



California Association of Local Behavioral Health
Boards and Commissions

CALBHB/C Statewide Meeting & Training Minutes – April 9, 2019
McClellan Conference Center, Placer Room, McClellan, CA

8:00 am Governing Board Meeting

Attendance: President: Benny Benavidez (Imperial), **Secretary/Treasurer:** Mae Sherman (Lassen)

Board Members: Alisa Chatprapachai, OTD, Supervisor John Fenley (Trinity), Jerry Harris (Ventura), Lynda Kaufmann (Santa Cruz), Harriette Stevens (San Francisco)

Staff: Theresa Comstock, Executive Director

Absent: Stacy Dalglish (Los Angeles), Larry Lue (Los Angeles), Supervisor Stacy Corless (Mono), James Glica-Hernandez (Yolo)

- A. **Call to Order/Introductions:** President Benny Benavidez called the meeting to order at 8:10am.
- B. **Open Comment for Governing Board Members and the public:** There was discussion/concerns regarding accommodations. (Last minute change to La Quinta for 8 people due to plumbing issues at the Lions Gate. There were complaints about La Quinta.)
- C. **Minutes** from March 22, 2019 CALBHB/C Governing Board Teleconference Meeting were presented for approval. A motion was made by Supervisor John Fenley to approve the minutes with a second from Jerry Harris. The motion carried unanimously.
- D. **Financial Report:** The Statement of Activity & the Statement of Financial Position were presented for approval. Total assets as of April 2, 2019: \$161,064.35. A motion to accept the financial report as presented was made by Jerry Harris with a second from Supervisor John Fenley. The motion carried unanimously.

The Minutes and Financial Report had been emailed in advance to all Governing Board Members.

- E. **Officer Elections** (Term July 1, 2019 – June 30, 2020)
Slate of Candidates: President: Harriette Stevens, Ed.D. (San Francisco)
Vice President: Benny Benavidez (Imperial)
Secretary/Treasurer: Mae Sherman (Lassen)

Officers were elected by acclamation. Voice vote was unanimous.

- F. **Annual Goals Review** (Discussion): President Benny Benavidez & Executive Director Theresa Comstock led discussion regarding the Annual Goals, with specific focus on:
 1. **Training offerings** for local mental/behavioral health boards and commissions. Members discussed current offerings, with suggestions to also provide
 - i. New Chair Orientations
 - ii. Local Consultations

Members Jerry Harris and Kristine Haataja were both interested in connecting with boards/commission leadership to offer consultation/guidance to chairs. Kristine and the Napa County Mental Health Board had developed “New Member Orientation PowerPoint” and tools for community engagement w/the MHB. Comstock would follow-up with Jerry and Kristine for future planning.

2. Top Areas for Advocacy. Focus to continue on:

- a) Residential Care Facilities (ARF, RCFE) for those with SMI, also known as “Board & Cares” – The Governing Board is in support of related-bill: AB 1766. The Steinberg Institute to host April 11 ARF Forum at the Capitol.
- b) Children & Youth:
 1. Increasing MH/BH training and support for foster parents/caregivers. The Governing Board is in support of related bill: AB 734.
 2. School-based offerings – SB 582: Creates parity and access to school-based mental health services. (Restores triage grant funding.); SB12: Mental Health Centers for Youth; AB8: MH Professionals in Schools.
- c) Employment for those with SMI.

Comstock is a member of the State Rehabilitation Council (appointed by Governor Brown) that advises the Department of Rehabilitation. She has been participating in the DOR Behavioral Health Roundtables, with a focus on identifying evidence-based employment practices for adults with SMI, and improving/increasing vocational services provided by DOR and contract agencies throughout California

Additionally, the Governing Board is in support of SB 10 (Peer Provider Certification).

3. Jails: There was additional discussion regarding MHB access to reviewing mental health programs in jails. MHBs are tasked with reviewing and advising on all mental health programs within their jurisdiction. Attention to mental health programs within jails is important to ensure evidence-based, culturally competent, accessible programs. MHBs have recently reported barriers to reviewing mental health programs within jails. Some advice is offered: [FAQ #12](#). Additionally, Executive Director Theresa Comstock recently presented at a Patients’ Rights Advocates (PRAs) Training, with intention to increase connection between PRAs and MHBs in order to increase input from PRAs, including information regarding programs in jails.

G. **Quarterly Meetings/Trainings** (Discussion): There was discussion regarding the timing of the Quarterly Governing Board meetings. Preference was voiced for Quarterly in-person Governing Board meetings to be late in the day on Fridays.

Meeting/Training Schedule Discussion:

1. June 21 – 22, 2019 – L.A./Southern Region (Santa Ana).
2. August 24, 2019 – Small County Training. (Tentative)
3. October 18 – 19, 2019 – Sacramento (Proposed – if following CBHPC “Planning Council schedule)

4. January 18 – 19, 2020 – San Diego (Proposed – if following CBHPC schedule)
5. Another Statewide Capitol Day in Sacramento?

H. Mental/Behavioral Health Issue Discussion: Executive Director Theresa Comstock

Top issues reported in the minutes from teleconference meetings November – March. (42 counties participated):

- 1) Gaps in Housing Continuum for adults with SMI
- 2) Gaps in Crisis Continuum – Need for increased crisis stabilization services and crisis residential for children and adults.
- 3) Workforce Shortage – Lack of psychiatrists and mental health professionals at all levels including counselors trained in trauma-informed practices.
- 4) Jails – Mental Health Services in question; Facilities out of date; assaults on inmates and staff; not therapeutic.

Assembly Bill 1352 (Waldron)

Governing Board members had voiced concern regarding AB 1352, especially regarding board/commission membership (amendments to WIC 5604). The bill was intended to empower MHBs, although in its' current form, did not adequately reflect the experience or the individual needs of CA's 59 diverse MHBs, or the communities they serve. Comstock had been in conversation with Assemblymember Waldron's chief consultant, although noticed the bill was proceeding without having addressed concerns.

After discussion, the Governing Board voted to oppose AB 1352 with the caveat that Comstock set a meeting with Assemblymember Waldron's office prior to formal submission of an opposition letter. Jerry Harris made the motion, seconded by Lynda Kaufmann. The motion carried unanimously.

Governing Board Meeting adjourned at 9:30am

10:00 am - 12:00 pm – CALBHB/C Statewide Meeting

Attendance – See Attachment A

10:00 am: NAMI CA – MHSOAC Advocacy Stakeholder Presentation, *Marcel Harris*,
Advocacy Manager NAMI CA Marcel shared NAMI CA priorities, including:

1. Increase stakeholder collaboration
2. Increasing evidence-based practices in mental health programs
3. Addressing Stigma
4. Educate policy makers regarding the mental health needs of different cultures

10:30am – MHSOAC Updates on Policy Projects & MHSOAC Sponsored Legislation, Tom Orrock, LMFT, Chief of Operations and Grants. Tom shared the [MHSOAC Legislation Tracking Report](#), dated March 28, 2019. The MHSOAC has sponsored

11:00 am – CBHPC Data Notebook Older Adults (2017), Susan Wilson, CBHPC Liaison to CALHB/C. Susan reviewed recommendations from the [2017 Older Adult Data Notebook Overview](#).

12:00 pm – Complimentary lunch provided by CALBHB/C.

1:00 - 6:00 pm: Mental/Behavioral Health Board Training

Mental Health Services Act (MHSA) Community Program Planning Training:

Ensuring Community Stakeholder Input

Complimentary Dinner provided by Access CA (a program of NorCal MHA)

Andrea Crook, Director of Advocacy, Access CA

Tiffany Carter, Assistant Statewide Advocate, Access CA

Respectfully submitted by CALBHB/C Secretary/Treasurer Mae Sherman

Attachment A
California Association of Local Behavioral Health Boards & Commissions
Annual Meeting, Training April 9, 2019 ATTENDANCE

Andrea	Crook	Access CA, NorCal MHA
Tiffany	Carter	Access CA, NorCal MHA
Susan	Wilson	CA Behavioral Health Planning Council
Theresa	Comstock	CALBHB/C Executive Director & Napa
Alisa	Chatraprachai, OTD	CALBHB/C Governing Board
Stacy	Dagleish	CALBHB/C Governing Board & Los Angeles
Harriette	Stevens, Ed.D.	CALBHB/C Governing Board & San Francisco
Lynda	Kaufmann	CALBHB/C Governing Board & Santa Cruz
Supervisor John	Fenley	CALBHB/C Governing Board & Trinity
Jerry	Harris	CALBHB/C Governing Board & Ventura
Benny	Benavidez	CALBHB/C President & Imperial
Mae	Sherman	CALBHB/C Secretary/Treasurer & Lassen
Stephen	Clavere	El Dorado
Harold	Turner	Los Angeles
Heather	Johnson	Marin
Matt	Lieberman	MHSOAC
Tom	Orrock	MHSOAC
Marcel	Harris	NAMI CA
Kristine	Haataja	Napa
Matt	Holzmann	Orange
Karla	Perez	Orange
Ann	Arneill	Sacramento
Maria	Castro	Sacramento
Jenifer	Mendel	San Diego
Marcus	Dancer	San Francisco
Gregory	Ledbetter	San Francisco
Idell	Wilson	San Francisco
Sherry	Weyers	Sonoma
Paul	Cluck	Sutter/Yuba
David	Wood	Tulare
Gane	Brooking	Ventura County
John	Archuleta	Yolo
Maria	Simas	Yolo