- 17% of program participants reported participating in LGBTQ+ Support Services and 83% reported participating in Other LGBTQ+ Service/Groups
- 100% of participants would recommend the program to others.

## First 5 Behavioral Consultation & Support (PEI)

Access and Linkage to Treatment Program

Strategy: Outreach for Increasing Recognition of Early

Signs of Mental Illness

Average in FY 2020/21: 448 Average in FY 2021/22: 390 Average in FY 2022/23: 421

Referral Outcome Data (as required in Section 3560.010(b)(3):

1 referral was made to treatment that is provided, funded, administered or overseen by ACBH. This kind of treatment includes Parent Child Interaction Therapy (PCIT), Nexus Youth and Family Services programs funded via MHSA, Perinatal Wellness Therapeutic services and services provided directly by ACBH. The one referral that was made engaged at least once in the program to which they were referred.



- Two referrals were made to treatment that is not provided, funded, administered or overseen by ACBH.
- o Average Duration of Untreated Mental Illness was two weeks.

## Outreach for Increasing Recognition of Early Signs of Mental Illness:

- Location/Setting: Several types of outreach were conducted throughout FY 22/23. Locations/Settings include inperson at the First 5 Amador building, schools, community settings (family resource centers, parks and other
  community settings). Other locations/settings included advertising/outreach on local buses, virtual platforms (e.g.
  Zoom, social media and email) and curbside pickup at various locations throughout the county.
- o Brief Description of Activity: Information, messages and materials pertaining to children's mental health and/or social emotional wellness were incorporated into the activities. The activities included Perinatal Wellness, Toddler Play Groups, and Kindergarten Readiness, Bridge Program, Celebrate Our Children (annual event), Child Care Provider Appreciation, health and resource fairs as well as various online newsletters and emails.
- # of Potential Responders: 1,921 (includes # served and outreach)
- Types of Responders: Families, parents, children, toddlers, medical community, community-based organizations, home visitors, transportation, health and human services workers, private practice therapists and other individuals and community members interested in the wellbeing of children aged 0-5 and their families.

Children: 256 Teens: 3

TAY: 17 Adults: 122 Older Adults: 23

Older Adult Male: 0 Female: 3 African American: 1 Asian American: 4 Caucasian: 151

Latino/ Hispanic: 38 Native American: 18 Multi Race/ Eth.: 44 Other/ Unknown: 60

Homeless: --Veterans: --LGBTQ: --Probationers: --

#### Participant Feedback:

N=3 for First 5 Behavioral Consultation & Support

- o 100% of program participants reported that the program improved their emotional wellbeing
- o 33% of program participants reported participating in First 5 Parenting Education and 67% reported participating in Other First 5 Program/Event, such as Mom Me Time.
- 100% of participants would recommend the program to others.

#### Added Comments:

- Without my time with clinician's name I would not feel functional some of the time. I appreciate her and First 5
   Amador for their support.
- o Plan to return and follow up with clinician.

# **Nexus Community Outreach Family Resource Centers (PEI)**

Combined Program – Prevention and Early Intervention Strategy: Outreach for Increasing Early Signs of Mental Illness; Access and Linkage to Treatment

Referral Outcome Data (as required in Section 3560.010(b)(3):

- 25 referrals were made to treatment that is provided, funded, administered or overseen by ACBH. This kind of treatment includes Nexus Youth and Family Services programs funded via MHSA, and services provide directly by ACBH. Of the 25 referrals made, 9 reported engaging at least once in the program to which they were referred.
- No referrals were made to treatment not funded, administered or overseen by ACBH.
- The average duration of the onset of mental illness to seeking treatment is 10 years for Nexus clients who participated in ACBH therapy services.
- o The average interval between the referral and participation in treatment is 4 weeks.



- Location/Setting: Outreach took place at the Nexus Youth & Family Services office, Community Centers located in lone, Camanche and Upcountry (Pine Grove), Zoom, YouTube, Phone and visits to client's homes. Additional outreach was provided in-person at community events either organized by Nexus Youth & Family Services or their partners.
- o Brief Description of Activity: Activities included volunteer support, food distribution events targeted to general population living in outlying isolated areas, seniors and Hispanics. Wellness Workshops targeted to the general population living in outlying isolated areas, seniors and Hispanics were provided. Other activities include events, trainings regarding mental health, case management support services, information and referral, 12 step support groups, and clothes closets. Interactive Journaling® series and QPR were offered throughout the year. Comprehensive case management services to support personal growth, mental health stability, wellness and resiliency were provided. Community outreach events were held throughout the year supporting targeted populations, such as youth, domestic violence/sexual assault victims and those who are unhoused or at-risk of losing housing. Events were held at public parks, family resource centers and other community-based settings.
- Setting Where Potential Responders Were Engaged: Zoom, YouTube, phone and onsite, in-person services were provided throughout the year. In-person services were provided at the Nexus Youth & Family Services office, Community Centers located in Ione, Camanche and Upcountry (Pine Grove) and visits to client's homes. Additional in-person outreach services were provided at events held at public parks and other community-based settings.
- # of Potential Responders: 391



 Types of Responders: The general public, isolated community members, the Hispanic community, educators, faith leaders, Seniors, youth and foster youth, consumers and/or family members.

Average in FY2020/21: 532 Average in FY2021/22: 507 Average in FY2022/23: 559

Children: 10 African American: 4
Teens: 35 Asian American: 9
TAY: 39 Caucasian: 347
Adults: 261 Latino/ Hispanic: 60
Older Adults: 214 Native American: 61
Homeless: 9 Multi Race/ Eth.: 9
Veterans: 20 Other/Unknown: 69

LGBTQ: 5 Male: 20
Probationers: 3 Female: 43
Parolees: 0 Self-identify: 0

#### Participant Feedback:

#### N = 63

- o 64% (the majority of participants), participated in all three--a community center activity, presentation and/or training and supportive services/case management
- o 98% would recommend the program to others
- o 93% agreed the program improved their emotional wellbeing
- Before participating in this program, 15% of program participants reported experiencing a psychiatric hospitalization (either themselves or a family member). After participation, no one reported experiencing psychiatric hospitalization.
- Before participating in this program, 24% of program participants reported that they were homeless or at-risk of homelessness. After participation, 9% reported being homeless or at-risk of homelessness. This is a 15% decrease.
- Before participating in this program, 33% of participants were employed, volunteering, or participating in a school internship. After participation, 40% reported that they were employed, volunteering or participating in a school internship. This is a 7% increase.
- Over 75% reported that they are feeling optimistic about the future, useful, loved, cheerful, feeling close to other people, thinking clearly and have been able to make up their own mind about things, 'Some of the Time' or 'Often' after participation.

#### Added comments:

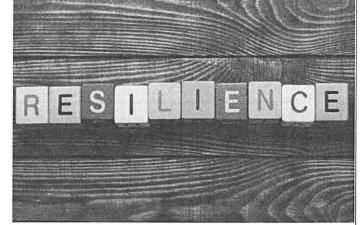
- So happy to go and socialize and do new things.
- Highly recommend Tammy for helping.
- Sometimes, the hardest thing for me is getting up and out of the house. Once I do, I am so glad I did.
- o Great to be involved in this group.
- o Everyone that works at Nexus has been very kind and helpful. Thank you.

Nexus Building Blocks PCIT & ART Programs (PEI)

Combined Program – Prevention and Early Intervention Strategy: Access and Linkage to Treatment

Referral Outcome Data (as required in Section 3560.010(b)(3):

- o 19 referrals were made to treatment that is provided, funded, administered or overseen by ACBH. This kind of treatment includes services provided directly by ACBH. Of the 19 referrals made, 6 reported engaging at least once in the program to which they were referred and 10 chose not to follow through on the referral. 3 referrals were considering their service options.
- No referrals were made to treatment that is not provided, funded, administered or overseen by ACBH.
   This kind of treatment includes CHAT services.



- The average duration of the onset of mental illness to seeking treatment is 2 years for Nexus clients who
  participated in ACBH therapy services.
- o The average interval between the referral and participation in treatment is 3 weeks.

Average in FY 2020/21: 193 Average in FY 2021/22: 453 Average in FY 2022/23: 189

Children (0-5): 9
Youth (6-12): 32
Teens: 94
TAY: 1
Adults: 10
Older Adults: 0
African American: 0
Asian American: 1
Caucasian: 91
Latino/Hispanic: 29
Native American: 2
Other/Unknown: 0

# Nexus Youth Empowerment Program/Project Success (PEI)

Combined Program – Prevention & Stigma and Discrimination Reduction Program
Strategy: Access & Linkage to Treatment; Non-Stigmatizing and Non-Discriminatory Strategies
Referral Outcome Data (as required in Section 3560.010(b)(3):

- o 16 referrals were made to treatment that is provided, funded, administered or overseen by ACBH. This kind of treatment includes services provided directly by ACBH. Of the 16 referrals made, 2 reported engaging at least once in the program to which they were referred.
- o 7 referrals were made to treatment that is not provided, funded, administered or overseen by ACBH. Of these 7 referrals, all reported engaging at least once in the program to which they were referred. This kind of treatment includes CHAT.
- The average duration of the onset of mental illness to seeking treatment for Nexus clients who were referred to treatment that is provided, funded, administered or overseen by ACBH is 6 months.
- o The average interval between the referral and participation in treatment was two to four weeks.

Non-Stigmatizing and Non-Discriminatory Strategies—pre and post surveys administered to program participants:

Amador High School - Fall Semester

QUESTION	CLEAR OR CRYSTAL CLEAR <b>BEFORE</b> PROJECT SUCCESS	CLEAR OR CRYSTAL CLEAR <i>AFTER</i> PROJECT SUCCESS
My understanding of how to identify a trusted adult.	46.87%	82.81%
My understanding of how the use of alcohol and tobacco impact my brain and body.	38.24%	85.29%
My understanding of how using alcohol can affect the overall performance of student athletes.	53.62%	91.31%
My understanding of the number of chemicals in tobacco and vape products.	26.47%	83.82%
My understanding of how tobacco companies use marketing to reach their next generation of consumers.	36.77%	85.29%
My understanding of the effects of alcohol, tobacco, and marijuana on the brain and long-term consequences.	25.00%	76.47%
My understanding of how marijuana can impact the overall function of the brain.	37.51%	85.94%
My understanding of how to use coping techniques for stress and anxiety.	27.14%	82.86%
My understanding that mental illness is a health condition that is not a result of personal weakness.	48.44%	93.75%

Amador High School - Spring Semester

I High School – Spring Semester	CLEAR OR CRYSTAL CLEAR	CLEAR OR CRYSTAL	
QUESTION	BEFORE PROJECT SUCCESS	CLEAR AFTER PROJECT SUCCESS	
My understanding of how to identify a trusted adult.	52.81%	76.41%	
My understanding of how the use of alcohol and tobacco impact my brain and body.	55.56%	86.66%	
My understanding of how using alcohol can affect the overall performance of student athletes.	61.11%	92.22%	
My understanding of the number of chemicals in tobacco and vape products.	38.21%	82.22%	
My understanding of how tobacco companies use marketing to reach their next generation of consumers.	46.66%	84.44%	
My understanding of the effects of alcohol, tobacco, and marijuana on the brain and long-term consequences.	46.66%	84.44%	
My understanding of how marijuana can impact the overall function of the brain.	55.06%	83.33%	
My understanding of how to use coping techniques for stress and anxiety.	30.00%	73.33%	
My understanding that mental illness is a health condition that is not a result of personal weakness.	55.06%	87.64%	

Jackson Junior High School:

n Junior High School:	CLEAR OR	CLEAR OR
QUESTION	CRYSTAL CLEAR BEFORE PROJECT SUCCESS	CRYSTAL CLEAR AFTER PROJECT SUCCESS
My understanding of how past experiences affect my self-image.	-22.22%	61.20%
My understanding of how using S.M.A.R.T. goals will help my decision-making.	20.38%	67.24%
My understanding of the affects that tobacco and vaping can have on my overall health.	53.85%	94.87%
My understanding that communication is not only verbal.	32.48%	89.75%
My understanding of how my body language and words can affect my communication with others.	46.55%	81.04%
My understanding of how to use coping techniques for stress and anxiety.	23.07%	68.97%
My understanding of the number of chemicals in tobacco and vape products.	23.02%	69.97%
My understanding of the effects that alcohol and tobacco have on my body.	49.11%	92.86%
My understanding of how tobacco companies use marketing to reach their next generation of consumers.	31.19%	71.30%
My understanding that conflict does not have to end poorly if I am committed to a positive resolution.	23.37%	57.95%
My understanding of the effects of marijuana on my body.	33.95%	82.57%
My understanding of the importance of positive mental health.	45.45%	84.55%

Ione Junior High School

	CLEAR OR	CLEAR OR
	CRYSTAL CLEAR	CRYSTAL
understanding of how using S.M.A.R.T. goals will help my cision-making.  understanding of the affects that tobacco and vaping can have on overall health.  understanding that communication is not only verbal.  understanding of how my body language and words can affect my munication with others.  understanding of how to use coping techniques for stress and ciety.  understanding of the number of chemicals in tobacco and vape ducts.  understanding of the effects that alcohol and tobacco have on my dy.  understanding of how tobacco companies use marketing to reach	<b>BEFORE</b> PROJECT	CLEAR AFTER
	SUCCESS	PROJECT
		SUCCESS
My understanding of how past experiences affect my self-image.	26.76%	73.76%
My understanding of how using S.M.A.R.T. goals will help my decision-making.	34.97%	78.01%
My understanding of the affects that tobacco and vaping can have on my overall health.	48.55%	92.20%
My understanding that communication is not only verbal.	35.92%	73.24%
My understanding of how my body language and words can affect my	51.78%	83.46%
anxiety.	31.21%	76.76%
My understanding of the number of chemicals in tobacco and vape products.	20.42%	80.56%
My understanding of the effects that alcohol and tobacco have on my body.	51.77%	90.85%
My understanding of how tobacco companies use marketing to reach their next generation of consumers.	27.34%	75.71%
My understanding that conflict does not have to end poorly if I am committed to a positive resolution.	26.09%	60.87%
My understanding of the effects of marijuana on my body.	35.46%	85.10%
My understanding of the importance of positive mental health.	57.14%	90.78%

Average in FY 2020/21: 1,429 Average in FY 2021/22: 1,355 Average in FY 2022/23: 3,443

Children (0-5): 0 Youth (6-12): 574 Teens (13-17): 893 TAY (18-24): 0 Adults: 0

Older Adults: 0

African American: 19 Asian American: 21 Caucasian: 1,097 Latino/ Hispanic: 234 Native American: 6 Multi Race/ Eth.: 46 Other/ Unknown: 44 Homeless: 0 Veterans: 0 LGBTQ: 3 Probationers: 0 Parolees: 0

#### Nexus Promotores de Salud Program (PEI)

Prevention Program

Strategy: Improve timely access to underserved populations

Referral Outcome Data (as required in Section 3560.010(b)(4):

- o 11 referrals were made in FY22/23
- 3 individual referrals followed through on the referral and participated at least once in the program to which they were referred
- Of the other 9 individual referrals, 5 chose not to follow through on the referral and 3 were considering service options.
- The average interval between referral and participation in services to which the participant is referred was 3 weeks.
- The Promotores de Salud encourage follow through on referrals by following up with each client who was referred for treatment services.



The Promotores de Salud, Nexus staff and ACBH participate in the Latino Engagement Committee quarterly and are in close contact regarding referrals. Additionally, the Promotores de Salud provide case management support, advocacy and offer to attend appointments with participants to offer support and provide 'warm hand offs' with providers.

Average in FY 2020/21: 295 Average in FY 2021/22: 352 Average in FY 2022/23: 98

Children (0-5): 0 African American: 0 Youth (6-12): 0 Asian American: 0 Teens (13-17): 7 Caucasian: 0

TAY (18-24): 9 Latino/ Hispanic: 98
Adults: 74 Native American: 0
Older Adults: 8 Multi Race/ Eth.: 0
Other/ Unknown: 0

Homeless: 1 Male: 7
Veterans: 0 Female: 52
LGBTQ: 3 Self-Identify: 0

Probationers: 0 Parolees: 0

#### Participant Feedback

#### N=60

- 38% participated in Promotores presentations
- o 65% stated 'Other' and reported that they participated in one-on-one support, or other service such as translation/interpretation services as well as the Hispanic Women's Group.
- 100% would recommend the program to others
- 100% agreed the program improved their emotional wellbeing
- Over 70% reported that they were feeling cheerful and loved 'Often' or 'Most of the Time' after participation.
- Over 80% reported that they were optimistic about their future, feeling useful, relaxed, interested in other people, dealing with problems well, feeling good about themselves, feeling more confident, able to make up their mind about things and showing interest in new things 'Sometimes' or 'Often' after participation in the program.

# The Resource Connection Grandparents Program (PEI)

Prevention Program

Strategy: Improve Timely Access to Underserved Populations Referral Outcome Data (as required in Section 3560.010(b)(4):

# The Engaging Families Resource Empowering Communities Connection

- 9 referrals were made to ACBH, a Prevention & Early Intervention Program or treatment beyond early onset in FY 22/23.
- 5 individual referrals followed through on the referral and participated at least once in the program to which they were referred
- The average interval between referral and participation in services to which the participant is referred was 2 weeks.
- The Resource Connection encourages follow through on referrals by following up with each client who was referred for treatment services by phone or email.

Average in FY 2020/21: 71 Average in FY 2021/22: 76 Average in FY 2022/23: 52

Children (0-5): 3 African American: 0 Homeless: --Youth (6-12): 6 Asian American: 0 Veterans: 8 Teens (13-17): 0 Caucasian: 12 LGBTQ: --TAY (18-24): 0 Latino/ Hispanic: 4 Probationers:--Adults: 0 Native American: 4 Male: 0 Older Adults: 43 Multi Race/ Eth.: 4 Female: 15 Other/ Unknown: 0 Self-Identify: 0

#### Participant Feedback:

#### N = 15

- o 100% were continuing the program/group
- o 53% participated in the monthly Grandparent Café groups for education and support
- 27% participated in the Grandparent's Respite Program and 20% stated they participated in 'Other Resource Connection Program' which included the combination of Grandparent Café's and Grandparent Respite programs.
- o 100% would recommend the group to others.
- o 100% felt the program improved their emotional wellbeing
- o 100% reported feeling useful and loved 'Often' or 'All of the Time' after participating in the program.
- Over 90% reported that they were thinking clearly, feeling good about themselves and able to make their own minds up about things 'Often' or 'All of the Time' after participating in the program.

#### Added comments:

- It's wonderful
- o I've been participating in several of the programs for grandparents. Thank you so much for these. As grandparents we have unique needs. Community is so important for us. Outside the mainstream of what would be normal for parents, our generation stands with one foot in too worlds- younger and aging. We need these programs for connection and support. Of all the social programs deserve Ung funds, this one is critical. Thank you so much.
- Love the grandparents club in health benefit grandparents who are all going through the same thing we really need it. It's wonderful thank you.
- Please, keep all the grandparent community services. We need it so much. It's our support system and connection to other grandparents raising grandchildren. Extremely helpful, educational and mentally rewarding to us and our grandchildren!
- A great resource, well needed in our County. THANK YOU.
- Wonderful program that gives us valuable information and tools, we use daily!
- o I love that they are very helpful and knowable. They are there even if you need to talk. Great group. Perfect Director.
- The comrades and professionals I've met have been priceless. The classes and courses greatly add to supporting me in my family roles. I'm grateful for the support of this program.
- o It was well planned out. Very enjoyable and relaxing. My grandson/son loved the location and wanted us to get a house like that. LOL. People (adults) we encouraged to interact freely, which is always a plus when you are around the youth a lot. Look forward to participating in the future.

## Amador Senior Peer Program (PEI) Contract via Amador Senior Center

Prevention Program

Strategy: Improving Timely Access to Services for Underserved Populations

Referral Outcome Data (as required in Section 3560.010(b)(4):

- No referrals were made to ACBH, a Prevention & Early Intervention Program or treatment beyond early onset in FY22/23.
- o No referral outcome data is available for FY22/23 due to no referrals being made. When active

referrals are made, the program encourages follow through of referrals through supporting participants in their decisions to access services and participate in community settings.

Average Participants in FY2020/21: 11 Average Participants in FY2021/22: 21 Average Participants in FY2022/23: 66

All participants are Adults (21) or Older Adults (45)

African American: 0
Asian American: 0
Caucasian: 65

Male: Did not state Female: Did not state

Caucasian: 65
Latino/Hispanic: 1
Native American: 0
Multi Race/Eth.: 0
Other/Unknown: 0
Veterans: 19

Participants who received Senior Peer Visitor services reported the following: N=9

- o 100% would recommend the Senior Peer Visitor services to others
- When asked how the Senior Peer Visitor program has positively impacted participants, 100% stated Social Connection. 79% stated emotional wellness. 67% stated mental wellness. 56% stated Health Improvement, 44% stated transportation assistance and 33% stated physical wellness and localized services.
- When asked why participating in the Senior Peer Visitor program is important to you, participants stated:
  - Company and friendship
  - Someone to talk to, to trust, a friend.
  - Takes away loneliness
  - Need human contact to lift my spirits. I get to share stories of past and present.
  - Visiting



# Foothill Fitness (PEI) Contract via Amador Senior Center

Prevention Program

Strategy: Non-Stigmatizing and Non-Discriminatory Strategies

Average in FY 2020/21: 100 Average in FY 2021/22: 472 Average in FY 2022/23: 569

Referrals: 0

Children:	0
Teens:	0
TAY:	0
Adults:	0
Older Adults:	569
Male:	
Female:	
Self-Identify:	ene

African	3
American:	
Asian	3
American:	
Caucasian:	527
Latino/Hispanic:	1
Native	7
American:	
Multi Race/Eth:	5
Other/Unknown:	23



ĺ	Homeless:	0
	Veterans:	66
ĺ	LGBTQ:	0
Ì	Probationers:	0
	Parolees:	0

Non-Stigmatizing and Non-Discriminatory Strategies—surveys administered to program participants show the following change in attitudes towards mental health: N=53

- o 100% of program participants would recommend the program to others
- When asked to identify the ways in which the program has positively impacted them, participants responded as follows:
  - 98% reported improved physical wellness;
  - o 94% reported that the social connection has made a positive impact on their lives;
  - o 75% reported improved mental wellness;
  - o 73% reported that the program has improved their overall health;
  - o 68% reported a positive impact on their emotional wellness.
  - o Other comments stated 'we laugh a lot' and 'love it'.
- When asked why attending Foothill Fitness classes were important to them, 51 program participants stated the program helped them maintain their physical fitness, gives them opportunity to socialize with others their age, and helps them stay healthy.

# Nutrition Program (PEI) Contract via Amador Senior Center

Prevention Program

Strategy: Access & Linkage to Treatment; Non-Stigmatizing and Non-Discriminatory Strategies Referral Outcome Data (as required in Section 3560.010(b)(3):

- o In FY22/23, no referrals were made to treatment provided, funded, administered or overseen by ACBH.
- o In FY 22/23, no referrals were made to treatment that was not funded, administered or overseen by ACBH.
- o Due to the fact that no referrals were made, the Duration of Untreated Mental Illness was not measured.

Average Served in FY 2020/21: 1,695 Average Served in FY 2021/22: 1,792 Average Served in FY 2022/23: 2,121

African American: 3
Asian American: 43
Caucasian: 1,674
Latino/Hispanic: 99
Native American: 42
Homeless: 3
Veterans: 292
LGBTQ+: 14
Parolees: 0
Probationers: 0

Multi Race/Eth.: 0 Other/Unknown: 260 Children: 0 Teens: 0 TAY: 0 Adults: 0

Older Adults: 2,121 Male: Did Not State Female: Did Not State Self-Identify: Did Not State

Non-Stigmatizing and Non-Discriminatory Strategies—surveys administered to program participants show the following change in attitudes towards mental health:

N=21

- When asked how the Nutrition program has positively impacted participants, this is how they responded:
  - 100% stated Social Connection;
  - o 86% stated mental wellness;
  - 81% stated emotional wellness;
  - o 67% noticed improvements in overall health;
  - o Approximately 50% stated physical wellness and localized services.
- o 95% stated they would recommend the program to others
- o When asked why participating in the Nutrition program is important to you, participants stated:
  - The social interaction and nutritional complete meal a day
  - Improve your life
  - o Improve your health
  - Balanced meals, affordable, social activity
  - Balanced diet
  - For good nutrition
  - Socialization, cooking is too much at times
  - Nutrition
  - Helps me eat the recommended foods
  - o I have lunch with friends and very good food.
  - The food is great and is affordable. All the people who work here are wonderful. I know I am getting a nutritious meal.

#### Comprehensive Community Support Model to Address Student Mental Health (INN):

Please see attached 'FY22/23 Comprehensive Community Support Model to Address Student Mental Health Annual Report'. Attachments begin on page 61.

#### ACCF Human Services Certificate Scholarship Program (WET)

Average in FY 2020/21: 35 Average in FY 2021/22: 41 Average in FY 2022/23: 41

Children: 0 African American: 2
Teens: 0 Asian American: 2
TAY: 5 Caucasian: 32
Adults: 36 Latino/ Hispanic: 1
Older Adults: 0 Native American: 2
Male: 2 Multi Race/ Eth.: 2
Female: 37 Other/ Unknown: 0

Self-Identify: 2 Veterans: 1
Homeless: 3 Probationers: 0
LGBTQ: 4 Parolees: 1

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#### Participant Feedback

#### N = 48

- o 100% of respondents participated in the MHSA Scholarship Program
- o 98% are continuing their program
- o 89% reported that participation in the program has improved their emotional wellbeing
- 98% would recommend the program to others
- o 21% of participants reported experiencing a psychiatric hospitalization (themselves or a family member) prior to participating in the program. After participation, 4% reported experiencing psychiatric hospitalization, representing a 17% decrease.
- 40% of program participants were homeless or at-risk of homelessness prior to participation in the program. After program participation, 15% reported experiencing homelessness or at-risk of homelessness, representing a 25% decrease.
- o Prior to participation in the program, 21% reported spending time in prison, jail or juvenile hall. After participation in the program, 7% reported spending time in prison, jail or juvenile hall, representing a 14% decrease.
- o Prior to participation in the program, 38% reported losing or at-risk of losing home placement. After participation in the program, 20% reported losing of or being at-risk of losing home placement. This represents an 18% decrease.
- Prior to participation in the program, 45% reported being employed, volunteering or interning. After participation in the program 49% stated they were employed, volunteering or engaged with an internship. This represents a 4% increase.
- o Over 90% of participants reported they were thinking clearly, dealing with problems well and feeling optimistic about their future 'Sometimes' or 'Often' since participation in the program.
- Over 80% of participants reported they were feeling useful, cheerful and that they were interested in new thing and other people 'Sometimes' or 'Often' since participation in this program

# MHSA Three-Year Plan and Expenditure Report ATTACHMENTS

# MHSA Three-Year Plan and Expenditure Report Attachments

See attached documents.