



Addressing the Critical Need:

**Adult Residential Facilities  
(Board & Cares) for Individuals with  
Serious Mental Illness**

[www.calbhbc.org/homeless--housing](http://www.calbhbc.org/homeless--housing)

# ARFs/RCFE's – Addressing the Critical Need

- 1. What is an ARF/RCFE?**
- 2. The Critical Need**
- 3. Three Key Challenges**
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# What is an ARF or RCFE: Names/Synonyms

- **ARF:** Adult Residential Facilities
- **RCFE:** Residential Care Facility for the Elderly
- **Board & Care** (often called “enhanced” or “augmented” Board & Care
- **Assisted Living**

# What is an ARF or RCFE: SERVICES

ARFS and RCFE's are licensed to provide:

- **24 Hour Care** in a home-like environment
- **Trained Staff**
- **Three Meals/Day** (must accommodate special dietary needs.
- **Access to a physician/nurse** in case of emergency.
- Assistance with **managing medications**

# What is an ARF or RCFE: EXAMPLES

## County Owned

- Trinity County – 6 Bed, Contractor Run
- Tulare County – 53 Bed, County Run

## Privately Owned

- 45+ Beds
- Counties pay “Patches” of \$64 to \$125/day
- Out-of-County Placement is common

# The Critical Need

- **1000's of beds lost**
- **1000's of beds needed**
- **Financial and Social Impact:**
  - Crisis Continuum
  - Homelessness
  - Recidivism
- **Displacement from Community**

# Three Key Challenges

1. **Financial:** Operating and Capitol Expenses
2. **Staffing:** Training, Support and Salaries
3. **NIMBY** (Not In My Backyard) Opposition

# Solutions

## 1. Immediate:

- Funding to prevent closures
- Funding to increase local offerings

## 2. Long-Term:

- Financial
- Staff Support
- Local Advocacy

More at: [www.calbhbc.org/homeless--housing](http://www.calbhbc.org/homeless--housing)

# Solutions: Advocacy

**Tyler Rinde**, Policy Analyst, County Behavioral Health Directors Association Of CA - **CBHDA**

- **Board & Care Ask - Steinberg Institute & CBHDA**
- **Governor Newsom's homelessness & mental health budget proposal** includes help to stabilize board and care facilities/homes.

# CALBHB/C Resources

Member Orientation, Recruitment & *more*

<https://www.calbhbc.org/resources.html>

On-line Training & Handbooks:

<https://www.calbhbc.org/training.html>

Frequently Asked Questions:

<https://www.calbhbc.org/faqs.html>

Issue Briefs and more:

[www.calbhbc.org](http://www.calbhbc.org)

CA Association of Local Behavioral Health Boards and Commissions supports the work of CA's 59 local mental/behavioral health boards and commissions.