

Important: By January 1, 2025, mental/behavioral health boards/commissions should update membership rosters and bylaws to comply with CA law. [Welfare & Institutions Code](#) (Link) [Helpful resources](#) on pages 2 and 3: [Bylaws](#) (Sample) & [Membership Guide](#) (Sample)



California Association of Local Behavioral Health Boards and Commissions

CALBHB/C Newsletter, August 2024

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The California Association of Local Behavioral Health Boards/Commissions (CALBHB/C) supports the work of CA's 59 local Mental/Behavioral Health Boards and Commissions.

Website: www.calbhbc.org

Email: info@calbhbc.com

CALBHB/C Meeting & Training

Hybrid (Zoom/Redding*)

September 7th, 2024

9:30 am - 3:30 pm

Please Register: www.calbhbc.org/registration

There is no fee to register.

Meeting 9:30 am - 12 pm

Updates from Statewide Organizations:

- CA Association of Local Behavioral Health Boards/Commissions (CALBHB/C)
- CA Behavioral Health Planning Council (CBHPC)
- Mental Health Services Oversight & Accountability Commission (MHSOAC)
- Peer Provider Certification Update

Issue-Based Discussion:

Local board/commission members will have the opportunity to share local successes and/or challenges

Training 1 pm - 3:30 pm

- Unconscious Bias (1 pm - 2:30 pm)
- Community Engagement: Ensuring Citizen & Professional Involvement At All Stages of the Local Planning Process. Training includes:
 - Behavioral Health Services Act (BHSA) Integrated Plan Requirements
 - Cultural Requirements

Please Register: www.calbhbc.org/registration

*CALBHB/C will pay lodging and travel expenses for one member per county in the Superior Region, but all are welcome! We will provide coffee/pastries and a deli-style lunch buffet to all attendees.

Important: By January 1, 2025, mental/behavioral health boards/commissions should update membership rosters and bylaws to comply with CA law. [Welfare & Institutions Code](#) (Link)

Bylaws (Sample)

Requirements

Updates to WIC 5604.5 are effective January 1, 2025. Updates are in **bold**.

The local **behavioral health board** shall develop bylaws to be approved by the governing body [usually the Board of Supervisors] which shall do all of the following:

- (a) Establish the specific number of members on the **behavioral health board**, consistent with subdivision (a) of Section 5604.
- (b) Ensure that the composition of the **behavioral health board** represents and reflects the diversity and demographics of the county as a whole, to the extent feasible.
- (c) Establish that a quorum be one person more than one-half of the appointed members.
- (d) Establish that the chairperson of the **behavioral health board** be in consultation with the local **behavioral health** director.
- (e) Establish that there may be an executive committee of the **behavioral health board**.

Contact CALBHB/C with questions:
info@calbhbc.com

Sample Bylaws:

www.calbhbc.org/bylaws

(Includes Word, Google Doc & PDF Versions)

BYLAWS OF THE [EXAMPLE] COUNTY BEHAVIORAL HEALTH BOARD	
ARTICLE I - NAME	
The name of this Board shall be the [Example] County Behavioral Health Board.	
ARTICLE II - AUTHORITY	
The authority of the [Example] County Behavioral Health Board is established pursuant to California Welfare and Institutions Code (WIC) 5604.	
ARTICLE III - DUTIES	
The duties of the Behavioral Health Board (as defined in section 5604.2 and 5963.03 of the Welfare and Institutions Code) are as follows:	
1. Review and evaluate the community's public behavioral health needs, services, facilities, and special problems in any facility within the county or jurisdiction where behavioral health evaluations or services are being provided, including, but not limited to: schools, emergency departments, and psychiatric facilities.	
2. Review any county agreements entered into pursuant to Section 5650. The local behavioral health board may make recommendations to the Board of Supervisors regarding concerns identified within these agreements.	
3. Advise the [Example] County Board of Supervisors and the [Example] County Behavioral Health Director as to any aspect of the local behavioral health program. Local behavioral health boards may request assistance from the local patients' rights advocates when reviewing and advising on mental health or substance use disorder evaluations or services provided in public facilities with limited access.	
4. Review and approve the procedures used to ensure citizen and professional involvement at all stages of the planning process. Involvement shall include individuals with lived experience of mental illness and/or substance use disorder and their families, community members, advocacy organizations, and behavioral health professionals. It shall also include other professionals that interact with individuals living with mental illnesses/substance use on a daily basis, such as education, emergency services, employment, health care, housing, law enforcement, local business owners, social services, seniors, transportation, and veterans.	
5. Submit an annual report to the Board of Supervisors on the needs and performance of the behavioral health system of the County of [Example].	
6. Review and make recommendations on applicants for the appointment of a local director of behavioral health services. The board shall be included in the selection process prior to the vote of the governing body.	

www.calbhbc.org/bylaws

Membership Guide (Sample)
www.calbhbc.org/membership-guide
(Includes Word, Google Doc & PDF Versions)

The "Membership Guide (Sample)" is intended to provide examples of documents to provide to local members. **Edit/adjust** to fit your needs.

[Example Name of Board/Commission]

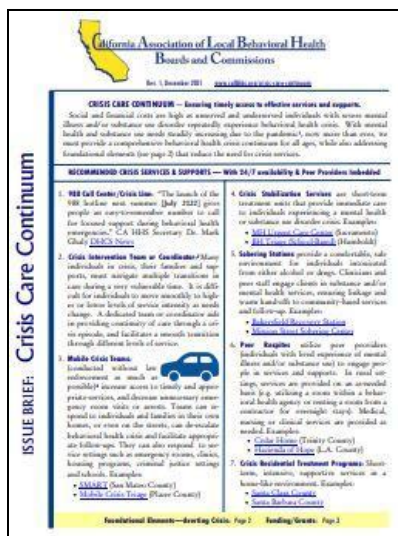
Membership Guide (Sample)
Revised July 10, 2024

The following documents are examples. Edit/adjust to fit your needs.

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 <u>Welfare & Institutions Code (WIC 5604+)</u> (Online: www.calbhbc.org/legislation-mhb-wic)	

Additional Resources: The CA Association of Local Behavioral Health Boards & Commissions provides the "Best Practices Handbook", resources, issue-based information and trainings. All are available at: www.calbhbc.org. Email: info@calbhbc.com

CALBHB/C Issue Briefs



[Board & Care \(ARF or RCFE\)](#)
[Children & Youth:](#)
[Integrated School-Based BH](#)
[Transitional Age Youth \(TAY\)](#)
[Crisis Care Continuum](#)
[Criminal Justice](#)
[Disaster Prep/Recovery](#)
[Employment](#)
[LGBTQ+](#)
[Lanterman Petris Short \(LPS\) Act](#)
[Older Adults](#)
[Performance Outcome Data](#)
[Transitional Age Youth](#)
[Suicide Prevention](#)

Full listing of issues (30+) at: www.calbhbc.org/newsissues Questions: cal@calbhbc.com

Advocacy (Legislative)

Join with us in legislative advocacy *after* reviewing "**Understanding your Role**" (below).

CALBHB/C's Governing Board supports legislation and budget items in response to issues reported by CA's 59 local mental/behavioral health boards and commissions, providing written and in-person advocacy. Top issues are included in our [Annual Goals](#) document, item C.

Understanding your Role

1. As Individuals:

Individuals can and should write to their state legislators! Legislators especially appreciate hearing from residents within their districts.

2. As Advisory Bodies:

Local mental/behavioral health boards/commissions are in an advisory role. In most counties, legislative advocacy is handled through the Board of Supervisors / Executive Office. Boards/commissions may wish to recommend specific legislation to their Governing Body (in most cases Board of Supervisors) and MH/BH Director (the BH Directors also advocate through their statewide association, County Behavioral Health Directors Association (CBHDA)).

CALBHB/C Governing Board Legislative Support

[Sample Letters & Fact Sheets](#)

Access

[AB 236](#) (Holden) Provider Directory Requirements [Fact Sheet](#) [Sample Letter](#)

Criminal Justice

[AB 2882](#) (McCarty): Community Corrections Performance Incentives [Fact Sheet](#) [Sample Letter](#)

Crisis Care Continuum

[AB 1316](#) (Irwin and Ward): Emergency Services: Psychiatric Emergency Medical Conditions [Fact Sheet](#) [Sample Letter](#)

For additions/updates, sample letters and fact sheets, see: calbhbc.org/legislative-advocacy

Grants/Funding

Children & Youth

[California LifeLine Foster Program](#): The California LifeLine Program (California LifeLine) is a state program that provides discounted home phone and cell phone services to eligible households.

[Wellness Coach Scholarships](#) The Wellness Coach role is a certified position to increase our state's capacity to support the growing behavioral health needs of our youth. It is designed to help build a more diverse and representative behavioral health workforce in CA that has the training and supervision needed to engage directly with young people where they live, study, and work. More information at:

cawellnesscoach.org/become-a-certified-wellness-coach/#apply-scholarship Related link: <https://cawellnesscoach.org/>

Closing date for applications is August 16, 2024.

Digital Access

[The California Advanced Services Fund \(CASF\) Broadband Public Housing Account](#) provides grants supporting free broadband for low-income residents of eligible housing communities. The program recently expanded eligibility for types of applicants and costs that can be reimbursed. Applications are accepted semiannually, by the 1st of July and January.

Housing/Homelessness

[Proposition 1 Funding](#): In Bond BHCIP Round 1: Launch Ready and Round 2: Unmet Needs, DHCS will distribute up to \$4.4 billion through competitive grants that aim to expand behavioral health treatment and residential settings. Of these funds, \$1.5 billion of competitive grant funding will be exclusively available to cities, counties, and tribal entities, and \$30 million specifically designated to tribal entities. Prospective Bond BHCIP applicants are encouraged to review the [Program Update](#) for more information.

Infrastructure

[Bond Behavioral Health Continuum Infrastructure Program \(BHCIP\) Round 1: Launch Ready RFA](#).

Eligible entities may apply and receive funding support to construct, acquire, and rehabilitate real estate assets in behavioral health settings that serve Medi-Cal members. DHCS will award up to \$3.3 billion in grant funds to Bond BHCIP Round 1: Launch Ready projects that expand the community-based continuum of behavioral health treatment and expanding services. The deadline to apply is December 13, 2024.

Workforce

The [Gerontology Scholarship](#) sponsored by the California Commission on Aging will launch the first application phase of the CCoA Gerontology Scholarship Program. Information will be posted at www.ccoa.ca.gov

[Minority Fellowship Program](#) – \$15.4 million – This program aims to reduce health disparities and improve behavioral health care outcomes for racial and ethnic populations. The program also seeks to train and better prepare behavioral health practitioners to more effectively treat and serve people of different cultural and ethnic backgrounds.

[Addiction Technology Transfer Centers Cooperative Agreements](#) – \$9.0 million – This program develops and strengthens the specialized behavioral health care and primary health care workforce that provides substance use disorder (SUD) treatment and recovery support services.

Also see: grants.ca.gov

Reports, Articles & Webinars - By Topic

Criminal Justice

[Diversion Reentry Recommendations Webinar.](#)

Please join for a high-level overview of the Diversion Reentry recommendations included in the CCJBH [21st](#) & [22nd](#) Annual Legislative Reports. The recommendations will be presented by CCJBH Councilmember Tracey Whitney, the Los Angeles County District Attorney's Mental Health Liaison. Key themes for the Diversion and Reentry Workgroup recommendations include recent state investments and how they can be used to support systems' infrastructure, workforce expansion and development, the Community Assistance, Recovery & Empowerment (CARE) Act, California's Crisis Continuum of Care, housing/homelessness, data collection, analysis, and reporting, and much more! Advance [registration](#) is required. September 19, 12:00 p.m.- 1:00 p.m.

Incompetent to Stand Trial (IST) Infrastructure

Examples:

- [Golden Legacy Care Center](#) - The L.A. County-based CIF exemplifies alternative living, a step down from a state hospital.
- [Christ-Centered Ministries](#) shares best practices and success stories of the Los Angeles CBR program. 2024

Crisis Care Continuum

[Peers in the Crisis Care Continuum](#), Learn about the work that peers with lived experience are playing in community-based respite, and opportunities to expand the work of peers across the entire behavioral health continuum. [Recording & Materials \(from July 23, 2024\)](#)

[Opinion: The Mental Health Crisis Hotline \(988\) Is Working. So Why Doesn't It Get the Funding It Needs?](#), LA Times Opinion Article by Chuck Ingoglia, President and Chief Executive at the National Council for Mental Wellbeing

Culture, Race, Ethnicity

[Community Approaches to Counter Hate Webinar.](#)

Learn steps for self-care and community healing when encountering Asian American (AA), Native Hawaiian (NH), and Pacific Islander (PI) hate incidents. Approaches will be shared that are designed to uplift mental health, strengthen the community, and prevent hate. SAMHSA [Facebook Recording](#) *(More next column)*

Culture, Race, Ethnicity Continued

[Engaging Equitably: Ushering in a New Era of Diversity and Inclusion](#), CAMHPRO welcomes all peers to this forum, August 13th, 9:30 - 2 pm, Oakland (Includes \$15 gift card, free parking, coffee, pastries, lunch.) [Registration](#)

[Inclusive Care for Black Transgender, Nonconforming Patients](#), CA Health Care Foundation Recording

[AANHPA Youth Mental Health Policy Brief](#),

Summary of findings on youth from Asian American/Native Hawaiian/Pacific Islander (AANHPI) communities shows that AANHPI high school students in California reported an alarmingly high prevalence of past year depression and suicide ideation.

Employment

[Success Story shared by CA Department of Rehabilitation:](#)

"Sebastian's journey with SSDI was marked by unemployment and homelessness. Despite these hardships, he was determined to work again. He was very concerned about losing his SSDI, healthcare, housing, and CalFresh benefits right away. His DOR counselor referred him to Rita, a DOR Work Incentive Planner (WIP). He recalled working with a WIP in the past and wanted to understand how employment would affect his benefits. He shared his desire to work and regain a sense of normalcy in his life, like how he felt before losing his high-paying jobs due to his mental health condition. Now stable on medication, he was focused on the future and accepted a position at a local store.... [View Article from DOR July 2024 Spotlight on Social Security Newsletter](#)

Housing/Homelessness

[Public Housing and Serious Mental Illness:](#)

Practical Recommendations for Housing Providers, SAMHSA, Recorded Webinar (will be posted soon)

[Proposition 1 Webinar with Housing Focus,](#)

Representatives from the Health and Human Services Agency, the Business, Consumer Services and Housing Agency, the Department of Housing and Community Development, and the Department of Veterans Affairs will discuss the implementation of Proposition 1, The Behavioral Health Services Program and Bond Measure, which was approved by voters in March. Tuesday, August 13, 2 to 3 pm

Housing/Homelessness Continued

[Encampment Strategies](#): A Conversation With Communities includes an overview of [19 Strategies for Communities to Address Encampments Humanely and Effectively](#), US Interagency Council on Homelessness Recorded Webinar

[California Counties Statement on Governor's Executive Order](#), California State Association of Counties (Related to recent Supreme Court "Grants Pass Case" ruling.)

LGBTQ+

[P.R.I.D.E. Series of Webinars](#) addresses stigma and prejudice against the LGBTQ+ community. Provided by: Diversity Collective and United Parents; Funded by CA Department of Health Care Services:

- Stereotypes & Implicit Bias, Sept 3, 12 - 1:30 pm
- Mental Health & Wellbeing, Sept 10, 12 - 1:30 pm
- Coming Out Experiences, Sept 17, 12 - 1:30 pm
- Health/Professional Standards, Sept. 24, 12-1:30

[Inclusive Care for Black Transgender, Nonconforming Patients](#), CA Health Care Foundation Recording

Medi-Cal

[Behavioral Health Member Handbooks](#):

1. [Mental Health and Drug Medi-Cal Member Handbook Template](#), Specialty Mental Health Services and Drug Medi-Cal
2. [Mental Health and Drug Medi-Cal Organized Drug Services Handbook Template](#), Specialty Mental Health Services and Drug Medi-Cal Organized Delivery System

The Handbooks cover:

- How to receive behavioral health services through your county.
- What benefits you can access.
- What to do if you have a question or problem.
- Your rights and responsibilities as a member of your county.
- If there is additional information about your county, which may be indicated at the end of this handbook.

Peer Providers

[Engaging Equitably: Ushering in a New Era of Diversity and Inclusion](#), CAMHPRO welcomes all peers to this forum, August 13th, 9:30 am - 2 pm, Oakland (Includes \$15 gift card, free parking, coffee, pastries, lunch.) [Registration](#)

(More Next Column)

Peer Providers Continued

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[Peers in the Crisis Care Continuum](#), Learn about the work that peers with lived experience are playing in community-based respite in California and nationally, and opportunities to expand the work of peers across the entire behavioral health continuum. [Recording & Materials \(from July 23, 2024\)](#)

Proposition 1

[Implementation Timeline Infographic](#), Department of Health Care Services

[Mental Health for ALL](#): California's Behavioral Health Transformation informational Webinar, [Recording](#), [Presentation Slides](#)

[Updates](#): Sign up to receive Prop 1 updates on implementation at the Department of Health Care Services (DHCS) [website](#).

[Proposition 1 Webinar](#), Representatives from the Health and Human Services Agency, the Business, Consumer Services and Housing Agency, the Department of Housing and Community Development, and the Department of Veterans Affairs will discuss the implementation of Proposition 1, The Behavioral Health Services Program and Bond Measure, which was approved by voters in March. Tuesday, August 13, 2024, 2 to 3 PM Pacific.

Stigma

[Untangling Roots Video Series](#), Tulare County, The objective is to reduce the stigma associated with receiving Mental Health and Substance Use Disorder (SUD) Services by highlighting the importance of seeking wellness and recovery for the individual and our community. Recordings.

[Alignment for Progress: A Commitment to Stop Stigma Report](#), The Kennedy Forum

Reports, Articles Continue on the Next Page

Substance Use

[California Drink Test Kits](#), NPR.org

[Meth and Heart Disease](#), Dr. Shirin Jimenez, UC Davis Heart Failure/Cardiology Unit, Meeting host: Sacramento County Methamphetamine Coalition, August 8, 2 pm - 3:30 pm

[Substance Use Disorder in Unhoused Populations](#), Providers Clinical Support System - [Recording](#)

Veterans

[Serving Those Who Served Webinar](#) on CA's Mental Health Programs includes guests from MHSOAC, CalVet, and various veteran service agencies. [Recording](#)

Whole Person Care

[Whole System Care Conference](#): Practice, Innovation, and Policy Implementation in Indian Wells, CA, Registration \$299/\$319, November 7-8

Resources for Boards/Commissions

[Acronyms - Updated!](#)

[Best Practices Handbook](#)

[Behavioral Health Services Act - Updated!](#)

- [Stakeholder Requirements - New!](#)

[Brown Act Guide](#)

[Conduct](#) (Conducta (Spanish)) - [Updated!](#)

[Cultural Relevance](#)

[Hybrid Meetings](#)

[Mental Health Services Act](#)

- Role of MHB/C
- Fiscal
- [Community Program Planning](#)

[Membership Guide \(Sample\) - Updated!](#)

[News/Issues](#)

[Performance Outcome Data](#)

[Recommendations](#)

[Review](#) - Key Considerations & Roles

[Templates/Sample Docs](#)

- Agendas
- Annual Reports
- Recommendations
- Recruitment
- Site Visits

[And More!](#)

[Welfare & Institutions Code](#)

- Bylaw Requirements
- Duties
- Expenses
- Membership Criteria
- MHSA Community Planning

[Training: Modules](#)

- Duties
- Ethics Training
- Mental Health Services Act

[Training: Materials/Recordings -](#)

1. [Basic Training](#): How to be an Effective MH/BH Board/Commission (42 minutes)
2. [Behavioral Health Continuum](#) (15 minutes)
3. [Chair & Admin](#) (60 minutes)
4. [Community Engagement & Unconscious Bias](#): Ensuring Citizen & Professional Involvement Throughout the Planning Process
5. [Community Program Planning](#) (MHSA "CPP") (60 minutes)
6. [Performance & Fiscal](#) (41 minutes)

Meetings/Events

CA Association of Local Behavioral Health Boards/Commissions (CALBHB/C)

Hybrid Meetings/Trainings

- September 7th, 9:30 am - 3:30 pm, Hybrid: Redding/Zoom [Registration](#)
- [2024/2025 Meetings/Training Schedule](#)

CA Department of Health Care Services (DHCS) [Stakeholder Advisory Committee \(SAC\)](#) and [Behavioral Health Stakeholder Advisory Committee \(BH-SAC\)](#)

October 16, 9:30 am - 3 pm

CA Council on Criminal Justice and Behavioral Health (CCJBH)

2024 CCJBH meetings are posted at: www.cdcr.ca.gov/ccjbh/meetings

Mental Health Services Oversight & Accountability Commission (MHSOAC)

Fourth Thursdays (*Usually*) - [Schedule](#)

CA Health & Human Services (HSS) [Behavioral Health Task Force](#)

Hybrid Quarterly Meetings:

August 28, 2024, 10 am - 3 pm

November 13, 2024, 10 am - 3 pm

[CARE Act Working Group:](#)

August 21, 2024: 10 am - 3 pm

November 6, 2024: 10 am - 3 pm

[988 Crisis Policy Advisory Group](#)

August 14, 10 am - 3 pm

[CalMHSA Peer Certification Stakeholder Advisory Council](#)

Friday, October 18th, 1 pm [Zoom Link](#)

Evaluate Us!

CALBHB/C is here to provide resources, support, training, communication and coordinate advocacy for statewide issues as detailed in our [Annual Report](#). We invite you to evaluate us by taking a few minutes to complete: [Evaluate CALBHB/C](#).

Report to Us!

Let us know your top issues and/or resource needs: [Report to CALBHB/C](#)

Contact Us!

Email: info@calbhbc.com Website: www.calbhbc.org

Facebook: www.facebook.com/CALBHBC

For ADA compliant or [printed copies](#) of CALBHB/C documents and resources, contact cal@calbhbc.com

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