



California Association of Local Behavioral Health Boards and Commissions

CALBHB/C Newsletter, Fall 2021

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CALBHB/C Statewide Teleconference

October 22, 12:30 - 2:30 pm

Updates from statewide agencies and organizations with opportunity for local and statewide issue-based discussion.

[Registration](#)

There is no fee to register.

Grants

Crisis Care

[Mental Health Wellness Grant Programs for Children & Youth](#): \$22,584,573 available in capital funding for Crisis Residential Treatment, Crisis Stabilization Unit, and Mobile Crisis Support Team programs and \$1,138,616 in Mobile Crisis Support Team personnel funding. CHFFA, Deadline: October 29.

[Crisis Care Mobile Units](#): \$46 million+ is for:
1) Planning grants up to \$200,000 to assess needs of mobile crisis and non-crisis programs & develop an action plan;
2) Implementation grants up to \$1 million per CCMU team to implement a new, or expand an existing, CCMU program. Must prioritize mobile behavioral health crisis services for individuals age 25 and younger, while also serving the broader population, with encouragement to support justice intervention services. DHCS, Deadline: November 29.

Infrastructure

[Behavioral Health Continuum Infrastructure](#): Grants to construct, acquire, and rehabilitate real estate assets, or invest in mobile crisis infrastructure, w/a portion of funding available for increased infrastructure for children and youth, 25 and younger.

[Project Homekey](#) - \$1.45 billion through the California Comeback Plan.

Provider Relief

[Provider Relief/American Rescue Plan](#) \$25.5 billion, with \$8.5 billion for providers/ organizations who serve rural Medicaid, Children's Health Insurance Program, and/or Medicare beneficiaries. Due: Oct. 26, 9 pm

Workforce

[Loan Repayment, Scholarship or Grant Program](#), Health Care Access and Information (HCAI) (formerly OSHPD)

CALBHB/C Issue Briefs



December 2018 www.facebook.com/CALBHC www.calbhbc.org

EMPLOYMENT – Successful practices for adults with mental illness.

ISSUE BRIEF

Work helps us feel well. Employment is a major therapeutic tool, improving quality of life and reducing symptoms in those with mild to moderate to severe mental illness. The following items are important for board/commission members to understand and consider as they advise locally and as they join with CALBHB/C for statewide advocacy.

Individual Placement & Support (IPS) is a successful Employment Practice as implemented in Alameda County, 20+ states and many countries.

What is IPS?
IPS is a model of supported employment for people with serious mental illness (for example, schizophrenia spectrum disorder, bipolar, depression). IPS is based on eight principles:

1. Competitive Employment
2. Systematic Job Development
3. Rapid Job Search
4. Integrated Services
5. Benefits Planning
6. Zero Exclusion
7. Time-Unlimited Support
8. Worker Preferences

IPS Data

- In CA, only 10% of people in the public mental health system work.
- IPS helps 50% or more of people get jobs.
- People are 2.5 times more likely to get a job with IPS vs. traditional rehab programs.
- People in IPS work longer stints, earn more, and are more likely to become steady workers than people in traditional programs.

See www.calbhbc.org/employment.html

MH Cooperative Programs
CA's Mental Health Cooperative programs are partnerships between County Mental Health agencies and the Department of Rehabilitation. These programs assist consumers find, get, and keep meaningful community employment. Programs serve over 7,000 consumers annually, resulting in over 750 successful closures annually. More than 80% of consumers with a mental health diagnosis receive vocational rehabilitation plan services when participating in the DOR Mental Health Cooperative programs. More at DOR.CA.GOV.



Peer Provider Certification
With the passage of SB 823 (Beall), CA will implement a process for certification for peer support specialists (who have lived experience with the process of recovery from mental illness, substance use disorder, or both). This bill requires DHCS, by July 1, 2022, to establish requirements for counties or their representatives. See www.calbhbc.org/peer-supports.html

CALBHB/C: A STATEWIDE ORGANIZATION SUPPORTING THE WORK OF CA'S 59 LOCAL MENTAL & BEHAVIORAL HEALTH BOARDS AND COMMISSIONS.

[Board & Care \(ARF or RCFE\)](#)

[Children & Youth:](#)

[Integrated School-Based BH
Transitional Age Youth \(TAY\)](#)

[Criminal Justice](#)

[Disaster Prep/Recovery](#)

[Employment **Updated!**](#)

[LGBTQ+ **New!**](#)

[Older Adults](#)

[Performance Outcome Data](#)

[Transitional Age Youth **New!**](#)

[Suicide Prevention](#)

Full listing of issues (30+) at: www.calbhbc.org/newsissues Questions: cal@calbhbc.com

On-Line Events & Reports: State/National Organizations/Agencies

MHSOAC

CA Mental Health Services Oversight & Accountability Commission:

[Client & Family Leadership Committee](#),
October 19, 1 pm

[Immigrant and Refugee Listening
Session](#), October 21, 4:30 pm

CASRA

CA Association of Social Rehabilitation Agencies (CASRA) Conference: "Making Connections" Conference will focus on how reducing harmful behaviors, being employed and having a sense of belonging all contribute to feelings of connection and worth. 10/19, 10/26 and 11/2, [Registration](#) Fee of \$49.99

CBHPC

CA Behavioral Health Planning Council:

[Performance Outcomes](#) - 10/19, 2-3:30pm

[Executive](#) - 10/20, 8:30 - 10 am

[Patients' Rights](#) - 10/20, 10:30 am-12pm

[Workforce & Education](#) - 10/20, 1:30-3 pm

[Housing & Homelessness](#) - 10/21, 8:30 am

[Systems & Medicaid](#) - 10/21, 10:30 am-12p

[Legislation](#) - 10/21, 1:30-3:15 pm

[General Session](#) - 10/22, 9 am-12 pm

Reminder: The "**Data Notebook**" is due to the CBHPC on November 30, 2021. Contact [Linda Dickerson](#) with questions.

Mental Health America

Mental Health Summit, November 5 - 6
[Streaming Live](#)

On-Line Events & Reports *Continued* - By Topic

CalAIM

[CalAIM Explained: A Five-Year Plan to Transform Medi-Cal, Fact Sheet](#) with examples of what success will look like, CA Health Care Foundation, 2021

Children & Youth

[Teen Mental Health and Substance Use Challenges](#), National Council for Mental Wellbeing, Recording

[Kids, Communities and Schools Convening](#), CA Alliance, MHSOAC and the Children's Partnership, September 2021 Recording

[Keeping Youth Close to Home: Building a Comprehensive Continuum of Care for California's Youth](#), CA Alliance of Child & Family Services Report

[Raising the Bar](#): Building system-and provider-level evidence to drive equitable education and employment outcomes for youth in extended foster care. First Place for Youth Research & Policy Brief

COVID 19

[The impact of complex trauma stemming from the COVID-19 pandemic](#), The Kennedy Forum Recording

[COVID-19 and Children's Mental Health: Addressing the Impact](#), Little Hoover Commission Report

[ER visits for suspected suicide attempts among teen girls rose during pandemic](#), CDC study says, CBS News

Crisis Care

[Launch of the 988 hotline](#) next summer [July 2022] DHCS News Release

Disaster

[First Aid Kit for Your Mind](#) for individuals, family and community members. in seven languages: English, Spanish, Chinese, Filipino, Hmong, Korean and Vietnamese.

Employment

[Vocational Services Integrated with Behavioral Health Care](#), CALBHB/C Recording

Housing/Homelessness

[Fostering Cross-System Collaboration Between Health and Homeless Systems of Care](#) Webinar Series, CA Health Care Foundation

Peer Support

[Peer Certification SB 803 Community Input Sessions](#), Seeking Input on Training/Exams, Grandparenting, and Specializations, Various October Dates, CalMHSA

[Peer Professional Training & Placement On-Line Training Program](#), Mental Health America of CA and Project Return Peer Support Network

Substance Use Disorder

Digital Therapeutics for Substance Use Disorders: Research Priorities and Clinical Validation [Recorded Webinar](#)

Telehealth

[Making Telehealth Work: Key Insights from the CA Safety Net](#), CA Health Care Foundation Webinar

Whole Person Care

[How Fragmented Care Harms People with Both Mental Illness and Substance Use Disorder](#), CA Health Care Foundation

Legislative Update

The following bills were recently signed into law.

Assisted Outpatient Treatment

[AB-507](#) Adjusts statutes related to Laura's Law, adding that a court, when considering an AOT petition:

- 1) Include consideration of a clinical determination that the person is unlikely to survive safely in the community without supervision and that the person's condition is substantially deteriorating, or that assisted outpatient treatment is needed to prevent a relapse or deterioration that would be likely to result in grave disability or serious harm to the person or to others.
- 2) The subject of the petition or the examining mental health professional is allowed to appear before the court for testimony by video conferencing.
- 3) The bill additionally authorizes filing a petition to obtain assisted outpatient treatment under the existing petition procedures for a person if the court makes a prescribed determination, including that the person is an eligible conservatee.

Competence to Stand Trial

[AB-317](#) Repeals provisions re: restoration of competency for a person charged with a misdemeanor, or a violation of probation for a misdemeanor, including provisions regarding administration for antipsychotic medication. A Court is authorized to conduct an inquiry into a defendant's competency, and is authorized, upon finding a defendant incompetent to stand trial, to suspend the proceedings and take actions, including granting diversion not to exceed one year or dismissing the charges. The application of conduct credits are extended to persons confined in a state hospital or other mental health treatment facility pending their return of mental competency.

Homelessness: Housing Projects

[AB-816](#) Prioritizes funding for projects serving people experiencing homelessness. CA's Department of Housing and Community Development is authorized to alter priority for funding to align eligibility for possible benefits (including Medi-Cal) intended to assist people experiencing homelessness.

Meeting Emergency Allowances

[AB-361](#): Exemptions from in-person requirements through Jan. 1, 2024 with specific conditions and requirements. [More Information](#)

Performance Outcome Data

[SB-465](#) Requires the MHSOAC to report to specified legislative committees outcomes for people receiving community mental health services under an MHSA full service partnership model, including any barriers to receiving the data and recommendations to strengthen California's use of full service partnerships to reduce incarceration, hospitalization, and homelessness.

Pupil Health

[SB 14](#)

- 1) An absence due to illness shall include an absence related to a pupil's mental or behavioral health.
- 2) Contingent on appropriation, requires the State Department of Education, on or before January 1, 2023, to recommend best practices & identify evidence-based, evidence-informed training programs for schools to address youth behavioral health, including, but not necessarily limited to, staff and pupil training.

Pupil Instruction

[SB 224](#) Requires:

- 1) School districts, county offices of education, state special schools, and charter schools that offer one or more courses in health education to pupils in middle school or high school to include in those courses instruction in mental health.
- 2) Instruction to include reasonably designed instruction on the overarching themes and core principles of mental health.
- 3) Instruction and related materials to be appropriate for pupils of all races, genders, sexual orientations, and ethnic & cultural backgrounds, pupils with disabilities, and English learners.
- 4) State Department of Education to develop a plan on or before January 1, 2024.

2-Year Bills Under Consideration

Want to join in advocacy? Please view ["Understanding Your Role"](#) below

Crisis Care Continuum

[AB 988](#): Behavioral Health Crisis (Related budget activity: \$20 Million has been allocated by the state to facilitate telecommunications and call center aspects of "988" by the July 2022 federal deadline.) CALBHB/C support for AB 988 is on hold at this time, awaiting amendments that will provide the foundation for CA's local behavioral health agencies to effectively implement 988 along with mental health crisis services and mobile mental health crisis units.

Integrated School-Based BH Partnership

[AB 552](#) - [Sample Letter & Fact Sheet](#)
(Support)

Mental Health Access

HR 432 / S. 828: [Advocacy](#)
(National Council for BH)

Understanding Your Role regarding State and Federal Legislation

As Individuals: Individuals can and should contact their legislators! Legislators especially appreciate hearing from residents within their districts.

As Advisory Bodies: Local mental/ behavioral health boards/commissions are in an advisory role. In most counties, legislative advocacy is handled through the Board of Supervisors / Executive Office.

See CALBHB/C's [legislative advocacy page](#) for more information and updates.

Resources for Boards/Commissions

[Best Practices Handbook](#) **UPDATED!**

[Brown Act Guide](#) **NEW!**

[Public Emergency Allowances](#)

[Conduct](#)

[Cultural Competence](#)

[Hybrid Meetings](#) **NEW!**

[Member Orientation](#)

[Mental Health Services Act](#)

- Role of MHB/C
- Fiscal
- [Community Program Planning](#)

[News/Issues](#)

[Performance Outcome Data](#)

[Templates/Sample Docs](#)

- Annual Reports
- Bylaws
- Member Orientation
- Recommendations
- Recruitment
- Site Visits
- *And More!*

[Welfare & Institutions Code](#)

Bylaw Requirements

- Duties
- Expenses
- Membership Criteria
- MHSA Community Planning

[Training: Modules](#)

- Duties
- Ethics Training
- Mental Health Services Act

[Training: Presentations/Recordings](#)

- Chair Training
- Performance Data & Fiscal Info
- Mental Health Board
- MHSA Community Program Planning
- Unconscious Bias

Evaluate Us!

CALBHB/C is here to provide resources, support, training, communication and coordinate advocacy for statewide issues. We invite you to evaluate us by taking a few minutes to complete: [Evaluate CALBHB/C](#).

Report to Us!

Let us know your top issues and/or resource needs: [Report to CALBHB/C](#)

Contact Us!

info@calbhbc.com www.calbhbc.org

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For ADA compliant or printed copies of CALBHB/C documents and resources, contact cal@calbhbc.com

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