicants are encouraged to review the [Program Update](#) for more information.

Infrastructure

[Bond Behavioral Health Continuum Infrastructure Program \(BHCIP\) Round 1: Launch Ready RFA](#). Eligible entities may apply and receive funding support to construct, acquire, and rehabilitate real estate assets in behavioral health settings that serve Medi-Cal members. DHCS will award up to \$3.3 billion in grant funds to Bond BHCIP Round 1: Launch Ready projects that expand the community-based continuum of behavioral health treatment and expand services. The deadline to apply is December 13, 2024.

Older Adults

The [Gerontology Scholarship](#) sponsored by the California Commission on Aging will launch the first application phase of the CCoA Gerontology Scholarship Program. Information will be posted at www.ccoa.ca.gov

Workforce

[Train New Trainers Primary Care Psychiatry](#) (TNT PCP) Fellowship Scholarship (Open now through Oct. 31, 2024) A scholarship program for primary care physicians who have been accepted into the UC Irvine/UC Davis Train New Trainers Primary Care Psychiatry Fellowship.

Also see: grants.ca.gov

CALBHB/C Issue Briefs



[Board & Care \(ARF or RCFE\)](#)

[Children & Youth:](#)

[Integrated School-Based BH](#)
[Transitional Age Youth \(TAY\)](#)

[Crisis Care Continuum](#)

[Criminal Justice](#)

[Disaster Prep/Recovery](#)

[Employment](#)

[LGBTQ+](#)

[Lanterman Petris Short \(LPS\) Act](#)

[Older Adults](#)

[Performance Outcome Data](#)

[Transitional Age Youth](#)

[Suicide Prevention](#)

[Workforce - **NEW!**](#)

Full listing of issues (30+) at: www.calbhbc.org/newsissues Questions: cal@calbhbc.com

Reports, Articles & Webinars - By Topic

Children & Youth

[Integrated Core Practice Model \(ICPM\) and Integrated Training Guides \(ITG\)](#). DHCS is excited to announce that the new ICPM Guide and ITG are now posted on the DHCS website. These resources are dedicated to enhancing and improving sustainable safety, permanency, and well-being for children and families across California while supporting their communities.

[Sustainable School-Based Mental Health Services White Paper](#), The Kennedy Forum

[Guidance to States and Communities on Using Federal Funding to Support Mental Health Services for LGBTQI+ Youth](#), SAMHSA

Clubhouses

[The Community Effect: How Clubhouses for People with Serious Mental Illness Reduce Loneliness](#), Fountain House Report

Criminal Justice

[CMS proposed a rule that would make it easier for people leaving incarceration to enroll in and use Medicare coverage](#), The Federal Register

[Navigating Reentry: Supporting Citizens with Co-Occurring Mental Health and Substance Use Disorders](#) -Learn how CDCR prepares for the community transition for individuals who have co-occurring MH/SUD, with an emphasis on individuals who have serious mental illness (SMI). Specifically, the presenters will outline the challenges faced by the co-occurring SMI/SUD population when seeking SUD residential services. CAADPE Recording

[Interdisciplinary Care Planning: Ethical and Clinical Considerations When Delivering Person-Centered Opioid and Other Drug Treatment to Justice-Involved Individuals](#) Explores ethical, clinical, and practical issues when assessing and treating individuals in drug treatment courts, those referred by supervision officers, those incarcerated, and those otherwise involved in the justice system. Learn about person-centered care that respects client choice and is consistent with court mandates and expectations. Understand the role of the addiction professional when the Court and the Client have different goals. NAADAC, the National Association for Addiction Professionals.

Criminal Justice *Continued*

CA Victim Compensation Board Resources:

- [CalVCB Rack Card in English and Spanish](#): Available for distribution at medical and mental health provider offices
- [CalVCB Fact Sheet](#) double sided in English and Spanish
- [Materials Request form](#) for CalVCB informational flyers, posters, and other materials.
- [Connecting with CalVCB](#): Quarterly newsletter focused on program and policy updates for those who work with crime victims.
- [CalVCB Website](#): Includes information about the program, as well as information for service providers.

Crisis Care Continuum

[988 Suicide & Crisis Lifeline](#): Two Years of Growth, SAMHSA Issue Brief

[AB 988 Draft 5-Year Plan Comment Period and Webinar](#) - The draft Five-Year Implementation Plan will be available on the CalHHS 988-Crisis Policy Advisory Group website on October 15, 2024. Written comments should go to AB988Info@chhs.ca.gov before November 1, 2024. (Comments typed in a Word document or PDF format may be included as an e-mail attachment.) [Register](#) for the Information Webinar, October 17th, 11 am - 12:30 pm.

Culture, Race, Ethnicity

[Parental Loss and Adverse Childhood Experiences \(ACE\) as a Result of Opioid Overdoses](#) in Indigenous Communities, Providers Clinical Support System Roundtable. A recording will be posted on the PCSS website.

[Punjabi Residents in Fresno Find a Lifeline in a Community-Led Health Program](#), California Health Report

Films

[Amazing Grace](#) Based on the true stories of many families, Amazing Grace tells the story of a single mother caring for her adult son with schizophrenia. Amazing Grace is a three time Emmy Award recipient (NATAS PSW) for Best Arts/Entertainment Program, Best Director and Best Performer (Deborah Gilmore Smyth).

Housing/Homelessness

[Thousands are housed as L.A. County makes progress on Skid Row](#), Los Angeles Times

Older Adults

[Behavioral Health among Older Adults](#): Results from the 2021 and 2022 National Surveys on Drug Use and Health, SAMHSA

Parity

[Behavioral Health Parity Rules Submitted to the White House](#), Behavioral Health Business Article

[A New Parity Rule Has Been Announced: Here's What to Expect Now](#), The Kennedy Forum

Performance Outcomes

[BHIN 24-030 2024 California Outcomes Measurement System Treatment \(CalOMS TX\) Update to Demographic Reporting Requirements](#). Informs Counties, Network Providers, Drug Medi-Cal, Drug Medi-Cal Organized Delivery System and Specialty Mental Health Services programs of new demographic values for Gender, Ethnicity, and Sexual Orientation being added to CalOMS Tx data collection system pursuant to the Substance Use Prevention, Treatment, and Recovery Services Block Grant. The new data values and elements must be added to county data collection systems no later than 90 calendar days from the publication date.

Prevention

[Promoting Health for All: Behavioral Health Population-Based Prevention Webinar](#), CA Department of Public Health, October 15, 12 pm - 1:30 pm

Substance Use Disorder

[Harm Reduction: Compassionate Care for People who use Drugs](#) - Podcast Series, Association for Multidisciplinary Education and Research in Substance Use and Addiction (AMERSA), [Podcast Series](#)

[Results from the 2023 National Survey on Drug Use and Health \(NSDUH\)](#): This report provides key findings from the 2023 National Survey on Drug Use and Health (NSDUH) on substance use, mental health, and treatment among the noninstitutionalized U.S. population aged 12 or older. Estimates are presented by age group and by race/ethnicity for selected measures.

Substance Use Disorder *Continued*

[DHCS Summits on Harm Reduction in SUD Treatment](#). The Summits on Harm Reduction in SUD Treatment aim to reduce stigma and educate SUD treatment providers on taking a harm-reduction approach to SUD treatment services. Registration is currently open for all five summits in:

Shasta (October 24, 2024)
 San Mateo (November 19, 2024)
 Fresno (January 23, 2025)
 San Diego (February 11, 2025)
 Los Angeles Counties (February 27, 2025).

DHCS encourages SUD treatment providers and staff (including social workers, peers, front desk staff, case managers, nurses, physicians, and all staff in SUD treatment settings) to attend and learn about best practices for incorporating the tenants of harm reduction into SUD treatment settings.

[Navigating Reentry: Supporting Citizens with Co-Occurring Mental Health and Substance Use Disorders](#) - This presentation will help participants to better understand the characteristics of justice-involved individuals with co-occurring mental health (MH) and substance use disorders (SUD), as well as how CDCR prepares for the community transition for individuals who have co-occurring MH/SUD, with an emphasis on individuals who have serious mental illness (SMI). Specifically, the presenters will outline the challenges faced by the co-occurring SMI/SUD population when seeking SUD residential services. CAADPE Recording

Suicide Prevention

[2024 National Strategy for Suicide Prevention](#)

Whole Person Care

[Whole System Care Conference](#) - This event is a unique opportunity to engage with federal leaders, elected officials, and behavioral health professionals to foster meaningful discussions on policy, representation, and advocacy in our behavioral health community. Leading experts will focus on workforce development, recruitment, and sustainability; innovations in behavioral health research and practice; interventions for justice-involved populations; youth, child welfare, and school-based services; housing; lived experience and allied behavioral health occupations; crisis intervention; and financing and infrastructure. Hosted by: CBHA, CPCA and CIBHS, November 6th – 8th, 2024 at Tommy Bahama Miramonte in Indian Wells, CA.

Women

[Gender Specific Treatment: Guidelines and Standards of Care](#) - Presented by Dr. Sushma D. Taylor, President of Center Point Inc., this comprehensive needs assessment explores the unique guidelines, standards of care, and common barriers for gender-specific treatment. The presentation emphasizes the evolution of treatment models for women, focusing on gender-responsive, trauma-informed approaches to support women in their recovery journey. The assessment also highlights the core components necessary for effective treatment, such as creating a safe and supportive environment, addressing trauma, and providing culturally competent services. By understanding the physiological, psychological, and social factors unique to women, this presentation aims to enhance the effectiveness of treatment programs and promote positive outcomes for women in need.

Workforce

[Behavioral Health Workforce Brief](#), CALBHB/C

[County Leadership in Mental Health](#): How Counties Are Leading the Way to Address Workforce Challenges, National Association of Counties

[Workforce Brief](#), National Association of Counties (NACo)

Resources for Boards/Commissions

[Acronyms](#) - **Updated!**

[Best Practices Handbook](#) - **Updated!**

[Behavioral Health Services Act](#) - **Updated!**

- [Stakeholder Requirements](#) - **New!**

[Brown Act Guide](#) - **Updated!**

[Bylaws \(Sample\)](#) - **New!**

[Conduct](#) (Conducta (Spanish))

[Cultural Relevance](#)

[Hybrid Meetings](#)

[Membership Guide \(Sample\)](#) - **Updated!**

[News/Issues](#)

[Performance Outcome Data](#)

[Recommendations](#)

[Review](#) - Key Considerations & Roles

[Templates/Sample Docs](#)

- Agendas
- Annual Reports
- Recommendations
- Recruitment
- Site Visits

[And More!](#)

[Welfare & Institutions Code](#)

- Bylaw Requirements
- Duties
- Expenses
- Membership Criteria

[Training: Materials/Recordings](#) -

1. [Basic Training](#): How to be an Effective MH/BH Board/Commission (42 minutes)
2. [Behavioral Health Continuum](#) (15 minutes)
3. [Chair & Admin](#) (60 minutes)
4. [Community Engagement & Unconscious Bias](#): Ensuring Citizen & Professional Involvement Throughout the Planning Process
5. [Performance & Fiscal](#) (41 minutes)

Meetings/Events

CA Association of Local Behavioral Health Boards/Commissions (CALBHB/C)

Hybrid Meetings/Trainings
Zoom and In-Person (Milpitas)

[Registration](#)

Meeting: Friday, October 18th, 1:30pm - 5:30pm

Training: Saturday, October 19th, 9 am - 12 pm

[2024/2025 Meetings/Training Schedule](#)

CA Council on Criminal Justice and Behavioral Health (CCJBH)

2024 CCJBH meetings are posted at:

www.cdcr.ca.gov/ccjbh/meetings

CA Health & Human Services (HSS) Behavioral Health Task Force

Hybrid Quarterly Meetings:
October 15, 2024, 10:00am to 3:00pm
November 13, 2024, 10:00am - 3:00pm

[CARE Act Working Group](#):
November 6, 2024: 10:00am - 3:00pm

[988 Crisis Policy Advisory Group](#)
November 20, 2024

CA Department of Health Care Services [Stakeholder Advisory Committee \(SAC\) and Behavioral Health Stakeholder Advisory Committee \(BH-SAC\)](#)

October 16, 9:30 am - 3 pm

[CA Behavioral Health Planning Council](#)

Tuesday October 15, 2024 Meetings:

- [Performance Outcomes Committee](#): 2 pm to 5:00 pm

Wednesday October 16, 2024 Meetings:

- [Executive Committee](#): 8:30 am - 10:15 am
- [Patients' Rights Committee](#): 10:30 am to 12:30 pm
- [Workforce and Education Committee](#): 1:30 pm to 5:00 pm
- [Legislation and Public Policy Committee](#): 1:30 pm to 5:00 pm
- [Children and Youth Workgroup](#): 5:30 pm to 6:30 pm

Thursday October 17, 2024 Meetings:

- [Housing and Homelessness Committee](#): 8:30 am to 12:00 pm
- [Systems and Medicaid Committee](#): 8:30 am to 12:00 pm
- [Reducing Disparities Workgroup](#): 12:10 pm to 1:10 pm
- [Substance Use Disorder Workgroup](#): 12:10 pm to 1:10 pm
- [General Session](#) - 1:30 pm to 5:00 pm

Friday October 18, 2024

[General Session](#) - 8:30 am to 12:00 pm

[CalMHSA Peer Certification Stakeholder Advisory Council](#)

Friday, October 18th, 1:00pm [Zoom Link](#)

[Health Care Access and Information \(HCAI\) Workforce, Education and Training Council](#)

November 4 - 5 (In-Person)

[Mental Health Services Oversight & Accountability Commission \(MHSOAC\)](#)

Fourth Thursdays (*Usually*) - [Schedule](#)

Evaluate Us!

CALBHB/C is here to provide resources, support, training, communication and coordinate advocacy for statewide issues as detailed in our [Annual Report](#). We invite you to evaluate us by taking a few minutes to complete: [Evaluate CALBHB/C](#).

Report to Us!

Let us know your top issues and/or resource needs: [Report to CALBHB/C](#)

Contact Us!

Email: info@calbhbc.com Website: www.calbhbc.org

Facebook: www.facebook.com/CALBHBC

For ADA compliant or printed copies of CALBHB/C documents and resources, contact cal@calbhbc.com

The CA Association of Local Behavioral Health Boards/Commissions (CALBHB/C) supports the work of CA's 59 local mental/behavioral health boards & commissions. www.calbhbc.org