



## AFRICAN COMMUNITIES PUBLIC HEALTH COALITION

**“Empowering Africans to Improve the Community Health & Wellness”**

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*ACPHC MISSION IS “TO IMPROVE PERSONAL AND COMMUNITY HEALTH AND WELLNESS WITHIN THE AFRICAN COMMUNITY.; INCREASING THE AVAILABILITY OF CULTURALLY-RELEVANT PHYSICAL AND MENTAL HEALTH SERVICES; PROVIDING EDUCATION TO REDUCE THE STIGMA OF PHYSICAL AND MENTAL ILLNESS AMONG AFRICAN PEOPLE; AND FACILITATING SOCIAL JUSTICE THROUGH ADVOCACY”*

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# Covid-19 Survey of our community (60) responses

## ▶ Top 5 issues

- ▶ Being isolated from family members.
- ▶ Not being able to go to church/mosque.
- ▶ Worry about family wellbeing in home country.
- ▶ Mental health worry and anxiety about Covid-19.
- ▶ Financial issues.

▶ 30% worried about family members increased alcohol use

▶ 25% worried about family members' increased substance abuse