CA Association of Local Behavioral Health Boards & Commissions (CALBHB/C) Minutes of Governing Board Meeting, November 22, 2019 (Zoom Conference Call)

The meeting was called to order at 11:35am by President Harriette Stevens

Attendance: Governing Board Members: Harriette Stevens (President), Benny Benavidez (Vice President), Mae Sherman (Secretary/Treasurer), Jessica Bennett, Lynda Kaufmann, Stacy Dalgleish, Jerry Harris, Supervisor John Fenley, Kristine Haataja, Supervisor Stacy Corless.

Staff: Theresa Comstock (Executive Director), Olivia Kite (Executive Assistant)

Open Comment: Executive Director Theresa Comstock stated that James Glica-Hernandez resigned from the Governing Board due to medical issues. Per the bylaws, the President can appoint another person from the Central Region with the approval of the Governing Board.

Minutes: The minutes from the October 18, 2019 Governing Board meeting were presented for approval. After clarification that the budget document contained projected quarterly and annual revenue and expenditure information for FY 2010-20, a motion to approve the minutes as presented was made by Jerry Harris with a second by Benny Benavidez. Jessica Bennett and Lynda Kaufmann abstained. The motion carried.

Finances: A "Statement of Financial Position," "Statement of Activity," and Budget were presented by Executive Director Theresa Comstock. Total equity as of November 15, 2019 was \$125,221.00. County dues are starting to come in. The revenue is less than projected due to a smaller contract from the MHSOAC than anticipated. However CALBHB/C has enough in reserve to cover the revenue shortfall. It was suggested to review the expenditure portion of the budget. The Executive Committee will discuss revising the budget and potentially make a recommendation to the Governing Board. A motion to accept the financial reports as presented was made by Benny Benavidez with a second by Jerry Harris. The motion carried unanimously.

The Minutes and Financial Report were sent electronically to Governing Board members prior to the meeting.

Internal Audit Report: Kristine Haataja had reviewed CALBHB/C records for FY2018-19, to include review of federal and state filings, transactions and separation of duties. Ms. Haataja stated that everything appeared to be in order.

Annual Goals Review: President Harriette Stevens reviewed the 2019-20 Annual Goals that all Governing Board Members received prior to the meeting. Meaningful discussion ensued which included:

- 1. Meeting/trainings
 - a. FY 2019-20 completed regional meetings/trainings include: Superior Region in August and Central Region in October. Additionally, Governing Board Member Kristine Haataja provided a training in Sierra County.
 - b. A Southern Region meeting/training will take place January 17th in San Diego. An additional meeting/training was discussed to take place in Ventura.
 - c. On-line trainings are very valuable for rural/remote counties.
 - d. Teleconferences (Regional & Statewide) will be conducted in December, January and February. Potential topics include: Presentation on MHSOAC's Statewide Suicide Prevention Plan, BH/Criminal Justice, and Advocacy for Adult Residential Facilities ("Board and Cares" for individuals with SMI)
- 2. <u>Top Issues for Advocacy:</u>
 - a. Workforce Education and Training (WET)
 - b. Residential Care Facilities
 - c. Children & Youth
 - d. Employment for those with Serious Mental Illness (SMI), including advocacy for Peer Provider Certification
- 3. <u>Statewide Collaboration:</u>
 - a. We currently collaborate with agencies of similar intent such as the California Behavioral Planning Council (CBHPC), California Behavioral Health Directors' Association (CBHDA), the Mental Health Services Oversight and Accountability Commission (MHSOAC), Mental Health America (MHA), National Alliance on Mental Illness CA (NAMI CA).
 - b. County Associations CALBHB/C is waiting to hear if the CA State Association of Counties (CSAC) will accept us for "affiliate" status. Supervisor Corless suggested also collaborating with the Rural County Representatives of CA (RCRC).

Executive Director's Report:

Comstock reported on conversations with statewide leadership both individually and through coalition meetings. Major topics:

- <u>Integration/Collaboration/Performance</u> of State Agencies, Commissions and Councils Comstock is communicating the need for increased collaboration, integration, technical assistance and performance outcome information especially in areas where agencies intersect, such as:
 - a. <u>Adult Residential Facilities</u> ("Board and Cares" for individuals with SMI) Local agencies and organizations must interface with Department of Social Services: Community Care Licensing Division, Department of Health Care Services and local mental/behavioral health agency.

- b. <u>Employment for Adults with SMI</u>: Local agencies and organizations braid funding and resources from: MHSA, Department of Rehabilitation, Medi-Cal (DHCS)
- <u>Children & Youth</u> School-based continuum of services: State agencies and funding include: Department of Health Care Services (Medi-Cal and MHSA), Department of Education, Department of Rehabilitation, MHSOAC/MHSA.
- d. <u>Performance Outcome Data</u> (especially related to MHSA Community Services & Supports). Comstock has reached out to statewide leadership to address the lack of standard Performance Outcome Data points, communicating that every county/jurisdiction is providing different data, with some providing little if any performance outcome data - <u>Summary</u>

Olivia Kite was thanked for her work compiling "Performance Outcome Data" from MHSA 3-Year Plans and Updates (still a work in progress.)

- 2. <u>"MHSA Refresh"</u> Sacramento Mayor Darrell Steinberg is interested in conversations around outcome-based measures around three priorities:
 - a. Unsheltered homelessness
 - b. Jail/criminal justice
 - c. Kids/teenagers/college including:
 - i. Trauma-Informed Early Psychosis for teens
 - ii. College-based Mental Health Services
- 3. <u>Cal AIM</u> CA's Department of Health Care Services (DHCS) has released the CalAIM plan for public input. This is a multi-year initiative by DHCS to improve quality of life and health outcomes by implementing broad delivery system program and payment reform across the Medi-Cal program.

Upcoming Meetings & Trainings:

January 17, 2020 – CALBHB/C Governing Board meeting in San Diego April 17, 2020 – CALBHB/C Governing Board meeting in Oakland April 18, 2020 – Bay Area Region meeting/training (Location TBD) June 19, 2020 – CALBHB/C Governing Board meeting in Riverside June 20, 2020 – Southern Region meeting/training (Location TBD)

Upcoming Governing Board Teleconferences (Zoom) 11:30am:

Dec. 20, 2019 Feb. 28, 2020 Mar. 20, 2020 May 29, 2020

The meeting adjourned at 12:58 p.m.