CALBHB/C Governing Board Minutes February 23, 2024, 11:30 am Zoom Teleconference

Governing Board Attendance: President Bill Stewart (San Diego), Vice President Michael Rodriguez (Ventura), Secty/Treas. Kristine Haataja (Napa), Benny Benavidez (Imperial), Stacy Dalgleish (Los Angeles), Harriette Stevens, Ed.D. (San Francisco), June Rumiko Klein (Santa Clara), Annie Thu Henrich (Stanislaus County), Jonathan Raven (Yolo)

Absent: Michael Molina (Los Angeles)

Staff: Theresa Comstock, Executive Director; Manuel Fletes Medina, Support Associate

Meeting was called to order at 11:30a.m. by President Bill Stewart.

1. Open Comment:

- Bill received a letter from Mental health America that provided a good summary of concerns about Proposition 1. He will send that letter to Theresa for distribution
- Kristine attended the MHSOAC meeting in Napa. She spoke about a committee led by Toby Ewing that will develop a proposal for Universal MH Screening for Children/Youth (UMHS). Currently some school districts have their own screening programs, but the goals for UMHS would be to have a validated measure that would provide state-wide information. This would also help identify what interventions are working.
- Harriette thanked Theresa for attending the SF meeting. The Commission is working on rebuilding, and she provided valuable information to help guide that.
- Stacy thanked Theresa for attending an LA commission meeting . Regarding Universal MH Screening for Children/Youth, she asked whether pediatricians ask mental health screening questions during annual wellness checks for children. Michael said that his children's doctor does ask mental health screening questions for children.
- Jonathan thanked Theresa for attending Yolo meeting and said that the board members appreciated her comments. He informed us that in Yolo County, individuals on MediCal are receiving letters that their doctors are no longer in the covered program. Aetna & Partnership are in protracted contract negotiations, so all individuals are being told that effective April 1, they won't be able to see their doctors because they are no longer in the Aetna program.

2. Minutes from March:

<u>Motion</u>: Stacy made a motion to approve the December 15 Governing Board Minutes; Harriette seconded the motion. The motion passed unanimously.

3. Financial Reports:

- a. <u>Financial Position</u>: Current assets are \$109,699.34
- b. <u>Budget vs Actuals</u>: Expenses are below budget as a result of Theresa purchasing audio visual equipment instead of paying for equipment usage at the hotels.
- c. <u>Accounts Receivable</u>: Total Accounts Receivables as of 02-16-24 equal \$49,774.00. Seventeen counties still have dues outstanding.

<u>Motion</u>: Benny made a motion to accept the financials as presented, and June seconded it. The motion passed unanimously.

- d. <u>Per Diem Meal Amounts</u>: CALBHBC currently reimburses at the 1st Tier on the <u>US GSA M&IE</u> <u>2024 Chart</u>. The Executive Committee proposed increasing the per diem to the 3rd tier which would increase reimbursement to:
 - Breakfast: \$16
 - Lunch: \$17
 - Dinner: \$31

<u>Motion</u>: Stacy made a motion to accept revised per diem schedule, and June seconded it. The motion passed unanimously.

4. Review January 19/20 Meeting/Training (San Diego)

- Bill thanked Theresa for the improved technical experience.
- Theresa appreciated the involvement of Governing Board members on the criminal justice panel and Benny's assistance in updating the criminal justice brief.
- Theresa mentioned that it appeared that members in the room were laughing at an individual while they were commenting via Zoom. She reminded attendees to model respect. Stacy thought that Theresa managed the situation well.
- Kristine mentioned that the comments and questions during the Brown Act training made the training disruptive. She suggested holding questions to the end of the presentation. Stacy mentioned that it seemed to be an unruly crowd, some who were very demanding about having their questions answered. She suggested that another alternative is to break the training into two sections with questions at the end of each section. Bill agrees that it's a good idea to have questions after the presentation.
- Kristine thanked Michael and Jonathan for a great presentation. Benny commented that the information was enlightening to many counties that didn't have these types of programs.
- Harriette mentioned that many of the questions asked during training are the same as questions/issues that arise at local meetings. The responses provide useful guidance for local meetings.

5. 2024 Annual Goals

- EC reviewed and requested additions to the goals, specifically adding goals regarding helping boards with response to Proposition 1 and emphasizing the importance of DEI goals.
- Jonathan asked whether the minimum wage for healthcare workers (SB525) will include home healthcare workers. Theresa noted that who is included is still in discussion, but state budget issues may may cause delays in the short term.
- These goals guide presentations at meetings and inform what legislation the Board might consider supporting.

<u>Motion</u>: Benny made a motion to accept the financials as presented, and Harriette seconded it. The motion passed unanimously.

6. Nominating Committee for 2024-25 Officers

- One member from each region should be on the Nominating Committee for Chair, Vice Chair and Secretary/Treasurer. If someone is on the Nominating Committee, they can still be nominated for a position.
- Stacy, Benny, Harriette, and Jonathan will be on the committee.

7. Executive Director's Report

- **A.** Legislation: <u>ARCF Legislation</u> This is a link to the legislation that Theresa drafted. Senator Eggman has agreed to sponsor it! It is currently a spot bill, #SB 1082 and bill text will be filled in soon. Theresa has been in conversations regarding the bill and seeking additional sponsors. This will be introduced but unlikely to be passed this year.
- **B.** County Behavioral Health Board Trainings: Theresa has conducted trainings in San Francisco, Yolo, and San Juaquin in the past month.

C. Statewide Collaboration:

- i. Theresa will be doing a presentation to the Occupational Therapy Association of CA. There is likely to be more County staff OTs in the future.
- **ii.** CA Coalition for Mental Health changed its name to CA Coalition for Behavioral Health. The organization is having difficulty with their past admin/fiscal manager, Mental Health America of California, but she is hoping to resolve the issues.
- iii. Met w/leadership from Racial & Ethnic Disparities Coalition, CA Pan Ethnic Health Network and Safe Passages. Through that meeting she is developing a panel of leaders representing multiple cultures, races, ethnicities and LGBTQ+ for the April meeting. These organizations have expressed a lot of concern about funding for community based organizations (CBOS) if Proposition 1 passes.
- D. Communications: Manuel helped develop the newsletter and will go out soon.

8. Meeting/ Training Schedule

Governing Board Meetings: Fridays @ 11:30 AM

- March 22, 2024
- May 17, 2024

<u>Quarterly Meetings/Trainings</u> (Zoom): Please register for the April 19th and/or April 20th Meeting: <u>Link to Invitation</u> <u>Link to Registration</u> Hotel room block deadline is March 19th.

Dates	Times	Region	Location
4/19/2024	1:30 - 5:30 pm	Meeting #4: Central Region	Sacramento & Zoom
4/19/2024	2:30 - 4:30 pm	Virtual Meeting #4: Community Defined Evidence Practices	Sacramento & Zoom
4/20/2024	9 am - 12 pm	Training #4: Chair Training & How to be an Effective Board/Commission	Sacramento & Zoom
6/21/2024	1:30 pm - 5 pm	Meeting #5: Southern/LA Region	Southern CA
6/22/2024	9 am - 12 pm	Training #5: Southern/LA Region	Southern CA

Meeting was adjourned at 12:19 pm.