

# TULARE COUNTY MENTAL HEALTH BOARD ANNUAL REPORT - 2022



# Table of Contents

<b>INTRODUCTION .....</b>	<b>3</b>
RATIONALE .....	3
INFORMATION SOURCES .....	3
<b>MENTAL HEALTH BOARD .....</b>	<b>4</b>
2022 BOARD COMPOSITION .....	4
MENTAL HEALTH BOARD MEETING AGENDAS .....	5
<b>TULARE COUNTY MENTAL HEALTH PLAN (MHP) .....</b>	<b>8</b>
TULARE COUNTY MENTAL HEALTH PLAN OVERVIEW .....	8
Adult Services .....	8
Transitional Age Youth (TAY) Services .....	9
Child/Youth Services .....	9
Housing Sites & Programs .....	9
Wellness Centers .....	10
<b>MENTAL HEALTH BOARD PROCEDURAL CHANGES/EVOLVING RELATIONSHIPS .....</b>	<b>11</b>
<b>RESOURCES.....</b>	<b>12</b>

# **INTRODUCTION**

## **Rationale**

California Welfare and Institutions Code Section 5604 establishes and describes "Powers and Duties of California Mental Health Boards." These include "submit an annual report to the governing body on the needs and performance of the county's mental health system." The current report is a summary of Mental Health Board activities for calendar year 2022.

## **Information Sources**

Information for this report is obtained from minutes of the Mental Health Board Executive Committee and general Mental Health Board meetings (January through December 2022). The Tulare County Mental Health Board (TCMHB) was supplied summaries of the Tulare County Mental Health Branch's organization, committees, budget and state reporting mandates from the Tulare County Mental Health Branch, Health and Human Services Agency.

## **Relevant Considerations/Demographics**

U.S. Census Bureau's poverty data show that 18.6% of Tulare County population is living at or below poverty level. This is decline of 3.2 percentage points since the 2020 survey. The State average is 12.3% and reflects a 6.3 percentage point increase. Due to the high poverty rate within Tulare County, over half - approximately 55% - of our residents receive some form of social support services or program aid such as Medi-Cal or Cal-Fresh. Tulare County also has a higher unemployment rate of 8.2% compared to a California state unemployment rate of 4.2%.

## MENTAL HEALTH BOARD

### 2022 Board Composition:

**Executive Committee:** Michele Eaton. (Chair), Erin Brooks (Co-Chair), Gail Jones (Member-At-Large), Therese Woodmansee (Member – At-Large) and Sandra Juarez (Secretary)

**General Membership:** The spreadsheet below lists general membership as it relates to 2022. The letter “R” indicates Resignation in 2022.

Seat	Seat Type	Member Name	Appointed	Current Term	Next Term
1	At-Large	Mark Gist	6/7/2022	12/31/2024	12/31/2027
2	At-Large	Lynne Martin Del Campo	1/29/2013	12/31/2024	12/31/2027
3	At-Large	Vacant	5/15/2018	12/31/2022	12/31/2024
4	At-Large	Terry Sayer	6/7/2022	12/31/2024	12/31/2027
5	Consumer	Michael Handley	7/12/2022	12/31/2024	12/31/2027
6	At-Large	Erin Brooks, J.D.	9/15/2009	12/31/2022	12/31/2025
7	Consumer	Gail Jones	10/21/2014	12/31/2022	N/A
8	Family	Michele Eaton	10/25/2022	12/31/2022	12/31/2025
9	At-Large	Jennifer Newell	6/7/2022	12/31/2022	12/31/2025
10	At-Large – R*	Marina Chavez	6/7/2022	12/31/2022	N/A
11	Family	Sandra Juarez	10/9/2018	12/31/2023	12/31/2026
12	Family	David Winters	10/25/2022	12/31/2023	12/31/2026
13	Family	Darlene Prettyman	4/5/2022	12/31/2023	12/31/2026
14	Consumer	Christopher Smith	1/30/2018	12/31/2023	12/31/2026
15	At-Large – R*	Bill Woodmansee	7/27/2021	12/31/2023	12/31/2026
16	Family – R*	Therese Woodmansee	9/1/2020	12/31/2023	12/31/2026
Ex-Officio	Board of Supervisors Rep.	Amy Shuklian	N/A	N/A	N/A

Four At-large seats, one Consumer seat and three Family seats were filled in 2022, with one At-Large seat remaining open. The Board will strive to fill the one At-large seat by the end of 2023, as well as the At-Large Seat Number 10 vacated by Marina Chavez, and Consumer Seat 7 that was not renewed by Gail Jones.

Ms. Martin Del Campo reappointed At- Large Seat 2 on 2/5/2022

Ms. Eaton left At-Large Seat 3 and appointed to Family Seat 8 on 10/25/2022

Ms. Jones did not renew Consumer Seat 7

R\* - Ms. Chavez resigned At-Large Seat 10

## **MENTAL HEALTH BOARD MEETING AGENDAS**

Monthly meetings provide Mental Health Board members with contractor and Department presentations to allow better understanding of the mental health plan (MHP) and system of care. Meeting agendas for the past year are summarized below and on the next page.

### **January 11 , 2022 MHB Meeting**

- Presentation: PATH

### **February 1, 2022 MHB Meeting**

- Discussed Attendance/Meeting Quorum
- Discussed Mental Health Board Recruitment

### **March 8, 2022 MHB Meeting**

- Consider application from Darlene Prettyman for Family Seat #14; voted to move this application forward to the Tulare County Board of Supervisors for approval
- Presentation: Mental Health Services Act Annual Update for 2021/2022
- Approved 2022 Mental Health Board MHSA Update for Fiscal Year 2021/2022 for 30-day Public Post and Comment Period

### **April 5, 2022 MHB Meeting**

- Approve the Mental Health Services Act Annual Update for Fiscal Year 2021/2022; voted to move this forward to the Tulare County Board of Supervisors and other state agencies after 30-day posting period which closed on April 8, 2022
- Approved May 3, 2022 as the Mental Health Board Retreat day. Hours: 10:00 a.m.– 2:00 p.m.
- Presentations:
  - Statewide EHR Project Innovation Plan
  - Mental Health Matters Month
  - Homeless Efforts
- Approved the Statewide EHR Project Innovation Plan; voted to move this to the Tulare County Board of Supervisors and Mental Health Oversight and Accountability Commission

### **May 3, 2022 MHB Meeting**

- This meeting was held as a combination Retreat and monthly Board Meeting
- Retreat Presentations:
  - Mental Health Services Overview
  - Mental Health/Substance Use Disorder (SUD) Continuum
  - Mental Health Board Recruitment
  - Reviewed Mental Health Board Bylaws

- Consider applications; voted to move applications forward to the Tulare County Board of Supervisors for approval:
  - Dr. Jennifer Newell At- Large Seat # 9
  - Assistant Sheriff Mark Gist At- Large Seat # 1
  - Marina Chavez Consumer Seat # 10
  - Terry Sayer At-Large Seat # 4
- Presentation: Conservatorship Process (LPS & Probate)

### **June 7, 2022 MHB Meeting**

- Considered application from Michael Handley for Consumer Seat # 5; voted to move this application forward to the Tulare County Board of Supervisors for approval
- Discussed Mental Health Board Bylaws
- Presentation: Diversion IST - Misdemeanor and Felony and Jail Based Training (JBCT)

### **June 29, 2022 Special MHB Meeting**

- Approved to move the July Meeting to July 12, 2022

### **July 12, 2022 MHB Meeting**

- Reviewed Membership and MHB Bylaws
- Discussed presentation topics for future MHB meetings

### **August 2, 2022 MHB Meeting**

- Approved the September MHB be moved to September 13, 2022
- Reviewed proposed updates to the Mental Health Board Bylaws and allowed for 30-day review
- Presentation: Mental Health Board Welfare & Institutions Code Membership Responsibilities

### **September 10, 2022 MHB Meeting**

- Approved the 2022 Data Notebook for submission to the California Behavioral Health Planning Council
- Consider applications; voted to move applications forward to the Tulare County Board of Supervisors for approval:
  - Serina Palomino
  - David Winters
- Presentations:
  - Overview of available Mental Health Committees
  - Suicide Prevention Task Force (SPTF)/988
  - Suicides/Attempted Suicides in Tulare County Correctional Institutions

### **October 1, 2022 MHB Meeting**

- Considered renewal application from Erin Brooks for At-Large Seat # 6; voted to move this application forward to the Tulare County Board of Supervisors for approval
- Nomination of 2023 Mental Health Board Executive Committee Members
- Presentations:

- The Source, Pride Month
- Peer Support Specialist

### **November 12, 2022 MHB Meeting**

- Election of 2023 Mental Health Board Executive Committee Members
- Approved and accepted the No Place Like Home (NPLH) Request for Proposal (RFP) 23-009 application, recommended selected vendor to the Tulare County Board of Supervisors for approval
- Presentation: Tulare County Human Trafficking Task Force

### **December 3, 2022 MHB Meeting**

- Approved changes to the Mental Health Board and Mental Health Executive Committee meeting schedule effective January 1, 2023. No meetings to be scheduled for the months of: January, July, and September
- Reviewed changes to the Local Mental Health Board Membership based on Assembly Bill (AB) 738 Community mental health services: mental health boards: Veterans (CALBHB/C).
- Presentation: 2022 Year in Review, Mental Health Department Administration

## TULARE COUNTY MENTAL HEALTH PLAN (MHP)

### Tulare County Mental Health Plan Overview

The Tulare County Mental Health Plan (MHP) is summarized in a "Wellness and Recovery Guide to Mental Health Services" published by the Tulare County HHS. Services are for Tulare County residents experiencing symptoms of mental illness. County-operated clinics in Porterville and Visalia are supplemented by Wellness and Recovery Center in Porterville and Visalia.

The current range of MHP services includes a 24h/7day Psychiatric Emergency Team (PET), mental health services for those incarcerated in county jail facilities, and adult and youth mental health services for the treatment of mental illness in children, adolescents, adults, and seniors. The array of services includes, but are not limited to: mental health assessments, individual and group therapy, psychiatric and related medication services, crisis intervention, case management for access to medical, social, educational and community services, and therapeutic behavioral services for those age 21 years old or younger.

<b>PROGRAM</b>	<b>SERVICES</b>	<b>LOCATION</b>	<b>OPERATION</b>
Alcohol and Other Drug Prevention, Treatment, & Recovery (AOD)	Substance Use and Co-occurring Disorder Placement Services	942 South Santa Fe Avenue, Visalia, CA 93292	Delivers assessment, evidence-based treatment, prevention and placement services aimed at improving lives
<b>Adult Services</b>			
Visalia Adult Integrated Clinic (VAIC)	Adult Mental Health	520 East Tulare Avenue, Visalia, CA 93292	Monday-Friday 8 a.m. to 6 p.m.
Porterville Adult Clinic (PAC)	Adult Mental Health	1055 West Henderson Avenue, Porterville, CA 93368	Monday-Friday 8 a.m. to 6 p.m.
North Tulare County, Mobile Services	Mental Health, All Ages	201 North Court Street, Visalia, CA 93291	Monday-Friday 9 a.m. to 5 p.m.
South Tulare County, Mobile Services	Mental Health, All Ages	201 North K Street, Tulare, CA 93274	Monday-Friday 8 a.m. to 5 p.m. Saturday (MD only) 8 a.m. to 4 p.m.



<b>PROGRAM</b>	<b>SERVICES</b>	<b>LOCATION</b>	<b>OPERATION</b>
<b>Transitional Age Youth (TAY) Services</b>			
North Tulare County, One Stop	Transitional-Age Youth Mental Health	201 North Court Street, Visalia, CA 93291	Monday-Friday 9 a.m. to 5 p.m.
Central Tulare County, One Stop	Transitional-Age Youth Mental Health	113 South M Street, Tulare, CA 93274	Monday, Wednesday, Friday 8 a.m. to 5 p.m.
South Tulare County, One Stop	Transitional-Age Youth Mental Health	409 North Main Street, Porterville, CA 93257	Monday-Friday 7 a.m. to 6 p.m.
<b>Child/Youth Services</b>			
Aspiranet	Children's Mental Health	1840 S. Central Street Visalia, Ca 93277	8 a.m. to 5 p.m.
Dinuba Children Services (DCS)	Children's Mental Health	144 South L Street, Dinuba, CA 93615	Monday-Friday 8 a.m. to 5 p.m.
Hope Horizon Mental Health, formerly Tulare County Youth Services Bureau (TYSB)	Children's Mental Health	327 South K Street, Tulare, CA 93274	Monday-Friday 8 a.m. to 5 p.m.
Porterville Youth Services (PYS)	Children's Mental Health	1055 West Henderson Avenue, Porterville, CA 93257	Monday, Wednesday, Friday 8 a.m. to 6 p.m.
Sequoia Youth Services (SYS)	Children's Mental Health	514 North Kaweah Avenue, Exeter, CA 93221	Monday-Friday 8 a.m. to 5 p.m.
Tulare County Office of Education (TCOE)	Children's Mental Health	1830 S. Central St., Visalia CA 93277	Monday-Friday 8 a.m. to 5 p.m.
Visalia Youth Services (VYS)	Children's Mental Health	711 North Court Street, Visalia, CA 93291	Monday-Friday 8 a.m. to 5 p.m.
<b>Housing Sites &amp; Programs</b>			
Transitional Living Center (TLC)	Transitional Supportive Housing	Adult (18+) Augmented Board & Care	53 beds
Community Living Center (CLC)	Transitional Supportive Housing	Adult (18+) Supported Independent/ Transitional	18 beds
Crossroads	Transitional Supportive Housing	Transitional Age Youth (18-24) Supported Transitional Living	Porterville – 10 beds Visalia – 10 beds

<b>PROGRAM</b>	<b>SERVICES</b>	<b>LOCATION</b>	<b>OPERATION</b>
East Tulare Avenue Cottages (ETAC)	Permanent Supportive Housing	Adult (18+) Permanent Supportive Housing	11 shared apartments (22 beds)
Porterville Lotus Project	Permanent Supportive Housing	Adult (18+) Permanent Supportive Housing	Estimated 8 shared apartments (16 beds)
Tulare Inyo Project	Permanent Supportive Housing	Adult (18+) Permanent Supportive Housing	Estimated 10 shared apartments (20 beds)
Casa de Robles	Permanent Supportive Housing	Transitional Age Youth (18-24) Permanent Supportive Housing	6 beds
<b>Wellness Centers</b>			
Porterville Wellness & Recovery Center	Wellness Center	333 West Henderson Avenue, Porterville, CA 93257	Mon-Fri 9am-7pm, Sat-Sun 11am-3pm
Visalia Wellness & Recovery Center	Wellness Center	1223 S. Lovers Lane Visalia, CA 93292	Mon-Thurs 8:30 am - 5:30pm Friday 8:30am - 4:30 pm Saturday 8:30am – 5:30pm

This list of services does not reflect additional programming such as an array of prevention and early intervention programs. However, it gives a robust picture of significant direct services provided.

## **Mental Health Board Procedural Changes/Evolving Relationships**

The working relationship between the Mental Health Branch and the Mental Health Board by very nature must evolve. Employees are fulltime participants in the daily management and provision of direct services. Advisory board members “sample” a small fraction of all this by attending a limited number of committees and receiving summary overviews at monthly meetings. Staff typically may be long-term experts. Advisory board members might have lived experience, have family members with lived experience, be allied healthcare professionals themselves, or well-meaning and well-intentioned and interested, but potentially naïve community members. The differences between our two groups occur most notably with terminology, abbreviations and acronyms, and basic assumptions.

1. Mental Health Board members have had attendance challenges such as meeting regularly, meeting a quorum and executing Mental Health Board responsibilities. The admin team provided a power point presentation of the Mental Health Welfare & Institution Code Membership Responsibilities of local mental health boards. The Mental Health Board also revised its Bylaws and were recommended to the Board of Supervisors for approval.
2. Audience and Mental Health Board members have had communication challenges such as adequately logging in to Zoom meetings for the exchange of Board business and presentations. This has improved by using a consistent Zoom link and passcode and sending calendar appointments.
3. The complicated business of the Branch requires ongoing presentations to and action by the Board of Supervisors, especially on crisis and homeless matters. Some of the more “business-minded” members of the Mental Health Board have wished to be more knowledgeable about community and program activities of the Mental Health Branch. Staff continue to provide the weekly courtesy of forwarding action items agendas for the Board of Supervisors meetings, highlighting any Mental Health Branch considerations and the Mental Health Board Executive Committee continues to use a six (6) month schedule of ongoing presentations.
4. The Board intends to continue a locally develop an Annual Report in order to continue to consult, confer, review, and plan together.

Respectfully submitted, 2022-2023 Mental Health Board members, Spring 2023.

## RESOURCES

NAMI: (800) 950-6264;  
[www.namitularecounty.org](http://www.namitularecounty.org)

Public Guardian/Conservator:  
(559) 623-0650; (877) 657-3092

Family Advocate: (559) 624-7449

Patient Advocate: (559) 624-7440;  
(800) 905-5597

Grievances/Appeals: (800) 500-4465

Legal Aid: (559) 733-8770

Adult Protective Services: (559) 623-0651

Family Court Services:  
(559) 730-5000 x 1300

My Voice Media Center: (559) 802-3266

Teen Line: (800) TLC-TEEN (858-8336)

LGBTQ & Questioning Youth: (800) 712-3000; [thesourceigbt.org](http://thesourceigbt.org) (559)429-4277

2-1-1 Tulare County: dial 2-1-1

PATH Projects for Assistance in Transition  
from Homelessness: (559) 687-0920

Suicide Lifeline: (800) 273-TALK (8255) –  
Veterans press “1”

Homeless Veterans: (877) 424-3838,  
press “1”

24-hr. Mental Health Crisis Line: 1-800-320-1616

24-hr. AOD Substance Use Disorder (SUD)  
Access Line: 1-866-732-4114

Suicide Prevention:

For non-crisis information  
(559) 624-7471

Tulare County 24 Hour Crisis Line; there is  
no physical location:  
1-800-320-1616

National Suicide Prevention Lifeline  
1-800-273-8255

Tulare County Warm Line  
1 (877) 306-2413

Emergency  
9-8-8 or 9-1-1



Artwork by Shelia A. (Screen Print)  
My Voice Media Center