



# California Association of Local Behavioral Health Boards and Commissions

CALBHB/C Newsletter, Fall 2022

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The California Association of  
Local Behavioral Health  
Boards/Commissions  
(CALBHB/C)  
supports the work of CA's 59  
local Mental/Behavioral Health  
Boards and Commissions.

Website: [www.calbhbc.org](http://www.calbhbc.org)

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## Important Updates

*for Mental/Behavioral Health*

*Boards/Commissions:*

### 1. [Veteran/Veteran Advocate](#)

(Update to CA WIC 5604: Membership):

- **Veteran Requirement:** One member shall be a veteran or veteran advocate. (County population of 100,000 or more.)
- **Veteran Encouragement:** A county shall give a strong preference to appointing at least one member of the board who is a veteran or a veteran advocate. (County population fewer than 100,000)
- **Vacancy Notification:** A county shall notify its county veterans service officer about vacancies on the board, if a county has a veterans service officer.
- **"Veteran Advocate"** Defined: A parent, spouse, or adult child of a veteran, or an individual who is part of a veterans organization, including the Veterans of Foreign Wars or the American Legion.

### 2. [The Brown Act](#) has been updated:

- **Public Emergency Allowances** extended through January 1, 2024
- **Allowances for Members due to "Just Cause" or "Emergency"** [When not operating in a public emergency.]: A local board/commission member may participate remotely without posting their physical location on the agenda under certain circumstances and with certain requirements. [See Brown Act Guide, P. 4](#) for circumstances and requirements. *In effect January 1, 2023 - January 1, 2026.*

## Grants/Funding

### Board & Cares

[Community Care Expansion](#): Acquisition, construction, and rehabilitation of residential care settings. DHCS and CDSS, Due 12/1

### Children & Youth

U.S. Dept of Education: Two grants to support the workforce, to provide trauma-informed care to youth experiencing community violence, and to increase integrated services for students and their families, due Nov. 3rd

- [Mental Health Service Professional \(MHSP\) Demonstration Grant](#)
- [School-Based Mental Health \(SBMH\) Services Grant](#)

### Crisis Care & Infrastructure

[988 Tribal Response Cooperative Agreements](#), SAMHSA SM-22-020. Applications due October 25, 2022

[Crisis and BH Continuum Round 5 Informational Webinar](#), Grants to construct, acquire & rehabilitate real estate assets to expand program capacity for crisis & other BH services infrastructure projects, Nov. 2, 2 pm

### Criminal Justice

[Community Services Infrastructure Grant Program for Alternatives to Incarceration](#) to expand access to jail & prison diversion programs and services; create or expand MH treatment facilities, SUD treatment facilities, and trauma-centered service facilities. CHFFFA, Applications Due: Nov. 15th at 5 pm

[BH Mobile Crisis Response Services](#) Federal Medicaid matching funds for community-based mobile crisis response services. The federal match is 85% starting April 1 for up to three years. [CHCF Article](#)

### Employment

[EmployABILITY Business Grants](#) for business owners to upgrade hiring/create jobs for people with disabilities. Applications can be submitted until 12/31/23 or until funds are depleted.

### Telehealth

[Video Visit Grants](#) - \$15,000 for community providers, CA Health Care Foundation. Applications Due: November 10th.

### Whole Person Care

[Capacity and Infrastructure Transition, Expansion and Development \(CITED\)](#): to enable the transition, expansion and development of Enhanced Care Management and Community Supports capacity and infrastructure, CA DHCS, Opening Dec. 2022.

### Workforce

[Train New Trainers \(TNT\) Primary Care Psychiatry \(PCP\) Fellowship](#) Scholarship Applications due October 21st

[Licensed Mental Health Services Provider Education Program](#), Loan repayments of up to \$30,000, HCAI, Due October 31st

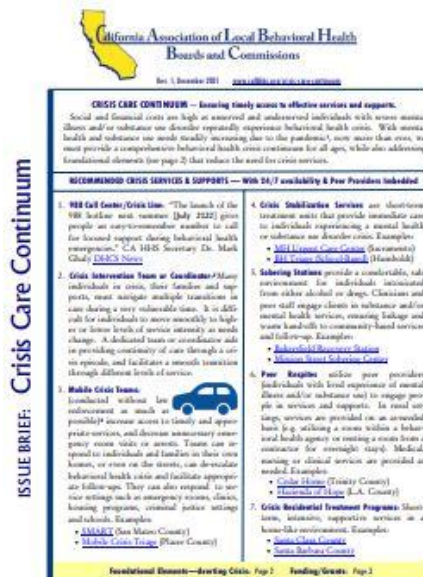
[Social Work Education Capacity Expansion \(SWECE\) Grant Program](#) funds educational institutions to develop new Bachelors of Art Social Work (BASW) and/or Masters of Social Work (MSW) programs and expand existing MSW programs. Applications Due October 28th

[Licensed Mental Health Services Provider Education Program](#), HCAI, Due October 31

[Community-Based Organization BH Workforce Grant Program](#), HCAI, Due November 30, 3pm

[Nursing Expansion Grant Program Nursing Career Pathway Track](#): Grantees will develop training partnerships between clinical settings and education and training providers to support accelerated learning and expanded access to clinical residencies and specialty care rotations, US DOL, Due January 6th, 8 pm PT

## CALBHB/C Issue Briefs



[Board & Care \(ARF or RCFE\)](#)

[Children & Youth:](#)

[Integrated School-Based BH  
Transitional Age Youth \(TAY\)](#)

[Crisis Care Continuum](#)

[Criminal Justice](#)

[Disaster Prep/Recovery](#)

[Employment](#)

[LGBTQ+](#)

[Older Adults](#)

[Performance Outcome Data](#)

[Transitional Age Youth](#)

[Suicide Prevention](#)

Full listing of issues (30+) at: [www.calbhbc.org/newsissues](http://www.calbhbc.org/newsissues) Questions: [cal@calbhbc.com](mailto:cal@calbhbc.com)

## Meetings (Statewide)

### CA Association of Local Behavioral Health Boards/Commissions (CALBHB/C)

[Quarterly Meeting/Training\\*](#) Oct 21 1 - 4pm

[Community Engagement & Unconscious Bias Training](#) Jan 6, 12 - 2:30 pm

[Chair & Admin Training](#) Jan 13, 11 - 12:30 pm

[Board & Care Teleconference:](#) Meeting needs for unserved & underserved individuals with SMI or SMI/SUD. Nov 4, 11 am-12:30 pm

[Workforce Teleconference:](#) Advising to meet local workforce, education and training needs. December 2, 11 am - 12:30 pm

\*Next CALBHB/C Quarterly Meeting/Training is January 20 (Zoom & San Diego)

[CA Council for Justice & Behavioral Health Meeting](#) October 28, 2 - 4:30 pm [Details](#)

[CA Dept of Health Care Services \(DHCS\) BH Stakeholders Committee,](#) [October 20th](#)

### CA Behavioral Health Planning Council

**Note:** There are Council Openings  
[Apply for a seat on the Council](#)

Meetings In Sacramento  
(Call-In Option 10/20-21)

[Performance Outcomes:](#) Oct 18, 2 pm - 5 pm

[Executive:](#) Oct 19, 8:30 am -10:15 am

[Patients' Rights Committee:](#) Oct 19, 10:30 am

[Children & Youth:](#) Oct 19, 10:30 am - 12 pm

[Workforce and Education:](#) Oct 19, 1:30pm

[Legislation:](#) Oct 19, 1:30 pm - 5 pm

[Housing and Homelessness:](#) Oct 20, 8:30 am

[Systems and Medicaid:](#) Oct 20, 8:30 am

[General Session:](#) 10/20-10/21 ([Call-In Option](#))

[CA HHS Behavioral Health Taskforce](#)  
December 13th, 10 am - 3 pm [Webpage](#)

[Mental Health Services Oversight & Accountability Commission \(MHSOAC\)](#)

Commission Meeting October 27 [Details](#)  
[All Events](#)

## Reports, Articles & Webinars - By Topic

### Access

[Community Assistance, Recovery, and Empowerment \(CARE\) Court Program](#) Signed Into Law, CA State Assoc of Counties (CSAC)

[Too Many Californians Lack Timely Access to Mental Health Care](#), In California, close to two-thirds of adults with a mental illness and two-thirds of adolescents with major depressive episodes did not get treatment. CA Health Care Foundation Article

Also see [Telehealth](#)

### Children & Youth (Mental Health)

[CalHHS: Children & Youth Behavioral Health Initiative Equity Workgroup](#), Oct 19, 2:30-5:30p

[CalHHS: Children and Youth Behavioral Health Initiative Update Webinar](#), October 20, 2 - 4 pm

[Sound the Alarm for Kids, Federal Levers in Advancing Youth Mental Health Coverage](#), The Kennedy Forum, October 21, 1 - 1:30 pm PT

[Anxiety and Learning Disabilities: The Worst Kept Secret](#), US Department of Education

[Supporting Youth Mental Health in the Workforce System](#), Workforce GPS Recording

["Hiding in Plain Sight: Youth Mental Illness,"](#) Documentary on PBS free video.

[Just Like You - Anxiety + Depression](#) Film

### Children & Youth (SUD)

Also see [Substance Use Disorder](#)

[Unintended Spillover Effects of Cannabis Legalization for Youth who use E-cigarettes](#) Recovery Research Institute Study

[Free Youth Vaping Cessation Program](#), Enrollment begins November 1, 2022 for ages 13-17, [www.QuitTheHitCA.com](http://www.QuitTheHitCA.com)

### Criminal Justice

[Deflection, Diversion and Mental Health Recovery: A Systems Approach and DEI Practice Perspective](#), Mental Health America and SAMHSA

### Culture, Race, Ethnicity

[Setting a Goal for a More Diverse Workforce](#) The National Council

[Overdose Death Data Shows Striking Disparities in Minority Groups](#), CDC Report

[CMS Proposes Rule to Promote Non-discrimination in Health Plans](#), US HHS

### Crisis Care Continuum

[988 Transition Moves Us Closer to Better Serving the Crisis Care Needs of People Across America](#), U.S. Department of Health & Human Services Secretary Press Release

[Assessing the Continuum of Care for Behavioral Health Services in California](#), CA DHCS

### Diversity, Equity & Inclusion (DEI)

[How DEI Initiatives Can Be Leveraged to Advance Peer Support Work](#), October 25, 11 am PT

[Building Culturally & Linguistically Specific Recovery Community Organizations For Latinos](#), Recording

[Health Equity Workshop: Understanding the Landscape of Mental Health and Substance Use Challenges](#), Social Justice Leadership Academy, October 31, 10 am PT

[CA Reducing Disparities Project: A Closer Look at the Work, the Data and the Improvements to Health Equity](#), CIBHS, (\$70), February 1, 10 am

[Historical Trauma, Mass Violence and Healing](#) Members of the Medical Director Institute (MDI) engage in discussions with experts in the mental health and substance use field about personal and professional journeys in the DEI space.

### **Employment**

[Serious Mental Illness \(SMI\) 101](#) - This recorded training will help participants gain a better understanding of working with consumers with serious mental illness (SMI), the barriers they face, how to best serve them, recommended VR services, and evidence-based practice (EBP) for successful case closure. Technical Assistance Center for Quality Employment. Participants will also learn about employer benefits, promising work trends, and self-employment for consumers with SMI.

### **Housing/Homelessness**

[Board & Cares Teleconference](#): Addressing local and statewide challenges to meet the needs of unserved and underserved individuals with SMI or co-occurring SMI/SUD. CALBHB/C Nov 11 am - 12:30 pm

### **[Housing Supports via Enhanced Care Management \(ECM\) and Community Supports](#)**

The Department of Health Care Services (DHCS) will virtually host an “Office Hours” discussion on Housing Supports via CalAIM Enhanced Care Management (ECM) and Community Supports. This Q&A session is a follow-up to the previous webinar on this topic. October 27, 2 - 3 pm

### **LGBTQ+**

[Depression Looks Like Me Webinar](#)- Understand what depression looks like; hear from LGBTQ+ individuals about lived experiences and personal mental health journeys; discuss how to find safe spaces and a community when struggling with depression; identify how to be an ally and provide support to those living with depression. Recording

**[Intellectual/Development Disabilities & MH Providing Integrated Care Services & Advancing Health Equity for Individuals with Intellectual & Developmental Disabilities \(IDD\)](#)**, National Council for Mental Well-Being

### **Legislation**

[Community Assistance, Recovery, and Empowerment \(CARE\) Court Program](#) Signed Into Law, CA State Assoc of Counties (CSAC)

[Summaries](#) of signed and vetoed legislation, CA State Assoc. of Counties (CSAC)

### **Needs Assessment**

[Conducting a Behavioral Health Community Needs Assessment](#), SAMHSA Webinar (Youtube)

### **Peer Providers**

[How DEI Initiatives Can Be Leveraged to Advance Peer Support Work](#), October 25, 11 am PT

### **Substance Use Disorder (SUD)**

[Why the Mixed Messages When it Comes to Substance Use?](#) Although it can take quite a while, a growing number of evidence based treatments are available, and the majority of people who experience alcohol use disorder [sometimes referred to also as alcoholism] eventually achieve sustained remission. National Council for Mental Wellbeing Article

[Treatment for Opioid Use Disorders in Rural Areas](#), Providers Clinical Support System, Recording

[Education on fentanyl, other drugs often optional in California schools, if offered at all.](#) // EdSource

[Youth Screening, Brief Intervention and Referral to Treatment Training \(YSBIRT\)](#), an integrated and comprehensive approach to identify, reduce and prevent risky alcohol and drug use. (\$65) November 2, 11 am - 2 pm PT

[Unintended Spillover Effects of Cannabis Legalization for Youth who use E-cigarettes](#) Youth e-cigarette use (i.e., vaping) is a well-studied occurrence with unique physical and behavioral health risks – including cannabis use initiation following vaping. Recovery Research Institute Study

### **SUD Continued**

[Telehealth can be Key for Treating SUD](#) - A report by the Legislative Analysis and Public Policy Association (LAPPA) examines the use of telehealth for substance use disorder services during the COVID-19 pandemic. Telehealth is a key tool for reaching individuals who need access to health care, enabling health care providers to meet the growing demand for substance use services, Legislative Analysis & Public Policy Assoc.

### [Drug Overdose Deaths in the U.S. Show Greater Increases in Black and Native American Populations](#)

- Report: A new report from the Centers for Disease Control and Prevention (CDC) found that during the first year of the pandemic, drug overdose death rates rose substantially in Black and Native American populations in the U.S. From 2019 to 2020, overdose fatalities increased by 44% among Black people and 39% among Native Americans but by 22% in the White population, Center for Disease Control and Prevention (CDC)

### [Reducing Opioid Use Disorder and Overdose Deaths in the United States](#)

- Study: Opioid overdose deaths remain a major public health crisis. This study used a system dynamics simulation model of the U.S. opioid-using population age 12 and older to explore the potential impacts of 11 strategies on the prevalence of opioid use disorder (OUD) and fatal opioid overdoses from 2022 to 2032. The study predicts that Narcan (Naloxone) distribution and peer recovery supports would be the most effective in preventing overdose.

### **Telehealth**

[AB 32 Telehealth - Passed](#) This law extends telehealth allowances. (AB 32 was supported by CALBHB/C leadership.)

[Innovations in Telehealth in Behavioral Health](#) During COVID-19, National Council on Mental Wellbeing

### **Veterans**

[Peer Support Specialists](#), Veterans Affairs Administration

### **Workforce**

[Behavioral Health Coaches Webinar](#) will highlight updates on the behavioral health coach model and progress toward implementation. (Building the Behavioral Health Coaches workforce is part of CA's Children & Youth Behavioral Health Initiative), HCAI October 24th, 2022

[Workforce Teleconference](#): Advising to meet local workforce, education and training needs. CALBHB/C December 2nd, 11 am - 12:30 pm

[Supporting Youth Mental Health in the Workforce System](#), Workforce GPS Recorded Webinar

## Resources for Boards/Commissions

[Best Practices Handbook](#)

[Brown Act Guide](#)

[Public Emergency Allowances](#)

[Conduct](#)

[Cultural Relevance](#)

[Hybrid Meetings](#)

[Mental Health Services Act](#)

- Role of MHB/C
- Fiscal
- [Community Program Planning](#)

[News/Issues](#)

[Performance Outcome Data](#)

[Recommendations](#)

[Review](#) - Key Considerations & Roles

[Templates/Sample Docs](#)

- Annual Reports
- Recommendations
- Recruitment
- Site Visits

[And More!](#)

[Welfare & Institutions Code](#)

- Bylaw Requirements
- Duties
- Expenses
- Membership Criteria
- MHPA Community Planning

[Training: Modules](#)

- Duties
- Ethics Training
- Mental Health Services Act

[Training: Presentations/Recordings](#)

- Chair Training
- Performance Data & Fiscal Info
- Mental Health Board
- MHPA Community Program Planning / Community Engagement
- Unconscious Bias

### Evaluate Us!

CALBHB/C is here to provide resources, support, training, communication and coordinate advocacy for statewide issues as detailed in our [Annual Report](#). We invite you to evaluate us by taking a few minutes to complete: [Evaluate CALBHB/C](#).

### Report to Us!

Let us know your top issues and/or resource needs: [Report to CALBHB/C](#)

### Contact Us!

[info@calbhbc.com](mailto:info@calbhbc.com) [www.calbhbc.org](http://www.calbhbc.org)

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For ADA compliant or printed copies of CALBHB/C documents and resources, contact [cal@calbhbc.com](mailto:cal@calbhbc.com)

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